

Carolyn Bottone-Post, CNM, DNP, FACNM

Position: Associate Professor
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Education: 2016
Doctor of Nursing Practice-APRN
Regis University, Denver, CO
Graduate Honors

1986
Master of Science in Nursing-Nurse-Midwifery
University of Pennsylvania
Philadelphia, PA

1985
Bachelor of Science in Nursing
Double Major in Nursing and Health Care Management
Metropolitan State College, Denver, CO

1976
Associates in Applied Science
Middlesex County College
Edison, NJ

Work Experience: 2020 to present
Northern Colorado Women's Wellness, Greeley, CO

- Participated in startup 10/2020 and opening 2/1/2021
- Part-time midwifery, new practice
- Ambulatory GYN, women's health, family planning

April 2019 to October 2020

A Women's Healing Center, Fort Collins, CO

- Part-time midwifery in OB-GYN office
- Ambulatory OB-GYN, women's health, family planning

August 2018 to August 2019

Sunrise Adelante Clinic, Greeley, CO

- Part-time CNM in Federally Qualified Health Center for underinsured vulnerable populations
- Ambulatory OB-GYN, women's health, family planning

May 2014-July 2017

Womancare Nurse-Midwifery, Fort Collins, CO

- Per diem ambulatory midwifery
- Ambulatory OB/GYN, women's health, family planning

September 2004-June 2013

Denver Health Medical Center OB Screening Room, CO

- Emergency triage for pregnant patients over 20 weeks
- SROM & labor checks, AFI's, NSTs, PIH & PTL evaluations
- Complex medical evaluations. for non-obstetrical complaints in pregnant patients
- Precepted and mentored RN, CNM, nurse practitioners, physician assistant students, and resident staff
- Developed, reviewed, and implemented policies and procedures as P&P a committee member
- Responsible for work schedules for ten-member CNM staff
- Member scheduling committee

March 2001-July 2015

Women First Nurse-Midwives, Loveland, CO

- Full-time full-scope midwifery 3/1991-1/2006
- Per diem ambulatory midwifery for OB/GYN and women's health patients
- Precepted pre-licensure nursing, nurse practitioner students
- Selected midwifery representative for Colorado Performance Excellence Committee (CPEC)

May 2000-May 2007

University of Colorado Health Sciences Center, Denver, CO

- Clinical Faculty University of CO midwifery faculty practice
- Part-time, full-scope midwifery in a tertiary care center
- Primary preceptor for several midwifery students each semester
- Provided clinical performance appraisals, feedback, etc.

August 2000-June 2001

Women's Choice-Rose Midwives, Denver, CO

Full-time, full-scope midwifery at Level II hospital

- Precepted antepartum and intrapartum midwifery students
- Provided 1st assistant for cesarean sections

December 1992-September 2000

Rocky Mountain Planned Parenthood, CO, APRN float pool

- Well-woman exams, family planning services, pap follow-ups.
- Staffed Rose Midwifery Prenatal Clinic

January 1997-July 2000

Maternal Care Center, Thornton, CO

- Full-time, full-scope midwifery
- Precepted midwifery students
- Directed outreach for high-risk teens at a satellite clinic in a local high school
- Directed and staffed Colorado Women's Cancer Control Initiative for practice

July 1995-September 1996

Harmony Center for Women, Fort Collins, CO

- Full-time, full-scope midwifery
- Performed transvaginal ultrasounds, cryotherapy, intrauterine inseminations
- Practicum with reproductive endocrinologist observing monitored cycles, medication manipulation, and sperm washing for women with fertility challenges

April 1987-July 1995

Womancare Nurse-Midwifery, Fort Collins, CO

- Partner in a full-time, full-scope midwifery practice
- Precepted many students, various educational programs
- Midwifery care for BIPOC and underinsured patients

December 1986-June 1987

Larimer County Health Department, Fort Collins, CO

- Provided family planning, STI screening, treatment, and counseling for medically underserved or underinsured
- Provided post-abortion patient follow-up

August 1982-April 1985

McKee Medical Center, Loveland, CO

- Full-time staff nurse ICU/telemetry 1982-1983
- Part-time RN L&D, postpartum, level II nursery 1983-1985

