



2019 BIENNIAL REVIEW

DRUG FREE SCHOOLS & COMMUNITIES ACT



UNIVERSITY OF
NORTHERN COLORADO

Table of Contents

Compliance with the DFSCA Biennial Review 2

President’s Review and Approval 2

Introduction to the DFSCA 2

Alcohol and Other Drug Program Goals 3

Alcohol and Other Drug Trend Data 4

Programs Addressing Alcohol and Other Drug Use 5

 Organizations 5

 Alcohol and Other Drug Educational Sanction Tools 6

Policies Addressing Alcohol and Other Drug Use and Abuse 9

Distribution of Alcohol and Other Drug Policies to Students, Faculty, and Staff..... 11

University Sanctions 12

University Violations 14

Analysis of Efficacy of Alcohol and Other Drug Use and Abuse Efforts..... 16

Alcohol and Other Drug Program Policy Recommendations 18

Conclusion 18

Appendix..... 19

 National College Health Assessment

 Alcohol and Other Drug Educational Sanction Tools

 Focus Alcohol Education Survey & Results

 Housing and Violations Chart..... ..

Summary of Terms

AOD	Alcohol and Other Drugs
DFSCA	Drug Free Schools and Communities Act
IHE	Institution of Higher Education
NCHA	National College Health Assessment
UNC	University of Northern Colorado



Compliance with the DFSCA Biennial Review

In order to meet compliance, the 2019 Biennial Review of the University of Northern Colorado alcohol and other drug related policies and programs was conducted in September 2019. The objectives of the review as identified by the U.S. Department of Education include:

- (1) Determining the effectiveness of and to implementing any needed changes to alcohol and other drug programs, and
- (2) Ensuring that the disciplinary sanctions or violating standards of conduct are enforced consistently.

The President of the University of Northern Colorado is required to supply a signed statement certifying the Biennial Review to acknowledge awareness of the recommendations within the report. Both the President's signed statement and a final copy of the 2019 report are kept on file at the University of Northern Colorado in the office of the Prevention Coordinator for Prevention Education in the event the university is audited by the Higher Education Center for Alcohol and Other Drug Prevention, a designee of the U.S. Department of Education. Institutions of higher education are not required to submit the certification or report to the U.S. Department of Education.

President's Review and Approval

The University of Northern Colorado 2019 Biennial Review of Alcohol and Other Drug Prevention document, as required by the Drug Free Schools and Communities Act, has been reviewed and approved and may be posted to the UNC website.

Andy Feinstein, President

Date



UNIVERSITY OF
**NORTHERN
COLORADO**

Introduction to the DFSCA

The Drug Free Schools and Communities Act (DFSCA) requires that all institutions of higher education receiving federal funds conduct a Biennial Review of all alcohol and other drug prevention efforts. Conducting a thorough biennial review is great practice, and provides campus constituents who are implementing a comprehensive substance abuse prevention program - inclusive of policy, education, enforcement, campus needs assessment, and campus/community collaboration - an opportunity to reflect successes in programming and determine where improvements can be made. The biennial allows our campus to strategically plan how to maintain and strengthen the overall efforts of our campus to address alcohol and other drug (AOD) use. In order to certify its compliance with the regulations, an institution of higher education (IHE) must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the regulations requires an IHE to do the following:

- (1) Prepare a written policy on alcohol and other drugs.
- (2) Develop a sound method for distribution of the policy to every student and IHE staff member each year.
- (3) Prepare a biennial review report on the effectiveness of its AOD programs and the consistency of policy enforcement.
- (4) Maintain its biennial review report on file so that, if requested to do so by the U.S. Department of Education, the campus can submit it.



Alcohol and Other Drug Program Goals

PREVENTION EDUCATION MISSION

Prevention Education provides our campus community with tools and resources necessary to successfully navigate the college environment while promoting a positive college experience for our students. We provide education to students regarding alcohol, marijuana and other substances, mental health, sexual health, and overall healthy decision making. Our department strives to increase positive health behaviors and perceptions at UNC through a harm reduction and social norming approach.

