



EnviroHealth

Remember to Pick Up Trash to Protect Stormwater

Did you know that **trash in storm drains often ends up in our rivers, lakes, and oceans?** Every piece of litter—plastic bottles, wrappers, cigarette butts—not only pollutes the environment, but also puts swimmers, kayakers, and wildlife at risk.

After a rainstorm, stormwater carries debris and pollutants straight into local waterways, with no filter. This can make our water **unsafe for recreation** and harm the ecosystems we love.



Here's how YOU can help

Always throw trash in proper bins

Secure your garbage and recycling on windy days

Pick up litter when you see it

Never dump anything down storm drains

Let's work together to protect our waterways so everyone can enjoy safe swimming, paddling, and fishing all summer long. To learn even more about how to protect Stormwater in your neighborhood, visit the [City of Greeley's Stormwater Website](#).

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Dates to Remember

July 4 - Independence Day
(University Closed)

August 20— Residence Halls
Open

August 25 – Fall Semester
Classes Begin

September 1— Labor Day
(University Closed)

September 17—Health &
Safety Festival

Safe Thought

*One safe act can
lead to another!*

Safety/Fire Focus

Summer Pet Safety

With summer in full swing, many of us have taken our four-legged friends to start exploring what the state has to offer for outdoor activities. Our pets love exploring just as much as we do but since animals can't speak words to us, it is important for pet owners to be responsible and know how to keep their pets safe and healthy, especially in the summer heat.



Pets and other animals can get dehydrated quickly so it's a good idea to carry an extra water bottle just for them and make sure to take frequent breaks so they can drink. Pets with flat faces, such as Pugs and Persian cats, are more susceptible to heatstroke because they cannot pant effectively. These types of pets need more breaks and time to cool off. There are a few signs of overheating that you should watch out for; which includes panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, lethargic, or even collapse if your pet seems to be too hot. There are several action items that can be taken if any of these occur. Move your pet into the shade or an air-conditioned area. Then, wet some towels with cool water and put them on the dog's head and throughout their abdomen (Same goes for cats if they will tolerate it, but cats will also benefit from having cool towels on their paw pads). Make sure your pet always has access to water, shade, and shelter. Contact your veterinarian for advice.

Before taking your pet for a nice summer walk there are a few things to keep in mind.

- **UNC, and the cities of Greeley, Loveland, and Fort Collins have leash laws for all domesticated animals.** This means all pets must be kept contained by a fence, cage, or leash. Pets that roam around freely are at risk from cars, poisons, and other animals (both wild and domestic).
- **Pets should not be tied to poles and left unattended in public areas.** Unattended pets chained on or near sidewalks or outside public buildings will be impounded for the pet's and the general public's safety.
- **Follow the 5 second rule.** Before taking your pet for a walk, place the back of your hand on the pavement. If the ground is too hot for you to hold your hand there for 5 seconds, then it's too hot for your animals' paws to walk on.
- **Limit exercise on hot days.** Pets need exercise even in the summer months, but it is best to adjust intensity and duration of exercise depending on the temperature on a given day. On very hot days, limit exercise to early morning or evening hours.

When we try to cool down our residence by opening windows we leave potential ways for pets to escape. Keep unscreened windows or doors closed. Remember to never leave your pet alone in a parked vehicle. This can cause fatal heat stroke and in some cities in Colorado, it is illegal which can lead to broken windows or even fines.



Not all pets are great swimmers so try to avoid leaving your pet alone around water until you are sure they can swim effectively. Introduce your pet to water gradually and make sure they wear flotation devices when on a boat. If your pet has been swimming in a pool, rinse them off to remove chlorine or salt from their fur and keep your dog from drinking pool water.

Lastly, many pets fear loud noises and could become scared by the sound of fireworks which can cause them to run off. Avoid taking pets to gatherings where fireworks will be present and make sure they have a space to feel safe during events.

National Preparedness Month

Being informed and prepared in the event of an emergency or disaster is vital. September is National Preparedness Month and Ready.gov has all the information and tips you need to "Be Informed, Plan Ahead, and Take Action". Visit [ready.gov](https://www.ready.gov) to be prepared.

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|-----------------|--------------------------|
| ⇒ Extreme Heat | ⇒ Financial Preparedness |
| ⇒ Tornadoes | ⇒ Active Shooter |
| ⇒ Flooding | ⇒ Nuclear Explosions |
| ⇒ Hurricanes | ⇒ Earthquakes |
| ⇒ Volcanoes | ⇒ Cybersecurity |
| ⇒ Disaster Kits | ⇒ Health Emergencies |



Health and Wellness

UNC Health & Safety Festival

The 13th Annual UNC Health and Safety Festival is approaching. Here at UNC, we think it is important to treat health and safety of ourselves, others, and our environment as a priority. This event is the perfect way to learn and explore the world of health and safety while having fun with your friends and family. Come by and pick up some health and safety tips, free items and learn about new programs. The Festival is from **11:30am to 1:30pm, Wednesday, September 17, 2025.**



This free event will include hands on activities, demonstrations, and free giveaways. You will have an opportunity to see the inside of a Medivac helicopter, watch K-9 demonstrations, participate in a hands-on presentation with the Greeley Police Bomb Squad and Greeley Fire Department, donate blood, and visit with many other local agencies at their information booths.

Bear in Mind (BIM) is a publication brought to you by your campus Environmental Health and Safety Department (EHS). We are interested in your thoughts and submissions. Contact the [Environmental Health and Safety](#) department at 970-351-1149. Suggestions can also be sent by campus mail attention EHS, Campus Box 57. Bear in Mind issues are published every quarter. Find current and archived issues on-line at the [EHS Website](#).



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It is the mission of the Environmental Health and Safety Department to support university functions by promoting a safe and healthy campus environment for students, faculty, staff and visitors, as well as to provide professional guidance and direction toward compliance with University, Federal, State and local rules and regulations.