**STUDY SCHEDULE WORKSHEET**

Crafting a clear study schedule can help you stay focused and efficient when preparing for exams. Your Success Coach will help you design your study schedule with the following questions. **Contact us at** [**HSS.StudentSuccess@unco.edu**](mailto:HSS.StudentSuccess@unco.edu) **or Call 970-351-3140 with questions, resources, and support.**

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| ***Study Goal:*** | Write down the class and format of the exam. *Ex. History 100, short answer and multiple choice.* |
| **What class is this for?** |  |
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| **1** | Identify your strengths and worries with the material. What parts do you need to focus on? *Ex. Matching the date with the event* |
| **Get Focused** |  |
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| **2** | State the strategy for practicing and engaging with the material. *Ex. Create* ***3 flashcards*** *per event: 1 with the date, 1 with the time of year, and 1 with context (events that happened before and after).* |
| **Get Options** |  |
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| **3** | Decide how often and long you will study: remember, some is not a number and soon is not a time. *Ex. Practice the flashcards every morning and evening from 8:30-9:30 (am/pm).* |
| **Get Real** |  |
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| **4** | Plan WHEN you need to start studying to prepare for the exam. *Ex. Complete the flashcards by Saturday; study Sunday, Monday, Tuesday, and Wednesday before my test on Thursday.* |
| **Get Deadlines** |  |
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| **Additional** | What else could you do to practice for the exam? |
| **Notes** |  |

**Resources to Use:**

[**The Writing Center:**](https://www.unco.edu/writing-center/) **Ross 1230, 970-351-2056.**

[**Tutorial Services:**](https://www.unco.edu/tutoring/) **Library L149, 970-351-1904.**

[**Bio~Chem~Math Lab:**](https://www.unco.edu/nhs/mathematical-sciences/current-students/study_center.aspx) **Ross 1250**