



Spring Break Safety 101

Health Safety

- Get tested for COVID-19 **BEFORE** and **AFTER** any anticipated travel
- Know COVID –19 testing requirements for your travel destination
- Wear a KN95 mask for best protection from COVID-19 and other respiratory viruses
- Free KN95 masks and rapid tests available at: Dean's offices (Kepner, Guggenheim, Gunter, McKee and Candelaria halls), Michener Library, Skinner Music Library , University Center info desk , and Holmes Dining Hall

Travel Safety

- Lock your doors and windows and close your blinds.
- Let friends and family know where you are going but don't advertise it on social media
- Don't leave items unattended at the airport or other public places
- Keep passports, boarding passes, and any other important travel documents secure at all times

Alcohol Safety

- Remember the legal drinking age in the U.S. is 21. If you plan to travel outside of the U.S., know the legal drinking age for your destination
- Never leave drinks unattended
- Eat before and while drinking
- Don't drink and drive. Always have a plan to get home after drinking
- Drink in moderation with a trusted friend
- Alternate alcoholic drinks with non-alcoholic drinks

For more safety tips see unco.edu/safety/tips.aspx



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