



Smoke and Tobacco Free Campus

The sale and use of smoking, vaping and tobacco products of any sort shall be prohibited in all buildings and on all grounds owned or leased by the University of Northern Colorado (UNC). 'Smoking' means smoking any substance, including but not limited to, tobacco, cloves, marijuana, etc. 'Smoking products' includes, but are not limited to, all cigarette products (cigarettes, bidis, kreteks, e-cigarettes, etc.) and all smoke-producing products (cigars, pipes, hookahs, vaporizers, etc.). 'Tobacco products' includes, but are not limited to, smokeless tobacco, flavored tobacco, etc.

Smoking, vaping and tobacco sale and use are prohibited in all university areas including, but is not limited to; buildings, shelters, indoor and outdoor athletic facilities, indoor and outdoor theatres, walkways, sidewalks, residence halls, parking lots, sidewalks on university property and street parking controlled by the university. Smoking, vaping and tobacco use are also prohibited in any state vehicle or equipment owned, leased or operated by the university.

All UNC students, faculty, staff, visitors and contractors shall comply with this program. Individuals observed smoking on campus will be informed and asked to stop. Organizers of public events, such as conferences, meetings, public lectures, social events and cultural events on campus property should advise participants in such events of this requirement.

UNIVERSITY REGULATION

3-7-119 – Smoking, Vaping and Tobacco Regulations. Smoking and the sale and use of tobacco products, vaping products, and e-cigarettes are prohibited in all buildings and on all grounds owned or leased by the university.

This regulation applies to all students, faculty, staff, visitors, contractors and externally affiliated individuals or companies renting university-owned space on university-owned and operated property.

HEALTH PROMOTION AND WELLNESS

According to the U.S. Department of Health and Human Services and the Centers for Disease Control, nicotine is a highly addictive drug that can have lasting and damaging effects on the brain. Some e-cigarette and vaping products contain high levels of nicotine. Reports issued by the Surgeon General, smoking presents risks of certain cancers, coronary artery disease, emphysema, gastric ulcers, stroke, and fetal injury. In general, smokers die from a variety of ailments at a rate twice as high as nonsmokers.

For Employees

The University of Northern Colorado offers multiple cessations programs to employees. These include:

- [BenefitHub](#) (all employees) – Discounted programs
- [CafeWell](#) (classified employees)
- [Employee Assistance Program](#) (all employees)
- [Tobacco-Free Coalition of Weld County](#)
- [Colorado QuitLine](#) or 1-800-QUIT-NOW (1-800-784-8669)
- Health insurance providers may provide cessation programs.

For Students

Smoking cessation programs for students are offered through the State. These programs include:

- [Tobacco-Free Coalition of Weld County](#)
- [Colorado QuitLine](#) or 1-800-QUIT-NOW (1-800-784-8669)