

DIETETIC INTERN REQUIREMENTS FOR 2022-2023

FULL-TIME AND PART-TIME INTERNS

University of Northern Colorado

(This document is for Clinical, Food Service and Community Rotations, not concentration area)

- 1. Domain 1. Scientific and Evidence Base of Practice: Integration of scientific information and translation of research into practice. Competencies that must be 100% completed.**

Assignments in Blue should be completed and scored with preceptor during supervised practice experience. **Upload ALL Assignments with Assignment Coversheets to Share Point.**

Assignments in Green should be completed and scored with DI Director. **Upload ALL Assignments to Share Point.**

Upon completion of the program, graduates are able to:

✓ Completed	Competency (CRDN)	Instructions
	CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives.	Complete assignment in at least one rotation (Clin, FS, Com)/preceptor, ideally FS or Clinical or both; (see in Canvas)- Quality Mgmt Project
	CRDN 1.2 Evaluate research and apply evidence-based guidelines, systematic reviews and scientific literature in nutrition and dietetics practice.	Complete assignment in at least one rotation (Clin, FS, Com)/preceptor: (see in Canvas)- Community Education Class AND present clinical case studies in FND 512/Orientation/FND592.
	CRDN 1.3 Justify programs, products, services, and care using appropriate evidence or data.	Complete assignment in at least one rotation (Clin, FS, Com)/preceptor: (see in Canvas)- MNT Cost Benefit Analysis and Plate Waste Study
	CRDN 1.4 Conduct projects using appropriate research or quality improvement methods, ethical procedures and data analysis utilizing current and/or new technologies.	Complete with DI Director- Research Module - (see in Canvas). Complete this CRDN in at least one rotation (Clin, FS, Com).
	CRDN 1.5 Incorporate critical-thinking skills in overall practice.	Complete assignment in at least one rotation (Clin, FS, Com)/preceptor: (see in Canvas) - Critical Thinking Skills Assignment .

- 2. Domain 2. Professional Practice Expectations: Beliefs, values, attitudes and behaviors for the nutrition and dietetics practitioner level of practice. Competencies that must be 100% completed.**

Upon completion of the program, graduates are able to:

✓ Completed	Competency (CRDN)	Instructions
	CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable, and in accordance with accreditation standards and the Scope of Practice for the Registered Dietitian Nutritionist, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics.	Complete in all rotations (Clin, FS, Com)/and with as many preceptors Complete assignment for DI Director due by July 31st : (see in Canvas)- SOP/SOPP, COE articles
	CRDN 2.2 Demonstrate professional writing skills in preparing professional communications.	Complete in all rotations (Clin, FS, Com)/and with as many preceptors AND during orientation and throughout the dietetic internship by completing case studies/writing abstracts and present/role play to preceptors and DI cohort

	CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings.	Complete in all rotations (Clin, FS, Com)/and with as many preceptors <u>To complete during (FND 510/512 and Orientation)</u>
	CRDN 2.4 Function as a member of interprofessional teams.	Complete this CRDN during FS and Clinical- Staff Relief AND complete Clinical Simulation 1-3 (will be scheduled during Office Hours so EVERYONE can attend)
	CRDN 2.5 Work collaboratively with NDTRs and/or support personnel in other disciplines.	Complete this CRDN during FS and Clinical rotations: (see in Canvas)- Staff Relief and during opportunities that preceptor provides.
	CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.	Complete this CRDN during Clinical: (see in Canvas)- Staff Relief and during opportunities that preceptor provides
	CRDN 2.7 Apply change management strategies to achieve desired outcomes.	Complete this CRDN during FS and Clinical rotations: (see in Canvas)- Staff Relief and during opportunities that preceptor provides
	CRDN 2.8 Demonstrate negotiation skills.	Complete this CRDN during FS and Clinical rotations: (see in Canvas)- Staff Relief and during opportunities that preceptor provides
	CRDN 2.9 Actively contribute to nutrition and dietetics professional and community organizations.	Maintain membership in the Academy of Nutrition and Dietetics (AND) throughout DI program AND after you have attended/participated in a nutrition and dietetic professional meeting write a Reflection Paper (see in Canvas).
	CRDN 2.10 Demonstrate professional attributes in all areas of practice.	Complete assignment and upload <u>no later than July 31st</u> : (see in Canvas)- Telehealth and COVID- a New Way to Practice . Complete this CRDN in all rotations: (Clin, FS, Com)
	CRDN 2.11 Show cultural consideration and humility in interactions with colleagues, staff, clients, and the public.	Complete assignment and upload <u>no later than July 31st</u> : (see in Canvas)- Think Culture Health Training ("A Physician's Practice Guide to Culturally Competent Care") . Complete this CRDN in all rotations (rotation (Clin, FS, Com)
	CRDN 2.12 Implement culturally sensitive strategies to address cultural biases and differences.	Complete in all rotations (Clin, FS, Com) and discuss with preceptor and how they address this CRDN. Then apply your training from CRDN 2.11 and preceptors' knowledge to the implement. Please write a descriptive paragraph and share with preceptor and/or DI cohort.
	CRDN 2.13 Advocate for local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.	Complete assignment in at least one rotation (Clin, FS, Com) /preceptor, ideally Community: (see in Canvas)- Community Nutrition Legislation Project .

3. **Domain 3. Clinical and Customer Services: Development and delivery of information, products and services to individuals, groups and populations.** Competencies that must be 100% completed

Upon completion of the program, graduates are able to:

✓ Completed	Competency (CRDN)	Instructions
	CRDN 3.1 Perform Medical Nutrition Therapy by utilizing the Nutrition Care Process including use of standardized nutrition terminology as a part of the clinical workflow elements for individuals, groups and populations of differing ages and health status, in a variety of settings.	Complete assignment in Clinical: (see in Canvas)- CRDN 3.1a-d) AND complete the assignment <u>(3.1d2) due to DI Director by July 31st</u> : (see in Canvas)- Counseling Article and Questions .
	CRDN 3.2 Conduct nutrition focused physical exams (NFPE).	Complete assignment prior to starting Clinical CRDNs/rotation: (see in Canvas)- Conduct 4 NFPE .

	<p>CRDN 3.3 Perform routine health screening assessments including measuring blood pressure, conducting waived point-of-care laboratory testing such as blood glucose or cholesterol), recommending and/or initiating nutrition-related pharmacotherapy plans (such as modifications to bowel regimens, carbohydrate to insulin ratio, B12 or iron supplementation)</p>	<p>Complete this CRDN in Clinical and some Comm rotations and with RDN Preceptors: (see in Canvas)- Staff Relief and during opportunities that preceptor provides.</p> <ol style="list-style-type: none"> 1. During Orientation or Office Hours watch the videos that will provide instruction on measuring blood pressure manually and automatic. 2. Practice recording 3 simulated manual blood pressures. 3. Discuss waived point-of care laboratory testing. 4. Intern will provide recommendations to appropriate health care providers regarding modifications to bowel movement regimen, carbohydrate to insulin ratio, iron, vitamin D, B12, etc, supplementation. 5. Intern will recommend EN and/or TPN. 6. Intern will request permission to practice assessing blood pressure with a CNA/RN or RDN. 7. Intern will request permission to assess measuring a patients blood pressure. 8. If intern rotates at a WIC clinic, intern will check Hct/Hgb (note that in a short summary and have preceptor score and sign off).
	<p>CRDN 3.4 Provide instruction to clients/patients for self-monitoring blood glucose, considering diabetes medication and medical nutrition therapy plan.</p>	<p>Complete this CRDN in Clinical or Community rotations and with RDN Preceptors: (see in Canvas)</p> <ol style="list-style-type: none"> 1. Please use education materials that preceptors provide or create for client/patient care. 2. Please have preceptor review if you create instructions for clients/patients 3. Provide instruction to clients/patients for self- monitoring blood glucose, diabetes medication and medical nutrition therapy plan. 4. Write a summary of experience, upload to Sharepoint any documents that you use during the instruction. 5. Have preceptor score and sign.
	<p>CRDN 3.5 Explain the steps involved and observe the placement of nasogastric or nasoenteric feeding tubes; if available, assist in the process of placing nasogastric or nasoenteric feeding tubes.</p>	<p>Complete this CRDN in Clinical rotations and appropriate healthcare providers:(see in Canvas).</p> <ol style="list-style-type: none"> 1. Explain the steps involved in the placement of a nasogastric or nasoenteric feeding tube to preceptor or intern cohort and/or during orientation or office hours. 2. Request to observe a placement of nasogastric/nasoenteric feeding tube. 3. If possible, assist in the process of placement of a nasogastric/nasoenteric feeding tube. 4. Write a summary of experience and then have preceptor score and sign.
	<p>CRDN 3.6 Conduct a swallow screen and refer to the appropriate health care professional for full swallow evaluation when needed.</p>	<p>Complete this CRDN in Clinical rotations and appropriate healthcare providers: (see in Canvas).</p> <ol style="list-style-type: none"> 1. Read the EAT-10 journal article Importance of Screening for dysphagia 2. Role-play with another intern or as a cohort during orientation or office hours a swallow screen using the EAT-10. Use the EAT-10 Interactive PDF. 3. Request permission to conduct a swallow screen after preceptor has shown you how to do or a

