

DR. BRETT A. NICHOLS

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EDUCATION

Doctor of Philosophy December 2015

University of Northern Colorado, Greeley, CO

Degree Area: Sport and Exercise Science

Emphasis Area: Social Psychology of Sport and Physical Activity

Dissertation: *Predicting Coaching Efficacy among National Collegiate Athletic Association Assistant Coaches: A Social-Psychological Analysis of Coaching Goals, Commitment, and Values (defended 10/21/15)*

Research Advisers: Dr. Megan Babkes Stellino & Dr. Robert Brustad

Committee Members: Dr. Mark Alcorn and Dr. Mark Smith

Master of Arts May 2006

Kent State University, Kent, OH

Degree Area: Exercise, Leisure & Sport

Emphasis Area: Sport Studies

Certificate: Athletic Coaching

Thesis: *In Pursuit of a Competitive Advantage: Perceived Coaching Behaviors and Tools Used by Division I Men's Basketball Coaches*

Adviser: Dr. Stephen Mitchell

Committee Members: Dr. Theresa Walton, Dr. Robert Stadulis

Bachelor of Arts May 2001

Hamline University, Saint Paul, MN

Majors: Geography and History

Minor: Business Management

Cum Laude, Departmental Honors (History) and Leader's Scholar

PROFESSIONAL POSITIONS

2016-present **University of Northern Colorado.** Instructor, School of Sport & Exercise Science

Summer 2016 **Beijing Sport University,** Visiting Professor in Sport Sociology, Foreign Languages Department

2012-present **Positive Coaching Alliance.** Certified Trainer

2011-2016 **University of Northern Colorado.** Instructor & Graduate Teaching Assistant, School of Sport & Exercise Science and University College

2008-2011 **Oberlin College.** Associate Head Coach of Men's Basketball

2006-2008 **Oberlin College.** Assistant Coach of Men's Basketball

2006 **Kent State University.** Adjunct Instructor; Exercise, Leisure & Sport

2004-2005 **Kent State University.** Graduate Teaching Assistant; Exercise, Leisure & Sport

TEACHING AND CURRICULUM DEVELOPMENT

COURSE DEVELOPED

University of Northern Colorado

2013 SES 408 Geography of Sport

COURSES TAUGHT**University of Northern Colorado**

<u>Term</u>	<u>Year</u>	<u>Dept</u>	<u>No</u>	<u>Course Title</u>	<u>Credit Hours</u>
Fall	2016	SES	692	Graduate Internship: Sports Coaching	4
Fall	2016	SES	436	Social Psychological Aspects of Sport & Physical Activity	3
Fall	2016	SES	335	Principles of Coaching	3
Fall	2016	SES	333	Sport and Exercise Psychology	3
Spring	2016	SES	583	International Perspectives in Sport Coaching	3
Spring	2016	SES	436	Social Psychological Aspects of Sport & Physical Activity	3
Fall	2015	UNIV	101	Foundations for Learning & Development	3
Fall	2015	SES	436	Social Psychological Aspects of Sport & Physical Activity	3
Spring	2015	SES	312	Coaching & Officiating Baseball	2
Fall	2014	SES	436	Social Psychological Aspects of Sport & Physical Activity	3
Fall	2014	SES	114	Golf	1
Fall	2014	SES	317	Coaching & Officiating Track & Field	2
Spring	2014	SES	408	Geography of Sport	3
Spring	2014	SES	318	Coaching & Officiating Soccer	2
Fall	2013	SES	436	Social Psychological Aspects of Sport & Physical Activity	3
Fall	2013	SES	313	Coaching & Officiating Basketball	2
Fall	2013	SES	119	Tennis	1
Spring	2013	SES	408	Geography of Sport	3
Spring	2013	SES	321	Coaching & Officiating Volleyball	2
Fall	2012	UNIV	101	Foundations for Learning & Development	2
Fall	2012	UNIV	101	Foundations for Learning & Development in Business	2
Summer	2012	UNIV	101	Foundations for Learning & Development for Athletes	2
Spring	2012	SES	321	Coaching & Officiating Volleyball	2
Spring	2012	SES	119	Beginning Tennis	1
Spring	2012	SES	150	Jogging & Walking	1
Fall	2011	UNIV	101	Foundations for Learning & Development in Business	2
Fall	2011	UNIV	101	Foundations for Learning & Development in SES	2

