



HONORS PROGRAM HANDBOOK *2023-2024*



**University Honors Program
First Year Honors Experience
Honors Capstone Experience**

**Catalog Year
Fall 2023 – Spring 2024**

Table of Contents

MISSION AND VISION	3
U-ENGAGE VISION STATEMENT	3
U-ENGAGE MISSION STATEMENT.....	3
HONORS PROGRAM VISION.....	3
HONORS PROGRAM MISSION	3
HONORS PROGRAM STAFF	4
CONTACT INFORMATION	5
HONORS PROGRAM OVERVIEW	6
REQUIREMENTS FOR ADMISSION	6
BENEFITS	7
HONORS GATHERING PLACES	8
UNDERGRADUATE ACADEMIC ENGAGEMENT (U-ENGAGE) HONORS PROGRAM OFFICES	8
HONORS RESIDENTIAL LEARNING COMMUNITIES.....	8
HONORS CURRICULUM & PROGRAM REQUIREMENTS	9
HONORS PROGRAM OVERVIEW.....	9
FIRST YEAR HONORS EXPERIENCE.....	9
UNIVERSITY HONORS PROGRAM	10
<i>Lower-Division Honors Courses: up to 6 credits</i>	10
<i>Upper-Division Honors Coursework: 6 to 12 credits</i>	11
HONORS CAPSTONE.....	12
<i>Honors Capstone Project Design — 2 credits</i>	13
<i>Honors Capstone Project — 2 credits</i>	13
HONORS SEMINARS	15
DESIGNATED INTERDISCIPLINARY COURSES	15
HONORS SEMINARS	15
HONORS EXPERIENTIAL LEARNING OPTION	17
STUDY ABROAD OR INTERNATIONAL STUDENT EXCHANGE	17
HONORS CONNECT - COMMUNITY ENGAGEMENT	20
<i>Requirements</i>	20
RESOURCES FOR STAYING ON TRACK	22
HONORS ADVISING	22
HONORS PROGRAM NEWSLETTER	22
HONORS PROGRAM FACEBOOK.....	22
HONORS PROGRAM PLANNING/PROGRESS WORKSHEET	22
SOURCES FOR OTHER DETAILED INFORMATION	22
SCHOLARSHIPS & CONFERENCE OPPORTUNITIES	23
HONORS PROGRAM SCHOLARSHIPS	23
<i>Becky R. Edgerton Memorial Award</i>	23
<i>Paul Heidger Scholarship</i>	23
<i>Barbara Heidger Memorial Scholarship</i>	23

<i>Gregory E. and Debra K. Holman Scholarship</i>	23
<i>Eugene D. & Peggy J. Koplitz Scholarship Award</i>	23
<i>Marie Livingston Scholarship</i>	24
<i>Phelps Family C.A.P. Awards</i>	24
<i>Undergraduate Research Summer Stipends and Research Grants</i>	24
<i>National Scholarship Opportunities</i>	24
CONFERENCES	25
<i>NCUR (National Conference on Undergraduate Research)</i>	25
<i>NCHC (National Collegiate Honors Council) Conference</i>	25
<i>Student Showcase of Artists and Scholars (formerly called Research Day)</i>	25
STUDENT HONORS ACTIVITIES COUNCIL	26
SHAC ACTIVITIES AND EVENTS	26
<i>Honors New Student Retreat</i>	26
<i>Community Service and Civically Engaged Projects</i>	26
<i>Social events</i>	26
HOW TO GET INVOLVED IN SHAC	26
SHAC ANNUAL ELECTIONS	27
APPENDICES:	28
BECKY R. EDGERTON MEMORIAL SCHOLARSHIP	29
EUGENE D. AND PEGGY J. KOPLITZ SCHOLARSHIP	29
UNIVERSITY HONORS PROGRAM - PROGRAM PLAN 2023-2024	30
HONORS CAPSTONE EXPERIENCE - PROGRAM PLAN 2023-2024	32

MISSION AND VISION

Undergraduate Academic Engagement (U-Engage)

U-Engage Vision Statement

Undergraduate students at UNC will have the opportunity to engage in enriched and multi-disciplinary academic experiences that are transformative and meaningful to their educational journey. Our students will become leaders in their fields, capable of tackling complex challenges and making meaningful contributions to society.

U-Engage Mission Statement

Undergraduate Academic Engagement (U-Engage) provides enriching individualized opportunities and multidisciplinary cohort programs for students to fully engage in their academic pursuits. The Division fosters an inclusive culture of academic excellence and intellectual curiosity by empowering dynamic and diverse communities of researchers, leaders, creators and scholars who are poised to make a positive impact in the world.

Honors Program

Honors Program Vision

University of Northern Colorado's Honors Program vision is to build a community of intellectually engaged, innovative student scholars who will become leaders in their fields, capable of tackling complex challenges and making meaningful contributions to society.

Honors Program Mission

The University of Northern Colorado Honors Program fosters a diverse and inclusive community of intellectually engaged student scholars through an enriched curriculum that supports scholarly and creative contributions and develops self-driven integrative learning, critical thinking, creative problem-solving, engagement with community, and intercultural competence.

HONORS PROGRAM STAFF

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Social Media:

Facebook: <https://www.facebook.com/UncsHonorsProgram>

Instagram: https://www.instagram.com/unc_honorsprogram/

YouTube: <https://www.youtube.com/channel/UCDf3cPuASFFzNhOiFReCJYw>

HONORS PROGRAM OVERVIEW

The University Honors Program is designed to support students who:

- Take intellectual risks
- Ask challenging questions
- Make interesting connections
- Explore their world
- Create new ways of doing things

The Honors Program supports students on their intellectual and academic journey by providing avenues for additional student-directed study and generating environments where challenging conversations can develop with peers and faculty members. The Program asks that students engage in various pursuits of the mind and cultivate greater expectations for themselves and their education. It seeks to heighten critical awareness, involve students in independent thinking and research, and encourage leadership in the university and community.

