

Welcome to the University of Northern Colorado! Let me tell you a little bit about Dining Services here at UNC. We are a full-service dining operation for the entire campus community... including students, faculty, staff, alumni, parents, and guests of the university.



As a UNC faculty/staff member, you are eligible to sign up for the Payroll Deduction program, giving you access to discounted meals in the dining rooms. **The \$5.89 price for “dining room meals” gives you a savings of 55% off the cash price at the door for lunch, brunch and dinner.** You’re also welcome to use your UNC Card (and the Payroll Deduction program) in any of our Retail Dining locations to purchase food and beverage items. The cost of your dining room meals and retail purchases are then deducted from your monthly paycheck. Download the application here: <http://www.unco.edu/dining/mealplans/faculty.html> or fill out the application form in any dining room, the UC Card Office, or the Dining Services Office. Contact us at (970) 351-2652 or diningservices@unco.edu if you have questions.

We have four locations where you can get the discounted price mentioned above. Holmes Dining Hall and Tobey-Kendel Dining Room are our two “all you care to eat” locations. Both are open for breakfast, lunch, and dinner, Monday through Friday... as well as brunch and dinner on the weekends. Bear On The Run and Gourmet To Go are two fast, easy, and convenient “to go” options available for our busy customers (at Holmes and Tobey-Kendel only). The University Center (UC) Food Court offers customers a quick meal option during lunch, Monday through Friday. Bears Bistro (around the corner from the UC Food Court) is a unique dining location because customers can use their “meals” as well as purchase items a la carte. Bears Bistro provides Italian selections such as pizza, “build your own” pasta bowls, salads, and grinders.

Want to know **what’s being served in the dining rooms** this week? You can look at our weekly menus online at <http://www.unco.edu/dining/dining/menus/diningrms.html>. You can also find the academic year Dining Room hours of operation online here: <http://www.unco.edu/dining/dining/hours/diningrooms.html>.

Do you have specific dietary needs? There is a special food station in both Holmes and Tobey-Kendel called The DASH that is designed just for you. Not only is it free from 7 of the 8 top allergens, but it also provides an area where customers can consistently find healthy items that follow specific nutritional guidelines. You can find select nutritional labels online here: <http://www.unco.edu/dining/nutrition/gettingstarted.html>. Want to talk with our Registered Dietitian? Contact us at (970) 351-2652 to make an appointment when it’s most convenient for you.

I mentioned Retail Dining locations earlier... **we have 9 in all.** There are several food outlets at the UC for your convenience. Bears Mo’Jo Coffee Co, Einstein Bros® Bagels, Subway®, and Munchy Mart provide an alternative to dining room fare. Not at the UC but craving a cup of coffee, salad, or sandwich? If you are near Kepner Hall, the Michener Library, or Turner Hall, you're in luck... we have 3 Coffee Corner locations conveniently located across campus. You can also use your UNC Card (and the Payroll Deduction Program) at over 40 snack and beverage vending machines. You can find the academic year Retail Dining hours of operation online here: <http://www.unco.edu/dining/dining/hours/cashops.html>.

Have more questions? Please don’t hesitate to call (or email) and ask us.

G. Hal Brown, Director of Dining Services
“We Feed The Bears!”

(970) 351-2652 • diningservices@unco.edu • www.unco.edu/dining

UNC Dining Services

Dining Locations - \$5.89 swipes

- Holmes Dining Hall
- Tobey-Kendel Dining Room
- University Center Food Court
- Bears Bistro (at the UC too)

Retail Dining Locations – at the UC

- Bears Mo’Jo Coffee Co.
- Einstein Bros® Bagels
- Subway®
- Sushi with Gusto®
- Munchy Mart (convenience store right next to the computer lab)
- Bears Bistro (a la carte items)

Retail Dining Locations – across campus

- Coffee Corner at Kepner Hall
- Coffee Corner at Michener Library
- Coffee Corner at Turner Hall (they have a walk-up window!)

Other Dining Services Operations

- UNC Catering (www.unco.edu/catering)
- Concessions (athletic events)
- Vending machines (both snack and beverage services)