



**DEGREE WORKSHEET FOR:  
BS in Nutrition  
2020-2021 Catalog  
Degree Requirements – 120 credits**

YEAR 1 – FALL (15 credits)		YEAR 1 – SPRING (15 credits)	
BIO 110 Biology: Atoms to Cells (LAC 6) (F,S,Su)	4 credits	CHEM 111 <sup>1</sup> Principles of Chem I (LAC 6) (F,S,Su)	4 credits
ENG 122 College Composition (LAC 1a) (F,S,Su)	3 credits	<b>and</b> CHEM 111L <sup>1</sup> Principles of Chem I Lab (LAC 6) (F,S,Su)	1 credit
FND 250 Principles of Nutrition (LAC 6) (F,S,Su)	3 credits	PSY 120 Principles of Psychology (LAC 5c) (F,S,Su)	3 credits
Liberal Arts Core/Electives	5 credits	STAT 150 <sup>1</sup> Intro to Statistical Analysis (LAC 2) (F,S,Su)	3 credits
		Liberal Arts Core/Electives	4 credits
YEAR 2 – FALL (14 credits)		YEAR 2 – SPRING (16 credits)	
BIO 245 Intro to Human Anatomy & Physiology (F,S,Su)	4 credits	BIO 246 <sup>1</sup> Adv Human Anatomy & Physiology (F,S,Su)	3 credits
CHEM 281 Fundamentals of Biochem (LAC 6) (F,S,Su)	3 credits	FND 210 Medical Terminology (S,Su)	2 credits
<b>and</b> CHEM 281L Fundamentals of Biochem Lab (F,S,Su)	1 credit	Liberal Arts Core/Electives	11 credits
FND 252 <sup>1</sup> Nutrition in the Life Cycle (F,S)	3 credits		
SCI 291 <sup>1</sup> Scientific Writing (LAC Area 1b) (F,S,Su)	3 credits		
YEAR 3 – FALL (15 credits)		YEAR 3 – SPRING (15 credits)	
FND 452 <sup>1</sup> Community Nutrition (F,S)	3 credits	FND 370 <sup>1</sup> Nutrition Educ & Application Strategies (F,S)	3 credits
Required Supporting Credits <sup>2</sup>	3 credits	FND 420 <sup>1</sup> Maternal and Child Nutrition (S)	3 credits
Liberal Arts Core/Electives	9 credits	Required Supporting Credits <sup>2</sup>	3 credits
		Liberal Arts Core/Electives	6 credits
YEAR 4 – FALL (15 credits)		YEAR 4 – SPRING (15 credits)	
FND 455 <sup>1</sup> Nutr for Fitness & Athletic Performance (F,S)	3 credits	FND 451 <sup>1</sup> Advanced Nutrition (S)	3 credits
Required Supporting Credits <sup>2</sup>	3 credits	Liberal Arts Core/Electives	12 credits
Liberal Arts Core/Electives	9 credits		

(F) = offered in Fall

(S) = offered in Spring

(Su) = offered in Summer

**Admission Requirements – None**

**Minor Required – No Minor required**

**Notes – see page 2**

**Contact Information –** Department of Nutrition and Dietetics  
Gunter 2280, 970-351-2755  
Web <http://www.unco.edu/nhs/nutrition-dietetics/>

## BS Nutrition (cont)

This four-year plan is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 40 credit hours in courses designated as Liberal Arts Core; meet all degree requirements in the student's major field of study. Each major and/or emphasis may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

### Notes

- 1 <sup>1</sup>This course has pre-requisites
- 2 <sup>2</sup>Required Supporting Credits (9): Must take at least two upper level courses (300/400). Those with an \* have pre-requisite(s).
  - \*BIO 251 Allied Health Microbiology – 4 credits – F,S (can vary, check course schedule)
  - \*BIO 351 Microbiology – 4 credits – S (can vary, check course schedule)
  - COMM 223 Intercultural Communication – 3 credits – F,S,Su (can vary, check course schedule)
  - COMM 410 Communication & Technology – 3 credits – F (can vary, check course schedule)
  - \*FND 310 Intro to Foods – 2 credits – F
    - and** FND 310L Intro to Foods Lab – 2 credits – F
  - \*FND 320 Nutr Apps in Foodservice – 2 credits – S
    - and** FND 320L Nutr Apps in Foodservice Lab – 1 credit - S
  - \*FND 430 Nutr Assmt & Intervention – 2 credits – F
    - and** FND 430L Nutr Assmt & Intervention Lab – 1 credit - F
  - \*FND 446 Foodservice Sys Mgmt – 3 credits – S
    - and** FND 446L Foodservice Sys Mgmt Lab – 1 credit – S
  - HUSR 208 Perspectives on Aging & Later Life – 3 credits – F,S,Su (can vary, check course schedule)
  - HUSR 209 Fdn Health Prom/Health Ed – 3 credits – F,S (can vary, check course schedule)
  - HUSR 342 Mod Concepts Health & Disease – 3 credits – F (can vary, check course schedule)
  - \*PSY 443 Motivation – 3 credits – F,S,Su (can vary, check course schedule)
  - SOC 375 Sociology of Health & Illness – 3 credits – F,S (can vary, check course schedule)
- 3 Liberal Arts Core (LAC) requires a minimum of 40 credit hours; at least 31 credit hours shall be taken in content areas 1 through 6. At least one course from Area 7 and from Area 8 is needed.
- 4 Students may not earn both a Nutrition B.S. degree and a Dietetics B.S. degree from UNC. Those who earn a degree in Nutrition or Dietetics cannot minor in Nutrition.