REQUIREMENTS FOR ADMISSION

Students are encouraged to apply for the Honors Program as incoming first year students and may apply and enter at any point as long as they can still complete the credit hours before their expected graduation date. The application for admission to the program requests short written statements based on thought-provoking questions. The requirements for the Honors Program can be found at www.unco.edu/honors.

The Honors Program strives to provide talented students from all backgrounds with opportunities for original thought, student-directed learning, and individualized paths of inquiry. Therefore, all students who have a passion for learning and a desire to dive deeper into their studies are encouraged to apply even if their scores from high school standardized testing do not put them in the top percentiles. The Honors Program is about providing opportunities for those who want to get more out of their academic studies and who have the drive and passion to be successful. Any incoming first year, transfer student, or current UNC student may apply for the Honors Program.*

* Entering freshmen with a high school GPA over 3.50 are automatically provided with the application through the UNC admissions portal. However, all incoming students can request an application link.

* Students already enrolled at the University of Northern Colorado or those transferring from another college should have a minimum college GPA of 3.00.

BENEFITS

Unity in Diversity

Honors students come from a variety of backgrounds and have diverse academic and social interests. Together, they form a community of highly motivated learners.

Honors Events

Students and faculty are invited to participate in a variety of regular events including New Student Retreat, Coffee with the Profs, Honors Colloquium Series, Honors Workshops, TEDish Talks, Student Showcase of Artists and Scholars, Honors Research Night and many other events.

Personalized Advising

All Honors students enjoy personalized advising from university faculty and Honors staff.

Faculty Mentoring

Honors students can meet faculty mentors who serve as departmental honors liaisons and all University Honors Program students will complete a faculty-mentored Honors Capstone Project.

Honors Residence

Students in the Honors Program have the option to live in the Honors Residential Learning Community (space limited--first come, first served).

Honors Conferences

Honors students have opportunities to attend and present at regional and national conferences such as the National Conference of Undergraduate Research and the National Collegiate Honors Conference.

Honors Publications

Honors theses are placed in the permanent collection in Michener Library and students have the opportunity to submit their finished research articles for publication in undergraduate research journals.

Local and National Leadership Opportunities

Students can participate and become officers in Student Honors Activities Council, leading the campus Honors community with the planning of social, community service, networking, and recruitment events. The UNC Honors Program is also part of the larger National Collegiate Honors Council and students have the opportunity to become regional or national officers, serve on committees, attend conferences, and participate in national programs such as *Partners in the Parks* and *Place as Text*.

Recognition

On their diplomas and transcripts, Honors students are recognized as “University Honors” or “Honors Capstone” graduates. At commencement, Honors students wear a gold stole in recognition of their achievement.

HONORS GATHERING PLACES

Undergraduate Academic Engagement (U-Engage)

Honors Program Offices

Michener L-98, Lower Level

The Honors Program makes its home in the northwest corner on the garden level of the Michener Library. In this location, you will also find the offices for the McNair Scholars Program, the Office of Undergraduate Research, Leadership Studies minor, National Scholarship and Fellowship support, and the Schulze Endowment.

A bulletin board outside the offices provides a location for posting Honors activities while resources for various opportunities are found inside the office. Computers are available for Student Honors Council work, and a student lounge area inside provides an opportunity to rest, study, and store personal items between classes. The kitchen is available to all Honors students, especially commuting students, for storing refrigerated items, heating up food, or making a hot drink. Key card access can be granted upon request.

The Seminar Room located within the center is available to reserve for related Honors Program activities such as workshops or Student Honors Council meetings. The collection of Honors Theses is contained on the bookshelves within the Seminar Room and is available for students to peruse while in the Center.

Honors Residential Learning Communities

Lujan Hall

Lujan Hall hosts the Honors Residential Learning Community and includes a community kitchen and lounge space in Lower Centennial for Honors programming.

West Campus

The Honors Program beginning in Fall 2024 will also include a residential community for Honors Program students on West Campus in North Hall.

HONORS CURRICULUM & PROGRAM REQUIREMENTS

Honors Program Overview

The Honors Program offers several entry points for students with a desire to broaden or deepen their academic studies.

First Year Honors Experience is designed for both incoming students and continuing students who want an introduction to Honors education. The program curriculum is interdisciplinary and supports students to produce honors quality scholarship. Students completing the Honors First Year Experience receive the designation “First Year Honors” on their UNC transcript.

University Honors is designed for students who want to take full advantage of the intellectual breadth and depth of the Honors Program, providing access to upper-division electives and in-depth research experiences culminating in the creation of a Senior Honors Capstone project. Students who completed First Year Honors simply continue their journey, but all UNC students -- including transfer students -- may apply for entry to the program as late as the end of their sophomore year. Students completing the University Honors Program receive recognition at commencement and official designation as “University Honors” on both their transcript and diploma.

Honors Capstone Experience program is designed for juniors and seniors who discover Honors too late to take advantage of the full program or who want to explore their major discipline in-depth through the creation of an Honors Capstone project. This project may be in the form of a traditional research thesis, a creative work, or an applied project. Students completing the Honors Capstone-Only program receive an “Honors Capstone” designation on their transcript.

First Year Honors Experience

Completion of all Honors First Year Experience requirements will earn a “First Year Honors” designation on the student’s transcript, regardless of whether the student chooses to remain in the Honors Program.

To receive a “First Year Honors” Certificate, the Honors Program student will complete the following components:

General Requirements:

- Complete a total of 6 course credits in Honors introductory courses.
- Participate in at least one Honors Connect activity.
- Achieve a cumulative 3.00 UNC GPA.

Students choose two courses (6 credits) from the list below:

Fall Semester:		
UNIV 101*	Foundations for Learning and Development	3
Spring Semester – Select one:		
HON 100	Honors Connections Seminar I	3
HON 180	Great Ideas in Context	3
HON 182	Confluence of Cultures	3
HON 185	Religions and Worldviews	3
HON 200	Honors Connections Seminar II	3

*Note: Students accepted into the Honors Program have access to an Honors-only section of UNIV 101 and are encouraged to take this course during their first semester at UNC.

