



# Community College of Aurora/UNC Transfer Guide\*

## Sport & Exercise Science B.S., Human Performance Emphasis

### 2021-2022 Catalog

### Degree Requirements – 120 credits

\*Guide for students transferring to the University of Northern Colorado for the purpose of completing a bachelor's degree. Courses marked as (**\*bold**) are UNC equivalent courses (if applicable) upon transfer. UNC Liberal Arts Curriculum (LAC) is waived with completion of AA/AS degree (if an AA/AS degree is not completed, additional liberal arts courses may be required). This guide is based on degree and Colorado general education requirements from the above catalog term. **This plan is a recommended schedule and not reflective of every student's individual academic context. Students should consult with their advisor for course sequence guidance.**

COMMUNITY COLLEGE OF AURORA – 60 Credits			
YEAR 1 – FALL: 14 credits		YEAR 1 – SPRING: 14 credits	
ENG 121 English Composition I (GT-CO1) <b>*ENG 122 College Composition</b>	3 credits	ENG 122 English Composition II (GT-CO2) <b>*ENG 123 College Research Paper</b>	3 credits
Arts & Humanities (GT-AH)	3 credits	Mathematics (GT-MA1)	3 credits
Social & Behavioral Sciences (GT-SS)	3 credits	Social & Behavioral Sciences (GT-SS)	3 credits
CHE 101 Intro to Chemistry I with Lab (GT-SC1) <b>*CHEM 101/102 Chemistry for Citizens</b>	5 credits	CHE 102 Intro to Chemistry II with Lab (GT-SC1) <b>*CHEM 281 Fundamentals of Biochemistry</b>	5 credits
YEAR 2 – FALL: 16 credits		YEAR 2 – SPRING: 16 credits	
Arts & Humanities (GT-AH)	3 credits	COM 115 or 125 or 220 <b>*COMM 100 or COMM 220 or COMM 223</b>	3 credits
History (GT-HI1)	3 credits	Arts & Humanities (GT-AH), Social & Behavioral Sciences (GT-SS), or History (GT-HI1)	3 credits
BIO 201 Human Anatomy & Physiology I with Lab (GT-SC1) <b>*BIO 245 Intro Human Anatomy &amp; Physiology</b>	4 credits	BIO 202 Human Anatomy & Physiology II with Lab (GT-SC1) <b>*BIO 246 Adv Human Anatomy &amp; Physiology</b>	4 credits
Electives	6 credits	Electives	6 credits
UNIVERSITY OF NORTHERN COLORADO – 60 Credits			
YEAR 3 – FALL: 15 credits		YEAR 3 – SPRING: 15 credits	
SES 123 Intro to Sport and Exercise Science	3 credits	SES 324 Exercise Physiology II	3 credits
SES 220 Anatomical Kinesiology	4 credits	SES 331 Biomechanics	3 credits
SES 322 Exercise Physiology I	3 credits	SES 333 Psychology of Exercise & Physical Activity	3 credits
Required major elective	3 credits	SES 280 Prevention & Care of Sports Injuries	3 credits
University wide elective	2 credits	SES 221 Weight Training Techniques	1 credit
		University wide elective	2 credits
YEAR 4 – FALL: 15 credits		YEAR 4 – SPRING: 15 credits	
SES 426 Motor Control	3 credits	SES 492 Internship	12 credits
SES 490 Exercise Assessment & Program	3 credits	University wide elective	3 credits
Required major electives	9 credits		

This four-year plan is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

### **Program Admission Requirements – UNC Admission**

**Minor Required – None**

### **Contact Information –**

School of Sport & Exercise Science

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[www.unco.edu/nhs/ses](http://www.unco.edu/nhs/ses)