



Student Success
Resource Center at HSS

FALL 2021 WEEKLY PLANNER & MASTER SYLLABUS

WELCOME TO UNC!



Hey Bears! Welcome to the Fall 2021 Semester. We are so glad to have you in our community and back on campus!

This **digital planner** has been designed to support your success at UNC. It will help you plan and work toward your goals and also keep track of your busy college schedule and personal life. This file **can be printed or downloaded** for use on your personal computer, whichever you prefer.

FALL 2021 COURSE INFORMATION

Use this page to document your advisor(s) and your professors' contact information and their office hours, for easy access.

FALL 2021 SEMESTER AT A GLANCE

We have filled in important dates (like when to register) and events to keep in mind throughout the semester. You can complete the rest of the page with your exam dates, assignment and project deadlines, and personal events.

WEEKLY SPREADS

You can use the weekly planner in a variety of ways, including as a master syllabus. At the start of the semester, gather your syllabi from each course and transfer all of your assignments, projects, papers, and exams to this weekly planner. If you want to be extra detail-oriented, you can add your weekly readings, too. When all of your due dates are combined, you can anticipate your busy weeks and plan ahead. Likewise, you can identify your lighter weeks and schedule some fun and relaxation. Taking the time to get organized at the start of the semester will benefit you now and later! The planner can also be a great tool for tracking healthy habits, maintaining awareness of important university deadlines, and creating relevant to do lists for your courses.

MONTHLY REFLECTION

At the end of every month, take a few minutes to reflect on the positive experiences you had, the things you want to happen next month, and the steps you are taking toward your goals. At the end of the semester, you can review your entries and set new goals for the following semester!

The Student Success Resource Center (SSRC) is available to provide support and we hope this digital planner helps you reach your academic goals. Click below to schedule an appointment with one of our success coaches to discuss tips on setting goals, getting yourself organized, etc.

SCHEDULE AN APPOINTMENT WITH A SUCCESS COACH

FALL 2021 COURSE INFORMATION

Major Advisor Name _____ Advisor Email _____

Office Location _____ Office Hours _____

To complete this information, find the syllabus your instructor(s) provided for each of your classes.

Use that information to fill in the time, location, office hours, and email for each class.

TIP: Maintaining communication with your professors will be critical throughout your college career.



Course Name

Day(s) & Time(s)

Location

Instructor(s)

Office Location

Email

Course Name

Day(s) & Time(s)

Location

Instructor(s)

Office Location

Email

Course Name

Day(s) & Time(s)

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Instructor(s)

Office Location

Email

Course Name

Day(s) & Time(s)

Location

Instructor(s)

Office Location

Email

FALL SEMESTER

Writing down and sharing your goals increases your ability to follow through! Screenshot this page and tag @unco_success on Instagram with your goals for fall.

AUGUST

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SEMESTER GOALS:

OCTOBER

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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

ACADEMIC EVENT REMINDERS:

Monday, August 23	First Day of Classes
Friday, August 27	Add deadline
Friday, September 3	Drop deadline
Friday, September 3	Grade replacement deadline
Monday, September 6	Labor Day (campus closed)
Wed, Nov 24	FALL BREAK (no classes)
Thur, Nov 25-Fri, Nov 26	Campus Closed
Friday, December 3	Course Withdrawal Deadline
Friday, December 10	Undergrad Commencement
Wednesday, Dec 15	Final Grade Deadline (at 5 pm)
December 13 - January 7	Winter Break
Monday, January 10	Spring Semester Begins

DECEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



WEEKLY PLANNER

WEEK 1 - DATES: Monday, August 23 - Friday, August 27

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Drinking water daily will be vital to your good health in our Colorado air. Track other healthy habits of your own in the block below.

HABIT TRACKER:

Water:

TO-DOs or NOTES:

NEW STUDENT DAYS - Aug 20-22

DEADLINE TO ADD CLASSES - Fri, Aug 27

STUDENT EMPLOYMENT FAIR - Fri, Aug 27

Believe in yourself, push your limits and do whatever it takes to conquer your goals.

WEEKLY PLANNER

WEEK 2 - DATES: Monday, August 30 - Friday, September 3

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*New suggestions for habit tracking:
 journaling, exercise, avoiding junk food,
 or sleeping 8 hours*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

DEADLINE TO DROP CLASSES, CHANGE MEAL

PLANS, & SUBMIT UNC'S STUDENT HEALTH

INSURANCE WAIVER ON URSA - Fri, Sept 3

The measure of intelligence is the ability to change—Albert Einstein

WEEKLY PLANNER

WEEK 3 - DATES: Monday, September 6 - Friday, September 10

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Use some Sunday study time to create your weekly to-do list.



*You can use a habit tracker for literally anything.
 Come up with your own to build some new
 healthy habits for yourself.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

LABOR DAY - Mon, Sept 6 (campus closed)

SPRING 2022 CLASS SCHEDULE AVAILABLE -

on URSA Tues, Sept 7

WEEKLY PLANNER

WEEK 4 - DATES: Monday, September 13 - Friday, September 17

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*New suggestions for habit tracking:
starting a budget, cleaning your room or study space*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

BOOK AN APPOINTMENT WITH YOUR

ACADEMIC ADVISOR FOR OCTOBER!

Think about the many ways you can let someone know you care. You will never know how that positive feedback can help sustain them through difficult moments.