University Honors Program

The University Honors curriculum provides students the opportunity to engage in both broad interdisciplinary study and in-depth exploration of a specific topic. It builds on the First Year Experience and culminates in an Honors Capstone project. University Honors Students may complete their Capstone Project within or outside their chosen major.

General Requirements:

- Complete a total of 12 credits of Honors coursework. At least 6 credits must be upper division. The Honors First Year Experience automatically satisfies 6 of these credits.
- Complete at least 4 credits of Honors Capstone requirements and an Honors Capstone project approved by the Honors Program and presented in a public forum.
- Participate in at least six Honors Connect activities.
- Achieve and maintain a minimum cumulative 3.00 UNC GPA.

Lower-Division Honors Courses: up to 6 credits

Note: Students who complete the First Year Experience will have already fulfilled 6 credits of Lower Division Honors Coursework and should choose Upper Division Courses from the list below.

Students who did not participate in the First Year Experience *may* choose up to 6 credits from the following list, though they may also choose courses from the Upper-Division Honors Course list below to satisfy the Honors Coursework requirement.

UNIV 101	Foundations for Learning and Development	3
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HON 100	Honors Connections Seminar I	3
HON 180	Great Ideas in Context	3
HON 182	Confluence of Cultures	3
HON 185	Religions and Worldviews	3
LEAD 100	Fundamentals of Leadership	
HON 200	Honors Connections Seminar II	3

Upper-Division Honors Coursework: 6 to 12 credits

All students must complete at least 6 credits (two courses) from the lists below. Students who enter the University Honors Program without completing the Honors First Year Experience may select additional upper-division credits or may choose up to 6 credits of lower division credits from the list above.

Honors Special Topics

Note: HON 395 is repeatable under different subtitles.

HON 395	Honors Special Topics	3
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Only Honors Special Topics courses may be used to fulfill the Honors Coursework requirement (departmental special topics courses do not serve as substitutions).

Research Methods Courses

Honors 420 or any approved departmental research methods course on the list below may be used to fulfill the Honors Coursework requirement.

HON 420	Honors Research Methods	3
ANT 340	Quantitative Methods for Anthropology	3
ANT 350	Field Methods in Cultural Anthropology	3
CHEM 499	Seminar and Research in Chemistry	1- 3
CRJ 380	Research Methods in Criminal Justice	3

MET 376	Meteorological COOP Education	1-12
PHYS 370	Research I	1- 3
PSY 201	Research Methods in Psychology	3
SOC 361	Methods of Sociological Research I	3
SOC 362	Methods of Sociological Research II	3
STAT 451	Intermediate Applied Statistics	3
UNIV 431	McNair Scholars Research Studies I	2

Internship/Study Abroad Courses

Refer to Honors Experiential Learning Option section of this handbook.

Honors Capstone

The Honors Capstone curriculum provides upper-division students the opportunity to engage in in-depth study of a topic either within or outside of their major degree program and culminates in an Honors Capstone Project. Projects may include:

- a senior thesis based on field research, experimentation, or library or archival research;
- an applied or civically engaged business, non-profit, or curriculum design and delivery project; or
- a creative work in humanities or the arts.

All projects require a written component with critical, research-based, reflective analysis, and all students present their project in a public forum to educate others on their topic. Completed projects are bound and placed in the permanent collection of the James A. Michener Library, and Honors students are also encouraged to submit their final written project for inclusion in a scholarly journal, such as UNC's undergraduate research journal, *URSIDAE*. During their Honors Capstone experience students work individually with a faculty mentor to strengthen their research, writing, creativity, and presentation skills.

General Requirements:

- Completion of Honors Capstone course requirements (4 credits).
- Completion of Honors Capstone project approved by the Honors Program and presented in a public forum.
- Participation in at least two Honors Connect activities.
- Achieve and maintain a minimum cumulative 3.00 UNC GPA.

Honors Capstone Project Design — 2 credits

Take at least two credits from the following:

HON 351	Junior Honors Seminar	1- 3
	or	
UNIV 432	McNair Scholars Research Studies II	2
LIB 251	Research as Inquiry: Exploration for Beginning Researchers	1

Notes:

- HON 351 is repeatable for a maximum of 3 credit hours.
- UNIV 432 is restricted to students enrolled in the McNair Scholars Research Program. For more information about the program, see www.unco.edu/mcnair/

Honors Capstone Project — 2 credits

Note: is repeatable with a maximum of 3 credit hours. Students may complete their Capstone Project through or any equivalent departmental capstone course on the list below.

HON 451	Senior Honors Research Thesis	1- 3
AFS 490	Seminar in Africana Studies	3
ANT 470	Seminar in Anthropology	3
ASIA 499	Asian Studies Thesis	3
BACS 488	Senior CIS Project	3
CHEM 499	Seminar and Research in Chemistry	1- 3
COMM 491	Communication Theory Capstone	3
CS 497	Senior Project	1- 8
ECON 475	Senior Seminar	3
ENST 491	Senior Capstone	2
GEOG 491	Senior Capstone	2

HIST 480	Seminar in History	3
HIST 580	Seminar in History	3
INTR 450	Senior Capstone	3
MUS 414	Transitional Capstone Course in Music Education	2
NURS 446	Clinical Practice Capstone	5
PHIL 495	Advanced Seminar	3
PHYS 470	Research II	1- 3
PSCI 405	Senior Seminar in American Politics	3
PSCI 415	Senior Seminar in Comparative Politics	3
PSCI 425	Senior Seminar in International Relations	3
PSCI 435	Senior Seminar in Political Philosophy	3
RTH 490	Evaluation and Research in Recreation, Tourism and Hospitality	3
SOC 400	Senior Seminar	3
STAT 489	Project in Data Science	2
THEA 454	Theatre Studies Senior Seminar	1
THEA 464	Audition Techniques	3

Every final Honors Capstone project must be approved by the Honors Program and presented in a public forum to fulfill the capstone requirement. Students who choose a departmental capstone course should consult regularly with the Honors program to ensure they are on track to meet this requirement.

