

Angela Garfield Weingartner, Ph.D., NCC, LPCC

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EDUCATION

Ph.D., Counselor Education and Supervision

May 2016

University of Wyoming, Laramie, Wyoming (CACREP Accredited)

Specialties: Career Counseling; Assessment; Supervision; Play Therapy

Dissertation: Myers-Briggs Type Indicator and its Impact on the Supervisory Working Alliance, the Supervisory Relationship and Supervisee Self-Efficacy

M.A Clinical Mental Health Counseling

May 2013

University of Northern Colorado, Greeley, Colorado (CACREP Accredited)

B.A., Sociology

May 2011

Metropolitan State University of Denver, Denver, Colorado

Minor: Psychology

Credentials and Certifications

Licensed Professional Counselor Candidate, LPCC.0015603

Registered Psychotherapist, NLC.0106692

National Certified Counselor, NCC # 319459

Certified MBTI® Practitioner

Psychological First Aid Certified

AREAS OF EXPERTISE AND TEACHING INTEREST

Counseling Theories

Multicultural Counseling

Assessment in Counseling

Career Counseling

Professional Identity & Leadership

Counseling Development

Practicum & Internship

Play Therapy

Counseling Supervision

Human Development

RESEARCH AGENDA

Incorporating assessment tools such as the Myers Briggs Type Indicator into supervision and counseling sessions to enhance the working alliance and build upon the therapeutic relationship.

TEACHING EXPERIENCE

Assistant Professor, University of Northern Colorado

Fall 2017

Career Theory, Counseling and Assessment

- Developed syllabus to foster an effective classroom learning experience
- Facilitate weekly discussions to ensure respectful, critical responses
- Course content includes career theories, creative and experiential assignments, self-reflection and role plays to encourage student learning
- Graduate level course within UNC counseling program

Practicum in Individual Counseling

- Provide weekly consultation and supervisory instruction to masters level students in both triadic and group settings
- Collaboratively create and implement remediation plans for supervisees to further growth and development
- Supervise weekly live supervision while graduate students counseled individual and play therapy clients
- Facilitate weekly supervision of doctoral level counseling supervisors

Practicum in Group Facilitation

- Supervise nine doctoral students as they complete their advanced group practicum course
- Group supervision includes review and discussion of live and recorded group sessions
- Leadership and intervention skills related to group dynamics and processes are highlighted and incorporated throughout the course

Instructor, University of Northern Colorado

Spring 2017

Theories of Counseling

- Challenge students to begin the process of understanding their counseling theory through identifying their conceptualization of clients, interventions with clients and individual way of being
- Encourage discussion surrounding counseling theories utilizing personal reflection and textbook knowledge
- Create opportunities to practice each theory with in-class role plays

Instructor, University of Northern Colorado

Spring 2017

Child & Adolescent Counseling

- Incorporate both in-vivo, role plays and lecture into course
- Consistent use and knowledge of Canvas to supplement classroom learning
- Graduate level course within an on-campus counseling program

Instructor, University of Northern Colorado

Fall 2016

Practicum in Group Facilitation

- Doctoral level practicum course
- Develop group leadership and intervention skills
- Supervise six doctoral students co-leading three on-campus process groups
- Activities include screening clients, providing group counseling to clients, observing group sessions, and facilitating classroom discussions

Instructor, University of Colorado

Fall 2016, Spring 2017

Techniques of Counseling

- Incorporate both in-vivo, role plays and lecture into course
- Utilize Canvas to supplement classroom learning
- Graduate level course within an on-campus counseling program

Instructor, University of Colorado

Summer 2014, 2015, & 2016

Techniques of Counseling

- Invited back to teach based on positive student feedback from previous year
- Incorporated both in-vivo, role plays and lecture into course
- Graduate level course within an on-campus counseling program

