How to Avoid Asbestos Exposure

If you do not know whether something is asbestos or not, assume that it is until it is verified otherwise. Remember that you cannot tell if materials contain asbestos just by looking at them.

Help prevent the potential of asbestos exposure to yourself and others by observing the following practices:

- Immediately report damaged ceilings, walls, pipe insulation, floor tiles, or other building surfaces to your supervisor, building coordinator, or Facilities Management Service Center.
- Be careful not to damage building materials and surfaces that may contain asbestos. If you have
 reason to suspect that something is asbestos, either because it is labeled as such, or because it is
 something that is likely to contain asbestos DO NOT DISTURB IT.
 Never...
 - Drill
 - Hammer in nails to hang pictures
 - Put hooks in ceilings
 - Cut
 - Saw
 - Break
 - Damage
 - Move
 - Pull up carpeting which is glued down
 - ...any asbestos-containing materials or suspected materials.
- Do not enter restricted areas.