

"Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity." MLK

Consider these journal prompts to aid with self-awareness and mindfulness.

What does this quote mean to you?

Have YOU ever experienced sincere ignorance and conscientious stupidity? (Dig deep)

If so, how? When?

How can we walk forward with audacious hope?

"We must learn to live together as brothers or perish together as fools." MLK















