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## HONORS INTREDISCIPLINARY PROGRAM

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### *Honors Academic Plan –Theme Declaration Form*

- Student will develop their honors academic plan with the following guidelines:  
Students will choose ONE of the following options:
  - **Life of the Mind option (9 credits):** Students may complete the coursework as a Life of the Mind sequence with all 9 credits from Life of the Mind courses.
  - **Self-Designed Theme option (9 credits):** Students may develop a theme and designate course options to explore the theme option. Themes may include a specific research related topic or issue (e.g. poverty, sports injury recovery), a concept (e.g. aesthetics), a question (e.g. what is truth?), or a professional area of study (e.g. law, leadership).
    - Three curricular options (minimum of 9 credit hours) must be completed and will include a mix of the following:
      - HON, LEAD or MIND lower division courses and/or
      - Course by contract and/or
      - Study abroad experience and/or
      - Internship relevant to major, career or honors theme
    - As the students complete each course/option, they will write a reflection on the course in relation to the chosen theme or “Life of the Mind” theme and will submit the reflection along with one sample of coursework to the their honors learning portfolio.

#### Procedures

- **Please complete this form and submit at the end of the first semester.** The Declaration may be amended in a subsequent semester, if approved by the Honors Program Director.

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Student: \_\_\_\_\_ Bear Number: \_\_\_\_\_

Email: \_\_\_\_\_ Major \_\_\_\_\_

Major Advisor \_\_\_\_\_ (Provide a copy of this form to your major advisor).

#### I plan to complete:

- ☐ Life of the Mind option (9 credits of MIND courses)
- ☐ Self-Designed Theme option (9 credits of student selected and honors approved credits that relate to a theme that will be explored within those courses).

**For the Self-Designed-Theme:** Please designate here your selected theme (example: “violence,” “hunger,” “patriotism,” “cancer recovery”): \_\_\_\_\_

Explain what 3 courses/curricular options you plan to take, in which you will explore this theme:

- ☐ Mind courses (List): \_\_\_\_\_
- ☐ HON or LEAD courses (List): \_\_\_\_\_
- ☐ Experiential Options (Study Abroad or Internships/Practicums): \_\_\_\_\_
- ☐ Courses by contract (please list exact course numbers) \_\_\_\_\_

**Student Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Honors Program Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

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#### FOR OFFICE USE ONLY

- ☐ Logged Access Date: \_\_\_\_\_ ☐ Sent to Registrar: \_\_\_\_\_
- ☐ Submitted by: \_\_\_\_\_