



DEGREE WORKSHEET FOR:

BS in Sport and Exercise Science: P.E. K-12 Emphasis

2020-2021 Catalog

Degree Requirements – 121 credits

YEAR 1- FALL (15 credits)		YEAR 1- SPRING (16 credits)	
ENG 122 College Composition (LAC Area 1a)	3 credits	Liberal Arts Core	13 credits
Liberal Arts Core – MATH (LAC Area 2)	3 credits	ENG 123 or ENG 225	3 credits
Liberal Arts Core	9 credits		
YEAR 2- FALL (16 credits)		YEAR 2-SPRING (15 credits)	
SES 202 Lifetime Sport and Physical Activities	1 credit	SES 170 Intro. to Field Experience ¹	1 credit
SES 210 Developmental Appropriate Elementary Act.	3 credits	SES 221 Weight Training Techniques	1 credit
SES 220 Anatomical Kinesiology (LAC Area 6)	4 credits	SES 240 Secondary PE Content	3 credits
SES 243 Outdoor & Adventure Programming	3 credits	SES 266 Intro. to P.E. as a Profession ¹	3 credits
Liberal Arts Core	5 credits	SES 323 Motor Learning & Development	3 credits
		SES 338 Teaching Diverse Populations	4 credits
YEAR 3- FALL (15 credits)		YEAR 3- SPRING (16 credits)	
SES 322 Exercise Physiology I	3 credits	SES 331 Biomechanics	3 credits
SES 340 and 340L Plan & Instructional Design ²	4 credits	SES 342 Teaching Health Related Fitness	3 credits
SES 441 Physical Education Technology ²	3 credits	SES 440 & 440L Dev. Pedagogical Skills in Elem. Ed.	4 credits
EDSE 433 Exceptional Student in the Regular Class	2 credits	PSY 347 or 349	3 credits
EDF 366 Concepts of Schooling	3 credits	SES Electives	3 credits
YEAR 4- FALL (16 credits)		YEAR 4- SPRING (12 credits)	
SES 438 Sport Psychology OR SES 333 Psychology of Exercise and Physical Activity (choose one course)	3 credits	EDFE 444 Student Teaching ³	12 credits
SES 443 Teaching and Assessing School Health	3 credits		
SES 442 & 442L Dev. Pedagogical Skills in Sec.	4 credits		
SES Electives	3 credits		
EDRD 340 Dev. Lang. & Literacy in Content Areas	3 credits		

Admission Requirement – See Professional Teacher Education Program (PTEP) section in current catalog for admission requirements

Minor – No Minor Required.

Notes – see page 2.

BS Sport and Exercise Science – PE K-12 Teaching (cont.)

Contact Information – Dr. Jennifer Krause

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School Web Page: <http://www.unco.edu/nhs/ses/>

This worksheet is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

Notes

1. ¹SES 266 Intro. to P.E. as a Profession and SES 170 Intro. to Field Based Exp. are taken concurrently.
2. ²SES 340 Planning, Assessment, and Instruction in P.E. and SES 441 Physical Education Technology are taken concurrently.
3. ³Prior to student teaching, students must have successfully completed all required Sport and Exercise Science K-12 Licensure Program courses, be fully admitted to the major and PTEP programs, achieve proficient or advanced on all Dispositions, hold current First Aid/CPR certification, and pass the state licensure examination.
5. Students will have to complete an annual Oath and Consent form.
6. Students who plan to apply for K-12 Teacher Licensure in the State of Colorado must student teach at both the elementary and secondary levels.

The mission of the undergraduate Physical Education Teacher Education program at the University of Northern Colorado is to prepare future physical educators with the knowledge, skills, and dispositions to develop physically literate K-12 graduates. This mission will be accomplished by providing students with classroom and field-based experiences that cultivate expertise in the areas of motor skill development, health-related fitness, program design, instructional technology, assessment, and pedagogy. Graduates will depart the program as reflective physical education professionals who are capable of promoting physical activity in diverse settings.