Students who complete the Honors Capstone Project without participating in the full University Honors experience will receive an "Honors Capstone" designation on their transcript.

For more information about the Honors Capstone Project:
Please refer to the *Honors Capstone Handbook*.

HONORS SEMINARS

Honors Interdisciplinary Courses

Students may take up to three (3) interdisciplinary courses designated by Honors as courses to meet requirements. These courses engage students in topics that often cross disciplinary boundaries, explore subjects more deeply, and examine the many diverse ways of knowing. These courses change each semester and usually count toward Liberal Arts Core Requirements. Contact the office about the upcoming Honors approved courses!

Honors Seminars

Students may take up to two (2) Honors Seminars. The seminars allow students to learn about a topic in-depth from several perspectives. HON 100 courses emphasize the connections between self and community in an interdisciplinary format and HON 200 courses engage students in an analysis of values and ethics in the context of the times. HON 395 are special topics and are generally highly engaged or interesting special issue-based courses.

HON 100 Honors Connections Seminar I

A variable content seminar emphasizing the connections between areas of knowledge such as the Sciences, Arts, Philosophy, History, Literature, and Sociology. Credits: 3

HON 101 Honors Introduction to Critical Thinking

An introductory course for Honors students emphasizing critical and creative thinking, perspective taking, inquiry, and inter-cultural competencies through in-depth discussions on contemporary issues, engaged learning opportunities, and community-based projects. Credits: 1

HON 180 Great Ideas in Context

An introduction to global, intellectual, and cultural traditions through reading and discussion of classic works of literature. Credits: 3

HON 182 Confluence of Cultures

An exploration of African American, Asian American, Hispanic American, Native American or U.S. immigrant cultures from historical, literary, and artistic perspectives. Credits: 3

HON 185 Religions and Worldviews

Explores major religious and non-religious worldviews by examining the history, literature, rituals, and teachings of a selection of religious traditions and worldviews, as well as influential ancient and modern critiques of religion. We will also consider the ways in which people construct worldviews, as well as the possibilities for inter-religious dialogue. Credits: 3

HON 200 Honors Connections Seminar II

A variable content seminar that will engage students in a concentrated analysis of values and ethics in the context of the times. Credits: 3

HON 351 Junior Honors Seminar

A seminar or tutorial required of juniors in Honors. Provides enrichment work in the student's discipline of choice and a start on the senior Honors research thesis. Credits: 1-3

HON 395 Honors Special Topics

An advanced study of selected topics of an interdisciplinary nature for Honors Program students. Repeatable under different subtitles with no limits on the number of times it can be repeated. Credits: 3

HON 420 Honors Research Methods

Examination of research paradigms and methodologies to develop the most appropriate research methods and data analysis processes to design and develop a successful Honors thesis proposal. Credits: 3

HON 451 Senior Honors Research Thesis

Different sections are offered by different departments. Required for senior participants in the Honors Program. Course is repeatable with a maximum of 3 credit hours. Credits: 1-3

HON 492 Honors Internship/Study Abroad

This course offers variable credit in an approved study abroad and/or internship for the Honors Program. S/U graded. Course is repeatable with a maximum of 6 credit hours. Credits: 1-4

HONORS EXPERIENTIAL LEARNING OPTIONS

Study Abroad or Internship options for upper division honors credit.

Students may pursue a Study Abroad, internship, practicum, student teaching or other practical based course work to count toward the upper division honors credits.. There is no length requirement for a study abroad option. Allowable options may range from one-week faculty-led courses (often offered in summer or winter interim session) to a full year abroad and anything in between.

All of the following courses are pre-approved to count toward an Honors Students University Honors Program upper division credit hours.

HON 492	Honors Internship/Study Abroad	1- 4
AFS 399	Community Study Project	1-4
ANT 492	Internship	1-12
ART 492	Internship in Art	1- 5
CSD 473	SLPA Seminar and Field Experience	4
BA 415	International Experience/Study Abroad	1
BAAC 492	Internship in Accounting	3
BACS 492	Internship in Computer Information Systems	1- 3
BAFN 492	Internship in Finance	1- 3
BAMG 492	Internship in Management	3
BAMK 492	Internship in Marketing	3
BIO 492	Internship in Biological Sciences	1- 3
BIO 493	Clinical Internship in Biological Sciences	1- 3
BIO 494	Practicum in College Biological Science Instruction	1- 2
BREW 492	Internship	1-9

COMM 492	Undergraduate Internship	1-10
CRJ 492	Internship	1- 9
CSD 474	Clinical Practicum in Audiology	1
CSD 483	Entry/Primary Speech-Language Pathology Practicum	2
ECLD 401	CLD Practicum	3
ECON 492	Internship in Economics	3- 6
EDEC 490	Early Childhood Student Teaching	6-12
EDFE 444	Supervised Student Teaching	1-15
EDSE 328	Field Experience in Special Education: Elementary	3
EDSE 329	Field Experience in Special Education: Secondary	3
ENG 492	Writing Internship	1-3
ENST 492	Internship in Environmental Studies	1- 4
ESCI 492	Earth Science Internship	1-15
GEOG 392	Field Course in Geography	1- 6
GEOG 492	Internship	1- 6
GEOL 481	Geologic Field Techniques	3
GNDR 492	Internship	3-6
HIST 492	Internship	1- 3
HUSR 492	Internship in Human Services	1-15
INTR 492	Internship for Interpreters	3
JMS 492	Internship	1- 3
LEAD 492	Leadership Internship	3