Oberlin College & Conservatory

<u>Term</u>	<u>Year</u>	<u>Dept</u>	<u>No</u>	<u>Course Title</u>	<u>Credit Hours</u>
Spring	2011	ATHL	156	Offensive Basketball Skills (Co-Instructor)	.5
Fall	2010	ATHL	126	Strength Training I (Co-Instructor)	.5
Spring	2010	ATHL	156	Offensive Basketball Skills (Co-Instructor)	.5
Fall	2009	ATHL	126	Strength Training I (Co-Instructor)	.5

Kent State University

<u>Term</u>	<u>Year</u>	<u>Course Title</u>
Spring	2006	Fundamentals of Track & Field
Spring	2006	Weight Training
		Jogging
		Basketball

COURSES CO-TAUGHT**University of Northern Colorado**

<u>Term</u>	<u>Year</u>	<u>Dept</u>	<u>No</u>	<u>Course Title</u>
Spring	2013	SES	333	Sport and Exercise Psychology
Spring	2013	SES	583	International Perspectives of Sport Coaching

Kent State University

<u>Dept</u>	<u>No</u>	<u>Course Title</u>	<u>Credit Hours</u>
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PEP	25025	Teaching in Physical Education
PEP	45053	Elementary School Physical Education Content
PEP	45058	Elementary School Physical Education Methods

PUBLICATIONS & PRESENTATIONS

Davies, M.J., Babkes Stellino, M., **Nichols, B.A.**, & Coleman, L.M. (2015). Other-Initiated Motivational Climate and Youth Hockey Players' Good and Poor Sport Behaviors. *Journal of Applied Sport Psychology* 28(1), 78-96.

Babkes Stellino, M., Coleman, L.M., **Nichols, B.A.**, & Davies, M.J. (2014). *Other-initiated motivational climate and good and poor sport behaviors in youth soccer*. Poster at Association for Applied Sport Psychology Conference, Las Vegas, NV.

Nichols, B.A., Davies, M.J., Coleman, L.M., & Babkes Stellino, M. (2014). *Guidelines for effective coach-initiated motivational climate: Relationship to good and poor sport behavior*. National Coaching Conference, Washington, D.C.

Nichols, B.A. (Fall 2014). *Do what I say, not what I did: Learning from one GTA's wild ride as an instructor at UNC*. University of Northern Colorado Graduate Teaching Assistant Training, Greeley, CO.

Nichols, B.A. (2013). *In pursuit of a competitive advantage: Coaching behaviors used by Division I men's basketball coaches*. North American Society for Psychology of Sport and Physical Activity Conference, New Orleans, LA.

Akbar, A., & **Nichols, B.A.** (2012) *8x8x8 Fitness Challenge*. Colorado Association for Health, Physical Education, Recreation and Dance Conference, Loveland, CO.

Nichols, B.A., & Urrutia, Anthony (Fall 2012). *Successfully managing your dual roles as a teacher & coach*. University of Northern Colorado Beginning Teachers Conference in Greeley, CO.

Nichols, B.A. (Fall 2011). *What is Success? A Coaching Glimpse into the World of College Basketball*. Graduate Student Research Night at University of Northern Colorado, Greeley, CO.

Nichols, B.A. (2001). *Development in Bahia, Brazil: Can the Atlantic Coastal Rainforest be Saved?* National Conference for Undergraduate Research, Lexington, KY.

HONORS AND AWARDS

December 2015	Graduate Dean's Citation for Most Outstanding Dissertation, University of Northern Colorado
December 2015	Graduate Dean's Citation for Excellence [Academic], University of Northern Colorado
December 2015	Graduate Commencement Speaker, University of Northern Colorado
2014-2015	Top Five Trainer in Nation (by quantity of trainings), Positive Coaching Alliance
Spring 2013	Hutchinson-Lahman Research Award Recipient, Runner-Up, University of Northern Colorado
Fall 2011	First Year Scholars Outstanding Faculty and Staff Award, University of Northern Colorado

GRANTS & FUNDING

2014	Nichols, B. Travel Grant for the National Coaching Conference, Washington, D.C. Sponsored by the University of Northern Colorado Graduate Student Association. Funded, \$600.00
2014	Nichols, B. Research Grant for project titled, "Factors Influencing College Selection by NCAA Division III Men's Basketball Players." Sponsored by the University of Northern Colorado School of Sport and Exercise Science. Funded, \$500.00