October 1981-August 1982

Denver General Hospital, Denver, CO

- Staff nurse surgical ICU

August 1980-August 1981

Somerset Medical Center, Somerville, NJ

- Staff nurse L&D, postpartum, Level II nursery

February 1978-August 1980

Muhlenberg Hospital, Plainfield, NJ

- Staff nurse mixed med-surg ICU

August 1976-February 1978

Raritan Valley Hospital, Greenbrook, NJ

- Staff nurse mixed medical/telemetry/oncology unit

June 1976-August 1976

Newcomb General Hospital, Vineland, NJ

- Worked as a graduate nurse on a med-surg unit awaiting state board exam results

**Professional
Academic:**

August 2017-present

University of Northern Colorado, Greeley, CO

- Assistant Professor (contract renewable) at hiring. Promoted to Associate Professor and conversion to tenure track faculty August 2022
- DNP Program Coordinator 8/1/2023
- On-campus didactic, lab, and simulation instruction of Family Nurse Practitioner (FNP) students
- Responsible for OB-GYN and Advanced Health Assessment topics.
- Online or hybrid format teaching for pre-licensure dual enrollment and RN-to-BSN students.
- Ongoing development of simulations to enhance FNP student skills and experience, including radiology, telephonic patient management, and telehealth
- Develop, coordinate, and implement graduate FNP simulations
- Develop and revise all graduate OB, women's health labs
- Subject matter expert for undergraduate OB content
- Curriculum development for OB and women's health topics

July 2011-August 2017

University of Northern Colorado, Greeley, CO

- Adjunct faculty nursing
- Taught OB, health assessment, fundamentals labs, and simulations and provided clinical oversight in undergraduate nursing
- Precepted undergraduate nursing senior practicum students

February 2015-August 2017

Aims Community College, Greeley, CO

- Full-time faculty nursing

- Provided didactic, lab, simulation, and clinical oversight across the prelicensure nursing curriculum

May 2011-May 2015

Metropolitan State University of Denver, CO

- Part-time affiliate (adjunct) faculty for undergraduate nursing for accelerated and 2nd-degree programs
- Lab and simulation instruction for Foundations and Health programs.
- Clinical instructor and clinical oversight for OB students

June 2009-January 2018

University of Phoenix, Denver, CO

- Part-time affiliate (adjunct) faculty College of Nursing
- In-person didactic instruction for LPN-to-RN and RN-BSN tracks.
- Courses taught: Physical Assessment, Pathophysiology, Maternal-Child Nursing

November 2009-2018

Colorado Christian University, Denver, CO

- Affiliate (adjunct) Faculty prelicensure nursing
- Consultant for curriculum development in hybrid-delivery OB nursing course.
- 1/2014 and 1/2017 taught OB labs and simulations for accelerated undergraduate nursing students

January 2022

Journal of Nurse Practitioners in Women's Health

- Appointed volunteer peer reviewer

Area of Specialization:

Midwifery, obstetrics, maternal-child nursing, health assessment, simulation, precepting, curriculum development, deliberate practice

Research Areas/ Interests:

- High and low fidelity simulation
- Postpartum hemorrhage and midwifery topics
- Training of standardized patients
- Developing clinical judgment and critical thinking
- Deliberate practice and repeated rehearsals
- Simulation for limited resource areas, under-served, vulnerable populations
- Issues related to general women's health

Publications:

DNP Capstone Project

Bottone-Post, Carolyn L. (2016). Postpartum Hemorrhage Simulation Project. A Regis University capstone project published in the digital repository: <http://epublications.regis.edu/theses/734/>

Simulation scenarios developed and published in

Clinical Simulations for the Advanced Practice Nurse: A Comprehensive Guide for Faculty, Students, and Simulation Staff (Alfes & Zimmerman Editors, 2020). Springer. Co-authored three simulations on diabetes (basic and advanced) and asthma. DOI: 10.1891/97808261-40064

Book chapter: Clinical Pharmacology During Pregnancy 2nd ed. (Mattison and Halbert Editors). Author of chapter: *Updated Guidelines for the Management of Nausea and Vomiting of Pregnancy*, (pp. 155-171). Elsevier. ISBN-10:0128189029 ; ISBN-13: 978-0128189023
<https://www.sciencedirect.com/science/article/pii/B9780128189023000130>