MAS 450	Internship in Mexican American Studies	4
MUS 450	Seminar in Student Teaching for Music Educators	1
NURS 470	Clinical Practice: Professionalism in Practice	3
PHIL 492	Internship	1- 6
PSCI 392	Internship	1-13
PSY 491	Psychology Field Experience	1- 6
RTH 492	Internship in Recreation, Tourism and Hospitality	3-12
SES 492	Internship in Sport and Exercise Science	6-12
SOC 491	Sociology Internship	3- 9
SOC 492	Practicum in Applied Sociology	3- 9
SOC 493	Practicum in Family Studies	3- 9
SOC 494	Research Practicum	3- 6
SOC 496	Study Abroad Experience	3
STEP 464	Secondary Student Teaching	1-14
THEA 401	Practicum in Theatre	1- 4
THEA 450	Design and Technology Practicum	3
THEA 465	Acting Showcase	3
THEA 485	Clinical Experiences II: Secondary Theatre	3
THEA 490	Theatre Arts Student Teaching Seminar	1
WLC 296	Study Abroad Experience	1-3

HONORS CONNECT - COMMUNITY ENGAGEMENT

Being an Honors Student is about more than just academic course work. It is also important that Honors Students become active members of their program as a way to broaden their experience base and develop problem solving and critical thinking skills. Honors Connect is required to be eligible for any Honors scholarships.

Students should participate in a mix of activities to stay engaged with their Honors community. Points will be earned based on activity type and activity options and points will be communicated to all students through the Honors email newsletter. Alternative activities can be considered on a case-by-case basis for students whose schedules do not allow regular attendance at the designated activities. Students must contact the Honors Program office to be granted alternative credit which may count toward meeting the minimum requirement, but not be used for Honors additional benefits.

Requirements

Students must earn a minimum of 5 points each semester in order to be an active member of Honors. *We encourage students to earn more than the minimum of 5 points!* Students can earn rewards and paid admission to fun activities and potentially be selected for conferences or other events based on their accumulation of points, which indicate that a student is engaged in the Honors community. Students must have participated in at least 6 activities to graduate with Honors distinction and to receive regalia, which can be completed at any time.

Points should be earned from at least two categories:

Workshops - 2 points each

Examples include:

- What They Don't Want You to Know About Graduate School Applications
- How to Win with Your Presentation

Honors Social Events - 1-2 points each

Examples include:

- Cosmic Skating
- Day Hikes
- Self-Care Saturday

Academic Speaker and Honors Colloquium Events - 2 points each

Examples include:

- Lord of the Rings Music
- Big Bad Wolves

Faculty Mixer/ Research & Scholarly Events - 2-3 points each

Examples include:

- Coffee with the Profs
- Honors Research Night
- Student Showcase of Artists and Scholars

Campus Community Events - 1 point each (Max 2 points)

Examples include:

- Cultural Center Events
- Community Service Events
- Performing and Visual Arts Sponsored Events
- Unite Workshops
- Additional events you attend can be requested for points by emailing honors@unco.edu

Honors Connect is mandatory for “Active” status in the University Honors Program and students will be eligible for Honors scholarships only if they meet the minimum active level.

Verification of Participation:

Attendance will be collected at all events and your current point status will be available by contacting honors@unco.edu. If you are using an alternative event for credit, it must be approved and submitted to our Graduate Assistant for Communications, Planning & Advising, or email honors@unco.edu.

RESOURCES FOR STAYING ON TRACK

Honors Advising

Honors Program Staff, including the Graduate Assistant for Communication, Planning and Advising, provide advising each semester to all Honors Students. Honors Advising is mandatory for first-year Honors students but may be completed in various ways to be convenient for the student. Students will attend one individual advising session each semester. Group advising sessions and drop-in advising may also be offered depending on the semester.

Honors Program Newsletter

Regular news and updates from the Honors Program and the Student Honors Council are sent through the Honors newsletter every week. This is the best way for students to obtain current information on all Honors Program news, funding opportunities, Student Honors Council events, and other items of interest to UNC's Honors community. All new Honors Students are automatically subscribed to this newsletter. If you are not receiving e-mails from the Honors newsletter (there is normally at least one per week during the academic year), then please send an e-mail to honors@unco.edu to ask to be subscribed.

Honors Program Facebook

The URL Link to the UNC Honors Program Facebook Community Page is <https://www.facebook.com/UncsHonorsProgram>. Come like the page! Many notices and event announcements will be posted here.

Honors Program Planning/Progress Worksheet

The Honors Program office monitors student progress toward meeting course and program requirements and provides Planning Worksheets/Progress Reports to assist students with understanding the courses they must take and to document their current status in meeting all Honors-related requirements. In between Honors advising meetings, use the Program Planning Worksheet to track your own progress and plan your future honors coursework. A Program Planning/Progress Worksheet will be completed for you at each advising session (see appendices).

Sources for Other Detailed Information

Honors Program course and requirement information may be found in the University of Northern Colorado Catalog at <http://catalog.unco.edu/>.

SCHOLARSHIPS & CONFERENCE OPPORTUNITIES

Students may apply for most of the Honors Program scholarships through UNC's Scholarship Application available through the student's URSA account, and most, but not all, also require student to have submitted a FAFSA application. A few scholarships are applied via specific academic work, such as the Honors Capstone, and do not require the UNC Scholarship Application.

Honors Program Scholarships

The Honors Program recognizes outstanding student scholarship with several Honors Program scholarships each year as well as through the following "named" scholarships, provided by generous donors and alumni of the program. For most scholarships, the student **MUST** complete the FAFSA and the Universal Scholarship Application in order to be considered for the award.

Becky R. Edgerton Memorial Award

This award, with a \$500 stipend, is given annually to the graduating senior who has completed a meritorious Honors thesis and who has demonstrated the greatest breadth of intellectual curiosity among Honors peers.

Paul Heidger Scholarship

The scholarship is awarded to an exceptional freshmen Honors student during their first year in the Honors Program. Preference is given to a student who is studying or planning to study the sciences.

Barbara Heidger Memorial Scholarship

The scholarship is awarded to an exceptional freshmen Honors student during their first year in the Honors Program. Preference is given to a student who has previously been involved with or has expressed an interest in International Studies.

