

# Season's Greetings! From the Women's Resource Center and Stryker Institute!

December 1, 2009

### A Note from the Editors

Happy Holidays to all!! This Winter, the Women's Resource Center is preparing for an exciting time! We had a fantastic fall semester filled with old and new events that were incredibly successful. Now we are gearing up for the Spring, and planning to bring more informative and fun programming to the UNC campus. If you are interested in collaborating or volunteering with the Women's Resource Center you can email our Graduate Assistant, Fabiola Mora at fabiola.mora@unco.edu.

We are very proud to announce that our Open Mic night, held on November 4, was such a success that we have decided to post some of the performers poetry on the WRC website. We are also seeking creative works from the UNC community. We are hoping that students, staff and faculty will submit their work to be featured in the newsletter and on our website. Submissions are due by December 5, 2009. Please email Letisha or Donnae with submissions or questions. Reach us via email at Donnae.Wahl@unco.edu or Letisha.Brown@unco.edu

Thanks!

Donnae and Letisha



On behalf of the Women's Resource Center/ Stryker Institute, we would like to wish you all a safe and joyous Holiday Season!

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#### important Dates

11/26-11/29 Fall Break 12/4 Stryker Potluck/ Grad Reception 12/14-1/11 Winter Break 1/ 11 Spring Semester Begins

1/15-1/17 Catalyst Social Justice Retreat



# **UNC's Women's Studies Program**

# Chris Talbot- Women's Studies Coordinator

Greetings from the Women's Studies Program at UNC! Women's Studies is the only place on campus you can study women's experiences and gender as a category of analysis. Our interdisciplinary approach to the study of women and gender can augment a number of minors—our students' majors are as diverse as Anthropology, Biology, Philosophy, English, Psychology, Sociology, and Art Education and more. So if you're excited about approaching knowledge from women's perspective, learning about women's experiences, understanding how gender affects the possibilities for women's and men's lives, and having fun while you learn, Women's Studies is the minor for you!

This spring we're offering some exciting courses you can take whether or not you're a minor. If you've never taken a women's studies course, our introductory class, WS 101, Women in Contemporary Society, is a good place to start. (This course fulfills the requirement for LAC areas 5 and 8.) We're also offering WS 240, Women Race and Class, a course that examines the intersecting dynamics and fundamental character of gender, race, class, and sexuality. Another course, WS 300, the History of [American] Feminism gives students an in-depth study of the history of feminist political movements and intellectual traditions in the United States. WS 335, Global Perspectives on Women analyzes the effects of modernization, economic development, and globalization on global women's lives. Together, these courses and others give you a solid background in the study of women and gender that can facilitate your approach to almost any topic of study. We hope to see you in class!



# What is Feminism?

"To me, feminism is coming to the realization of the power you have as a woman and not letting society compromise your confidence to utilize it. Gaining a conscious awareness of all that's working against you and being down to stand up in contradiction everyday to prove mainstream notions wrong." —Andrea Renteria

"Feminism is an avenue that empowers women to express and view what they want to accomplish individually and for the masses, as well as an opportunity to establish equality." — Christina Romero

"Basically it's holding men and women to interchangeable, equal standards, without placing men as *the* standard." — Tom Wallingford

"Feminism allows all of us, men *and* women, to view how patriarchal culture has been harmful to our concepts of masculinity and femininity. Feminism means that I can be and do whatever I want, as long as I am not harming another. Feminism means viewing my femaleness with love and respect, without devaluing other women or men for their individual talents." -Donnae Wahl







# **Past Events**

# **Beyond Beats and Rhymes**

On November 3rd, 2009 the Women's Resource Center along with the Women's Studies Program, the Department of Health and Environment and Human Services, Nu Alpha Kappa Fraternity Inc., Sigma Lambda Beta International Fraternity, Colorado Men Against Domestic Violence, and BAM (The Be a Man Fatherhood Program), screened the hip-hop documentary *Beyond Beats and Rhymes*. The purpose of this event was to challenge the student population into taking a closer look into hip-hop culture, what it was and what it has become. It was an opportunity for students to voice their opinions and here the opinions of others during the panel discussion which occurred at the end of the film. There were seven members on the panel, including five



Beyond Beats and Rhymes Panel from left to right: Tyler Osterhaus, Rigo Rangel, Azhia Long, Tom Wallingford, Chris Talbot, Cory Wilson, and Letisha Brown.

