

A woman with short dark hair, wearing a black sports bra and black shorts, is lifting a barbell. She is looking down at the barbell. The background is a light-colored wall.

UNC SPONSORED RESEARCH

CAN CBD IMPROVE YOUR PHYSICAL HEALTH? MENTAL HEALTH? IMMUNE FUNCTION?

HELP US FIND OUT!

- Calling all physically active individuals of all gender identities
 - 8-week intervention of provided daily beverage (which may or may not contain CBD)
 - Total of 5 in-person visits taking place in Gunter Hall Room 1620
 - \$200 Visa Gift Card reward for your participation
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- 18-50 years of age
 - Healthy, without the presence of serious disease including diabetes, cardiovascular disease, and/or cancer
 - Participating in at least 150 minutes of moderate-to-high intensity exercise per week
 - No presence of severe untreated anxiety and/or depression
 - BMI < 30
 - No soy allergy
 - Free of cannabis products or high dose antioxidants for at least 8 weeks

CONTACT US!

UNC Exercise Physiology Lab

Gunter 1620

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