Gregory E. and Debra K. Holman Scholarship

This scholarship is awarded to a first-generation Honors Program or PLP student who has attended UNC for at least two semesters as a full-time student who is not already receiving an Honors or PLP-affiliated scholarship. The student must demonstrate evidence of civic or community engagement, with preference given to students involved in environmental advocacy, environmental education, or cultural resource preservation.

Eugene D. & Peggy J. Koplitz Scholarship Award

Each year a \$1,000 award is given to an Upper Division Honors Program senior who produced the best proposal for their Honors Thesis project. To be eligible the student must have submitted an Honors thesis proposal to the Honors Program by the applicable Spring semester deadline, with approval as required by the handbook from the thesis advisor(s).

Marie Livingston Scholarship

High academic achievement, evidence of civic engagement in local, state, national, or international communities, professional organizations or student clubs, and satisfactory progression through the Honors curriculum are some of the criteria considered for the Marie Livingston Scholarship. Preference is given to Economics or International Studies majors. The scholarship is awarded to current Honors students who have completed at least two semesters of continuous, full-time enrollment in the UNC Honors Program prior to the year of award.

Phelps Family C.A.P. Awards

Championed by UNC friends Bob and Bonnie Phelps Family, the CAP Awards recognize students whose lives demonstrate an exceptional and exemplary personal commitment to:

- **Contribute**... by volunteering time and personal skills, talents, abilities, experience and passion around issues in service to the community.
- **Achieve**... by displaying a bias toward action and performance, overcoming obstacles and setbacks, and accomplishing goals.
- **Pay-it-forward**... by impacting the lives of others in meaningful and positive ways through random and planned acts of kindness, caring, and “giving back.”

The Phelps Family CAP Awards are awarded to upper division undergraduate students, with junior or senior academic standing. Students do not need to be a member of the Honors Program.

Undergraduate Research Summer Stipends and Research Grants

When funding is available, a limited number of research grants are available for use on thesis-related research. Currently all research grants are administered through the Office of Undergraduate Research. For more information and guidelines, go to the website at: <https://www.unco.edu/office-undergraduate-research/>

National Scholarship Opportunities

A number of national organizations look favorably on Honors student applicants for their scholarship and fellowship programs. Many of the programs are highly competitive so students should plan to give appropriate time to crafting well prepared applications supported by strong letters of recommendation and other required documents if they apply to one or more of these programs. UNC Honors Program Students have applied for and been awarded or finalists in the following scholarship programs: Marshall, Rhodes (Finalist), Rotary International, Truman (Finalist), and others.

Conferences

Honors students have the chance to attend annual conferences at which they present their research and learn about the work that other university students are engaged in. Funding may be available to assist with travel expenses. Please contact the Honors office for additional information.

NCUR (National Conference on Undergraduate Research)

Honors students may compete annually to attend NCUR. The conference is held each year for students from all colleges and universities across the nation to present their research to a national audience. Students must first submit their research abstract to the Fall Undergraduate Research symposium to be eligible for consideration to represent UNC at NCUR. Seniors completing their Honors projects who are engaged in research are encouraged to apply.

NCHC (National Collegiate Honors Council) Conference

The annual NCHC Conference is attended by Honors program members from across the nation. The national conference occurs each year in a different metropolitan city. Honors students from UNC may attend the conference to present their Honors Research and to learn more about other Honors programs and national Honors opportunities. For more information, contact the Honors Program staff.

Student Showcase of Artists and Scholars (formerly called Research Day)

Student Showcase of Artists and Scholars provides all undergraduate and graduate students an opportunity to present their scholarly projects and creative endeavors to a campus-wide audience. All Honors Students should plan to attend Student Showcase to support Honors Students who are presenting their Honors Capstone projects.

STUDENT HONORS ACTIVITIES COUNCIL

The Student Honors Activities Council (SHAC) is an active student organization with multiple leadership opportunities for Honors Students to develop professional skills. The mission of SHAC is to provide Honors students with a wide variety of social and community activities to supplement their academic careers.

SHAC Activities and Events

Honors New Student Retreat

This annual event is held at the beginning of the fall semester. The retreat gives the Student Honors Council officers the opportunity to welcome new students to the Honors Program and to let them know about ways of getting involved in the Honors community as well as providing information about the Honors curriculum.

Community Service and Civically Engaged Projects

Honors students volunteer on a variety of projects that range in scope from tutoring school children to collaborating with local non-profit organizations. Group service projects are coordinated annually by Student Honors Council for Honors students to become more involved with their community while getting to know other Honors Students.

Social events

SHAC organizes a variety of fun events such as cosmic skating, ice cream socials, Bob Ross painting nights, day hikes, and frisbee golf tournaments. All activities give you points for Honors Connect!

How to Get Involved in SHAC

SHAC encourages all Honors students, whether in First Year Honors, the University Honors Program or Honors Capstone to become involved in Council activities. Information on upcoming events and activities is promoted through the Honors newsletter and/or through Facebook and Instagram. Students may also contact their SHAC officers if they would like to assist with an event, have a community service idea, or wish to be more involved in SHAC activities in general.

SHAC Officers

President: The SHAC president assists the other officers and ensures the Council functions smoothly, sets meetings, organizes the SHAC Retreat and assists the Director for Honors with the New Student Retreat planning. The president also assists with recruitment and retention of Honors students. The President or their designee serves as the liaison between the student Honors Program membership and the Honors Executive Staff and Faculty Advisory Councils.

Vice President: The Vice President works closely with the president and the HSL office staff to best serve the Council, creates agendas for the Council and executive committee meetings, aids the group in their endeavors, provides support when needed, and coordinates pre/post event planning sheet deadlines.

