

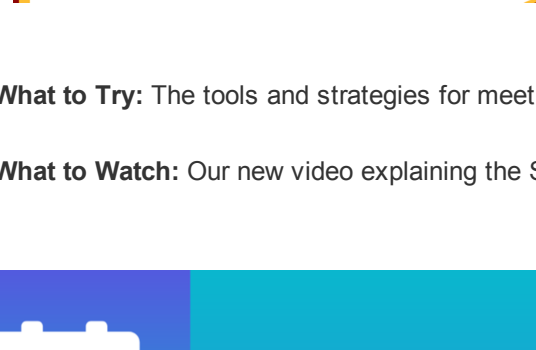


Student Success Resource Center at HSS

It's the Year of the Rat!

Feb. 2020

Listen to the 5-minute PODCAST



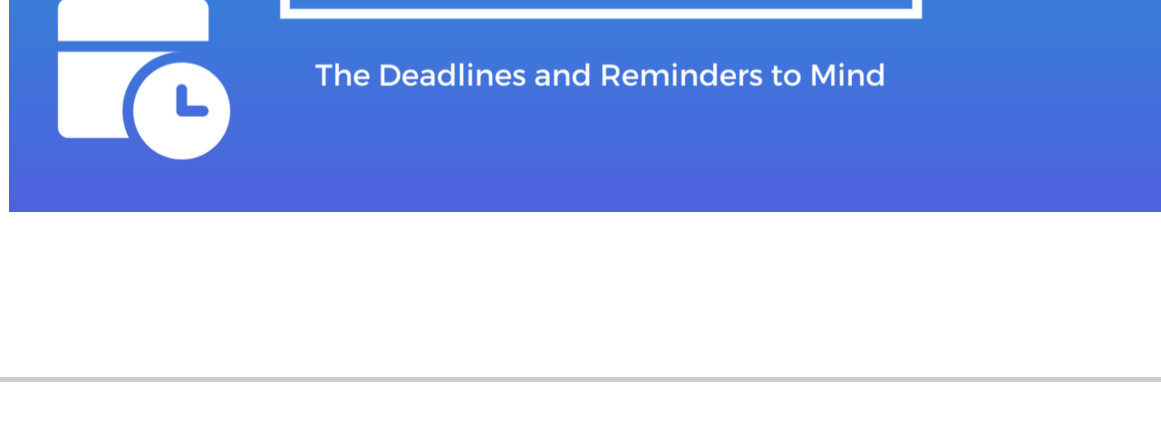
Keep Scrolling For...

Dates to Know: Bear Pay Enrollment and the Housing Contracts are vital dates this month

Things to Do: Pop in to talk about Masculinity with the Diversity Advisory Board and Get your Career Fair (or internship!) prep on with us

What to Try: The tools and strategies for meeting your goals this semester like Daylio

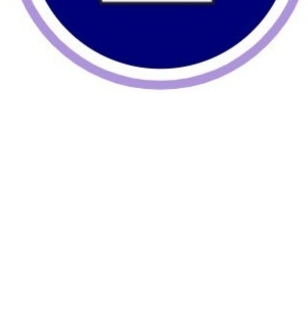
What to Watch: Our new video explaining the Student Success Resource Center!



Feb. 3

Research Day Registration Opens!

Sign up via URSA to show off your research and creative projects with posters, presentations, and more. This event (in April) provides experience and a resume boost!



Feb. 7

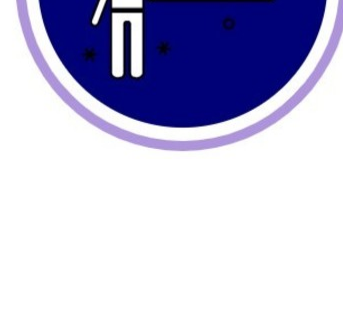
Call Dibs on a Room!

The Housing contract opens to claim the room you want to live in next year. UNC supports [gender-inclusive housing](#) if you indicate your preferences on your housing contract. If you have a roommate in mind, be sure to include their full name and bear number in your contract.

Feb. 19

Bear Pay Enrollment

closes for the Spring Semester. Bear Pay is the payment plan to break up your tuition, room, and fees into monthly pieces rather than the lump sum.



Feb. 19-20

Stop by the Graduation Fair! Get everything you need—like your Cap and Gown—in front of the bookstore on Wednesday and Thursday. You can learn more about the [Graduation Requirements and Deadlines here](#).