GOALS

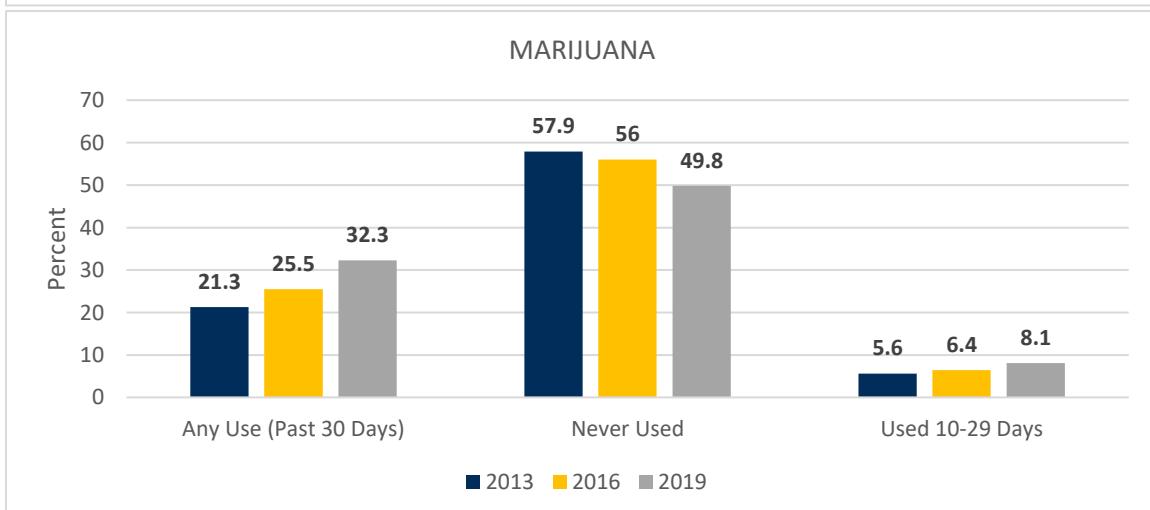
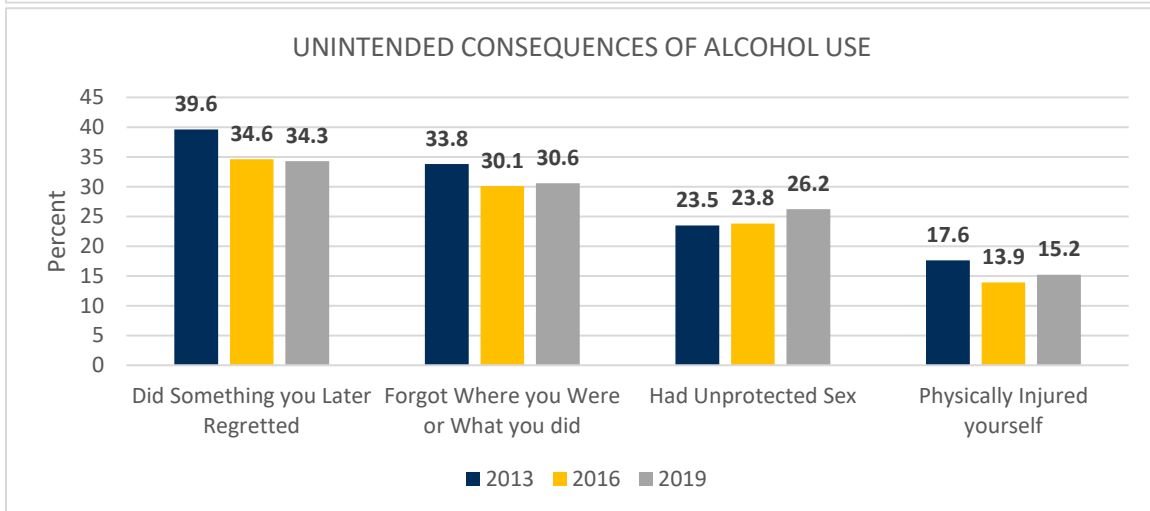
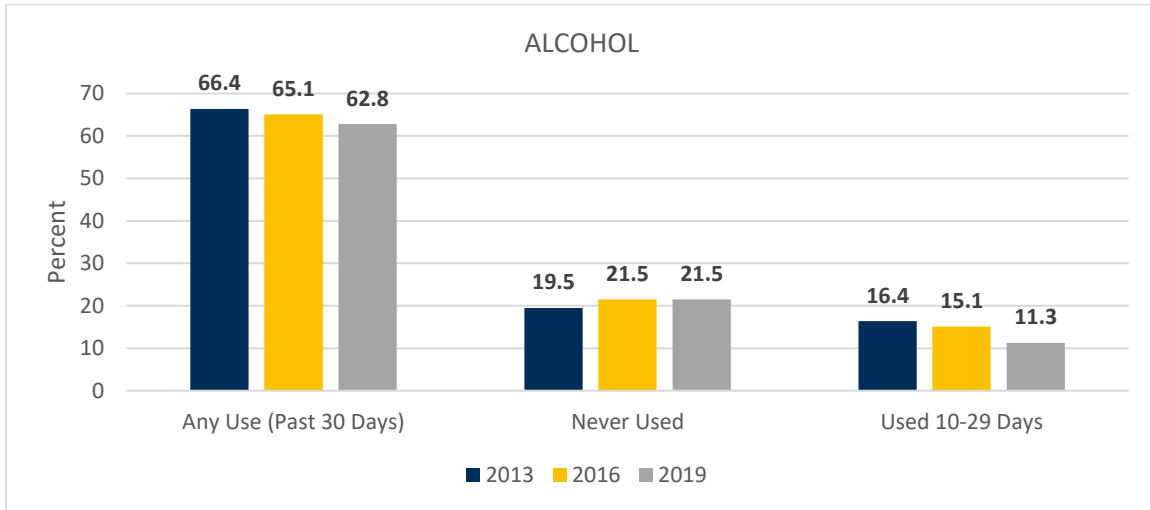
Prevention Education is committed to ensuring that UNC students, staff, and faculty receive education surrounding the risks of AOD misuse and abuse and have appropriate resources to raise awareness. Goals for 2019-2021 include:

- (1) Continuation of implementing evidence-based health and wellness programs
- (2) Providing prevention and intervention education regarding alcohol and other drugs
- (3) Fostering an inclusive health and wellness model for the campus community
- (4) Engaging all relevant stakeholders across campus in the discussion surrounding AOD use on UNC's campus

AOD Drug Trend Data (2013 – 2019)

