



## Classified Staff Council

September 2018

### UPCOMING EVENTS

#### Greeley's City Center Grand Opening

9/4/2018

4:00 pm—6:00 pm

The campus community is invited to the grand opening of the Greeley City Center and to participate in an art dedication, ribbon cutting, and community tours. The first council meeting in the new building will be held immediately following the dedication ceremony.

**Location:** 1001 11th Avenue, Greeley.

#### UNC Study Abroad and Cultural Fair

9/6/2018

10:00 am—2:00 pm

Organized to celebrate cultures around the world and to encourage UNC students to experience those cultures by traveling abroad. The event will include cultural displays and information about upcoming Study Abroad opportunities.

**Location:** east lawn of Michener Library. For more info, email Allie Wille at [alice.wille@unco.edu](mailto:alice.wille@unco.edu) or call 351-2384.

#### Monfort College of Business 50th Anniversary Party

9/6/2018

1:30 pm—3:30 pm

Please join us to kickoff the 50th anniversary celebration. Light refreshments will be served.

**Location:** Garden Theatre. For more info, email Kimberly Lebsack at [Kimberly.lebsack@unco.edu](mailto:Kimberly.lebsack@unco.edu) or call 351-1233.

#### Classified Staff Council Meeting

9/12/2018

8:15 am—9:45 am

We cordially invite anyone to attend our next scheduled CSC meeting. We are looking to fill out our team of council members and would love to have you join our Council.

**Location:** UC Council Room For more info, email Heidi Romero at [Heidi.romero@unco.edu](mailto:Heidi.romero@unco.edu)

#### Taste of A/PASS

9/12/2018

4:00 pm—6:00 pm

Enjoy authentic Asian cuisines made and served by your fellow UNC Bears!

**Location:** Kohl House. For more info, contact Alethea Stovall at [alethea.stovall@unco.edu](mailto:alethea.stovall@unco.edu) or call 351-1976.

#### Food for the Soul: Chicken and Waffles

9/19/2018

12:30 pm—1:30 pm

Come learn about the Garvey Cultural Center and all of our upcoming events

**Location:** Marcus Garvey Cultural Center. For more info, contact Catelin Corbin at [catelin.corbin@unco.edu](mailto:catelin.corbin@unco.edu) or call 351-2351.

### OUTDOOR PURSUITS PROGRAMS

EVENTS	DATE	FEE
Whitewater Kayaking	9/1/2018	\$30
Yoga Cabin Retreat	9/1-9/3/2018	\$90
Climbing Shuttle	9/7/2018	\$10
Backpacking	9/8—9/9/2018	\$50
Beginner Mountain Biking	9/15/2018	\$15
Camp and Hike a 14'er	9/15-9/16/2018	\$50
Basic Wilderness First Aid	9/19/2018	\$5
Outdoor Rock Climbing	9/22/2018	\$20
Yoga for Runner	9/26/2018	\$5
Canoe Paddle Overnight	9/26-9/28/2018	\$50

For more information, contact Coordinator Whitney Dyer at 351-GEAR or email the department at [outdoor.pursuits@unco.edu](mailto:outdoor.pursuits@unco.edu)

**\*NOTE:** The Gear Shop is a great resource for all UNC outdoor enthusiasts with all sorts of equipment available for rent by the day, weekend, or week. The Gear Shop staff are also available to help you plan your trip.

**All equipment rentals are free!** Reservations can be made by using the online reservation form or just come by the Gear Shop.

**Gear shop hours:** M&F 11 am—6 pm, T-Th 11 am—5 pm, Closed on University holidays and weekends.



# Workplace Culture Corner



In August, UNC President Andy Feinstein spoke and answered questions at the CSC monthly meeting. He is forming the President's Leadership Council and explained in a recent email to the CSC Chair, "The role of the Council is to provide advice, perspective and insight on matters of broad institutional significance and to assist in the effective, responsive and informed leadership of UNC. The Council will discuss the major operational issues affecting UNC, with particular emphasis on the budget this year. Much of our work will focus on the four themes that I shared in my email to campus on opening day.

- Student Success. Reinforce our student-centered culture. Maintain academic quality and establish and make progress toward goals to address achievement gaps, retention and graduation rates.
- Budget. Create a fiscally sustainable structure that is supported by the campus.
- Distinctiveness. Articulate, reinforce and share what makes UNC special.
- Culture. Ensure a campus-wide environment of collaboration and transparency.

"The Council will include our Cabinet members, a Dean, our Chief Information Officer, AVP for Equity and Inclusion, Athletic Director, News and Public Relations Director, and leaders of Faculty Senate, Student Senate, Classified Staff Council [CSC], and Professional Administrative Staff Council [PASC]. Membership is broadly representative in order to bring diverse perspectives and experiences to bear on important university decisions."

