

GUIDANCE ON QUARANTINE FOR COVID-19 SYMPTOMS

Do you live or work in UNC managed or affiliated housing?

- University Residence Hall
- Arlington Park Apartments
- University Owned House
- Sorority/Fraternity Chapter House

YES

You must **QUARANTINE** for 14 days

NO

Do you have regular contact with High Risk Individuals*?

- Individuals over 65 or those with health conditions that make them at increased risk
- Work in a high-risk setting, like a nursing home or the UNC Cancer Rehab Institute

YES

NO

Safest is to **QUARANTINE** for 14 days

You can **QUARANTINE** for 10 days with no symptoms

You can **QUARANTINE** for 7 days with a negative test (on day 5 or later) and no symptoms

Once released from **QUARANTINE**, you can return to class and work. You must continue to monitor for symptoms and avoid high-risk individuals for 15 days.



*More information for high risk individuals can be found on the CDC's website:
www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/



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