NATIONAL INSTITUTE FOR NATIVE LEADERSHIP IN HIGHER EDUCATION AND

UNIVERSITY OF NORTHERN COLORADO SUMMER PRE-INSTITUTE

We Are Who We Care For: Practices of Wellness and Success for Native Students and Professionals in Higher Education
JULY 23, 2019

Location: University Center - Columbine A

Tuesday, July 23

| • | 9:00 - 10:00 am | Check-In and Breakfast at the University Center |
|---|---------------------------------------|---|
| • | 10:00 - 10:30 am 10:30 - 10:45 am: | Welcome Dr. Augustine McCaffery, Chair, NINLHE Governing Council The Graduate School, University of Washington Dr. Elizabeth Gilbert, Associate Professor, Colorado School of Public Health, University of Northern Colorado Dr. Tobias Guzmàn, Associate Vice President, University of Northern Colorado Opening Blessing Dr. Joe Suina (Cochiti) Elder-in-Residence |
| | | |
| • | 10:45 - 11:30 am | Institute Participant Introductions |
| • | 11:30 – 12 noon | Pre-Institute Overview |
| • | 12:00 – 12:15 pm | Ice-breaker |
| • | 12:15 - 1:30 pm | Networking Lunch, Aspen Suites |
| • | 1:45 – 2:45 pm | Workshop: Culturally Affirming Self Care; Serving Our Communities by Securing Our Own Well Being Dr. Rose Borunda, Professor in Counselor Education, Sacramento State University |
| • | 2:45 – 3:00pm | Break |
| • | 3:00 - 3:45pm | Continued Workshop w/ Dr. Rose Borunda |
| • | 4:00 - 4:15 pm | Reflection of the Day, Dr. Joe Suina, Elder-in-Residence |
| • | 4:30 - 5:30 pm | Break |
| • | 5:30 - 7:00 pm | Networking Dinner, Tocabe, Kohl House Hosted by: University of Northern Colorado's Native American Student Services |
| • | 7:30 pm: | Optional Evening Activities in North Hall Lounge |