

Ergonomic Evaluations



Experiencing musculoskeletal symptoms?



Would you like information on resources (i.e. a standing desk or ergonomic chair)?



Human Resources can assist you in getting an ergonomic evaluation of your workspace.



UNC has an Ergonomist who visits once per quarter to:

- evaluate employees' workstations
- identify the risk factors associated with employees' work areas
- offer corrective actions related to symptoms.



What happens during an evaluation?

- The ergonomist will watch the employee as they complete their regular work activities such as using their computer, answering the phone, etc.
- This evaluation period will last for 45 minutes to 1 hour
- After a review period, recommendations are provided in a detailed report specific to the employee's work station and work responsibilities. Modifications are made.
- The Ergonomist will provide resources to help assist the employee work in a neutral posture.

Contact HR to sign up.