Journal Commentary: April 2021

Project C.U.R.E’S cervical cancer screening and treatment program. *Women’s healthcare: A clinical journal for nurse practitioners*, 9(2).32-33, 52
<https://www.npwomenshealthcare.com/project-c-u-r-es-cervical-cancer-screening-and-treatment-program/>

NLN Innovation in Nursing Special Emphasis Article Application: “Telehealth Simulations During Covid” (rejected). Under revision

Clinical Focus Feature: December 2022

Development of cardiovascular disease after adverse pregnancy outcome. *Women’s healthcare: A clinical journal for nurse practitioners*, 10(6).19-24
<https://www.npwomenshealthcare.com/development-of-cardiovascular-disease-after-adverse-pregnancy-outcome/>

Co-author Position Statement NPWH: April 2023

Primary prevention of cardiovascular disease in women.
<https://www.npwomenshealthcare.com/position-statement-primary-prevention-of-cardiovascular-disease-in-women/>

Professional Presentations:

Non-juried

April 17, 2016

- Invited Presentation Sigma Theta Tau Omicron Zeta Chapter Spring Event
- Postpartum Hemorrhage Simulation Project

October 23, 2016

- Invited Presentation Sigma Theta Tau Alpha Kappa At Large Fall Event
- Postpartum Hemorrhage Simulation Project

July 2019

- Nurse Educators Conference of the Rockies
- Podium presentation Co-presenter
- Evolution of the Postpartum Hemorrhage Simulation Project

Summer 2020 Nurse Educators Conference of the Rockies (canceled due to covid-19). Virtual presentation July 2021

- Poster presentation: Postpartum Hemorrhage Simulation Project
- Poster Co-presenter: Evolution of Student Nurse Practitioner Experience of Telephonic Patient Management

Spring 2020 46th Annual Conference National Organization of Nurse Practitioner Faculty (NONPF)

- Poster Presentation (two) accepted (postponed due to covid-19)
- Student Nurse Practitioner Experience of Telephonic Patient Management
- PPH Simulation Project

Spring 2021 Nurse Educators in the Rockies (NEC) virtual poster presentations

- Nurse Practitioner Student Experience of On-Call Telephone Patient Triage & Management Simulation
- Postpartum Hemorrhage Simulation Project

Spring 2021 National Organization of Nurse Practitioner Faculties

- Update on the Nurse Practitioner Student Experience of On-Call Telephone Patient Triage & Management Simulation

September 2021 Association of Women's Health Obstetrical and Neonatal Nurses (AWHONN) Regional Conference

- Poster presentation: Postpartum Hemorrhage Simulation
- Led dinner roundtable on the same topic

Spring 2022 48th Annual Conference National Organization of Nurse Practitioner Faculty (NONPF)

- Poster co-presenter
- The Pandemic Pivot: Telehealth Simulations During Covid-19

Summer 2022 Nurse Educators Conference of the Rockies

- Poster Co-presenter:
- Telehealth Simulations During Covid-19

Spring 2023 49th Annual Conference National Organization of Nurse Practitioner Faculties

- Submission: Assessing and Meeting Genomics Content Core Competencies of FNP Graduate Education (Rejected)
- Under revision for publication

Summer 2023 Nurse Educators in the Rockies (NEC) poster presentations

- Assessing and Meeting Genomics Content Core Competencies of FNP Graduate Education
- Development of Cardiovascular Disease After Experiencing Adverse Pregnancy Outcomes

Fall 2023 ISONG (International Society of Nurses in Genetics) co-presenter poster presentation accepted for ISONG World Congress 2023

- Assessing and Meeting Genomics Content Core Competencies of FNP Graduate Education

Funded Projects:

2019

- Co-investigator on the Experience of Pregnant Women During the Covid-19 study HRSA grant funded (in progress)

Professional Consultation:

2010

- Colorado Christian University
Helped develop a hybrid model OB nursing course

2019

- AWHONN Venous Thromboembolic Event (VTE) Scientific Advisory Panel
- Selected for short-term panel to help develop AWHONN VTE Consensus Document (AWHONN Practice Brief #7)
<https://www.jognn.org/action/showPdf?pii=S0884-2175%2819%2930474-5>

2022

- Health Scholars Subject Matter Expert for development of VR scenario on management of shoulder dystocia