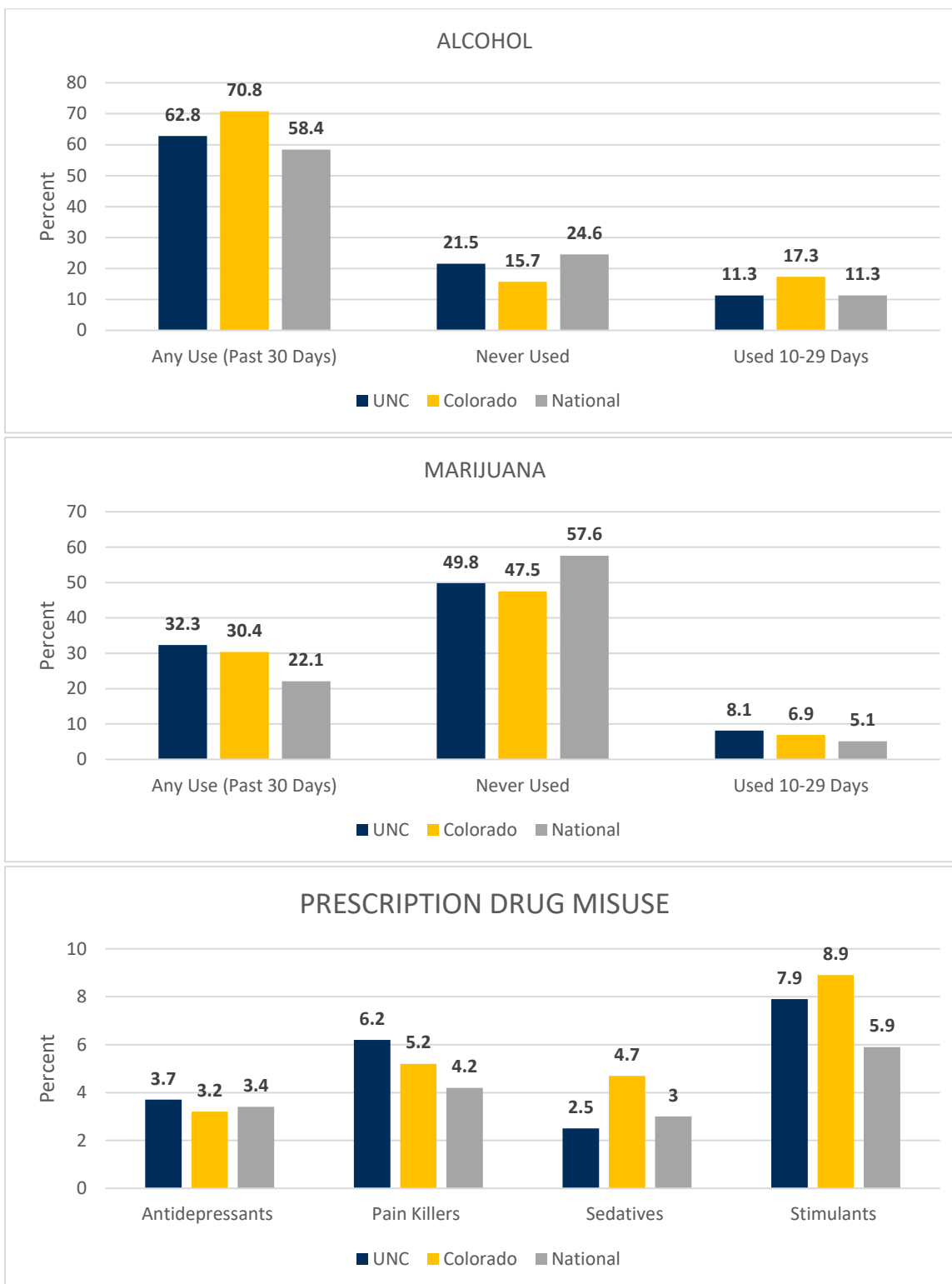
UNC has utilized the National College Health Assessment (NCHA) survey as the main assessment tool (administered every year, beginning in 2007). NCHA data allows us to observe trends over time on the UNC campus as well as benchmark data against national standards.

COMPARATIVE ANALYSIS OF HISTORICAL DATA



More than 1.4 million students at 740+ universities across the United States have taken the NCHA survey. A wide variety of participating universities allows UNC to benchmark our own NCHA results to compare against both national and state reported health behaviors.

BENCHMARKING DATA (SPRING 2019)



Programs Addressing AOD Use

ORGANIZATIONS

The Center for Peer Education

The Center for Peer Education is an undergraduate led student organization that provides prevention education to student peers about alcohol, tobacco, marijuana and other drugs, mental health and overall healthy decision making. We hope that through education and awareness, we can equip our peers with the necessary tools to make safe and responsible decision in an effort to create a safe and healthy campus experience for all.

The Prevention Education department provides direct oversight to the Center for Peer Education which is staffed by six undergraduate Peer Educators. The Center for Peer Education is an integral asset to Prevention Education and the campus as a whole. Peer Educators serve as curators of change and support systems for their peers in advocating for change and healthy decision making, specifically in relation to AOD use.

Programs and Events implemented by the Center for Peer Education:

Alcohol Awareness

Event	Intended Outcome
CPE Cab (Cash Cab)	Understand the severity and susceptibility of over-consumption of alcohol use while being able to apply the method of calculating BAC, standard drink size, and identify the signs and symptoms of alcohol poisoning
Did you Notice me Last Night?	Increase self-efficacy to apply bystander interventions when suspicion of excessive alcohol consumption among a peer is present
Alcohol Awareness Training	Increase student efficacy in intervening and addressing a peer who is intoxicated in order to prevent alcohol poisoning, fatality, or other negative consequences of excessive alcohol consumption
Bingo – Alternative Event	Increase opportunities for students to participate in alcohol-free social events while changing the campus community's attitude toward risky behaviors related to substance use and sexual health

Substance Misuse Prevention

Event	Intended Outcome
Have a Little Pot Day	Increase students' knowledge about responsible marijuana consumption, social norm perceptions, and awareness related to campus policies and regulations surrounding marijuana use.
The Great American Smoke-out	Use evidence-based research to increase awareness regarding the health impacts that smoking has on the brain and body. Students will learn about UNC's new smoke-free campus policy.
What's Poppin' in Your Vape?	Increase awareness around the susceptibility and severity of vaping, while increasing knowledge surrounding the harmful health effects of vaping.
Sex, Drugs & Rock n' Roll	Increase understanding of risk associated with substance use and guidelines regarding consent while under the influence



Center for Peer Education Outreach Presentations

What's in Your Cup?

This presentation primarily focuses on alcohol. During a one-hour session, students learn what a standard drink looks like, how to calculate blood alcohol content, and what signs and symptoms of alcohol poisoning are.

This Bear is Aware

This presentation focuses on myths and realities of substance use on college campuses, laws and regulations regarding substances, and risks associated with use.

Creating an Educated Culture of Friends

The purpose of this alcohol program is to inform and educate students on campus resources, how to be an active bystander, and how to intervene when a peer exhibits signs and symptoms of alcohol poisoning.



Alternative events are hosted by UNC organizations that offer students alcohol and substance-alternative programming during the evenings.

Late night programming gives students the opportunity to engage in activities they may not have access to otherwise on or off campus, interact with a wide array of organizations and departments, and meet new people and build relationships with other UNC Bears.

University Program Council

The University Program Council (UPC) is a student fee funded organization that consists of five student coordinators and many volunteers. Each coordinator plans concerts, lectures, and special events just for students and the UNC community. Homecoming, Open Mic Mondays, Bear Welcome, Family and Friends Weekend, Comedy Club, are just a few of the many programs offered by UPC.

Alternative Events Offered by UPC:

Early Movie-In Movie Night

UPC showcases a recently released movie the night of early move-in so that students who have arrived early have a chance connect with other students.