UNC students, a professor of Women's Studies, and a hip hop artist. There were approximately 85 students in attendance. This event brought out issues such as violence, the treatment of women in music videos, as well as issues with homosexuality and hip hop culture. The sponsors of this event offered a safe environment for these issues to be discussed. The panel discussion was a lively forum with diverse ideas.

#### **Open Mic Night**

Following the hip hop documentary Beyond Beats and Rhymes, on November 4th, 2009 the Women's Resource Center hosted its first Open Mic Night of the year. This was an opportunity for students, community members, and anyone with a passion for art to come out and share their talent. While listening to others we enjoyed snacks and a warm environment. Several UNC students performed poetry, spoken word, and other forms of artistic expression, some of which will be showcased on the following pages of this newsletter. It is the hope that Open Mic Nights will continue here at the Women's Resource Center and give room for everyone who is willing to showcase their abilities!

#### **Women of the World Potluck**

On November 12th, 2009 The Women's Resource Center and the Center for International Education hosted a Women of the World Potluck. The purpose of this event was to unite the women of UNC as well as experience international cuisine and educational perspectives on diverse topics. This event was attended by 50 UNC faculty, staff and students as well as community members. Members of Black Women of Today, Janelle Lewis, Chez'ra Sankey and Cherie Jacobs, as well as teachers from the CASS Program gave presentations.

#### **New Faces Of America**

On November 10th, 2009 Will and Company graced the UNC Ballrooms with seven different portrayals of race in America under the heading "New Faces of America". This theatrical presentation touched on issues from a host of different problems such as suicide rates on Native American reservations, GLBTA issues and Christianity, as well as issues of race and ethnicity. Over 445 UNC students, faculty, staff and community members were in attendance and had the opportunity to experience this unique portrait of life in America.

#### **Juana Bordas**

On November 19th 2009, the President's Leadership Program brought speaker Juana Bordas to the UNC Campus. Juana Bordas is an author and activist who has dedicated her career to preparing Latino leaders in public, private, and non-profit sectors. She founded Mestiza Leadership International in 1995, which specializes in training and developing a work environment that encourages diversity and effective leadership.

# Student Submissions

#### **Passing Fancy**

#### by Dalton Bragg

From the young boy beat-boxing under the shallow breath

To the young girl shuffling her feet noisily across sidewalks

From the young boy whistling a whimsical walk

To the young girl hanging her head, hating him for it From the young boy wondering if she was wondering about him

To the young girl hoping against hope that he was hoping for her

From the muscle that throbbed within his chest screaming for life

To the rush of blood in her cheeks making her so selfconscious

From the perspiration of his fingertips and his pride alike

To the emotional conflict of another caller that called upon her

From the recitation of what would surely win her To the undeniable truth that it amounted to crashing words, ringing in ears

From the first shy, awkward crack of his uneasy voice that was a tottering vase

To the shattering rejection that was the unforgiving floor

From the regaining of composure and reconciliation, so artificial

To the equally false acceptance of the occurrence of events

From denial,

To curiosity

To denial

From his unmistakably faltering façade

To her Oscar-worthy display of callousness

From the vandalization that was the graffiti of her unknown affections

To the eventual realization that her opportunity had dissolved

From his lonely walk home

To her more lonely walk home

## A Short Note on a Woman's Strength By Mexell

God took the fibers of her biceps and wove them into eve's shoulder blades Strong enough to hold a woman's oppression

Standing tall so that atlas dropped to his knees in shame

Strong enough to balance the weight of the world on her neck and proceed to Bear the burden of child birth

God took the feathers of angel wings and composed the woman's voice

So heavenly a sound men spend lifetimes trying to decipher the subliminal

Notes because we are convinced the woman's voice box holds inside of it the Very meaning of life