[LGBT Influence on the Harlem Renaissance Exhibit](#) | Michener Library Gallery | The exhibit ends on February 14th as part of the Colorado LGBT History Project.

[The Different Faces of Immigration: A Journey and Discussion](#) | Feb. 5 | Check out the VR in the UC from 11-2 pm and the documentary screening and panel discussion with the filmmakers from 5:30-7 pm in Lindou Auditorium.

[Know Your Rights and Navigate the Current Political Landscape](#) | Feb. 10 in the UC from 5-7 pm | At this event, you can learn more about the first amendment, understand how university policies and Constitutional Rights work together, and receive additional resources about free speech, censorship, and the right to assembly.

[Career Pathways in Behavioral Health Conference](#) | Feb. 11 in the UC all day | You can explore and connect with employers in the behavioral health industry.

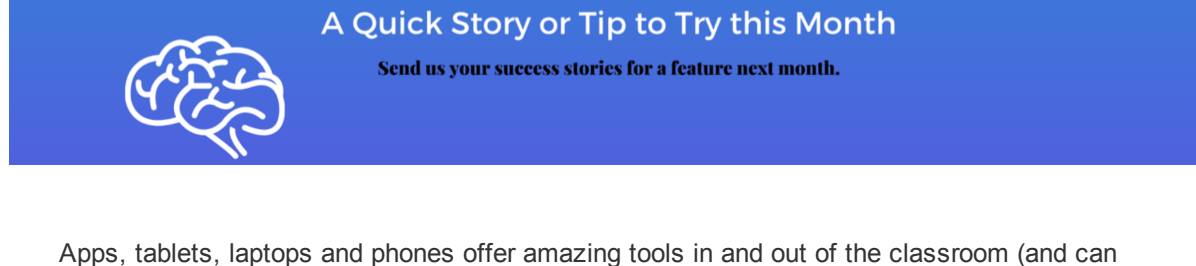
[Diversity Advisory Board Pop Talks on Masculinity](#) | Feb. 11 and 12 in CAND 1100 over the Noon block | These conversations and snacks—like Popcorn!—provide a space to talk out our complicated feelings on rotating topics each month.

[Career Fair Prep](#) | Feb. 13 in CAND 1140 from 1-3 pm | Drop in to hear about Career Readiness and workshop your resume for the Career Fair. The Career Readiness presentation will run from 1-2 pm with an active workshop and help session after.

[Lunar New Year Celebration](#) | Feb. 15 in the Campus Commons from 12:30-3 pm | Grab food from the Dim Sum Buffet and watch the Lion Dance performance at 2 pm.

[Money Talk Event](#) | Feb. 19 in CAND 1140 from 1:30-3:30 | Learn about different aid, scholarships, and money tools before the FAFSA deadline. From 1:30-2:00 we will discuss and provide budget resources. From 2-3 we will present Financial Aid information followed by Q&A and workshop time.

[Job, Internship, and Grad Fair](#) | Feb. 20 in the UC from 1-4 pm | 80+ employers from various industries and graduate school representatives will be on campus to discuss part-time, full-time, and internship positions. [Click to view the registered employers](#).



Apps, tablets, laptops and phones offer amazing tools in and out of the classroom (and can complement the pen and paper techniques). Coach Hayley tested several apps and found some tech in the classroom tips for you try this semester.

And if you have tech tips or favorite tool, send it our way to hss.studentsuccess@unco.edu.

MyHomework: This app can sync across devices with neat to-do lists per course. I created tabs for my calendars and homework, categorized by class/project. If you are aren't into paper planners, this might be a reliable tool in both free and paid versions.

Evernote: While many of my friends loved Evernote for school, I never got into it. Pros: you can sync your notes, add photos, and doodle. Cons: Staying organized was not as intuitive for me without dedicated To-Do list sections

Any.do: This app is an All IN ONE for your calendar (which can synch to your Google account), To-Do lists, and Grocery lists. With the Free version, you can set up due dates and reminders in advance—though you have limited repeat functions. I appreciate the home screen widget that shows the calendar and to-do list with shortcuts for adding and crossing off tasks.

Boosted: This app allows me to track the time I spent on each project. I didn't find the organizational tools as helpful, but I did find a stronger work/life balance, knowing exactly how long I spent on each task.