Comedian Night

UPC showcases a comedian whose set usually relates to college-related topics such as roommates, relationships, and classes. This serves as primary first night entertainment for students who have just moved into the dorm.

Open Mic Night:

Open Mic Night is an opportunity for UNC students to showcase their talent and self-expression! Performances have included, dances, singing, poetry, dj-ing, and stand-up comedy.

Bear Sync:

Bear Sync is a live dance and lip sync competition that takes place during UPC's Homecoming Week Competition. Student groups competing in Homecoming creates a routine of dance and song that aligns with the year's chosen Homecoming Team. Groups are judged for creativity, talent, and theme.

Evening Entertainment for Friends & Family Weekend:

UPC invites students and their family to enjoy a improve comedy from our local student organization, CHAOS Improv.

Fraternity and Sorority Life

Fraternity and Sorority Life at the University of Northern Colorado exists to foster growth and development among students while forming lifelong bonds through academic, personal, social, and service-based programming.

Greek 101

Alcohol, Drug, and Sexual Assault prevention training for New Greek members

- To educate new members of the Fraternity and Sorority community on the most relevant topics of the fraternal movement.
 - Can include but is not limited to topics on:
 - Drug and Alcohol Awareness and prevention
 - Sexual Assault Awareness
 - Scholastic Resources available
 - Career development services available
 - Community Service opportunities/ requirements

To provide new members with a few of the tools they need to have beneficial and safe new member periods and chapter experiences.

Additional Fraternity and Sorority Life Programming:

- Risk Manager Training (30 attendees) covering emergency and social responsibility (spring 2018)
- Response-Ability Project (~500 attendees) training about bystander intervention and safe social events (spring 2018)

New Student Orientation

New Student Orientation supports the successful transition of incoming students to the University of Northern Colorado through a collective effort of the campus community.

The Office of Community Standards & Conflict Resolution, Student Outreach & Support, UNC Police Department, the Assault Survivors Advocacy Program, the Counseling Center, Prevention Education, and the Office of Institutional Equity and Compliance (Title IX) offices provide a presentation for parents and support people of new incoming students. This presentation provides a summary of the resources those offices provide and then later an opportunity for parents and support people to consider the role they might play in several scenarios to involve students using the resources presented to them.

Students attend a session called Bystander Engagement, Awareness, and Responsibility (B.E.A.R.) that was created through a collaboration of the offices of Community Standards & Conflict Resolution, Assault Survivors Advocacy Program, Prevention Education, the Office of Institutional Equity and Compliance (Title IX) and New Student Orientation. It is an interactive theatre production that utilizes peer interaction to educate incoming students about alcohol, sex and consent, healthy relationships, stalking, and social justice while highlighting available campus resources. Data is collected to assess effectiveness in meeting learning outcomes of New Student Orientation, including BEAR.



AOD EDUCATIONAL SANCTION TOOLS

Focus Alcohol Education

Prevention Education has implemented a level I alcohol education class for students who have received a violation or sanction for alcohol. The class offers comprehensive education regarding the following topics:

- | | |
|---|---|
| (1) Blood alcohol content (BAC) | (6) Legal consequences of alcohol |
| (2) Health effects of alcohol consumption | (7) Alcohol and the media |
| (3) Standard drink size | (8) Alcohol addiction and dependence |
| (4) Bystander intervention | (9) Signs and symptoms of alcohol poisoning |
| (5) Safe-Haven law | |

Focus alcohol education includes various interactive exercises used to generate discussion on the social, interpersonal and academic influences that substances have in our culture. The goal of the class is to allow students to reflect on their own use while ultimately instilling behavior change that reduces unintended consequences associated with risky alcohol use among participants.

eCHECKUP TOGO Alcohol and Marijuana

This online intervention model is structured to provide students with a brief screening and motivational interviewing session to provide behavioral change for students with moderate to heavy drinking and marijuana use.

Drug Education Meeting

Prevention Education has offered a level I drug education meeting for students who are sanctioned with a drug charge on campus. Topics covered during the session include: myths and reality about substance use on college campuses and information on how cannabis affects the brain and body. Motivational interviewing techniques are used to generate discussion on the social, interpersonal and academic influences cannabis has in our culture. These sessions utilize the CUDIT assessment (cannabis use disorder inventory treatment) which is a brief treatment intervention for low risk individuals. The goal is to help students gain an understanding of the knowns and unknowns about cannabis; the laws and policies regarding consumption, and guidelines for 'responsible' use. Additionally, students discuss their personalized goals and values and how the role cannabis may support or counter these goals.

Alcohol and Other Drug Assessments

Alcohol and other drug (AOD) assessments are facilitated by the UNC Counseling Center. AOD assessments help to identify individuals who are at high probability for a substance-use disorder. This is accomplished by gathering information regarding substance use via a brief clinical interview combined with results from the administration of the Substance Abuse Subtle Screening Inventory (SASSI-4). The SASSI-4 also provides a measure of profile validity and insight into the client's level of defensiveness and willingness to acknowledge experienced consequences of substance use disorder. AOD assessments also provide additional information in determining disposition of the client. The information gathered from both the clinical interview AND SASSI-4 assessment are utilized to match the client with the most appropriate services. This may be in the form of an outside referral or to a provider within the counseling center. Overall, an AOD assessment provides the client with feedback and information that seeks to increase awareness regarding how substance use may be impacting their overall functioning.

Policies Addressing AOD Use and Abuse

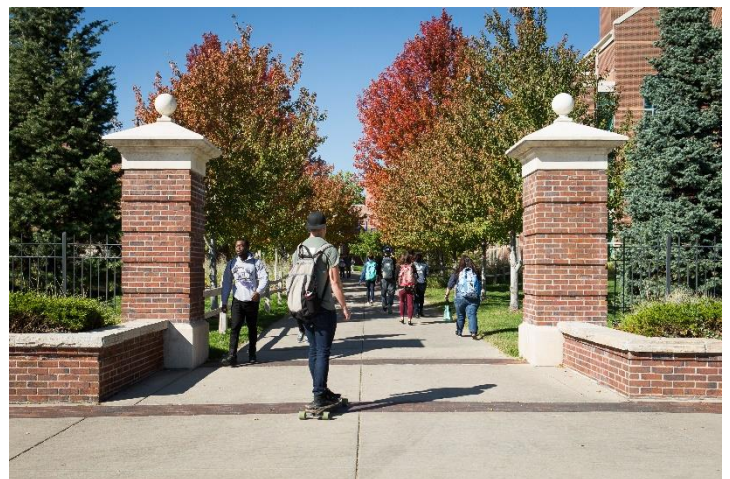
The University of Northern Colorado is committed to fostering and sustaining an environment that furthers academic and student development. Members of the University community are responsible for acquainting themselves with federal, state and municipal laws surrounding alcohol and other drugs, as well as the University's alcohol and other drug policy.

