

# Mona I. Hebeshy, Ph.D., RN

---

<b>Position:</b>	Assistant Professor School of Nursing College of Natural and Health Sciences University of Northern Colorado Greeley, CO, 80639
<b>Home Address</b>	4380 Lyceum CT, Timnath, CO, 80547
<b>Telephone</b>	<ul style="list-style-type: none"><li>▪ <b>Office:</b> 970-351-2155</li><li>▪ <b>Cell:</b> 608-5150419</li></ul>
<b>Education:</b>	2018 PhD Kent State University, Kent, Ohio Nursing  2011 MSN Suez Canal University, Egypt Nursing  2006 BSN Suez Canal University, Egypt Nursing
<b>Current Certifications and Licensure:</b>	Registered Nurse, Massachusetts Board of Registration in Nursing, (2019-2023) Registered Nurse, Colorado Board of Nursing, License #1689859 (2023-present) Basic Life Support, American Heart Association (through March 2025)
<b>Professional Academic:</b>	January 2023-present School of Nursing, University of Northern Colorado Assistant Professor Teaching, Scholarship & Service  September 2019- December 2021 College of Nursing, Suez Canal University, Egypt

Assistant Professor  
Teaching, Scholarship & Service

May 2018- August 2019  
College of Nursing, Kent State University, Ohio, USA  
Research Project Assistant  
Scholarship

August 2015- May 2018  
College of Nursing, Kent State University, Ohio, USA  
Graduate Research and Teaching Assistant  
Scholarship & Teaching

October 2013- August 2015  
College of Nursing, Purdue University, Indiana, USA  
Visiting Scholar  
Scholarship

June 2011- September 2013  
College of Nursing, Suez Canal University  
Graduate Teaching Assistant  
Teaching, Scholarship & Service

October 2006 -May 2011  
College of Nursing, Suez Canal University, Egypt  
Clinical Instructor  
Teaching, Scholarship & Service

**Area of  
Specialization:**

Medical Surgical Nursing; Critical Care Nursing; Palliative Care Nursing;  
Quantitative Research

**Research Areas/  
Interests:**

- Palliative Care and quality of life of very ill individuals, their families, and healthcare providers.
- Outcomes of critically ill patients in ICU and long-term acute care settings.

**Publications:**

**Juried: Reviewed by editorial board, or refereed)**

Hussiny, S., Salah, D., **Hebeshy, M. I. (2023)**. Effect of effleurage massage therapy on sleep disturbance, fatigue, pain, and anxiety in patients with multiple sclerosis: A quasi-experimental study. *Journal of Applied Nursing Research*. ANR (73)151719.  
<https://doi.org/10.1016/j.apnr.2023.151719>

**Hebeshy, M. I.**, Hansen, D. M., Broome, B., Abdou, S. A., Murrock, C., & Bernert, D. (2021). Reliability and Construct Validity of the Nurses' Intention to Use Deep Vein Thrombosis Preventive Measures Questionnaire. *Journal of nursing measurement*.  
<https://doi.org/10.1891/JNM-D-20-00061>

**Hebeshy, M. I.**, Hansen, D. M., Broome, B., Abou Abdou, S., Murrock, C., &

Bernert, D. (2020). Development of the Nurses' Intention to Use Deep Vein Thrombosis Preventive Measures Questionnaire. *Journal of nursing measurement, 28*(3), E216–E232. <https://doi.org/10.1891/JNM-D-19-00011>

Hansen, D., Petrinc, A., **Hebeshy, M.**, Sheehan, D. & Drew, B. (2019). Advancing the science of recruitment for family caregivers. *Journal of Medical Internet Research Nursing, 2*(1): e13862. URL: <https://nursing.jmir.org/2019/1/e13862/>

Stephenson, P. & **Hebeshy, M.** (2018). The Delivery of End-of-Life Spiritual Care to Muslim Patients by Non-Muslim Providers. *MEDSURG Nursing, 27*(5), 281-285.