Daylio: This is my favorite life app on my phone. Every evening I track my mood and a dozen habits—from having a headache to being creative to reading and exercising. The best part of this app is the pattern monitoring at the end of the month (or yearly stats!). I noticed trends in my habits and moods like having a bad night of sleep leads to "hungry" days.

To-Do from Microsoft: I use this one for work as it syncs to Outlook. I like the sub-tasks and reminder settings for project due dates.

Tasks from Google: I use Google Tasks for home and personal projects (to keep work and life separate). Again, the subtasks and reminders that synch to my calendar are the most practical aspects of the app.

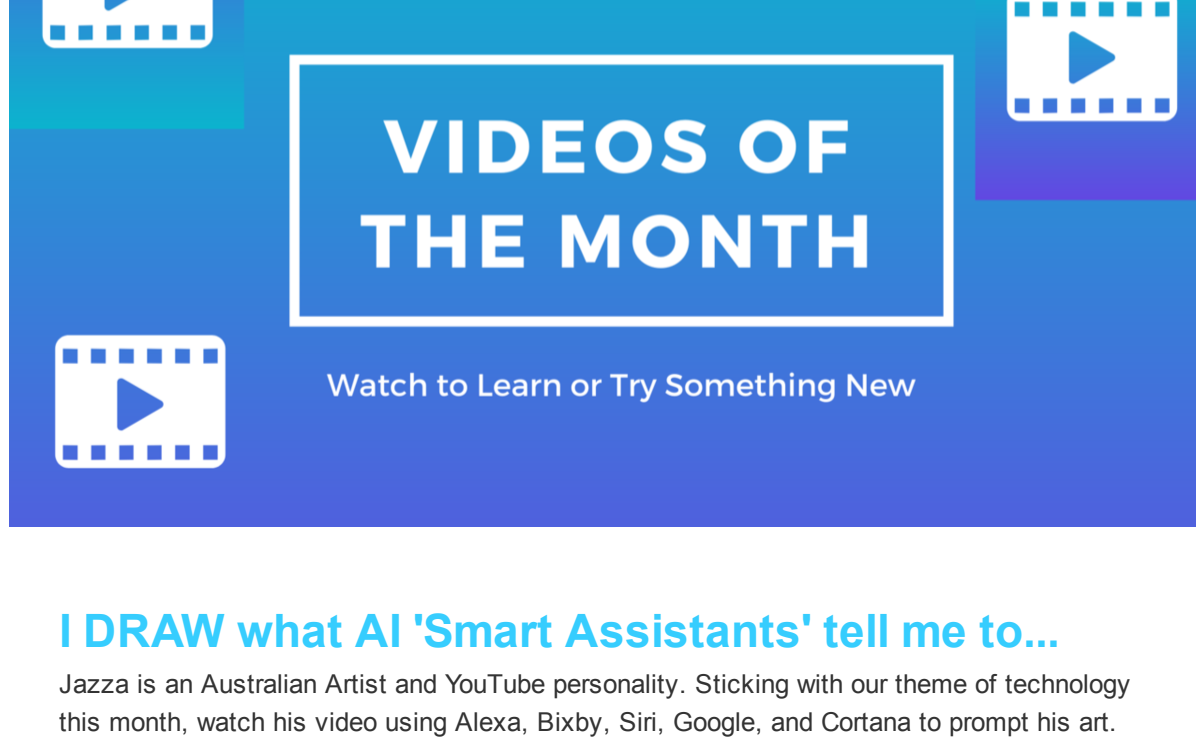
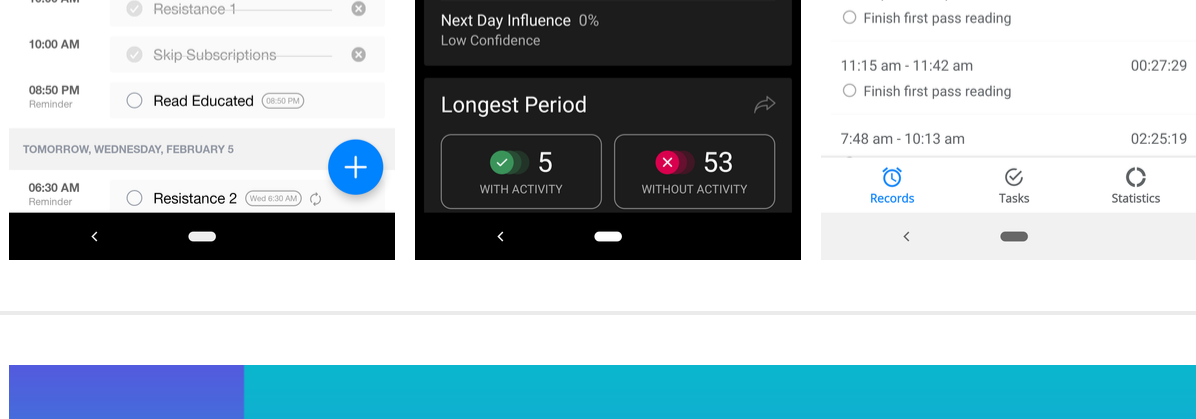
It doesn't matter WHAT your system is as long you HAVE a system that is WORKING for you. If you feel stressed, miss assignments, or struggle with organizing all your tasks, then try a new method.

