One of the most significant obstacles facing students in reaching college graduation is their first semester. Nationally, the highest rates of attrition occur after the first year. As a result, UNC has developed the University 101 program to support first-time, first-semester freshmen to promote their successful transition from high school to college.

**WHAT IS IT?**
- An academic program designed to help freshman successfully navigate the first semester of college.
- Each course is small in size, highly interactive, and designed with an interdisciplinary focus on reading, writing, critical thinking, and communication skills.
- Students also have the opportunity to quickly make new friends and build strong support systems to help them succeed.

**STUDENT ACHIEVEMENT**
Consistently, students who participate in UNIV 101 earn higher GPAs and persist at higher rates than those who do not participate. These differences are statistically significant and reflect a strong relationship between participation and higher academic achievement. Below illustrates the differences in first- and third-year persistence for students.

**WHO ENROLLS**
The course is open to all incoming, first-semester freshmen. Enrollment in the program includes first-generation students and Denver Scholarship Foundation scholars.

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FOR MORE INFORMATION, CONTACT:
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WHAT STUDENTS SAY

This is a great class and has helped me to perfect my essay writings and to feel confident about my work. This class has also helped me to feel prepared as a college student and taught me ways to deal with stress at times. This class and this professor were the perfect way to start my college experience.

Thank you for offering this course! I learned a lot about myself along the way...this should be mandatory for all college freshmen!

…This course has challenged me to think about things that I had never thought were important to college. Everything seemed to relate to itself by the end of the semester in ways that I could not have done by myself.

[The professor] genuinely cares about his students. I was in the process of re-declaring my major and any question I had, I directed to [the professor]. At the end of the semester, he asked if I’d finalized the change, and when I said yes, he continued to state that I would succeed in that field. Knowing he cared and remembered was a comfort.

Overall this course helped me develop skills and tools that will help me in life after college.

This is a great course to help an incoming student adjust and learn how to survive their new life while attending college. This class helps to instill information about how to handle stress, motivation issues, procrastination, wellness, studying and many more things. I would highly recommend this class to incoming students.

—Source: University 101 course evaluations