

# Menu of Resources

Name: \_\_\_\_\_

## Contraceptive Barriers

○ [External Barriers](#) (Latex) # of items: \_\_\_\_\_

○ [Dental Dams](#)

○ Grape # of items: \_\_\_\_\_

○ Vanilla # of items: \_\_\_\_\_

○ Banana # of items: \_\_\_\_\_

○ Mint # of items: \_\_\_\_\_

○ [Internal Barriers](#) # of items: \_\_\_\_\_

(latex-free, made with nitrile)

○ Pregnancy Test(s) # of items: \_\_\_\_\_

# Menu of Resources

## Menstrual Hygiene Products

- Liners # of items: \_\_\_\_\_
- [Pads](#)
  - Size 1 (w/ wings) # of items: \_\_\_\_\_
  - Size 1 (w/o wings) # of items: \_\_\_\_\_
  - Size 2 (w/ wings) # of items: \_\_\_\_\_
  - Size 3 (w/ wings) # of items: \_\_\_\_\_
- Tampons
  - Light # of items: \_\_\_\_\_
  - Regular # of items: \_\_\_\_\_
  - Super # of items: \_\_\_\_\_
  - Super Plus # of items: \_\_\_\_\_