The secret to creation that only she and god have ever possessed

Speaking with her is like meeting knowledge herself

Conversations better than sex

Conversations full of mental orgasms that send a chill down my spine at the

Thought of her thoughts and leave my mind a mess

Her lips are what carried a woman's strength on

She could bench press words heavier that a mothers heart when she has to sell Her body for a little bit of

Money so her children don't starve

And because I pour my life out on the mic I have already died

But my story will live on because she has written my life on her heart

Etched with lasers because of its diamond like consistency

There's nothing stronger

Blood pressure pumping blood like lightning strikes through her veins

Giving her that heavenly glow that every woman possesses

And this is not a short note on a woman's strength

This is the introduction of volume one of an infinite volume encyclopedia set Entitled "A Woman's Herstory"

And there's nothing more important than that document

You can inhale the word mother and your lungs would suffer thousands of Pounds

Of pressure per square inch that would rival the creation of precious diamonds  $\mathbf{S}_{\mathbf{Q}}$ 

That you spit gemstones for weeks the same color as her tears

The beauty is insurmountable

The pain in her face is unbeknownst to us

Exhale and experience the oxygenated blood that is woman- the very life giving Force of this plant

Exhale and experience the strength of woman





#### **Relativity of Vision**

#### By Letisha Brown

In art, relativity of vision

Demonstrates how our sight can play tricks on us

Such as making a motionless picture

Appear animated even in stillness

In life,

Relativity of vision can be used to demonstrate

How under the cover of darkness

The seemingly harmless room of a six year old

Transforms into the boogie mans playground

Where only the glow of a princess night light

Manages to keep the monsters at bay

Furthermore, relativity of vision

Is the same phenomenon

That causes a six year old girls mirrored image

To reflect ugliness, because her skin and her nose

Her barely there thighs and non-name brand clothes

Don not match the images of beauty

Forced down her throat via media madness

This same relativity of vision

Convinces her that the porcelain bowl in the bathroom

Is not a toilet but a god

And the sacrifice that he demands

Is her essence

Dredged up from the contents of her stomach

And laid upon the water him

So she kneels at the foot of her god

And sends down her Sacrifice

The way of dead goldfish

And discarded baby alligators

And, she wipes her mouth on her sleeve

Not sure whether the emotion she feels

Will manifest with laughter or tears

Laughter, because she had discovered the secret

That will change her from ugly and fat

Into the beautiful girls and women

Flashed across movie television screen, and magazines

And yet, she feels the urge to cry

At the subtle realization that her childhood too

Vanished the same way as the mac & cheese

She had eaten for dinner

In a murky colored sacrifice

Offered up to the porcelain god.

#### Old

by Susan Rae

she is old.

not ancient old,

just age old

and wise and comfortable

and everything creaks, but

not young painful.

she is old, easy and smooth,

and the wilderness is far

behind the ray of light she follows.

She is old wild,

wild like a spirit free and ready

and she is wrinkled and used

and beautiful old

in a young sort of way.

The Stryker Institute for Leadership Development would like to congratulate December 2009 Graduates:

Mary Ann Lucero Adriana Ramirez Shaileen Snider Maria Hernandez

Congratulations ladies and best of luck in all you do! We're very proud of you and we can't wait to see where your talents take you!

The Stryker Institute and WRC staff.





# November 2009

Sun	Mon	Tue	Wed	Thu	Fri ***	Sat
1 ******	2	3	4	5	6 Stryker Curricu- lum Workshop	7
3	9	10	11	12 WOW Pot- luck, 5pm WRC	13	14
15 🤾	16	17	18	19 Juana Bordas, 3:30-5pm @UC Panorama	20 Stryker Curriculum Workshop	21
22	23	24	25	26 Thanksgiving, Office Closed	27 Office Closed	28
29	30	er 20				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Open Mic @ 6:30 pm, WRC	4 Stryker Pot- luck/ Grad Re- ception	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Office Closed	24	25	26
27	28	29	30	31		



If you are interested in contributing to the newsletter, or volunteering with the Women's Resource Center feel free to contact us at 970.351.1492, and check out our website www.unco.edu/wrc!

Have a Happy and Safe Holiday Season! From the Women's Resource Center/Stryker Institute!

