

### QUESTIONS REGARDING LACTATION SUPPORT AT UNC

Center for Women's and Gender Equity 970-351-1492 go.unco.edu/cwge

# Colorado currently has two laws to support breastfeeding individuals:

The Colorado Breastfeeding in Public Act (2004): recognizes the benefits of breastfeeding children and allows a mother to breastfeed in public without being cited for indecent exposure.

#### The Colorado Workplace Accommodations for Nursing Mothers (2008):

law requires employers to provide adequate break time for an employee to express breast milk for their nursing child for up to two years after the child's birth. It also requires an employer to provide a private place for employees to express breast milk, other than a bathroom stall.



# LOCAL RESOURCES

Northern Colorado Medical Center Breastfeeding Clinic and Support Groups 970-810-2229

Women, Infants, and Children (WIC) Breastfeeding Support 970-395-1113

McKee Family Birthing Center 970-203-2324

#### ONLINE RESOURCES

Colorado Breastfeeding Coalition Cobfc.org

La Leche League of Colorado and Wyoming LLL coloradowyoming.org



# Center for Women's and Gender Equity

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970-351-1492 | go.unco.edu/cwge

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# **Our UNC Lactation Policy:**

Lactation Support & Resources

The University of Northern Colorado (UNC) recognizes the importance and benefits of breastfeeding/chestfeeding/ human milk for both the individual breastfeeding/ chestfeeding/lactating and their children, and in promoting a family-friendly work and study environment.

> For the full policy, please visit page 140 at: https://tinyurl.com/UNCLactationSupportPolicy

Supported by the Center for Women's and Gender Equity and the Department of Nutrition and Dietetics