Treasurer: The Treasurer leads the Fundraising Committee, is responsible for keeping the financial records of the Student Honors Activities Council honestly and accurately, informs other members of the Student Honors Activities Council of the financial status of the organization, makes payments and accepts receipts as directed by the President and other members of the Council, and assists the President with preparing the annual budget

Secretary: The Secretary takes minutes during meetings, emails minutes to the Council within 48 hours of the meetings, uploads minutes to the Dropbox (or other digital organizational tool), and helps maintain organization for the council as a whole.

Event Planning Committee Lead: The Leader must be someone who has been on the council for at least one year or a transfer student with experience in event planning. The Leader reports details of event planning to the executive committee, delegates tasks within the committee, leads meetings for the committee, and create meeting agendas.

Historian/Social Media Specialist: The Historian/Social Media Specialist is in charge of creating marketing materials for events put on by the council. They promote events on the UNCO Honors Facebook Page and other social media, are responsible for taking photos/videos at each event, and create at least one newsletter per semester.

Event Planning Committee Members: 1-3 committee members aid in the planning for each event.

Fundraising Committee Members: There will be 1-3 committee members who aid in the planning of fundraising events, led by the Treasurer.

A current listing of SHAC officers and their contact information is available on the Honors website at www.unco.edu/honors under the “Student Honors Activities Council” tab.

SHAC Annual Elections

The Student Honors Activities Council holds an annual application process to select officers. All Honors students are encouraged to attend an annual informational meeting and to run for office. Traditional officer positions, as noted above, may be altered, added, or removed as the needs of the Honors community change. Offices may also be held jointly.

If you are interested in running for a SHAC office, please contact a current officer for application procedures or visit the “Student Honors Activities Council” page at www.unco.edu/honors.

APPENDICES:



THE BECKY R. EDGERTON MEMORIAL HONORS SCHOLARSHIP

for
Honors Students
at the
University of Northern Colorado

Becky Richards Edgerton (April 22, 1942-December 17, 1999) loved poetry, opera, and good movies; *The New York Times Book Review* and *The New Yorker* magazine; good literature, wine and conversation; feminist theory, loyal friends, and her family. For her, reading was a way of life, and she read just about everything. She published poetry, taught in the Honors and Life of the Mind programs, and directed the UNC Cluster Program from its inception. She wrote her doctoral dissertation on "Bright Glass: The Fictional World of Mary Webb," and later became a recognized scholar on the poems of Jane Kenyon. Her favorite places in the world were New York City, Paris, the tiny town of Russellville, Indiana where she grew up with her sister Bronna, and the sunny family room of her house in Greeley, its coffee table stacked high with books, and a cup of tea within easy reach. She was the warm and loving mother of two children, Kate and Jeremy, and the endlessly fascinating marriage partner of her husband, Ron.

Becky once asked herself: "What have I learned, then?" And she answered:

That I do have inner resources.
That tragedy is part of life.
That love can cause destruction.
That much can be salvaged.
That one can give only so much of oneself without permanent loss.
That children too become both more and less of me.
That relationships are central.
That there is a God.
That one learns to feel more from both love and loss.
That work is a saving grace.
That there is grace, and that it is unexplained.
That the way you meet a trouble is important.
That it is necessary to forgive and to know when to forgive.
That loyal friends count.
That the failure to create is a felt failure.
That taking risks can cause great pain.
That wild birds can bring pleasure.
That music can bring pleasure.
That these things can help save one.
That one can sleep through periods of one's life.
That poetry is part of life.
That religion is part of life.
That literature and religion are parts of the whole and part of each other.

The University of Northern Colorado Foundation is pleased to recognize the generosity of Ronald K. Edgerton, who provided the gifts to create this permanent fund to perpetuate excellence in the University Honors Program.

BECKY R. EDGERTON MEMORIAL SCHOLARSHIP

Each year Honors Program awards the Becky R. Edgerton Memorial Scholarship to a graduating Honors student whose Capstone project demonstrates the highest level of achievement and passion for in-depth scholarship. Every Honors student who completes all the requirements for graduation including successfully submitting their Honors Thesis by all required deadlines is automatically included in the competition for the award. See Appendix for information about Becky R. Edgerton.

Past award winners since its inception have included the following Honors students:

- Kyle Banker 2002
- Kaitlin McCarthy 2003
- Jonathan Shumate 2004
- Andrea Berezna & Elisa Chen 2005
- Misty Anderson 2006
- Katie Goulet 2007
- David Bloemker 2008
- Karen Traxler & Carissa Taylor 2009
- Jennifer Kooops, History-Secondary Education 2010
- Nicole Vincelette, Biology 2011
- Kamille McKinney, Criminal Justice 2012
- Alexandra Deselms, History 2013
- Justine Sheehy, Special Education 2014
- Denise Muro, English & International Affairs 2015
- Emilie Scharf, Audiology & Speech Language Science 2016
- Ellen Harris, Environmental & Sustainability Studies 2017
- Madeline Azari, Theatre Art 2018
- Clayton Orbeck, Physics 2019
- Jorge Rubio, Philosophy 2020
- Lisa O'Connor, Art & Design 2021
- Grace Davis, Anthropology 2022
- Dani Magasano, Business 2022
- Madison Baczuk, Criminology and Criminal Justice, Philosophy, Communications Studies 2023

EUGENE D. AND PEGGY J. KOPLITZ SCHOLARSHIP

One Honors Thesis/Project Proposal each year is selected as the best developed proposal and the student is awarded the Koplitz Scholarship. The proposal must demonstrate the passion of the student for the topic, a depth of knowledge about the topic, as well as have a well developed project design, methodology, research procedures or approach.

- Kathryn Derby, Psychology & Criminal Justice, 2019
- Collin Slutzky, Economics & Mathematics, 2020
- Alison Zigler, Sport & Exercise Science, 2021
- Madison Gremillion, Biological Sciences, 2022
- Miranda Bermudez, Anthropology, 2023



UNIVERSITY HONORS PROGRAM - PROGRAM PLAN 2023-2024

Name : _____

Today's Date: _____

E-mail: _____

Expected Graduation Date: _____

Major(s): _____

UNC Status: _____

University Honors Program Requirements

- ✓ Completion of a total of 16 course credits towards Honors Program curriculum.
- ✓ Present Honors Capstone in a public forum.
- ✓ Participate in at least six Honors Connect activities.
- ✓ Achieve and maintain a minimum cumulative 3.00 UNC GPA.

