



Honors Program Fall 2025

Honors Program Curriculum Overview

For Transfer students

University Honors Program is a 16 credit hour program, inclusive of an Honors Capstone requirement. In most majors, many of the courses can double dip toward the required major, LAC, or electives credits – meaning that they count toward your 120 credits toward your degree and are not “extra.” In some cases, there may be additional credit hours required to complete Honors, especially if there are transfer credits that do not apply to the major directly. If they are additional to the degree, Federal Financial Aid may not cover the cost – however other sources of financial aid such as scholarships and our Schulze funding can potentially apply. Discuss this with the Honors Program staff and the Office of Financial Aid if you have any questions.

UNIVERSITY HONORS PROGRAM (16 Credit Hours)

unco.edu/honors/uhp/curriculum.aspx

- **12 credits of General Honors Coursework** which includes: Honors seminars &/or applied learning options (internship/study abroad and research courses.)
 - **Max of 6 credits of lower division courses** - If you still need LACs in the LAA2 or LAA3 or LAB3 categories – consider utilizing Honors seminars to meet those requirements. Any of these courses count toward the lower division:
 - **UNIV101** (LAB3) – This is also required for Psych majors and therefore for transfer psychology students this will double count towards Honors. Offered in Fall 2025.
 - **HON100** Honors Connection I – varying topics. Offered as “From Surviving to Thriving in 21st Century” in Fall 2025.
 - **HON180** Great Ideas in Context (LAA2- Lit&Humanities and LAIS-International Studies) – Offered in Fall 2025
 - **HON182** Confluence of Cultures (LAA2- Lit&Humanities and LAMS-Multicultural Studies)
 - **HON185** Religions and Worldviews (LAA3- Ways of Thinking) .Offered Fall 2025.
 - **HON200** Honors Connection II – Varying topics. Offered in Spring 2026 as Olympics in Society and includes a Spring Break trip to Milan, Italy.
 - **HON267** Cultures of Consciousness (LAB3). Will be offered in Spring 2026
 - **6 to 12 credits of upper division courses** - All of the 12 General Honors credits MAY come from Upper Division coursework and can include
 - **HON395**: Special Topics courses (including the Fall 2025 Cultural Depictions of Middle Earth, and two options in Spring 2026.
 - **Internships/Practicum/Student Teaching /Field Experience/Nursing Clinicals**
 - **Study Abroad** (faculty led programs, spring break, summer or full semester abroad)
 - **Research Courses** (includes PSY201; CRJ380; BIO422 etc.)
 - **SEE CATALOG** for full list of courses that automatically apply to Honors credits.
- **Honors Capstone** 4 credits. Honors Capstone projects begin with 2 credits in first semester through LIB251 and HON351, then 1-2 credits over 1-2 semesters in either HON451 or in a discipline-based capstone course (such as GEOG or HIST senior seminars).

Project types may include:

 - **Creative** project (e.g. music, art, creative writing, dance, theatre);
 - **Applied** project (e.g. business, marketing or non-profit plan, classroom design, curriculum plan, leadership project); or
 - **Research** project in any major.



UNIVERSITY OF
**NORTHERN
COLORADO**

Honors Program Fall 2025

New Student Orientation and Course Registration Instructions For Transfer students

- **If you have already registered** - check to see if one of these options will fit in your first semester plan. You may need to swap out a course that can be taken in a future semester instead.
- Please contact your regular major advisor for advice as to which course can be moved back.
- **If you have not yet registered** - please do the following:
- **PLEASE TELL YOUR ADVISOR THAT YOU ARE IN THE HONORS PROGRAM!**
- Have THIS SHEET with you when you register.
- **Register for at least one of the following Honors Program courses or options:**

If you are a Junior or Senior Transfer student

You should enroll in **both** of the following courses. They occur simultaneously and are taught together (thus same time/day). If you have any issues with overrides needed to register (you receive an error) please email us at honors@unco.edu and save the space for the class in your schedule.

- ☐ **LIB251-001 - Research as Inquiry - 1 credit** Mondays 1600-1700 AND
- ☐ **HON351-001 – JR Honors Seminar - 1 credit**, Mondays 1701-1800 (NOTE: register for 1 credit ONLY.)

If you are a Sophomore with 45-59 credits

You May enroll in LIB251 & HON351 (above) if you meet one of the following criteria:

- Natural Science Majors (Bio, Chem, Physics, SES, Nutrition, etc. but not PRE-nursing)
- CRJ, Psychology or Sociology majors and have taken or concurrently enrolled in research methods.
- Other majors and would specifically like to begin your capstone (e.g. you already have an idea of what you would like to do for a capstone), especially if you have 50+ credits.

If you have less than 60 credits (or do not want to begin capstone this semester)

Enroll in one of the following:

- ☐ **HON100 Honors Connections I: From Surviving to Thriving in the 21st Century**, TR 0930 – 1045
- ☐ **HON180 Great Ideas in Context: Love, Death, & Destruction: Defining What is Best for Humanity in the Modern World**, MWF 1325 – 1415 (LAC: LAA2, LAIS)
- ☐ **HON185 Religions and World Views**, MWF 1430 -- 1520 (LAC: LAA3)
- ☐ **HUM122 Popular Medievalisms: Medieval Tolkien** TR 1100--1215 (LAC: LAA2, LAIS)
- ☐ **LEAD100 Fundamentals of Leadership**, MWF 0905 – 955
- ☐ **HON395 Cultural Depictions of Middle Earth**, TR 1400 – 1515
- ☐ **For Psych Majors: UNIV101** (required for Psych. You may take honors or psych section)

Additional courses

If you need ENG122: If you need an LAC option in the **LAW1** category, we are offering an Honors only section. You may take this ENG course in addition to any of the other Honors courses or curricular options that count toward honors requirements noted below.

- ☐ **ENG122-110** TR 1100-1215 Instructor: Tara Wood – Coordinator of Writing

Options you may enroll in through your major that will “double dip,” i.e. count as Honors requirements and toward your major:

- Research-based: ANT340/350, CHEM499, CRJ 380, PHYS 370, PSY201, SOC361, STAT451
- Any Internship or Practicum or Field Experience/Field Studies or Clinical
- See webpage for full list of courses that count toward Honors general requirements:

Contact us at honors@Unco.edu or 970-351-2940 with any questions about registering for courses.

- <https://www.unco.edu/honors/uhp/curriculum.aspx>