And [click here to schedule](#) an appointment with a Success Coach to talk through your strategy.

Any.do

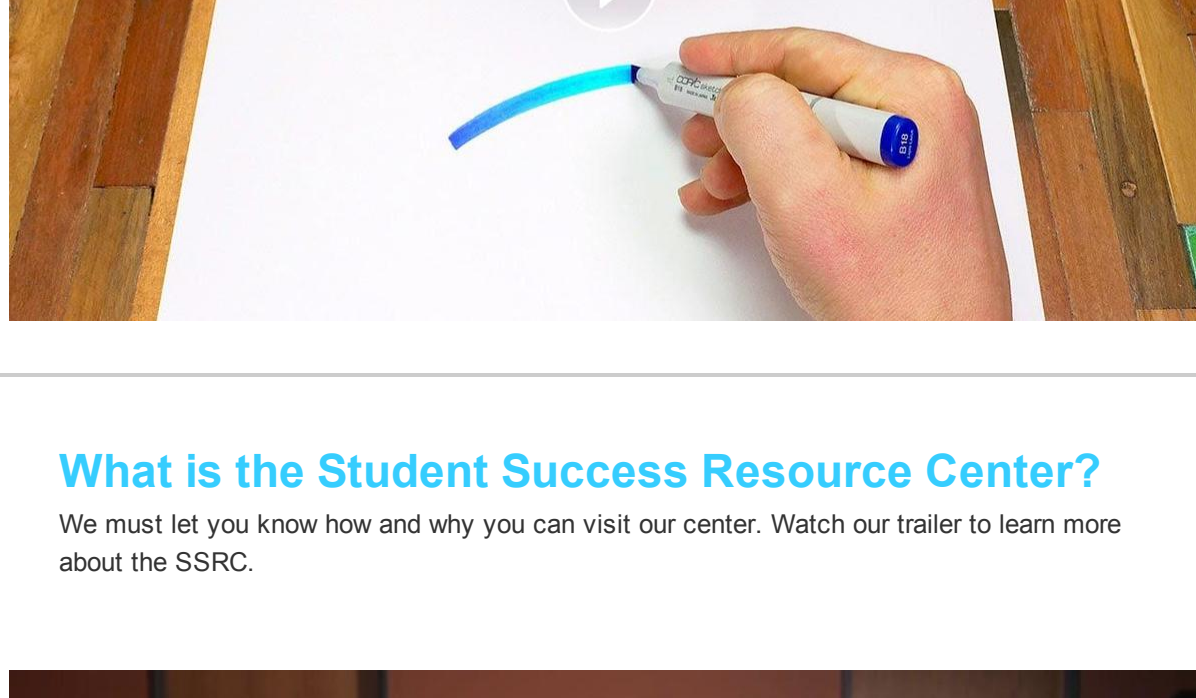
Daylio

Boosted



I DRAW what AI 'Smart Assistants' tell me to...

Jazza is an Australian Artist and YouTube personality. Sticking with our theme of technology this month, watch his video using Alexa, Bixby, Siri, Google, and Cortana to prompt his art.



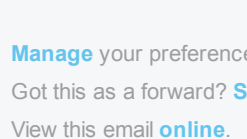
What is the Student Success Resource Center?

We must let you know how and why you can visit our center. Watch our trailer to learn more about the SSRC.



Student
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Center @ HSS

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