- 2013 **Nichols, B.** Travel Grant for the North American Society for the Psychology of Sport and Physical Activity, New Orleans, LA. Sponsored by the University of Northern Colorado Graduate Student Association. Funded, \$600.00

PROFESSIONAL & COMMUNITY SERVICE

University of Northern Colorado, Greeley, CO

- Fall 2015 Volunteer Coach, City of Greeley Youth Soccer
 Summer 2015 Volunteer Coach, City of Greeley Tee-ball
 2013-2015 University Academic Appeals Board – Graduate Student Representative
 Fall 2014 Guest Lecturer, Principles of Coaching
 Fall 2014 Panelist, *The new teaching assistant experiences panel*. Graduate Teaching Assistant Conference
 Spring 2013 Guest Lecturer, Principles of Coaching
 2012-2014 Graduate Student Association Representative for the College of Natural & Health Sciences
 2012-2014 College of Natural & Health Sciences Student Council Member
 Fall 2013 Panelist, *The new teaching assistant experiences panel*. Graduate Teaching Assistant Conference
 2011-2012 Volunteer Graduate Student Assistant with UNC Men's Basketball
 2012 Co-chair Physical Education Beginning Teacher Conference
 2012 Guest Lecturer, Psychological Analysis of Sport, Exercise and Physical Activity

Oberlin College, Oberlin, OH

- 2009-2011 Special Assistant to the Athletics Director for Student-Athlete Recruitment
 2009-2010 Co-Chair of Athletics Working Group dedicated to fielding more competitive sports teams
 2008-2010 Assistant Sports Information Director
 2008 Men's and Women's Swimming & Diving Assistant Coach search committee member
 2007 Women's Tennis Head Coach search committee member

Kent State University, Kent, OH

- 2005-2007 Graduate Intern, Volunteer Graduate Assistant, Men's Basketball
 2004-2006 Guest Lecturer, Department of Geography. *Brazil's Treasures: The Atlantic Coastal Forests, One of the World's Most Diverse Landscapes*.

CURRENT MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

- International Sociology of Sport Association
 Society of Health and Physical Educators
 North American Society for the Sociology of Sport

RELATED EXPERIENCE: COACH AND PARENT EDUCATION

Positive Coaching Alliance Trainings

- 2015 10/28/15 Double-Goal Coach I, Boys and Girls Club of Weld County (8)
 2015 9/23/15 Wheat Ridge Avalanche Soccer Association (16)
 2015 9/16/15 Developing Triple Impact Competitors, Brighton High School (25)
 2015 9/2/15 Triple-Impact Competitors, Niwot High School (38)
 2015 8/24/15 High School Sports Parent, Centaurus High School (200)
 2015 8/20/15 Developing Triple Impact Competitors, CHAMP - Poudre High School (12)
 2015 8/19/15 Developing Triple Impact Competitors, CHAMP - Rocky Mountain High School (6)
 2015 8/17/15 Developing Triple Impact Competitors, Battle Mountain High School (6)
 2015 8/17/15 Triple-Impact Competitors, Battle Mountain High School (120)
 2015 8/15/15 Positive Motivation, Littleton Hockey Association (70)
 2015 8/13/15 Double-Goal Coach: Culture, Practices & Games, Eagle Valley High School (17)
 2015 8/12/15 Developing Triple Impact Competitors, Evergreen High School (45)
 2015 8/11/15 High School Sports Parent, La Junta High School (180)
 2015 8/11/15 Triple-Impact Competitors, La Junta High School (150)