Board of Trustees Drug and Alcohol Policy (1-1-407)

- a. **Policy on Alcohol:** The University of Northern Colorado neither encourages nor discourages the use of alcoholic beverages, (including 3.2 and 6% beer, vinous or spirituous liquor), but does condemn the misuse/abuse and illegal use of alcoholic beverages.
- b. **Policy on Drugs:** The University prohibits the unlawful or unauthorized manufacture, distribution, dispensing, possession, consumption, sale or use of controlled substances on or in University-owned or controlled property or in the course of University business or at University activities.
- c. **Enforcement of Policy:** Any member of the University Community who observes a violation of this policy or becomes aware of an individual with an alcohol/drug/substance abuse problem on campus is encouraged to seek assistance from the appropriate resources: Drug Prevention/Education Program, Health Center, Counseling Center, Police Department, Housing Officials, or Colorado State Employee Assistance Program.

University Regulations Article 11: The Drug and Alcohol Policy

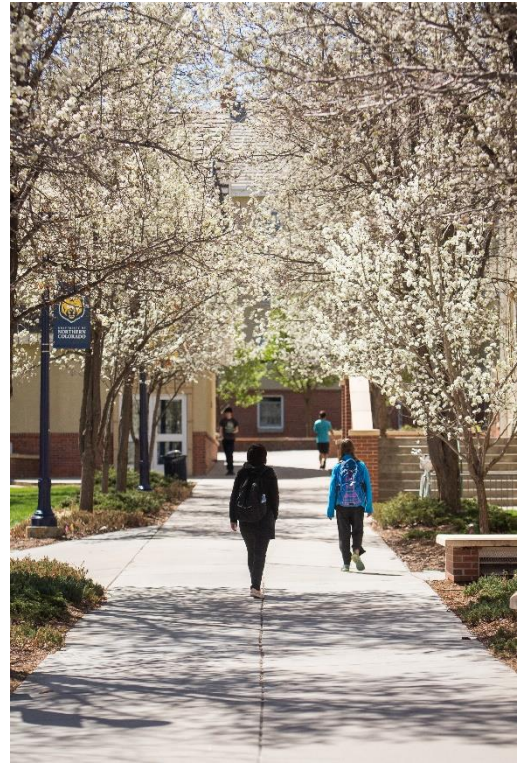
- a. **The Drug and Alcohol Policy:** The University of Northern Colorado strives to create a healthy environment, one in which the high risk use of alcohol and the use of illicit drugs does not interfere with learning, performance, or development. Substance abuse disrupts this environment and places at risk the lives and well-being of the members of the University community as well as the potential of students for contribution to society. It is important for all members of the University community to take responsibility for preventing the illegal or high risk use of alcohol or other drugs from negatively affecting the community's learning environment and the academic, physical, and emotional well-being of its students.
- b. **University Policy Statement:** The University of Northern Colorado prohibits the unlawful possession, use, or distribution of drugs, alcohol, and other controlled substances by all members of the University community (students, faculty, staff, alumni, and guests). Individuals who violate this policy shall be subject to discipline, termination, dismissal, debarment, arrest, or citation as applicable. Additionally, employees or students who violate this policy may be required to participate satisfactorily in drug abuse education, counseling, or rehabilitation programs approved by the University.
- c. **Smoking, Vaping and Tobacco Regulations:** Smoking and the sale and use of tobacco products, vaping products, and e-cigarettes are prohibited in all buildings and on all grounds owned or leased by the university. This regulation applies to all students, faculty, staff, visitors, contractors and externally affiliated individuals or companies renting university-owned space on university-owned and operated property.



Student Code of Conduct

The Student Code of Conduct outlines the use of alcohol and other drugs in accordance with the University's Drug and Alcohol Policy.

- All UNC students are required to abide by University policies, as well as local, state, and federal regulations regarding alcohol and other drugs. A link outlining such laws is provided below.
- Use, possession, manufacturing, providing, or distribution of marijuana, heroin, narcotics, other controlled substances, and/or paraphernalia except as expressly permitted by law and university regulations.
- Public intoxication, use, possession, manufacturing, providing, or distribution of alcoholic beverages except as expressly permitted by University regulations or by law. Alcoholic beverages may not, in any circumstance, be used by, possessed by or distributed to any person under twenty-one (21) years of age.



Housing & Residential Education Standards of Conduct

Alcohol:

- a. In the Presence of: Residents who are minors (under 21 years of age) are prohibited from being in the presence of possession, use, distribution, manufacturing, dispensing, or sale of alcoholic beverages by other minors.
- b. 21 and Older: Residents 21 years of age or older may possess and/or consume alcoholic beverages only in private living quarters.
- c. Public Consumption: The use, manufacturing, distribution, or consumption of alcoholic beverages is prohibited in the public spaces of UNC residential facilities.
- d. Implements of Mass Consumption: Students are prohibited from possessing any device designed to consume alcohol in large quantities such as beer bongs, taps, funnels, and substantially similar items.
- e. Common Containers: Kegs, barrels, or other containers larger than five gallons that may be used to hold alcohol are not permitted in residential facilities. (F) Empty Containers: Collections of empty cans and/or bottles of beer, wine or other alcoholic beverages are not permitted unless they are cleaned and used as decorations. These collections must always be cleaned and remain clean.