		<p>healthcare provider who screens swallow function. If there is no one that your preceptor knows, please role-play screening the preceptor using the EAT-10.</p> <p>4. In a chart note, refer to the appropriate health care provider for a full swallow evaluation.</p> <p>5. Write a summary of experience and then have preceptor score and sign.</p>
	CRDN 3.7 Demonstrate effective communication and documentation skills for clinical and client services in a variety of formats and settings, which include telehealth and other information technologies and digital media.	<p>Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: (see in Canvas)- Cafeteria/Dining Room Promotional Activity AND Nutrition Article for the Public. You will also work on CRDN 3.13 while working on the Cafeteria/Dining Room Promotional Activity.</p>
√ Completed	Competency (CRDN)	Instructions
	CRDN 3.8 Design, implement and evaluate presentations to a target audience.	<p>Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: (see in Canvas)- Nutrition Ed Material</p>
	CRDN 3.9 Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience.	<p>Complete the CRDN as written in at least one rotation (Clin, FS, Com). If preceptor approves, you may use the same Nut Ed Material from CRDN 3.8 and revise accordingly for 3.9: (see in Canvas)- Assignment from CRDN 3.8- (see in Canvas)</p>
	CRDN 3.10 Use effective education and counseling skills to facilitate behavior change.	<p>Complete assignment in at least one rotation (Clin, FS, Com)/preceptor. Conduct an employee in-service training with any of your preceptors. Feel free to use Nut Ed Material from CRDN 3.8, 3.9 or develop additional ones for the in-service per your preceptor suggestion.</p>
	CRDN 3.11 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management	<p>Complete the CRDN as written in at least one rotation (Clin, FS, Com)/preceptors and have preceptors write on rotation evaluation how this was achieved.</p>
	CRDN 3.12 Deliver respectful, science-based answers to client questions concerning emerging trends.	<p>Complete this CRDN during Clinical Staff Relief and during opportunities that preceptor provides in FS and/or Community</p>
	CRDN 3.13 Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources.	<p>Complete this CRDN while working on the assignment from CRDN 3.7 most likely in FS: (see in Canvas)- Cafeteria/Dining Room Promotional Activity</p>
	CRDN 3.14 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.	<p>Complete assignment in at least one rotation (Clin, FS, Com)/preceptors, most likely in FS: (see in Canvas)- Sensory Evaluation</p>

4. **Domain 4. Practice Management and Use of Resources: Strategic application of principles of management and systems in the provision of services to individuals and organizations.** Competencies that must be 100% completed

Upon completion of the program, graduates are able to:

