



College of Natural and Health Sciences
Department of Nutrition & Dietetics

Post-Graduate Ideas for Nutrition Majors

This major is for students who would like to study the science of nutrition without pursuing dietetic registration – a valuable enhancement for those wanting to go into public health fields, work as personal trainers, apply for medical or physician assistant school, pursue counseling careers, or work in food service management (without the RDN credential). The B.S. in Nutrition is a good choice for a double major with Nursing or Sport and Exercise Science, those in health professions who would like to integrate nutrition into their pre-degree preparation, and current Nutrition minors who would like to change to a double major.

Please see below for ideas on graduate school, further credentialing and employment.

Graduate School/Professional Program

- Master's in Public Health (M.P.H.)
 - Colorado School of Public Health
 - <http://www.ucdenver.edu/academics/colleges/PublicHealth/Academics/degreesandprograms/Pages/mph.aspx>
- Pre-Professional Programs (Physician's Assistant, Occupational Therapy, Medical School, Physical Therapy)
 - Visit with the Pre-Professional Health Advisor or a Sports and Exercise Science Advisor at the University of Northern Colorado
 - <http://www.unco.edu/nhs/prehealth/>
 - <http://www.unco.edu/nhs/ses/>
- Master's in Business Administration (M.B.A.)
 - University of Northern Colorado
 - <https://degree.unco.edu/>
- Master's in Hospitality Management (M.S.)
 - Visit with your academic advisor about possible programs and courses
- Graduate Certificates in Nutrition (credits may count towards future graduate degree)
 - The University of Arizona
 - <http://nutrition.cals.arizona.edu/graduate/graduate-certificate-applied-nutrition-gcan>
 - University of Wisconsin – Madison
 - <http://nutrisci.wisc.edu/graduate/online-capstone-certificate-in-clinical-nutrition>
 - American University
 - <http://www.american.edu/cas/health/cert-gnted.cfm>

Further Credentialing

- Certified Dietary Manager – Pathway II
 - <http://www.anfponline.org/become-a-cdm/cdm-cfpp-credential>
- Certified Lactation Counselor
 - <https://www.alpp.org/certifications/certifications-clc>
- Culinary Arts Degree
 - Many opportunities are available in Colorado, in the United States and in the world
- Fitness/Personal Training Certificates
 - UNC’s Recreation Center Training Course for Exam
 - <http://www.unco.edu/campus-recreation/fitness-wellness/become-a-fitness-instructor-personal-trainer.aspx>
 - American Council on Fitness
 - <http://www.acefitness.org>
 - American College of Sports Medicine Certifications
 - <https://www.acsm.org/get-stay-certified/get-certified>
 - Washington State University
 - <http://urec.wsu.edu/training-certification/>
 - Western Carolina University
 - <https://www.wcu.edu/engage/professional-enrichment/profdev/nutrition-fitness-health-online-certificate-programs/index.aspx>

Employment Opportunities

- Hospital/Clinics/Assisted Living Facilities
 - Check out the websites of local hospitals, assisted living facilities and skilled nursing facilities in the area where you desire to live
 - Certified Dietary Manager (see above)
 - Nutrition Assistant
 - Dietary Aide
- Community/Wellness Program
 - Cooperative Extension
 - This program is an extension of land grant institutions. In Colorado, Colorado State University is that institution:
 - <https://extension.colostate.edu/employment/>
 - Health Departments (state and local level)
 - <https://www.colorado.gov/pacific/cdphe/careers>
 - Community Health Programs
 - <http://www.saludclinic.org/#!employment/c1sgc>
 - Adult Nutrition Programs
 - Meals on Wheels
 - Corporate Wellness Programs
 - United States Department of Agriculture (USDA)
 - Food Banks

- Media
 - For positions in the media, it would be beneficial to minor in writing at the University of Northern Colorado: <https://www.unco.edu/programs/english/writing-minor/>
 - Nutrition writer for health newsletters, magazines, Internet, blogs
 - Author – books, cookbook
 - Food critic

- Management
 - Restaurant Management
 - Health Food Store Management

- Food Service
 - Food Service Manager or Assistant Manager (see Certified Dietary Manager)
 - Hospital
 - Assisted Living/Skilled Nursing Facility
 - School District/Camp
 - Restaurant
 - Resort or Hotel
 - Health Inspector
 - USDA Inspector
 - Quality Control Technician/Manager
 - Restaurant Consultant (labeling or menu development)

- Education
 - Family and Consumer Sciences Teacher
 - High School Health Education Teacher
 - High School Science Teacher
 - In Colorado, it is required that you have a Teaching License. Please visit with someone in the Education Department at the University of Northern Colorado
 - <https://www.unco.edu/education-behavioral-sciences/be-a-teacher.aspx>

- Research
 - Research Assistant/Associate
 - Check out websites of local universities/colleges, an example is the University of Colorado: <https://www.cu.edu/cu-careers>

- Sales
 - Sales Representative
 - Food Company
 - Medical Supplies
 - Medical Devices
 - Pharmaceutical Company
 - Examples of Companies in Colorado:
 - <https://biopharmguy.com/links/state-co-all-geo.php>
 - <http://www.novartis.com/>
 - <http://www.whitewave.com/>
 - <http://www.leprinofoods.com/>

- Industry
 - Food science
 - Food technologist
 - Research chef
 - Marketing specialist (development and introduction of old and new foods to consumers)
 - Taste tester
 - Food stylist
 - Food product analyst
 - Examples of Companies in Colorado:
 - <https://www.careersinfood.com/colorado/>
 - <http://www.whitewave.com/>
 - <http://www.leprinofoods.com/>

- International
 - Peace Corps
 - <http://www.peacecorps.gov/>
 - International Medical Corps
 - <https://careers.internationalmedicalcorps.org/careers.aspx>
 - Global Alliance for Improved Nutrition
 - <https://jobs.gainhealth.org/vacancies/>
 - Other opportunities may be available with local faith organizations and non-profits

Disclaimer: This list is not all inclusive nor does the University of Northern Colorado's Nutrition and Dietetics Program have any direct associations with the above employment positions.