Drugs:

In compliance with the federal Drug Free Schools and Communities Act, UNC prohibits the unlawful manufacture, dispensation, possession, use, presence of, or distribution of controlled substances (illicit drugs, including marijuana) of any kind and of any amount. UNC prohibits all illegal drugs including Medical Marijuana (regardless of whether a student has a Medical Permit to use or possess it). These prohibitions apply to an individual's actions with respect any UNC events or activities, including those occurring while on UNC property or in the conduct of UNC business away from the campus. These prohibitions include:

- a. Being in the Presence of: Individuals in the presence of possession, use, distribution, manufacturing, dispensing, or sale of a controlled substance, including marijuana; and
- b. Drug Paraphernalia: Possession, use, manufacture or use of drug paraphernalia.

Distribution of AOD Policies to Students, Faculty, and Staff

Upon entering the University of Northern Colorado, all new students, staff, and faculty receive documents including links to information and resources. New students, staff, and faculty are informed about the policies at their respective orientations.

The following links further illustrate policies distributed to new students, staff, and faculty:

University Regulations:

https://www.unco.edu/trustees/pdf/University_Regulations.pdf

Alcohol Service on Campus:

<https://www.unco.edu/catering/helpful-info/liquor-service.aspx>

Office of Student Conduct

Code of Conduct

<https://www.unco.edu/dean-of-students/pdf/Student-Code-of-Conduct.pdf>

Sanction and Student Conduct Information

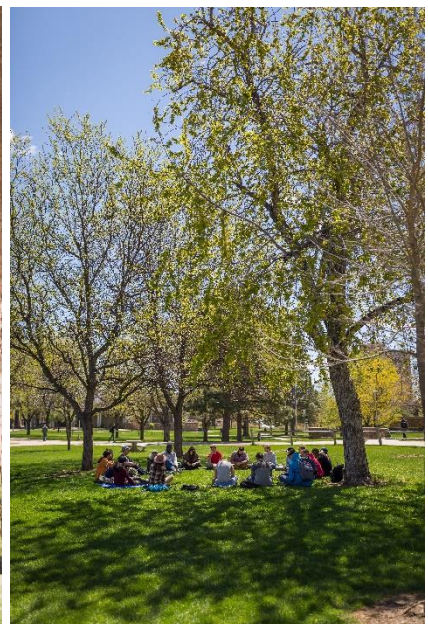
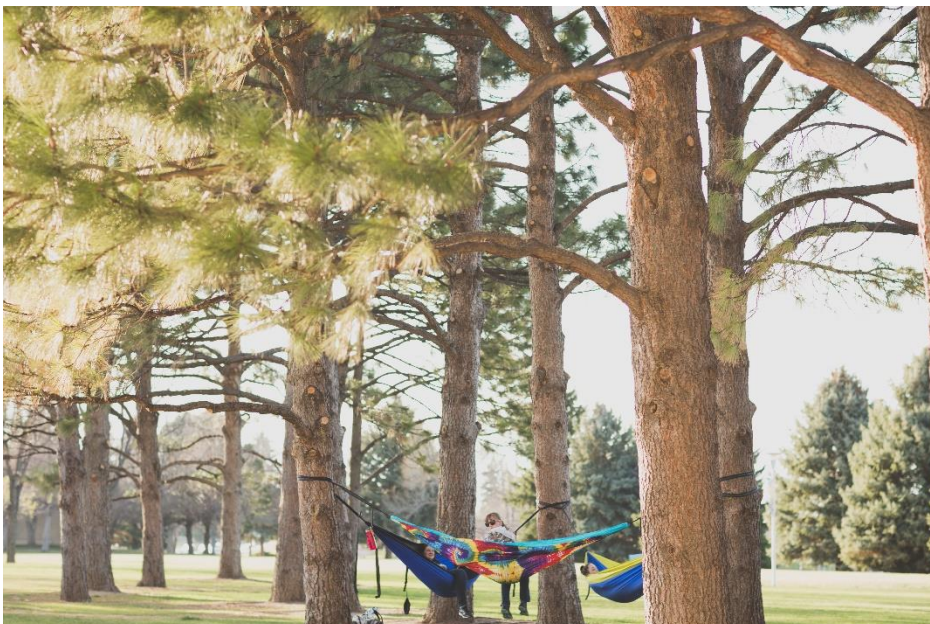
<https://www.unco.edu/community-standards/students.aspx>

Department of Human Resources

<https://www.unco.edu/trustees/pdf/board-policy-manual.pdf>

Residence Hall Policies

https://www.unco.edu/housing/pdf/hre_handbook.pdf



University Sanctions

Disciplinary sanctions for UNC students who violate drug and alcohol policies:

Use/Consumption/Possession of Marijuana

The typical progression for individuals who are found responsible for violating the drug policy for use/consumption/possession of marijuana is eCHECKUP TO GO, then Drug Education Meeting, and then finally Alcohol and Drug Assessment.

eCHECKUP TO GO Online Assessment	Drug Education Meeting	Alcohol and Drug Assessment
Cost: \$25	Cost: \$50	Cost: \$100
Overview of Educational Outcome: <ol style="list-style-type: none"> 1) Online module that assesses risk behavior based on current consumption trends 2) Typically takes 20-30 minutes to complete assessment 3) Provides student with individualized results based on their answers. These results will be discussed in a follow-up meeting with the Hearing Officer. 	Overview of Educational Outcome: <ol style="list-style-type: none"> 1) 60-minute personalized educational meeting with a professional staff within the Prevention Education department 2) Informed by current literature within the prevention field 3) Uses motivational interviewing style for a tailored approach 	Overview of Educational Outcome: <ol style="list-style-type: none"> 1) Assessment completed with a licensed counselor 2) Individuals may be asked to participate in additional treatment, which if assigned, is required
Sanctions: Written warning	Sanctions: Written warning	Sanctions: University probation
Educational Outcomes: <ol style="list-style-type: none"> 1) Parent/Support Person Notification Letter (if under 21) 2) Follow-up meeting with Hearing Officer 3) Court mandated attendance and sanctions (if applicable) 4) Plus (1) educational condition 	Educational Outcomes: <ol style="list-style-type: none"> 1) Parent/support person notification letter (if under 21) 2) Court mandated attendance and sanctions (if applicable) 3) Plus (1) educational condition 	Educational Outcomes: <ol style="list-style-type: none"> 1) Parent/support person notification letter (if under 21) 2) Court mandated attendance and sanctions (if applicable) 3) Reflection paper: Marijuana and/or Alcohol 4) Follow-up meeting with Hearing Officer(s) 5) Plus (1) educational condition