General Honors Coursework

Complete a total of 12 credits of General Honors Coursework. At least 6 credits must be upper division.

Lower Division Honors coursework – up to 6 credits (Required for First Year Honors Experience)

Complete up to 6 credits of Lower Division honors credits. Students who complete the First Year Experience will have already fulfilled 6 credits of Lower Division Honors Coursework. Students who did not participate in the First Year Experience may choose up to 6 credits from the following list, though they may also choose courses from the Upper-Division Honors Course list below to satisfy the General Honors Coursework requirement.

Honors Lower Division course options

- UNIV101 (Take in first semester for first year honors experience) _____
- HON100 _____
- HON180 _____
- HON182 _____
- HON185 _____
- HON200 _____
- LIB151 (Fall 2023 only) _____

Upper Division Honors coursework – 6-12 credits

All students must complete at least 6 credits (two courses) from any of the lists below. Students who enter the University Honors Program without completing the Honors First Year Experience may select additional upper-division credits or may choose up to 6 credits of lower division credits from the list above.

Honors Special Topics (repeatable under different subtitles)

- HON395 _____

Research Methods Courses

Honors 420 or any approved departmental research methods course on the list below may be used to fulfill the General Honors Coursework requirement,

- HON420 _____
- ANT340 _____
- ANT350 _____
- CHEM499 _____
- CRJ380 _____
- MET376 _____
- PHYS 370 _____
- PSY201 _____

- SOC361 _____
- SOC362 _____
- STAT451 _____
- UNIV431 _____

Internship and Study Abroad Courses

HON 492 is repeatable with a maximum of 6 credit hours. HON 492 or any approved departmental internship, practicum, fieldwork or study abroad course on the list in the catalog and handbook may be used to fulfill the General Honors Coursework requirement.

- HON492 Honors Internship or Study Abroad _____
- THEA465 Acting Showcase _____
- Study Abroad Course: _____
 - o Study Abroad: Where? _____
- Practicum Course: _____
- Field Experience Course: _____
- Clinical Course: _____
- Student Teaching Course: _____
- Internship Course-Where: _____

Honors Capstone Coursework

Complete a minimum of 4 credits towards the Honors Capstone requirement. Honors Capstone is required for completion of University Honors Program Distinction.

Honors Capstone Project Design – 2 credits minimum

Take at least two credits from the following. LIB251 should generally be taken concurrent with HON351 (1 credit each).

- LIB251 Research as Inquiry (1 credit) _____
- HON351 Junior Honors Seminar (1-3 credits) _____
- UNIV432 McNair Scholars Research II (2 credits) _____
- LIB151** Research Skills for Beginning Researchers _____

** LIB151 will be approved towards Honors credits for Fall 2023 for 1st year transfer students with less than 60 credit hours.

Honors Capstone Project – 2 credits minimum

Take at least two credits from the following.

HON 451 is repeatable with a maximum of 3 credit hours. Students may complete their Capstone Project through HON 451 or any equivalent departmental capstone course on the list in the catalog.

- HON451 Senior Honors Thesis (1-3 credits) _____
- Departmental based capstone/research project course. (Approved courses listed in catalog.)
 Course: _____

Other information

- Every final Honors Capstone project must be approved by the Honors Program and presented in a public forum to fulfill the capstone requirement. Students who choose a departmental capstone course should consult regularly with the Honors program to ensure they are on track to meet this requirement.
- Students who complete the Honors Capstone Project without participating in the full University Honors experience will receive an "Honors Capstone" designation on their transcript.
- The Honors Capstone is also embedded in the full University Honors program. Students who complete the full program earn recognition at commencement and a designation of "University Honors" on both their transcript and diploma. See the University Honors tab for details.



HONORS CAPSTONE EXPERIENCE - PROGRAM PLAN 2023-2024

Name : _____

Today's Date: _____

E-mail: _____

Expected Graduation Date: _____

Major(s): _____

UNC Status: _____

University Honors Capstone Experience Requirements

- ✓ Completion of a minimum of 4 course credits towards Honors Program capstone curriculum.
- ✓ Present Honors Capstone in a public forum.
- ✓ Participate in at least six Honors Connect activities.
- ✓ Achieve and maintain a minimum cumulative 3.00 UNC GPA.

Honors Capstone Coursework

Complete a minimum of 4 credits towards the Honors Capstone requirement.
Honors Capstone is also required for completion of University Honors Program Distinction.

Honors Capstone Project Design – 2 credits minimum

Take at least two credits from the following. LIB251 should generally be taken concurrent with HON351 (1 credit each).

- LIB251 Research as Inquiry (1 credit) _____
- HON351 Junior Honors Seminar (1-3 credits) _____
- UNIV432 McNair Scholars Research II (2 credits) _____

Honors Capstone Project – 2 credits minimum

Take at least two credits from the following.

HON 451 is repeatable with a maximum of 3 credit hours. Students may complete their Capstone Project through HON 451 or any equivalent departmental capstone course on the list in the catalog.

- HON451 Senior Honors Thesis (1-3 credits) _____
- Departmental based capstone/research project course. (Approved courses listed in catalog.)
Course: _____

Other information

- Every final Honors Capstone project must be approved by the Honors Program and presented in a public forum to fulfill the capstone requirement. Students who choose a departmental capstone course should consult regularly with the Honors program to ensure they are on track to meet this requirement.
- Students who complete the Honors Capstone Project without participating in the full University Honors experience will receive an "Honors Capstone" designation on their transcript.
- The Honors Capstone is also embedded in the full University Honors program. Students who complete the full program earn recognition at commencement and a designation of "University Honors" on both their transcript and diploma. See the University Honors tab for details.