

Sandra Harmon
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Education

MA, North Carolina State University, 2011.
Area of Study: Sociology
Dissertation/Thesis Title: Maternal Civic Engagement, Paternal Involvement, and the Effects on Academic Outcomes for Children

BA, University of Northern Colorado, 2009.
Area of Study: Sociology

Professional Academic Experience

Faculty member and Online Degree Coordinator, University of Northern Colorado. (2014 - Present).

Adjunct Instructor, University of Northern Colorado. (2013).

Data Specialist, AIMS Community College. (2012 - 2013).

Graduate Instructor for the First Year Inquiry Program, North Carolina State University. (2012).

Distance Education Grader, Social Problems, Principles of Sociology, and Technology and Society. (2012).

Paid Teaching Mentorship, Mentored by Dr. Maxine Atkinson and Dr. Andrea Hunt. (2012).

Graduate Instructor, North Carolina State University. (2010 - 2012).

Distance Education Grader, Social Problems, Principles of Sociology, and Technology and Society. (2011).

Distance Education Grader, Social Problems, Principles of Sociology, and Technology and Society. (2010).

Lead Research Assistant, University of Northern Colorado. (2010).

Teaching Assistant, North Carolina State University. (2009 - 2010).

Research Assistant, University of Northern Colorado. (2008 - 2009).

Teaching Assistant, University of Northern Colorado. (2008).

Research Assistant, University of Northern Colorado. (2008).

McNair Scholar, University of Northern Colorado. (2007 - 2008).

RESEARCH, SCHOLARSHIP, AND CREATIVE WORKS

Publications

Juried

Journal Article

- Henderson, A., Harmon, S., Newman, H. (2016). The Price Mothers Pay, Even When They Aren't Buying It: Mental Health Consequences of Idealized Motherhood. *Sex Roles*, 74(11).. DOI: 10.1007/s11199-015-0534-5
- Henderson, A., Harmon, S., Newman, H. (2014). The Price Paid for Being the "Perfect Mother": An Analysis of Contemporary Motherhood. *Sex Roles*.
- Henderson, A., Harmon, S., Houser, J. (2010). A New State of Surveillance? An Application of Michel Foucault to Modern Motherhood. *Surveillance & Society*, 7(3/4), 231–247.
- O'Connor, Caitlin, Grappendorf, Heidi, Burton, Laura, Harmon, S., Henderson, A., Peel, Judy (2010). National Collegiate Athletic Association Division I football players' perceptions of women in the athletic training room using a role congruity framework. *Journal of athletic training*, 45(4), 386-391.
- Harmon, S., Henderson, A. (2008). The Self-Mastery and Life Satisfaction of Adult Children with a Depressed Mother. *McNair Scholar Journal*(13), 2-23.

Professional Presentations

Not Invited

Juried

- Newman, H., Harmon, S., Henderson, A., Association for Applied and Clinical Sociology, "Pedagogical Strategies for Applying Sociological Skills to Today's Job Market," Denver, CO. (2016).
- Henderson, A., Harmon, S., American Sociological Association annual meeting, "The Relationship between Intensive Mothering and Adult Children's Self-Mastery," American Sociological Association, Denver, Colorado. (August 2012).
- Harmon, S., Annual Conference of the American Sociological Association, "The Relationship between Intensive Mothering and Adult Children's Self-Mastery," American Sociological Association, Denver, Colorado. (August 2012).
- Harmon, S., Henderson, A., Edison, M., Houser, J., Annual Conference of the Pacific Sociological Association, "Fellow Moms are Ruthless: A Qualitative Foucauldian Analysis of Modern Motherhood," Seattle, Washington. (March 2011).
- Harmon, S., Annual Conference of the Pacific Sociological Association, "Maternal Work, Maternal Civic Engagement, Paternal Involvement, and The Effects on Children's Educational Attainment," Pacific Sociological Association. (March 2011).
- Henderson, A., Harmon, S., American Sociological Association annual meeting, "Self-

mastery of Adult Children with Depressed Mothers: A Longitudinal Study," American Sociological Association, Atlanta, Georgia. (August 2010).

Harmon, S., Gould, S. M., Annual Conference of the American Sociological Association, "The Self-Mastery and Self-Efficacy of Adult Children with a Depressed Mother," American Sociological Association, Atlanta, Georgia. (August 2010).

Harmon, S., Cline, K., Henderson, A., Decker, J., Annual Conference of the Midwest Sociological Society, "Pregnancy Weight and Body Image: How Women Deal with Significant Changes in Their Bodies During Pregnancy and Post Pregnancy," Midwest Sociological Society, Chicago, Illinois. (April 2010).

Harmon, S., Annual Research Symposium, "Maternal Work, Civic Engagement, and Children's Educational Outcomes," Sociology Graduate Students Association, Raleigh, North Carolina. (March 2010).