**Hebeshy, M.I.**, Ahmed, A., Mohamed, W. Y., & El-Sayed Abu Abduo, S. (2015). Effect of Compression Devices on Preventing Deep Vein Thrombosis Among Adult Trauma Patients: A Systematic Review. *Dimensions of Critical Care Nursing: DCCN, 34*(5), 289–300. <https://doi.org/10.1097/DCC.000000000000127>

**Hebeshy, M.I.**, EL-shahaly, H., Mohamed, M., & EL-houssiny, W. (2011). Evaluation of Medication Administration Errors by Nurses in Suez Canal University Hospital. *The New Egyptian Journal of Medicine*, Cairo, Vol. 44 (5), 399-407.

**Hebeshy, M. (2018).** *Attitude, Subjective Norms, Perceived Behavioral Control, and Intention of Egyptian Nurses Towards Prevention of Deep Vein Thrombosis Among Critically Ill Patients in Intensive Care Units*, (Ph.D. Dissertation, Kent State University, Kent, Ohio, USA.

**Hebeshy, M.I. (2011).** Evaluation of Medication Administration Errors by Nurses in Suez Canal University Hospital, M.Sc. thesis, Suez Canal University, Ismailia, Egypt.

#### **Under review:**

Hebeshy, M. I., Hassan, E., Hussiny, S. (2023). The lived experience of ICU nurses caring for COVID-19 patients in the isolation hospital. Submitted to Journal of Online Issues in Nursing (under review).

Juried: Reviewed by editorial board, or refereed)

#### **Professional Presentations:**

Arnold, O., Tassiello, I., Hansen, D., Hebeshy, M. (2019). Social Media and Technology Usage and Acculturative Stress among International Students. Poster presentation at the Sixth Annual Symposium on Undergraduate Research, Scholarship, and Creative Endeavors, April 9, 2019, in Kent, Ohio, USA. Second place award.

Hebeshy, M., Ahmed, A., Mohamed, W. Y., & Abduo, S. E. S. A. (2015). Effect of Compression Devices in Preventing Deep Vein Thrombosis among Adult Trauma Patients: A Systematic Review. Poster presentation at the MNRS 39th Annual Research Conference "Innovations for person-centered care" April 16th-19th, 2015, in Indianapolis, Indiana, USA.

Workshops, Clinics, Symposia, Conferences:

2021: Secrets of international publishing: tips and tricks for authors. Suez Canal University 8th Young Researchers Conference: Future Shaping. What

is after the pandemic? Suez Canal University. A quick guide to young researcher excellence. Suez Canal University 8th Young Researchers Conference: Future Shaping. What is after the pandemic? Suez Canal University.

2021: COVID-19 disaster management in higher education institutions. Suez Canal Young Researchers conference: future shaping. What is after the pandemic? Suez Canal University.

2021: SMART and systematic collection of recent literature using the online database. Suez Canal University 8th Young Researchers conference: future shaping. What is after the pandemic? Suez Canal University.

2021: COVID-19: Causes, symptoms, prevention, and treatment. Suez Canal University 8th Young Researchers Conference: Future Shaping. What is after the pandemic? Suez Canal University.

Tips and tricks for international publishing. Faculty of Nursing, Suez Canal University.

**Funded Projects:**

Surgical site infection prevention bundle: Healthcare workers' adherence, facilitators, and barriers, Academy of Scientific Research and Technology, (February 2022-2023). 5000.00 LE, (Co-PI)

lived experiences of nurses caring for patients with COVID-19 in the intensive care unit, Suez Canal University Research Council (2020-2021). 5000.00 LE, PI

Advancing the science of recruitment for family caregivers: focus group and Delphi method, New Investigator Seed Grant, Midwest Nursing Research Society. (March 2016-October 2018). \$10,000.00. CO-PI

Evaluation of medication administration errors by nurses in Suez Canal University Hospitals. Suez Canal University Research Council (2009-2011) 5000.00 LE, PI

**Professional Association Participation:**

2023-present Hospice and Palliative Care Nurse Association, member

2023-present National League of Nursing (NLN), member

2014-2019 Midwest Nursing Research Society, member

**University Service:**

2023-present  
Graduate Curriculum Organization  
Appointed Member, MSN, AGACNP, PhD, and DNP Taskforces  
School of Nursing  
University of Northern Colorado