√ Completed	Competency (CRDN)	Instructions
	CRDN 4.1 Participate in management functions of human resources (such as hiring, training and scheduling).	<p>Complete the CRDN in at least one rotation (Clin, FS, Com) /preceptor. Please write a short description how you accomplished these functions.</p>
	CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food.	<p>Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: most likely in FS rotation: (see in Canvas)- HACCP Project and Equipment Selection.</p>
	CRDN 4.3 Conduct clinical and client service quality management activities (such as quality improvement or quality assurance projects).	<p>Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: (see in Canvas)- Conduct Clinical, Com or FS- customer service quality management activities.</p>

	CRDN 4.4 Apply current information technologies to develop, manage and disseminate nutrition information and data.	Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: Nutrition Informatics and review of a website- (see in Canvas)
	CRDN 4.5 Analyze quality, financial and productivity data for use in planning.	Complete assignment in at least one rotation (Clin, FS, Com)/preceptor: can complete while completing CRDN 4.4: (see in Canvas)
	CRDN 4.6 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment.	Complete this CRDN in at least one rotation (Clin, FS, Com) /preceptor: An example: work with preceptor(s) to evaluate facilities waste management, recycling, discuss, and make recommendations).
	CRDN 4.7 Conduct feasibility studies for products, programs or services with consideration of costs and benefits.	Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: (see in Canvas)- Marketing Plan Project).
	CRDN 4.8 Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment, and supplies.	Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: design and practice developing an employee schedule or staffing needs for one cycle.
	CRDN 4.9 Engage in the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems.	Complete assignment in at least one rotation (Clin, FS, Com) /preceptor: most likely clinical OR complete the assignment with Dr. Withrow: (see in Canvas)- Coding and Billing).
	CRDN 4.10 Analyze risk in nutrition and dietetics practice (such as risks to achieving set goals and objectives, risk management plan, or risk due to clinical liability or foodborne illness).	Complete in at least one rotation (Clin, FS, Com) /preceptor: Complete a discussion about risk in the facility on unsafe food handling or unethical/substandard practice or misconduct or adverse clinical outcomes with any of your preceptors and write a summary.

5. Domain 5. Leadership and Career Management: Skills, strengths, knowledge and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.

Competencies that must be 100% completed

Upon completion of the program, graduates are able to:

	CRDN 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.	Complete assignment <u>prior to starting rotations</u> and due to DI Director at the end of your DI program: (see in Canvas)- Self Assessment Goals and Development
	CRDN 5.2 Identify and articulate one's skills, strengths, knowledge and experiences relevant to the position desired and career goals	Complete CRDN and use goals from CRDN 5.1 and discuss with preceptors and in any rotation (Clin, FS, Com).
	CRDN 5.3 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines.	Complete assignment <u>throughout DI program (every rotation)</u> : (see in Canvas)- Professional Development Portfolio (PDP)
	CRDN 5.4 Advocate for opportunities in the professional settings (such as asking for additional responsibility, practicing negotiating a salary or wage or asking for a promotion).	Complete this in every rotation (Clin, FS, Com) with your preceptors. Assignment: write a summary of how you accomplished this in every rotation (Clin, FS, Com)- (see in Canvas)
	CRDN 5.5 Demonstrate the ability to resolve conflict.	Complete this in every rotation with your preceptors Assignment: write a summary of how you accomplished this in your rotations (Clin, FS, Com)- (see in Canvas)
	CRDN 5.6 Promote team involvement and recognize the skills of each member.	Complete this in every rotation with your preceptors

		Assignment: write a summary of how you accomplished this in your rotations (Clin, FS, Com)- (see in Canvas)
	CRDN 5.7 Mentor others.	Complete this CRDN in any of the rotations (Clin, FS, Com) Assignment: Mentoring Experience (see in Canvas)
	CRDN 5.8 Identify and articulate the value of precepting.	At the end of the 1000 hours of supervised practice , please write about your experience with your preceptors and discuss the value of you becoming a future preceptor for the UNCO DI program or other DI programs.