



# DEGREE WORKSHEET FOR:

## BS Athletic Training

### 2018-2019 Catalog

### Degree Requirements – 120 credits

YEAR 1- FALL (16 credits)	YEAR 1- SPRING (16 credits)
<p><b>BIO 110 Principles of Biology</b> (LAC Area 6) 4 credits</p> <p>PSY 120 Principles of Psychology (LAC Area 5c) 3 credits</p> <p>ENG 122 College Composition (LAC Area 1a) 3 credits</p> <p>Liberal Arts Core/Electives 6 credits</p>	<p><b>BIO 245 Intro to Human Anatomy and Physiology OR BIO 341 Human Anatomy</b> 4 credits</p> <p><b>FND 210 Medical Terminology (on-line)</b> 2 credits</p> <p><b>SES 220 Anatomical Kinesiology</b> (LAC Area 6) 4 credits</p> <p>STAT 150 Intro. to Statistical Analysis (LAC Area 2) 3 credits</p> <p>Liberal Arts Core/electives 3 credits</p>
YEAR 2- FALL (16 credits)	YEAR 2-SPRING (15 credits)
<p><i>Apply to Clinical Athletic Training Program- download application from website <a href="http://www.unco.edu/uncats">www.unco.edu/uncats</a></i></p> <p><b>PHYS 220 Introductory Physics I</b> (LAC Area 6) 5 credits</p> <p>FND 250 Principles of Nutrition (LAC Area 6) 3 credits</p> <p>SES 331 Biomechanics 3 credits</p> <p><b>SES 281 Introduction to Athletic Training</b> 4 credits</p> <p>Liberal Arts Core/Electives 1 credits</p>	<p><i>Course progression <u>if admitted</u> into the clinical athletic training program</i></p> <p>SES 322 Exercise Physiology I 3 credits</p> <p>SES 381 Clinical Practicum in A/T Level I 3 credits</p> <p>SES 485 Mechanisms &amp; Evaluation of Sport Injury 5 credits</p> <p>Liberal Arts Core/Electives 4 credits</p>
YEAR 3- FALL (15 – 16 credits)	YEAR 3- SPRING (16 credits)
<p>BIO 246 Advanced Human Anatomy &amp; Physiology OR BIO 350 Human Physiology 3-4 credits</p> <p>FND 455 Nutrition for Fitness and Athletic Performance 3 credits</p> <p>SES 382 Clinical Practicum in A/T Level II 3 credits</p> <p>SES 487 Therapeutic Modalities 3 credits</p> <p>Liberal Arts Core/ Electives 3 credits</p>	<p>SES 323 Motor Learning &amp; Development 3 credits</p> <p>SES 324 Exercise Physiology II 3 credits</p> <p>SES 383 Clinical Practicum in A/T Level III 3 credits</p> <p>SES 486 Clinical Methods of Sports Injury Rehab 4 credits</p> <p>Liberal Arts Core/ Electives 3 credits</p>
YEAR 4- FALL (13 credits)	YEAR 4- SPRING (13 credits)
<p>SES 480 Advanced Functional Assessment 3 credits</p> <p>SES 481 Clinical Practicum in A/T Level IV 3 credits</p> <p>SES 488 Athletic Training Administration 3 credits</p> <p>Liberal Arts Core/Electives 4 credits</p> <p><b>Apply for Graduation</b></p>	<p>SES 333 Psychology of Exercise &amp; Physical Activity 3 credits</p> <p>SES 482 Clinical Practicum in A/T Level V 3 credits</p> <p>SES 489 Medical Conditions 3 credits</p> <p>Liberal Arts Core/Electives 4 credits</p> <p><b>Apply to Take BOC Exam</b></p>

## Athletic Training (con't)

**Admission Requirement.** The designation of Athletic Training (Seeking) as a major does not assure admission to the Clinical Athletic Training Program. The number of students enrolled in the clinical program is limited. Students must submit a separate application to the Clinical Athletic Training Program. Applications are accepted during fall semester only. See notes below.

**Minor-No Minor Required.**

### Contact Information – School of Sport and Exercise Science

Butler-Hancock 261B, 970-351-1718

School Web: <http://www.unco.edu/nhs/ses/>

Program Website: <http://www.unco.edu/uncats>

This worksheet is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

### Notes

- 1 **To apply students must be an Athletic Training (Seeking) Major, possess a minimum GPA of 2.8 and be enrolled in SES 281. Admission is based on completed application, available openings, GPA, grades in the prerequisite courses, and an interview.**
- 2 Applications are only accepted during fall semester. Prior to application, students must complete or be in the process of completing the prerequisite courses: BIO 110; BIO 245 or BIO 341; PHYS 220; SES 281; SES 220, and FND 210 and be certified in **Emergency Cardiac Care at a level that is acceptable to the BOC** (see <http://www.bocac.org/ats/maintain-certification/emergency-cardiac-care> for list of acceptable options).
- 3 Students must complete the full five semester Clinical Athletic Training Program to graduate with a major in Athletic Training and to be eligible to take the BOC exam.
- 4 Any student receiving a grade of "C-" or lower in any of the required athletic training courses in the major must retake the course until a grade of "C" or higher is achieved.
- 5 Prior to spring of their senior year, students should apply for graduation.
- 6 **Transfer students must meet with the Athletic Training Director prior to declaring Athletic Training (Seeking) as a major.**
- 7 For further information on the clinical program and application requirements see the web site at: [www.unco.edu/uncats](http://www.unco.edu/uncats)
- 8 Athletic Training majors who wish to **double major in Exercise Science** may request a 6-hour internship instead of a 12-hour internship to satisfy the requirement of the Exercise Science emphasis. However, the Athletic Training major must meet the requirements of the Exercise Science: Pre-Physical Therapy Option in order to make that request. Any deviations from BIO 341, BIO 350, PHYS 220, and PHYS 221 must be approved by an Exercise Science advisor. BIO 210 must also be taken as a prerequisite for BIO 350.

This program is designed for the undergraduate who wishes to prepare for a career as a Certified Athletic Trainer. Preparation for this allied health profession focuses on the areas of prevention, management and rehabilitation of injuries that occur in sport. Upon successful completion of this program, the student will have fulfilled the requirements to take the BOC exam.