2015	8/9/15	Coaching for Winning & Life Lessons, Jeffco Midget Football Assn (225)
2015	8/5/15	Positive Motivation, St. Vrain District - Silver Creek High School (40)
2015	8/4/15	High School Sports Parent, Wheat Ridge High School (110)
2015	8/1/15	Coaching for Winning & Life Lessons, Colorado Hockey Association (10)
2015	8/1/15	Second Goal Parent, Colorado Hockey Association (9)
2015	7/30/15	Developing Triple Impact Competitors, CHSAA - La Junta High School (10)
2015	7/12/15	Coaching for Winning & Life Lessons, Parker Pop Warner Football (40)
2015	6/5/15	Developing Triple Impact Competitors, Legend High School (30)
2015	6/4/15	Developing Triple Impact Competitors, Palmer Ridge High School (26)
2015	5/28/15	Coaching for Winning & Life Lessons, YMCA of Metro Denver (9)
2015	5/13/15	Double-Goal Coach: Coaching the Mental Game, West Jeff Baseball (8)
2015	5/11/15	Coaching for Winning & Life Lessons, Cherry Creek Little League (25)
2015	4/20/15	Developing Triple Impact Competitors, Resurrection Christian School (11)
2015	4/15/15	Triple-Impact Competitors, Arvada, Pomona, & Standley Lake HS's (50)
2015	4/11/15	Coaching for Winning & Life Lessons, Jeffco Girls Softball Assn (26)
2015	3/28/15	Coaching for Winning & Life Lessons, Northern Lights Little League (18)
2015	3/24/15	Double-Goal Coach: Culture, Practices & Games, Cherry Creek Little League (20)
2015	3/5/15	Developing Triple Impact Competitors, Patriot Lacrosse (9)
2015	3/2/15	Triple-Impact Competitors, Centaurus High School (6)
2015	2/25/15	Double-Goal Coach: Culture, Practices & Games, Adams City High School (15)
2015	2/15/15	Double-Goal Coach: Coaching the Mental Game, Thunder Baseball (40)
2015	2/8/15	Double-Goal Coach: Culture, Practices & Games, Mullen High School (28)
2015	1/21/15	Triple-Impact Competitors, Eagle Valley High School (17)
2015	1/9/15	Triple-Impact Competitors, St. Mary's Academy (Cherry Hills) (80)
2014	12/8/14	Triple-Impact Competitors, Broomfield High School (8)
2014	12/1/14	Double-Goal Coach: Culture, Practices & Games, Bear Creek Sports Association (25)
2014	11/18/14	High School Sports Parent, Rock Canyon High School (45)
2014	11/14/14	CHSAA Triple Impact Competitor Leadership, Del Norte High School (75)
2014	11/13/14	Developing Triple Impact Competitors, Del Norte High School (45)
2014	11/5/14	CHSAA Triple Impact Competitor Leadership, Thompson School District (50)
2014	11/4/14	Triple-Impact Competitors, Denver North High School (100)
2013	10/17/14	Coaching for Winning & Life Lessons, YMCA of Metro Denver (15)
2014	10/6/14	Developing Triple Impact Competitors, Overland High School (50)
2014	9/27/14	Developing Triple Impact Competitors, St. Vrain District - Mead High School (20)
2014	9/18/14	Coaching for Winning & Life Lessons, JAM Basketball (7)
2014	9/15/14	Triple-Impact Competitors, Gateway High School - Aurora SD (17)
2014	8/20/14	Developing Triple Impact Competitors, St. Vrain District - Silver Creek High School (32)
2014	8/18/14	Developing Triple Impact Competitors, Battle Mountain High School (37)
2014	8/15/14	Double-Goal Coach: Culture, Practices & Games, Shining Mtn Waldorf School (7)
2014	8/11/14	Developing Triple Impact Competitors, St. Vrain District - Frederick HS (37)
2014	8/10/14	Leading Your Organization, Denver Police Activities League (15)
2014	8/7/14	30-min Parent Talk, Rangeview High School (400)
2014	8/7/14	Triple-Impact Competitors, Skyview High School (100)
2014	8/6/14	High School Sports Parent, Central HS (Grand Junction) (30)
2014	8/2/14	Developing Triple Impact Competitors, George Washington HS (25)
2014	7/20/14	Leading Your Organization, Jeffco Midget Football Association (15)
2014	6/12/14	Leading Your Organization, Trebol Soccer Club (11)