2023 Nurse Practitioners in Women's Health (NPWH)

- Reviewer for NPWH Journal
- Invited member of writing team for National Association of Nurse Practitioners in Women's Health position statement on cardiovascular disease in women (published 8/2023)
<https://www.npwomenshealthcare.com/wp-content/uploads/2023/07/PS-2023-August-WH-ISSUE-1-5.pdf>

Professional Association Participation:

Sigma Theta Tau

- Inducted December 1986
- Dual membership in Omicron Zeta and Alpha Kappa at large

American College of Nurse-Midwives (ACNM)

- Membership 1985-2013; 2019-present

Nurse Practitioners of Women's Health (NPWH)

- Membership 2020-present

ACNM Region V, Chapter 13

- Founding member 1990
- Secretary, 1990-1994
- Co-Chair 2009-2011
- American Midwifery Certification Board: ongoing certification

Colorado ACNM Affiliate

- Member-at-large board of directors 2021-2025

- Continuing education committee 2021, 2022, 2023
- Conference planning committee 2021, 2022
- Nominating committee development 2021

Community Service:

Association of Women's Health, Obstetric, and Neonatal Nurses

- Member since 2018
- Colorado Regional Conference Planning Committee Member 2022, 2023

2020 to present

Project C.U.R.E (Commission on Urgent Relief and Equipment)

- Appointed to Medical Advisory Board Colorado
- Developed guidelines for international partner nations to provide cervical cancer screening and treatment in limited resource areas
- Developed provider instruction materials and patient education materials for cervical cancer screening and treatment

2019 to present

Appointed member of Local Infant Health Initiative (LILI) and co-membership in the Child Fatality Prevention Services task force

- Review of cases of infant mortality and preventable morbidity
- Develop strategies to decrease critical events in vulnerable communities

2016

Project C.U.R.E

- Medical mission Loma Plata, Paraguay
- Performed women's cervical cancer screening and treatment
- Taught local providers procedures to ensure sustainability

2016

Project C.U.R.E:

- Teaching trip to Akyem, Ghana (transportation paid by Project Cure)
- Taught Saving Mothers Lives education modules to local midwives and nurses
- Essential Care for Every Baby and Helping Mothers Survive Bleeding After Birth

2015

Project C.U.R.E

- Completed master trainer course for Helping Babies Breathe (HBB)
- Medical mission trip to Chiapas, MX
- Taught HBB modules to local nurses, midwives and physicians

University Service:

2017 to present

- Member of Nursing Faculty and Student Organization
- Undergraduate curriculum committee 2017-2018
- Graduate curriculum committee 2018-present
- Simulation Center Committee (previously known as Learning Resource Center Committee)
- Simulation Users Group.
- FAC: 2022-2024
- DEI/EIC: 2022-2024
- SON 60th Anniversary Committee, 2022
- FAC 2022 to present

**Graduate Student
Committees:**

Master's Comprehensive Exam Committees

Spring 2018

- **Chair:** Stephanie Wytenbach: "Education in the Primary Care Setting for Lactating Patients."
- **Member:** Rachel McLean: "Parental Decision Making on Circumcision and the FNP Role."
- **Chair:** Tricia Staatz "Implementation of Tai Chi for Fall Reduction."
- **Member:** Scott Parker, "Preventing Overweight and Obesity in College Students."

Fall 2018

- **Chair:** Heidi Burnett: "Motivational Interviewing for the Management of Obese Adolescents."
- **Member:** Hong Dang: "Provider-based Educational Interventions May Potentially Reduce Antibiotic Resistance."
- **Chair:** Nicole Suppes: "Postpartum Depression."
- **Member:** Ryan Kennard: "Genetic Testing for MTHFR Gene Variation."
- **Chair:** Katy Pfiffner: "Group B Strep Colonization in Pregnancy."
- **Member:** Rebekah Hartford (AGACNP): "Enhanced Recovery."