Use/Consumption/Possession of Alcohol

The typical progression for individuals who are found responsible for violating the drug policy for use/consumption/possession of marijuana is eCHECKUP TO GO, then Drug Education Meeting, and then finally Alcohol and Drug Assessment.

eCHECKUP TO GO Online Assessment	Alcohol FOCUS Class	Alcohol and Drug Assessment
Cost: \$25	Cost: \$50	Cost: \$100
Overview of Educational Outcome: <ol style="list-style-type: none"> 1) Online module that assesses risk behavior based on current consumption trends 2) Typically takes 20-30 minutes to complete assessment 3) Provides student with individualized results based on their answers. These results will be discussed in a follow-up meeting with the Hearing Officer. 	Overview of Educational Outcome: <ol style="list-style-type: none"> 1) 6-hour, in-person course. Individuals learn information about perceptions of their individual behaviors as well as their peers 2) Individuals will gain a better understanding of alcohol, alcohol poisoning and alcohol abuse 3) Course will be taken with other individuals, up to 15 per class 	Overview of Educational Outcome: <ol style="list-style-type: none"> 1) Assessment completed with a licensed counselor 2) Individuals may be asked to participate in additional treatment, which if assigned, is required
Sanctioned in cases where: First time, low-risk alcohol consumption	Sanctioned in cases where: Individuals receives an MIP citation from police with required court appearance. Second, low-risk alcohol consumption High risk behavior that results in detox or hospital transport	Sanctioned in cases where: Third, low-risk alcohol consumption Second, high-risk behavior that results in detox or hospital transport Driving under the influence
Sanctions: Written warning	Sanctions: Written warning	Sanctions: University probation
Educational Outcomes: <ol style="list-style-type: none"> 1) eCHECKUP TO GO Alcohol Reflection Paper 2) Parent/support person notification (if under 21) 3) Plus (1) educational condition 	Educational Outcomes: <ol style="list-style-type: none"> 1) Parent/support person notification letter (if under 21) 2) Court mandated attendance and sanctions (if applicable) 3) Follow-up meeting with Hearing Officer 4) Plus (1) educational condition 	Educational Outcomes: <ol style="list-style-type: none"> 1) Parent/support person notification letter (if under 21) 2) Court mandated attendance and sanctions (if applicable) 3) Reflection paper: Marijuana and/or Alcohol 4) Follow-up meeting with Hearing Officer 5) Community Service (i.e. for DUIs)

University Violations

Effective August 14, 2008, the Higher Education Opportunity Act mandated that as part of their DFSC Biennial Review, institutions must determine the number of drug and alcohol-related violations and fatalities and the number and type of sanctions that are imposed as a result of those violations.

Violations Summary


The following table represents the alcohol and other drug violations that occurred at UNC during the reporting period. These numbers have been retrieved from the [Campus Security and Fire Safety Report](#) (2019). The following numbers are a culmination of AOD violations from the Student Rights and Responsibilities Office and the UNC Police Department.

	Campus Property			Residence Halls		
	2016	2017	2018	2016	2017	2018
Arrest Information						
<i>Alcohol Violations</i>	69	82	46	50	52	31
<i>Drug Violations</i>	54	31	37	37	22	28
Disciplinary Referrals						
<i>Alcohol Violations</i>	94	74	95	94	74	93
<i>Drug Violations</i>	36	26	64	36	26	59


	Non-Campus Property			Public Property		
	2016	2017	2018	2016	2017	2018
Arrest Information						
<i>Alcohol Violations</i>	1	1	4	2	5	9
<i>Drug Violations</i>	0	0	0	2	0	1
Disciplinary Referrals						
<i>Alcohol Violations</i>	0	0	17	0	0	1
<i>Drug Violations</i>	0	0	23*	0	0	2

*Note: 23 Disciplinary Referrals for Drug Violations in 2018 all occurred at a Non-Campus location during a single event.


UNC Clery Geography



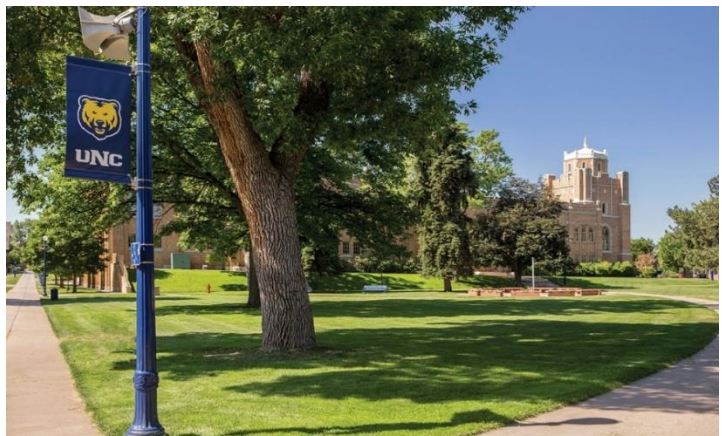
On-Campus
Greeley Campus, Loveland Center, Denver Center, and Colorado Springs Center.



Non-Campus
Approved off campus classroom locations, Old Man Mountain, Greek Houses, Bear Catholic, and certain school sponsored trips.



Public
Public streets, sidewalks, and parking lots that border on-campus property.