2014	6/3/14	Second Goal Parent, Greeley - ACE program (30)
2014	5/21/14	Triple-Impact Competitors, Patriot Lacrosse (25)
2014	5/13/14	Coaching for Winning & Life Lessons, CHAMP - Character in Athletics (34)
2014	5/12/14	Second Goal Parent, Poudre School District - CHAMP (50)
2014	4/30/14	Coaching for Winning & Life Lessons, Fort Collins Baseball (35)
2014	4/25/14	Coaching for Winning & Life Lessons, Cherry Creek Little League (35)
2014	4/4/14	Double-Goal Coach: Culture, Practices & Games, North Boulder Little League (25)
2014	3/21/14	Second Goal Parent, Bear Creek Sports Association (20)
2014	3/20/14	Double-Goal Coach: Culture, Practices & Games, West Jeff Baseball (8)
2014	3/12/14	CHSAA Triple Impact Competitor Leadership, CHSAA (100)
2014	3/9/14	Coaching for Winning & Life Lessons, Ken Caryl Little League (22)
2014	2/27/14	Coaching for Winning & Life Lessons, Dakota Ridge Sports Association (24)
2014	2/26/14	Triple-Impact Competitors, City of Greeley - ACE (115)
2014	2/24/14	Second Goal Parent, Boulder Hockey Club (13)
2014	2/9/14	Developing Triple Impact Competitors, Mullen High School (39)
2014	1/21/14	Triple-Impact Competitors, Overland High School (20)
2014	1/18/14	Coaching for Winning & Life Lessons, YMCA of Metro Denver (45)
2014	1/17/14	CHSAA Triple Impact Competitor Leadership, Sanford HS (Athletic Conference) (75)
2014	1/16/14	Developing Triple Impact Competitors, Sanford HS (Athletic Conference) (50)
2014	1/5/14	Second Goal Parent, Arvada Hockey Association (26)
2013	12/18/13	Developing Triple Impact Competitors, Aurora Central High School (25)
2013	11/20/13	Developing Triple Impact Competitors, Eaglecrest High School (20)
2013	11/18/13	Triple-Impact Competitors, Cherokee Trail High School (60)
2013	11/7/13	Triple-Impact Competitors, Denver North High School (150)
2013	11/6/13	CHSAA Triple Impact Competitor Leadership, Northern League (75)
2013	11/5/13	CHSAA Triple Impact Competitor Leadership, Santa Fe League (75)
2013	11/4/13	Developing Triple Impact Competitors, Aurora Public Schools (20)
2013	10/6/13	Double-Goal Coach: Culture, Practices & Games, Arvada Hockey Association (21)
2013	9/29/13	Coaching for Winning & Life Lessons, Boulder Hockey Club (44)
2013	9/20/13	Triple-Impact Competitors, Grandview High School (35)
2013	8/29/13	Developing Triple Impact Competitors, Battle Mountain High School (35)
2013	8/29/13	Triple-Impact Competitors, Battle Mountain High School (150)
2013	8/25/13	Coaching for Winning & Life Lessons, Cherry Creek Youth Sports
2013	8/24/13	Coaching for Winning & Life Lessons, Dakota Ridge Sports Association
2013	8/20/13	Triple-Impact Competitors, Rock Canyon High School (250)
2013	8/17/13	Triple-Impact Competitors, Thompson School District
2013	8/5/13	Coaching for Winning & Life Lessons, Poudre Middle Schools
2013	8/3/13	Developing Triple Impact Competitors, Mullen High School (40)
2013	5/4/13	High School Sports Parent, Broomfield High School (8)
2013	5/1/13	Coaching for Winning & Life Lessons, Fort Collins Baseball
2013	4/20/13	Coaching for Winning & Life Lessons, Arapahoe Little League
2013	4/7/13	Coaching for Winning & Life Lessons, Ken Caryl Little League (20)
2013	3/19/13	Coaching for Winning & Life Lessons, West Jeff Baseball (25)
2013	3/15/13	Coaching for Winning & Life Lessons, Bear Creek Sports Association

PROFESSIONAL DEVELOPMENT

July 2015 *Trainers' Institute*. Positive Coaching Alliance. (Invitation only) Petaluma, CA

July 2013 *Trainers' Institute. Positive Coaching Alliance. (Invitation only) Petaluma, CA*

June 2012 Head Men's Basketball Coach, Team USA-Curacao. USA Athletes International

June 2011 Head Men's Basketball Coach, Team USA-Austria, Slovenia & Italy. USA Athletes International

June 2010 Head Men's Basketball Coach, Team USA-Austria, Slovenia & Italy. USA Athletes International

June 2009 Head Men's Basketball Coach, Team USA-Barbados. USA Athletes International

June 2008 Head Men's Basketball Coach, Team USA-Italy. USA Athletes International

June 2007 Head Men's Basketball Coach, Team USA-Austria & Czech Republic. USA Athletes International