Fall 2019

- **Chair:** Nicola McNamara: "Booby Trapped: Breastfeeding Longevity."
- **Member:** Diana Bailey: "Effects of Maternal Marijuana Use During Pregnancy."
- **Member:** Elle McQuagge: "Advanced Care Planning in Primary Care."
- **Member:** Katie Martin: "Cognitive Effects of the Return-to-School Protocol in Adolescents with Sports-Related Concussion."
- **Member:** Traci Alvarado: "PCOS in Primary Care"
- **Member:** Colleen Newvine: "CAM as an Adjuvant for Chronic Pain Management in Fibromyalgia."
- **Member:** Angi Axmann-Grassinger: "Does Personalized Truth Telling vs. Full Disclosure Increase Understanding in Young Adults Receiving Life Altering Diagnostic Results?"
- **Member:** Diana Babumba-Migadde: "Hypertension."
- **Member:** Makayla Wilson: "Lifestyle Modification and Effects on Blood Pressure."
- **Chair:** Siri Rennie: "Preconceptual Care."
- **Member:** Leighann Brock (AGACNP): "To Err is Human: Taking the Err Out of Healthcare."
- **Member:** Chrystin Snell (AGACNP): "Oxygen Preconditioning for the Prevention of Contrast-Induced Nephropathy."
- **Member:** Harrison Lowell (AGACNP): "Alternatives to Opiates for Pain Management in the Emergency Department."

Fall 2020: Master's Comprehensive Exams

- **Chair:** Corrie Goodier: "The Effects of Gratitude Interventions on Well-Being in Individuals with Chronic Illness. "
- **Member:** Nora Keane: "Electronic Health Behavior Screening Tool: Improving Adolescent Health Through Prevention."
- **Member:** Kevin Barnes: "Pharmacogenomics in Primary Care."

- **Member:** Karen Nemejc: “White Coat Hypertension.”
- **Chair:** Meghann Contreras: “Understanding and Initiating Palliative Care in Primary Care.”
- **Chair:** Greg Clark: “Fibromyalgia: Are Current Treatment Guidelines Effective?”
- **Chair:** Erin Slocum: “Strategies to Improve Adherence in Adolescents with Type1 Diabetes Mellitus.”
- **Member:** Melanie Dennis: “Depression Treatment with Collaborative Care: Does Approach Matter?”

Spring 2021 DNP Scholarly Projects

- **Member:** Laraine Klunder: “Programmed Intermittent Epidural Bolus for Labor Anesthesia in a Critical Access Hospital” (completed 2/21)

Fall 2021 DNP Scholarly Projects

- **Member:** Erika Power: “Reducing Opioid Use in Older Adults through Pain Management Screening and Use of a Pain Treatment Algorithm” (completed 6/22)
- **Member:** Julie Firman: Development of a Culturally Adaptable Education Program on Iron Deficiency Anemia for Use in Resource-Limited Communities (completed 12/21)

Fall 2021 Master’s Comprehensive Exams

- **Chair:** Ashley McMunigal: “A Providers Approach to Obesity: Weight-Centered versus Health-Centered Approach.”
- **Member:** Elyse Diewald: “Non-Fatal Strangulation and the Family Nurse Practitioner.”
- **Chair:** Jayme George: “Medication Adherence and Chronic Illness.”
- **Chair:** Tessa Swanson: “Connections and Implications of Nutrition and Mood Disorders: An Overview.”
- **Member:** Olivia Amoakowaa: “Relationship Between Obstructive Sleep Apnea and Worsening of Non-Alcoholic Fatty Liver Disease.”
- **Chair:** Andrew Matthewman: “Acupuncture for Chronic Pain.”
- **Chair:** Lana Sykes: “Preeclampsia and Future Cardiovascular Risk.”
- **Member:** Angela Myhr: “Missed Diagnosis of ADHD by PCPs.”
- **Member:** Ken Daves: “The Paradigm of HIV Prevention in Adolescents.”
- **Member:** Jess James: “Acute Otitis Media.”
- **Member:** Nicole Miller: “The Role of Gut Microbiota in the Pathogenesis and Progression of Type II Diabetes in Adults.”
- **Member:** Amanda Martinez: “Pharmacologic intervention vs. non-pharmacologic intervention in children with ADHD and academic success” (Presented Spring, 2022)

Fall 2022 Masters Comprehensive Exams

- **Chair:** Becky Cobb: “Bullying: Early Assessment and Intervention by Primary Care Providers.”
- **Chair:** Sam Brune: “Prediabetes: The Bittersweet Truth.”
- **Chair:** Kendra Boren: “Diabetes Self-Management Education.”
- **Chair:** Lindsay Moyer: “Connections and Implications of Infant Antibiotic Exposure and Risk of Overweight and Obesity in Childhood.”
- **Chair:** Rustin Myrick: “A Plant-based Diet vs. Metformin in Type 2 Diabetes Mellitus Remission.”
- **Chair:** AnneClaire Frey: “Gaps in Cardiac Care: Hypertensive

Disorders of Pregnancy as a Risk Factor of Future Cardiovascular Disease in Women.'

