

UNC SPONSORED RESEARCH

# CAN CBD IMPROVE YOUR PHYSICAL HEALTH? MENTAL HEALTH? IMMUNE FUNCTION?

## HELP US FIND OUT!

- Calling all physically active individuals of all gender identities
  - 8-week intervention of provided daily beverage (which may or may not contain CBD)
  - Total of 5 in-person visits taking place in Gunter Hall Room 1620
  - \$200 Visa Gift Card reward for your participation
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- 18-50 years of age
  - Healthy, without the presence of serious disease including diabetes, cardiovascular disease, and/or cancer
  - Participating in at least 150 minutes of moderate-to-high intensity exercise per week
  - No presence of severe untreated anxiety and/or depression
  - BMI < 30
  - No soy allergy
  - Free of cannabis products or high dose antioxidants for at least 8 weeks

## CONTACT US!

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