2021-2021  
Language Unit Director,  
Environment and Community Service Sector,  
School of Nursing  
Suez Canal University

2019-2021

Graduate Curriculum Organization  
Appointed Member, MSN, PhD Taskforces  
College of Nursing  
Suez Canal University

2019-2021  
Graduate Research Organization  
Appointed Member, MSN, PhD Taskforces  
College of Nursing  
Suez Canal University

2020-2021  
Appointed member, Faculty Coordinator for Research and Biostatistics  
courses,  
Graduate Affairs and Research Sector  
Suez Canal University

**University of Northern Colorado, School of Nursing:**

**Teaching:**

Fall 2023: NURS 380-002 Research and Evidenced Based Practice; NURS 790 Doctoral Research Colloquium; NURS 480 Leadership and Management

Summer 2023: NURS 470 Clinical professionalism; 313/ 440 Simulation Lab, Skills Check Off.

Spring 2023: NURS 724-900 Design, Methods, and Analysis in Health Care Research, Part I; NURS 725 Translational Research Methods; & NURS 380-002 Research and Evidenced Based Practice.

**Suez Canal University, Faculty of Nursing:**

Summer 2021: Biostatistics in Nursing Research; Advanced Biostatistics in Nursing Research

Spring 2021: Medical-Surgical Nursing 1; Medical-Surgical Nursing 2; Critical and intensive care Nursing; Teaching Strategies in Medical-Surgical Nursing; Advanced Medical-Surgical Nursing

Fall 2020: Fundamentals of Nursing; Medical-Surgical Nursing 2; Research in Nursing; Statistics in Nursing Research

Summer 2020:

Spring 2020: Medical-Surgical Nursing 1; Medical-Surgical Nursing 2; Critical and intensive care Nursing; Teaching Strategies in Medical-Surgical Nursing; Advanced Medical-Surgical Nursing

Fall 2019: Fundamentals of Nursing; Medical-Surgical Nursing 2; Research in Nursing; Statistics in Nursing Research

**Professional  
Development  
Activities:**

**Teaching**

2023: Culturally Responsive Teaching: Weaving Rigor and Relevance. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023: An introduction to Chat GPT: how it works and how it impacts teaching and higher education. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023: Teaching, Scholarship, Service, Oh My! Pulling Back the Curtain, A Focus on Faculty Workload. Webinar. Mid West of Nursing Research (MNRS)

2020: Methods of measurement, evaluation, and preparation of the test item - the health sector, Measurement & Assessment Center, Ministry of Higher Education, Egypt.

**Diversity, Inclusion & Equity:**

2023 Improving Inclusivity in Undergraduate Education. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023 NHS Diversity, Equity, and Inclusion Professional Learning Day

**Scholarship & Leadership:**

2023 Undergraduate research posters and graduate oral presentations. Reviewer/judge. UNC NHS Research Celebration. Greeley, CO.

2023 Building your research program: Developing your research plan. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023 Building your research program: Developing your research program. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023 Creative Ways to Fund Your Research. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023 Involving Students in Research Can Be Mutually Beneficial. Webinar. UNC Center for the Enhancement of Teaching & Learning.

2023 Grant Writing Workshop: Improving Inclusivity in Undergraduate Education. Webinar. UNC Center for the Enhancement of Teaching & Learning.

**Honors and  
Awards:**

2013: Honored Clinical Instructor Award. Faculty of Nursing, Suez Canal University, Ismailia, Award in recognition of student learning contribution and improvement in student's clinical skills.

2013: Best Teaching Assistant Award. Faculty of Nursing, Suez Canal University

2012: Suez Canal University, President Certificate of Merit

2011: Certificate of Merit, Vice President for Environment and Society

Services, Suez Canal University

2010: Certificate of Merit from the Dean of the Faculty of Nursing, Suez Canal University

2009-2011: Certificate of Ideal Gastrula, Faculty of Nursing, Suez Canal University

2007: Suez Canal University President Certificate of Merit, Ismailia, Egypt. (Ranked number 6 of 350 students in the Faculty of Nursing, Suez Canal University, (Port Said Branch).