Scholarly Projects (DNP, Au.D) 2022

- **Member:** Leah McCaslin: "Otoacoustic Emissions: A Case Study Before, During, and After Pregnancy." (Au. D completed 8/22)
- **Member:** Erika Power: "Reducing Opioid Use in Older Adults Through Pain Management Screening and Use of a Pain Treatment Algorithm." (Completed 7/22)
- **Member:** Jessica Fynboh: "Development of a Pilot Educational Seminar for the Integrative Medical Management of Adults with Anxiety." (Completed 11/22)
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Scholarly Projects Committees in Progress

- **Member:** Coleen DiFernando: Screening for Fear of Childbirth (member)
- **Member:** Raiden Gaul (Ph.D. committee member)
- **Member:** Robyn Heiser (member)
- **Member:** Jesusita Tafoya (member)

Teaching:

University of Northern Colorado

NUR 382: Patient-Centered Care Concepts Across the Lifespan Summer, 2017, Fall, 2017, Spring, Summer 2018; Fall, Spring, Summer 2019; Spring, Summer, Fall, 2020, Spring, Fall 2021, Winter interim, 2021, Spring 2022

NUR 312/314: Health Assessment Lab Summer 2013, 2014, Fall, 2014, Summer, 2017

NUR 324: Foundations Lab (with a clinical group) Summer 2014; Lab only Summer 2017

NUR 329: On-line Health Assessment (RN-BSN), 2019, Summer 2021,

NUR 420: OB skills lab, simulation, and clinical faculty multiple academic years

NUR 440: Issues in Professional Nursing Summer 2015, Spring 2022

NUR 613: Advanced Physical Assessment Fall, 2017, 2018, 2019, 2020, 2021 (Course Lead 2021, 2022)

NUR 640: Healthcare of Families I Fall 2017, Spring 2018 (old curriculum)

NUR 645: Healthcare of Families II Spring 2018 (old curriculum)

NUR 654: Acute Care of Adults Spring 2018, Spring 2019, 2020; Course lead: 2021, 2022, 2023

NUR 656: Chronic Care of Adults Spring 2019, 2021, 2022, 2023: Simulation and live stream case studies support

NUR 674: Care of Women and Pediatric Populations Summer: Course Lead: 2018, 2019, 2020, 2021, 2022

NUR 676: Advanced Topics Spring 2019, Fall 2020, 2021, 2022, 2023

NUR 697: Scholarship of Advanced Nursing Practice Fall 2023

NUR 200: Women's Health Fall 2022

Aims Community College

NUR 109 Fundamentals of Nursing/Health Assessment Fall 2015, 2016

NUR 150 Maternal-Child Nursing Spring 2015, 2016, 2017

NUR 106 Med-Surg Nursing Spring 2016, 2017

NUR 230 Transition to Practice Spring 2017

Metropolitan State University of Denver

Health Assessment Labs: two concurrent sections Spring 2014

OB Clinical rotations Fall 2011, Fall 2014

University of Phoenix (on-ground)

NUR 426 Pathophysiology: 2 complete courses

NUR 435 Maternal-Child Nursing: two complete courses, substitute for two class sessions

NUR 435 Maternal-Newborn Nursing: developed and implemented OB Clinical Boot Camp for lab/simulation

Colorado Christian University

OB Skills Labs Spring 2014, Summer 2017

**Professional
Development
Activities:**

Others on request

July 2023

24th International Meeting on Simulation in Healthcare Abstract Reviewer

June 2023

Interdisciplinary Research Group on Nursing Issues (IRGNI) Pre-Conference at Academy Health's Annual Research Meeting Reviewer

April 2023

NONPF 49th Annual Conference: Momentum and Sustainability in Advancing NP Education (live program)

