



COLORADO
Colorado Opportunity
Scholarship Initiative



UNIVERSITY OF
NORTHERN
COLORADO

REMINDERS

- Fill out your 2021-2022 FASFA and report your completion to Nickie or Marilynn. If you need help, please reach out, we can help you.

Don't Forget

Connect/Meet with Nickie or Marilynn twice before the end of the semester via zoom or a quick phone call to check in

Welcome to COSI

Hi Bears! Congratulations on your significant accomplishment of becoming a COSI Scholar and working towards your personal goals. We are so excited to be able to work with you this year and support you on your journey towards graduation!

COSI or the Colorado Opportunity Scholarship Initiative, is designed to support students academically, financially and guide you through the many challenges college may bring. Over the course of your college journey, the UNC COSI program will provide enrichment programs, workshops, and networking opportunities to ensure you reach graduation.

COSI will serve as your one stop shop towards connecting within the campus and building community. The monthly newsletter and calendar will be our way of communicating scholarship requirement updates, workshops, and extracurricular activities happening in the UNC community.

COMING SOON COSI CANVAS

- This page will be a place where we will post workshops, activities, and resources available to you

SOCIAL MEDIA

- We love our students and want you to get connected with us! Follow us on social media and fill out this Qualtrics (use QR) to be featured on our student profiles!



Meet the Staff

Nickie is a native of Greeley and a first-generation and non-traditional college student. Nickie worked full time while raising three daughters on her own and earned her Bachelor's and Master's degrees from Regis University. She has years of experience working in higher education, directing programs and supporting students. On any day, you will find Nickie sipping her favorite green tea and figuring out her Instagram.



Marilynn is a first year Graduate Student in the Higher Education and Student Affairs Leadership program. Marilynn is originally from New Mexico but moved to Colorado for school at Colorado State University where she graduated in Fall 2019. On any day you, can find Marilynn sipping on her favorite drink from Dutch Bros and cuddling her dog Eddie.



HOUSING

There are many opportunities for you to get involved and participate if you live on campus. Check out these events happening!



**Weekly Monday
night trivia**



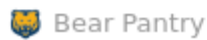
If you are looking for leadership opportunities, residence hall association is an awesome stepping stone!

Bear Pantry



Bear Pantry at University of Northern Colorado

UNC's Bear Pantry is a collaborative on campus that helps students on campus who are faced with food insecurity by providing food supply and toiletries to students in need.



Student Health Center

- **Student Health Center Services:** UNC's Student Health Center offers services to campus community members including treatment for minor injuries, sick and well care, wellness exams, allergy and asthma needs, chiropractic services, X-rays, immunizations and more. All students can receive a free flu shot from the center, as well.
- The center is able to bill most insurances; however, if you need to know if your specific insurance is accepted, please call the center at 970-351-2412 to speak with a billing specialist.
- The center also offers COVID-19 testing for campus community members who are experiencing symptoms. Individuals should call the center ahead of time to schedule a visit at 970-351-2412.
- The center will be closed Nov. 25-29. View clinic hours for suggested alternate care providers when the center is closed, or call your insurance carrier for providers in your network.



Inside UNC:

Native American Student Services

**SO WHY CAN'T I DRESS UP
LIKE AN INDIAN,
POCAHONTAS, OR ANY
OTHER NATIVE PERSON?**

**[HTTPS://WWW.UNCO.EDU/IN
SIDE-UNC/CAMPUS-
COMMUNITY/NASS-
HALLOWEEN.ASPX](https://www.unco.edu/in-side-unc/campus-community/nass-halloween.aspx)**

**CONTACT US
924 20TH ST.
GREELEY, CO 80639**

**PHONE: (970) 351-1909
FAX: (970) 351-1999**

**NATIVEAMERICANSTUDENT
SERVICES@UNCO.EDU**

Native American Heritage Month

This November, UNC recognizes the indigenous peoples of the United States from over 570 federally recognized tribal nations and 75 state recognized tribes.

Throughout the month of November, Native American Student Services seeks to align the educational initiatives with the mission and values: to build awareness around historical and contemporary Native issues, while acknowledging and exemplifying the rich culture, tradition, history, and language of American Indian and Alaska Native peoples.



Anti- Racism Resources

Do you want to learn more about supporting an anti-racism culture?

- Anti-racism for white people
- What is Systemic Racism
- Peanut Butter and Jelly video to help people understand biases and assumptions
- Equity Toolkit Activity
- 21 Day Awareness Challenge



STUDENT LIFE

CENTER FOR PEER EDUCATION

The Bedside box offers sexual health resources to UNC students free of charge and discretely delivered right to your residence hall. Don't live on campus? No problem! COSI staff can mail you one just let us know!



PROJECT M.E.

- PROJECT M.E. STANDS FOR MENSTRUAL EQUITY. PROJECT M.E. IS A CAMPUS INITIATIVE THAT SEEKS TO ACHIEVE MENSTRUAL EQUITY BY PROVIDING ACCESS TO FREE MENSTRUAL PRODUCTS AND DESTIGMATIZING THE TOPIC OF MENSTRUATION ON UNC'S CAMPUS OFFICE.



UNC Covid-19 Resources



Free COVID-19 On-Campus Kiosk Opens: The state of Colorado has launched a new COVID-19 testing kiosk at UNC's Nottingham Field. The kiosk is open from 9 a.m.-6 p.m., Monday through Saturday.

Update as of 11/12/20 from President Feinstein:

- **Beginning Monday, November 16, the university will officially begin to follow the state's Safer at Home Orange guidance.**
- **Campus and Residence Halls Will Remain Open** We recognize that many of our students rely on their on-campus housing as their primary residence and also know that many more prefer to remain on campus in order to access support and services through the end of the semester. Knowing this, UNC welcomes students to return to on-campus housing for the remainder of the academic year following Thanksgiving break. Dining will also remain open. Additionally, if you require winter break housing, please contact the Housing Office to arrange your plans by calling 970-351-2721.
- **Satisfactory/Unsatisfactory Grading:** Faculty Senate has voted to offer students the option to choose Satisfactory/Unsatisfactory grading for their Fall 2020 courses, with some limited exceptions. Students should check with their academic advisors to determine how S/U grading may affect them and whether it is the right decision for them at this time. The deadline for students to opt into S/U grading is December 23, 2020.