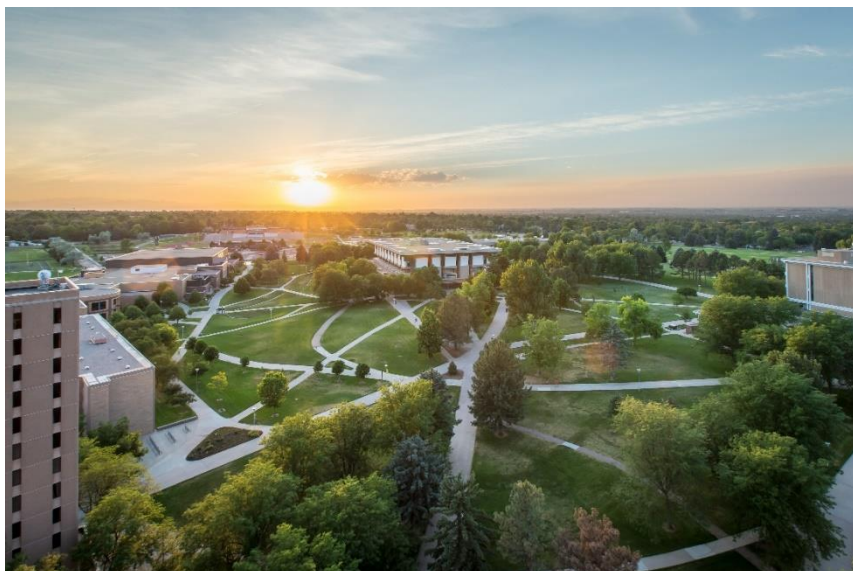


Additionally, UNC is part of an agreement between Institutions of Higher Education (IHE) that reports and receives reports of any students violating AOD policies and procedures. The reports UNC receives from other IHE regarding UNC students are included in the Campus Security and Fire Safety Report.

Sanctions	2016	2017	2018
AA Meetings and Reflection	0	0	0
Attend Alcohol Educational Event	0	0	0
FOCUS Seminar – Drug	0	0	0
Educational & Reflection Paper	117	91	85
Letters or Statements	32	38	22
Drug Education Meeting	9	17	52
Level I Alcohol Class (FOCUS)	38	103	84
Level II Alcohol Class	0	0	0
Parental Notification	127	114	147
Academic Support & Advising Appointment	0	0	2
Activities at UNC	0	35	14
Career Services Meeting	7	2	1
Counseling (including AOD Assessment)	57	62	25
Court Mandated Sanctions	48	62	75
Follow Up meeting	40	107	122
Good Neighbor Class	0	4	2
Create Educational Program/event/poster	4	5	9
Written Warning	20	228	402
Probation	1	93	38
Suspension in Abeyance	-	6	1
Suspension	12	37	20
Expulsion	-	7	8
Online Marijuana Class	29	0	0
Online Alcohol Class	30	0	5
Random Alcohol and/or Drug Testing	-	2	5
Bystander Engagement and Intervention Training	-	46	28
Community Service	-	61	31
TOTALS	571	1,120	1,178

Known Alcohol and Other Drug Related Deaths

There was no known alcohol or other drug related death between January 1, 2017 and December 01, 2019.



Analysis of Efficacy of AOD Use and Abuse Efforts

Drug Education Meeting

The Cannabis use Disorder Inventory Test (CUDIT) is a screening designed to help identify concerns regarding the use of cannabis. The CUDIT is utilized during drug education meetings provided by the Prevention Education office for students who are sanctioned as a result of a marijuana violation. CUDIT scores of 8 or more indicate hazardous cannabis use – or use that is associated with a higher risk of unintended consequences. A score of 12 or more indicate cannabis use disorder, and referral to a counselor to further discuss misuse is encouraged. Overall, students who took the CUDIT (N = 16) assessment had an average score of 9.4 indicating some risk and increased odds of unintended consequences associated with their use. The following table illustrates results from the 2018 CUDIT screenings of 16 students during Drug Education Meetings:

UNC Student Responses to CUDIT		
Non-Hazardous Cannabis Use	Hazardous Cannabis Use	Cannabis Use Disorder
0	8	12
0	8	12
0	10	13
1	10	
4	10	
4	10	
6		
7/16 students reported non-hazardous cannabis use	6/16 students reported hazardous cannabis use	3/16 students reported cannabis use disorder

FOCUS Alcohol Education

Unfortunately, the data collected from 2010 – 2017 is statistically limited with minimal interrelated reliability due to lack of matching pre-post tests and inconsistent distribution of the survey type. Moving forward we aim to utilize comprehensive, reliable, evidence-based methods of surveying students to gauge behaviors, attitudes, and perceptions. Summary of the 2018 Focus Alcohol Education surveys include:

- (1) Students perceive their understanding of alcohol use and abuse is greater post Focus class
- (2) Students perceptions of their behavior and social responsibility is greater post focus class
- (3) Students perceive they have a better understanding of how to prevent alcohol poisoning

Analysis of 2018 FOCUS pre-post survey data was completed, and results can be viewed in the appendix.

Summary of Efficacy of AOD Use and Abuse Efforts

Overall, assessment and evaluation of data collected by Prevention Education suggests the need for further analysis and heightened collaboration to effectively achieve goals and outcomes related to student health on campus. Currently, UNC does not have strong evaluation or assessment procedures in place to effectively measure the efficacy and or intended outcomes of AOD programming and other initiatives. Further discussion and recommendations for assessment and evaluation efforts will be included in the recommendation section of this document.

AOD Program and Policy Recommendations

Alcohol and Other Drug Assessment

- 1) Enhance use of assessment data to shape future program development
- 2) Improve assessment follow-up to gauge student content knowledge gained post-intervention
- 3) Increase use of association data between student demographics and AOD behaviors within NCHA data
- 4) Continue intentional collaboration to compile AOD statistics as part of the Biennial Review
- 5) Connect prevention goals and objectives to the university's Institutional Learning Outcomes
- 6) Increase education and prevention programming (such as Alcohol 101) for students in the First Year Experience

Campus Alcohol and Other Drug Policies and Procedures

- 1) Create and implement a campus wellness task force
- 2) Improve and increase communication of AOD programming goals, objectives, and achievements with the campus community
- 3) Move toward comprehensive, reliable, evidence-based methods of surveying students to gauge behaviors, attitudes, and perceptions
- 4) Establish an AOD Task Force that meets twice a year to review campus policies and to evaluate and implement strategies for AOD assessment and education
- 5) Work toward the establishment of a Collegiate Recovery Community of Center on campus.

Conclusion

The University of Northern Colorado is committed to the process of continuous improvement while providing the campus community with tools and resources necessary to successfully navigate the college environment. We look forward to the opportunity to focus on outcomes, objectives, and recommendations for the next biennium. These goals will form the foundation for continuous campus collaboration and additional strategic planning. Continually setting and implementing target goals that are guided by UNC's institutional learning outcomes will aid UNC's campus in effective alcohol and other drug misuse programming.



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