Additionally, the president has invited both the CSC and PASC Chairs to meet with him monthly separate from the Council. If you have suggestions for topics to discuss at any of these meetings, please send them to [Maggie.Kinney@unco.edu](mailto:Maggie.Kinney@unco.edu).



## Upcoming Colorado PERA Meetings Schedule

September 2018

*Colorado PERA offers a variety of meetings to members at various stages in their careers. It's your chance to hear about your benefits from those who know PERA best. Information about the different local meetings PERA offers is listed below:*

**\*NO LOCAL MEETINGS FOR AUG 2018**

### FORT COLLINS

*Hilton, 425 W. Prospect Road*

**Bene Info Mtg:** September 4, 5:00 pm

**PERAPlus Mtg:** September 4, 7:30 pm

**Retire Process Mtg:** September 17, 4:30 pm

**PERACare Info:** September 17, 6:30 pm

### GREELEY

*UC, 20145 10th Avenue*

**Group Wkshp:** September 10, 4:30 pm

**Bene Info Mtg:** September 10, 6:30 pm

### LOVELAND

*Thompson School District Boardroom*

*800 S Taft Ave., Room 128*

**Retire Process Mtg:** September 13, 4:30 pm

**PERACare Info:** September 13, 6:30 pm

*Check out the PERA on the issues blog for articles on recent topics, including: Governance, Innovation, Retirement Landscape at [www.peraontheissues.com](http://www.peraontheissues.com).*

## CLASSIFIED COUNCIL SPOTLIGHT

Introducing your Classified Staff Council's President:



**Maggie Kinney**  
**Administrative Assistant with  
the School of Special Education**

Maggie Kinney has served at the University of Northern Colorado (UNC) since 2007. She is passionate about advocating for UNC Classified Staff, assisting in creating a workplace conflict resolution system, and helping improve the workplace climate/culture. Maggie is a first-generation college graduate. She earned her Bachelor of Science in Business Administration (BSBA) from the University of Missouri-Columbia and is finishing the Master of Business Administration (MBA) program at UNC. Currently, she is working on analyzing UNC Climate Survey data as a course project. Other interests include leading an annual children's camp on the Crow Indian Reservation in Montana, camping, and essential oils.



# MENTAL ILLNESS IN THE FAMILY



Each year millions of Americans are diagnosed with mental illness. Family members commonly feel an overwhelming sense of helplessness and may secretly blame themselves, believing something they did caused the family member's mental illness. Since family members are often key to intervention, helping them cope is crucial to helping those with mental illness.

Avoid the trap of shame and isolation. Reach out for support and a listening ear. Avoid the trap of over-protecting your family member from the stigma of mental illness. That stigma is fast disappearing, and new medications for mental disorders are continually being researched.

**Be hopeful and realistic.** Many people with mental illness and multiple hospitalizations are capable of holding full-time, responsible jobs with the aid of proper medication and support.

**Don't ignore the needs of children.** Although mental illness should not be the focal point in your family, share information with them suitable to their age level that can reduce their fear and anxiety.

**Understand patient responsibility in recovery.** A key principal in mental health treatment is patients taking personal responsibility for managing their illness. This includes medication compliance.

**Take care of yourself!** Maintain balance in your own life. Family members often suffer from lack of sleep, nutrition, exercise, fun, and stress management. Self-help resources can help you draw a balance between concern and detachment.



**Learn about the illness.** Learn about the type of mental illness that affects your family member. Know its relapse warning signs so you can act early if intervention is necessary.

Our Employee Assistance Program can help you find them by calling our UNC Counseling Center at 351-2496 to Learn more about EAP services on the [UNC Counseling Center's website](#).

Self-belief and hard work will  
always earn you success.

Virat Kohli





See retirement like never before: analyze your plan and get answers to your questions in real-time with a new, interactive planning tool from VALIC.

Retirement Pathfinder lets you build a personalized retirement plan while sitting shoulder-to-shoulder with your financial advisor.

**For a live demonstration of Retirement Pathfinder, please join us at a workshop:**

Tuesday, September 18th  
11:00am - 12:15pm  
OR  
1:00pm - 2:15pm

UNC University Center  
Aspen Rooms B & C

Speakers:  
Lindsay Batezel - Financial Advisor  
(970) 699-2849  
Lindsay.Batezel@valic.com

Ralph Janitell - Financial Advisor  
(720) 962-8016  
Ralph.Janitell@valic.com

-How much income will your ORP plan create in retirement?

-Understanding your UNC retirement benefits.



To Register:

- Go to [my.VALIC.com/seminars](http://my.VALIC.com/seminars)
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