WEEKLY PLANNER

WEEK 5 - DATES: Monday, September 20 - Friday, September 24

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*What are you trying to do outside of classes to get involved and make new friends?
Do ONE thing this week that your future self will thank you for.*



If you haven't already, get into the habit of using your tracker. It fosters accountability and can change your life moving forward!

HABIT TRACKER:

Water:

TO-DOs or NOTES:

FAMILY & FRIENDS WEEKEND - Sept 24- 26

WEEKLY PLANNER

WEEK 6 - DATES: Monday, September 27 - Friday, October 1

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*New suggestion for habit tracking:
try a new food item at the dining hall.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

FAFSA/& CASFA APPLICATIONS OPEN -

Fri, Oct 1

Set aside time this week to answer a big question: what is valuable to you and why?

WEEKLY PLANNER

WEEK 7 - DATES: Monday, October 4 - Friday, October 8

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*Ask someone for advice this week: a professor, a mentor, a counselor, etc.
 You might find a new way to do things that help you succeed.*



The most rewarding thing about tracking habits is you can stop when the new behavior is automatic.

HABIT TRACKER:

Water:

TO-DOs or NOTES:

HOMECOMING WEEK - represent your Bears

with UNC Gear and more! Oct 4-9

WEEKLY PLANNER

WEEK 8 - DATES: Monday, October 11 - Friday, October 15

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Schedule an appointment with a student success coach for some goal accountability:

BOOK AN APPOINTMENT TODAY!



*New suggestions for habit tracking:
Listen to music or start a new hobby*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

FALL JOB & INTERNSHIP FAIR - *Wed, Oct 13*

SPRING REGISTRATION OPENS NOV 8 - *schedule*

an appointment with your academic advisor:

WEEKLY PLANNER

WEEK 9 - DATES: Monday, October 18 - Friday, October 22

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Choose a habit you care about doing regularly. Don't worry about whether others think it's important. It just has to matter to you.

HABIT TRACKER:

Water:

TO-DOs or NOTES:

Write down THREE things that went well this week and TWO things that could have gone better (and what you learned from them).

WEEKLY PLANNER

WEEK 10 - DATES: Monday, October 25 - Friday, October 29

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*Make a list of the tasks you have been putting off.
 This week, cross off everything on that list!*



*New suggestion for habit tracking:
 Get an early start to your day. You will have
 more time in your day to get things done.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

WEEKLY PLANNER

WEEK 11 - DATES: Monday, November 1 - Friday, November 5

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*Take time this week to clean and organize your room and study space.
 A clean work area can help you focus on your projects.*



*How are you doing with your habit tracker?
 Research shows that people who use a tracker are
 more likely to succeed with their goals.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

UNC'S UNIVERSAL SCHOLARSHIP

APPLICATION OPENS ON URSA - Mon, Nov 1

WEEKLY PLANNER

WEEK 12 - DATES: Monday, November 8 - Friday, November 12

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*New suggestion for habit tracking:
schedule regular study times in your day.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

SPRING COURSE REGISTRATION OPENS - *Mon,*
Nov 8 (if you do not have a PIN, schedule
a meeting with your academic advisor)

Get ahead by creating a study plan for finals.

WEEKLY PLANNER

WEEK 13 - DATES: Monday, November 15 - Friday, November 19

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Habit tracking helps you focus on your goals and the process rather than the result.

HABIT TRACKER:

Water:

TO-DOs or NOTES:

Take time this week to sit down and set some goals for fall break.

WEEKLY PLANNER

WEEK 14 - DATES: Monday, November 22 - Friday, November 26

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*New suggestion for habit tracking:
Try something out like yoga or meditating.*

HABIT TRACKER:

Water:

TO-DOs or NOTES:

FALL BREAK - Nov 24-26 (no classes)

*Take time to write down **THREE** things you're proud of this week.
If you haven't done so already, visit our coaches for some great finals study tips.*

WEEKLY PLANNER

WEEK 15 - DATES: Monday, November 29 - Friday, December 3

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When habit tracking is relevant to your life and goals, it can help push you towards accomplishment and bring more happiness to your life.

HABIT TRACKER:

Water:

TO-DOs or NOTES:

COMPLETE SCHEDULE WITHDRAWAL

DEADLINE - Fri, Dec 3

Check out this video for study tips to prepare for your final exams:
GIVE YOURSELF AN ADVANTAGE ON YOUR FINALS!

WEEKLY PLANNER

WEEK 16 - DATES: Monday, December 6 - Friday, December 10

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Have a great winter break - take some time to think about next semester's goals and keep in touch with your new friends over the holidays!



You've made it to the end of the semester! Reflect on all of the healthy habits you've formed!

HABIT TRACKER:

Water:

TO-DOs or NOTES:

FINALS WEEK - *We're rooting for you!*

UNDERGRADUATE COMMENCEMENT -

Sat., Dec 11

IMPORTANT LINKS & PHONE NUMBERS



CHECK OUT ALL THESE VALUABLE CAMPUS RESOURCES:

Writing Center

Tutorial Services

Chemistry/Math Study Center

Dean of Students

Center for Career Readiness

Registrar

Financial Aid

Bursar

HSS Student Success Resource Center

Counseling Center

Campus Safety Office

Bear Pantry

Student Health Center

Student Outreach & Support

Information Management & Technology

Campus Recreation Center

[CAMPUS CALENDAR](#) - Explore events offered across campus for students.

UNC POLICE

PARKING SERVICES

WEST CAMPUS MAP

CENTRAL CAMPUS MAP

CAMPUS MAP

PERSONAL CONTACTS:[illegible]