

Instructional Contact Hour to Credit Hour Table

The following table provides the weekly contact hour to credit hour ratios for all courses based on the course schedule type.

- An instructional contact hour is 50 minutes. Hence a 3-credit lecture course with a 1:1 ratio is expected to meet for 3 contact hours or 2.5 clock hours each week.
- The assumed term length is 15 weeks. Hence, a 3-credit lecture course with a 1:1 ratio is expected to meet for a total of 45 contact hours or 37.5 clock hours in a 15- week term
 - During the regular fall and spring semesters this is typically 3 times/week for 1 hour, or twice a week for 75 minutes.
 - Courses that meet during the summer 6-, 8- or 12- week terms, the winter interim term, or shorter parts of term approved during regular semesters, must meet more frequently and for longer time periods in order to provide the same *total* instructional contact time.
- The same ratios apply to online and hybrid courses; in asynchronous online courses the contact time will include time spent on discussion boards and accessing other instructor delivered content/feedback (lecture notes/slides, video lectures, etc.).
- For each instructional contact hour, students and faculty are expected to spend roughly two hours of additional non-contact time on activities such as pre- and post-class reading, studying and assignment preparation, lecture and class material preparation, grading and office-hours. For asynchronous online classes, the distinction between contact- and non-contact time may be less clear, though the *total activity* time should be similar to synchronous and face-to-face delivery.

SCHEDULE TYPE		RATIO	INSTRUCTIONAL CONTACT TIME PER TERM (sum as needed for courses with higher credit hours)		
Code	Description	Contact Hour: Credit Hour	1 credit	2 credits	3 credits
PMI	Private Music Instruction	.50:1	375 total minutes 25 minutes/week 6.25 clock hours	750 total minutes 50 minutes/week 12.5 clock hours	1125 total minutes 75 minutes/week 18.75 clock hours
DIS RES	Dissertation/Thesis Research/Directed Study	.75:1	563 total minutes 38 minutes/week 9.38 clock hours	1125 total minutes 75 minutes/week 18.75 clock hours	1688 total minutes 113 minutes/week 28.13 clock hours
LEC REC	Lecture Recitation/Discussion/Seminar	1:1	750 total minutes 50 minutes/week 12.50 clock hours	1500 total minutes 100 minutes/week 25.00 clock hours	2250 total minutes 150 minutes/week 37.5 clock hours
LAB PER PRA SCO STO	Laboratory Physical Education/Recreation Practicum/Clinical Student Classroom Observation Studio Art/Music/Theatre	2:1	1500 total minutes 100 minutes/week 25.00 clock hours	3000 total minutes 200 minutes/week 50.00 clock hours	4500 total minutes 300 minutes/week 75.00 clock hours
FLD SST	Field Instruction Student Teaching	2.5:1	1875 total minutes 125 minutes/week 31.25 clock hours	3750 total minutes 250 minutes/week 62.50 clock hours	5625 total minutes 375 minutes/week 93.75 clock hours
INT	Internship	3:1	2250 total minutes 150 minutes/week 37.50 clock hours	4500 total minutes 300 minutes/week 75.00 clock hours	6750 total minutes 450 minutes/week 112.50 clock hours

Questions? Email nancy.matchett@unco.edu

Last update: 10/25/2023