Disney Springs, Florida

CEUs:

Served as abstract reviewer

July 2023

Nurse Educators Conference in the Rockies (NEC)
Breckenridge, Colorado
23.75 contact hours
Served as abstract reviewer

January 2023

Building Clinical Judgement and Decision-Making Across Domains:
Preparing Entry-Level and Advanced-Level Students for Practice
Live and on-demand program 4 CMEs (contact hours)

November 2022

NPWH Clinical Cancer Genetics Bootcamp and Current Trends
Preconception and Perinatal Genetics
Live and on-demand program 12.50 CMEs (contact hours)

June 2022

NPWH/ISSWSH Essentials of Female Sexual Care Course
Live and on-demand program 7.50 CMEs (contact hours)

July 2022

NEC in the Rockies
Attendee and poster presenter
Served as abstract reviewer

April 2022

National Organization of Nurse Practitioner Faculty (NONPF)
Attendee and poster presenter
Served as abstract reviewer

March 2022

STT: Faculty Knowledge and Skills Development
CNE Self-Study Course

September 2021

AWHONN Regional Fall Conference
Contact Hours: 8

August 2021

PESI OB and PP Emergencies
Contact Hours: 17

August 2021

International Rural Health Conference
Contact Hours: 18

June 2021

Essentials of Female Sexual Health
NPWH and ISSWSH Virtual Workshop
Contact Hours: 6

December 5, 2020

All the Write Stuff: Writing for Publication (virtual)
Contact Hours: 2.5

October 16-18, 2020

23rd Annual Nurse Practitioners in Women's Health Virtual Conference

October 16, 2020
CO ACNM Virtual Symposium: 13 CE, 2.25 Rx
Attendee and poster presenter (Postpartum Hemorrhage Simulation Project)

Multiple non-credit online staff development courses during covid-19 2019-2021

2018
AWHONN
Online Webinars on various topics
4.5 contact hours

August 2018
Nurse Tim On-line Webinars on various topics
8.5 contact hours

July 9-13, 2018
NEC in the Rockies
15 contact hours
Poster presentation: on-call experience

Spring, 2018
National Organization of Nurse Practitioner Faculty (NONPF)
Attendee and poster presenter

AWHONN Conference
April 27, 2018
7.2 contact hours

January 14, 2018
Transfer of Fresh vs. Frozen Embryos in Ovulatory Women
NEJM online CME (1 contact hour)

January 3, 2018
Acute Pyelonephritis in Adults
NEJM online CME (1 contact hour)

January 3, 2018
Contemporary Hormonal Contraception and Risk of Breast Cancer
NEJM online CME (1 contact hour)

November 15, 2017
Education Management Solutions Simulation Development Day
Explore and network with sim users at UCCS

November 4, 2017
Bugs and Drugs: New Trends in Infectious Disease Management and Treatment (7 contact hours)

September 18, 2017
Safe Deliveries: Improving Pregnancy Outcomes (4 contact hours)

February 28, 2017
NLN Simulation Webinars (4 for eight contact hours) [Certificates in digital measures]

February 21, 2017
NLN Simulation Webinars (5 for 10 contact hours) [Certificates in digital

measures]

October 27, 2016

NLN Simulation Webinars (3 for 6 contact hours) [Certificates in digital measures]

October 25, 2016

NLN Simulation Webinars (3 for 6 contact hours) [Certificates in digital measures]

Summer, 2017

Nurse Educators Conference (NEC) in the Rockies

Honors and Awards:

2022

- Successful completion of the Certified Nurse Educator exam (7/22)

2021

- Inducted as a Fellow of the American College of Nurse-Midwives
- Recognized as a Colorado Pioneer nurse-midwife in the second annual awards

2015

- Friends of Nursing Scholarship, Claire Sandiekian scholarship award through Friends of Nursing 2015

2013

- University of CO Department of OB-GYN Annual Resident Midwife Teaching Appreciation Award

2003

- Nightingale nominee: Colorado State Nursing Association
- Centennial Area Health Education (CAHEC) Regional Award for Excellence in Human Caring

1985-1987

- Nurse Midwives in Regional Planning Grant: Academic
- Full tuition grant awarded based on demonstrated commitment to medically underserved and underinsured women