Harmon, S., Henderson, A., Annual Conference of the American Sociological Association, "A New State of Surveillance? An Application of Michel Foucault to Modern Motherhood," American Sociological Association, San Francisco, California. (August 2009).

Henderson, A., Harmon, S., Houser, J., Annual Meetings of the American Sociological Association, "New Momism: Applying Michel Foucault to Modern Motherhood," San Francisco, California. (August 2009).

Harmon, S., Henderson, A., Pacific Sociological Association Conference, "The Price We Pay for Being the "Perfect Mother": Psychosocial Outcomes of New Momism," Pacific Sociological Association, San Diego, California. (April 2009).

Harmon, S., McNair Symposium, "The Self-Mastery and Life Satisfaction of Adult Children with a Depressed Mother," UC Berkeley, Berkeley, California. (August 2008).

Non-juried

Harmon, S. (Author & Presenter), Henderson, A. (Author & Presenter), Newman, H. (Leader), AACS Annual Conference, "Pedagogical Strategies for Applying Sociological Skills to Today's Job Market," Association for Applied and Clinical Sociology, Denver, CO. (October 8, 2016).

Research in Progress

"Examination of Contemporary Motherhood" (On-Going).

GRANTS

Funded

Henderson, A., Newman, H., Harmon, S., "How Far Does the Pressure to Be Perfect Reach? A New Look at Effects of Intensive Motherhood on American Mothers," Sponsored by New Project Proposal, University of Northern Colorado, \$5,000.00. (2015 - 2017).

TEACHING

Teaching Experience

University of Northern Colorado

Courses Taught:

SOC 120, Introduction to Family Studies, 2 courses. 3.00 credit hours.

SOC 170, Social Problems, 1 course. 3.00 credit hours.

SOC 221, Sociology of Gender, 1 course. 3.00 credit hours.

SOC 231, Introduction to Sociological Practice, 14 courses. 3.00 credit hours.

SOC 237, Sociology of Minorities, 3 courses. 3.00 credit hours.

SOC 302, Variable Topics in Sociology, 1 course. 3.00 credit hours.

SOC 324, Issues in the Family, 6 courses. 3.00 credit hours.

SOC 325, Sociology of Work and Occupations (3), 2 courses. 3.00 credit hours.

SOC 361, Methods of Sociological Research I, 6 courses. 3.00 credit hours.

SOC 362, Methods of Sociological Research II, 7 courses. 3.00 credit hours.

SOC 363, Methods of Sociological Research I Lab, 6 courses. 1.00 credit hours.

SOC 364, Methods of Sociological Research II Lab, 7 courses. 1.00 credit hours.

SOC 400, Senior Seminar, 12 courses. 3.00 credit hours.

SOC 422, Directed Studies, 9 courses. 1.00 credit hours.

SOC 423, Violence and the Family, 3 courses. 3.00 credit hours.

SOC 491, Sociology Internship, 14 courses. 6.00 credit hours.

SOC 492, Practicum in Applied Sociology, 2 courses. 3.00 credit hours.

Academic Advising

Fall 2017: 59 undergraduate students advised.

Spring 2017: 59 undergraduate students advised.

Fall 2016: 60 undergraduate students advised, approximately 350 hours spent per year.

SERVICE

University Service

Representative, Graduate Student Advisory Board. (2011 - 2012).

Sociology Representative, University Graduate Student Association. (2010 - 2011).

College Service

Committee Member, Program Review and Assessment. (September 1, 2015 - Present).

Department Service

Committee Member, Curriculum Committee. (August 30, 2017 - Present).

Faculty Advisor, UNCO AKD Chapter. (2013 - Present).

Committee Member, Undergraduate Committee. (January 1, 2013 - Present).

Program Service

Program Coordinator, N/A. (January 1, 2013 - Present).

Professional Service

Member, Alpha Kappa Delta. (May 2008 - Present).

Member, American Sociological Association. (January 2008 - December 2015).

DEVELOPMENT ACTIVITIES ATTENDED

Workshop, "ASA Teaching and Learning Section Preconference." (2014).

"Teaching Mentorship." (2011 - 2012).

Seminar, "Teaching Sociology." (2010).

AWARDS AND HONORS

Other

SAGE Teaching Innovations & Professional Development Award. (2014).

PROFESSIONAL MEMBERSHIPS

Association for Applied and Clinical Sociology. (September 1, 2016 - December 31, 2016).

American Sociological Association. (2008 - 2014).

Southern Sociological Association. (2011).

Sociology Graduate School Association. (2009 - 2011).

Pacific Sociological Association. (2008 - 2011).

Midwest Sociological Association. (2010).

AKD- National Chapter. (2008 - 2009).

Stryker Institute for Leadership. (2007 - 2009).