Online Instructor, Saybrook University

Spring 2017, Spring 2016, Spring 2015 & Fall 2015

Career Development

- Developed syllabus to foster an effective online learning experience
- Monitored weekly discussion posts to ensure respectful, critical responses
- Course content included career theories, creative and experiential assignments, self-reflection and role plays to encourage student learning
- Graduate level course within hybrid counseling program

Co-Instructor

Spring 2016

Multicultural Counseling

- Assist in developing student skills necessary to become an effective and culturally sensitive counselor

- Include an overview of socio-political factors related to racial/ethnic identity development
- Encourage self-reflection to help students become aware of their multicultural heritage
- Assist with small and large group discussions regarding issues of power, privilege and oppression

Co-Instructor

Fall 2015

Assessment in Counseling

- Collaboratively created an assessment presentation involving students engaging in administering, scoring and interpreting various assessments
- Engage student learning through student-led presentations
- Hybrid course utilizing Canvas for additional media instruction
- Graduate level course with an on-campus counseling program

Co-Instructor, University of Wyoming

Spring 2015

Internship

- Assisted with communication and coordination of internship sites throughout the state of Wyoming
- Facilitated case conferences for 15 counseling graduate students
- Visited off-campus internship sites and met with internship supervisors for every graduate student

Co-Instructor, University of Wyoming

Spring 2014

Counseling Practicum

- Facilitated case conferences for 15 graduate counseling students
- Utilized class discussions, reading and experiential activities to encourage student self-awareness, growth and development
- Graduate level course within an on-campus counseling program
- Adhered to CACREP core standards

Co-Instructor, University of Northern Colorado

Fall 2012

Orientation to Clinical Counseling

- Graduate level course within an on-campus counseling program
- Hybrid course utilizing Blackboard for additional media instruction
- Collaborated on curriculum and exam development
- Implemented CACREP Core standards throughout syllabus development and examination requirement

PROFESSIONAL CONSULTATION

- Provided Supervisor Training to 20 Counselor Supervisors and Supervisees. Training focused on understanding and implementation of the Myers-Briggs Type Indicator and its relationship to the Supervisor Working Alliance and Supervisor Effectiveness

SUPERVISION EXPERIENCE

Fall 2016 Practicum in Group Facilitation, APCE 762

Supervisor

University of Northern Colorado

- *Supervise six doctoral students as they complete their advanced group practicum course*
- *Group supervision includes review and discussion of live and recorded group sessions*
- *Leadership and intervention skills related to group dynamics and processes are highlighted and incorporated throughout the course*

Spring 2015 Counseling Practicum, CNSL 5320

Supervisor

University of Wyoming

- *Collaboratively created and implemented remediation plans for supervisees to further growth and development*
- *Provided weekly consultation and supervisory instruction to masters level students in both triadic and group settings*
- *Supervised weekly live supervision while graduate students counseled individual and play therapy clients*

Fall 2014 Counseling Practicum, CNSL 5310

Supervisor

University of Wyoming

- *Provided weekly consultation and supervisory instruction to masters level students in both triadic and group settings*
- *Supervised weekly live supervision while graduate students counseled individual and play therapy clients*

CLINICAL POSITIONS

Child and Family Counselor

June 2016- Present

Griffith Centers for Children, Denver, CO

- Provide family preservation services to families in need of supportive care and structuring
- Counsel families with therapeutic services designed to prevent out-of-home placement through stabilizing family functioning and addressing safety risks
- Conduct play therapy with children ranging in age from three to nine
- Provide psychological evaluation and assessments to get an initial picture of an individual and/or family's mental health functioning

Graduate Assistant/Counselor

August 2015-May 2016

University Counseling Center, University of Wyoming, Laramie, WY

- Facilitated individual, group, and family counseling with university clients
- Provided academic support for undergraduate and graduate students
- Provided outreach programs and workshops focusing on mental health, adjustment and healthy relationships
- Conducted full psycho-educational battery of assessments for clients presenting to clinic with academic and behavioral health needs.
- Participated in an interdisciplinary assessment team
- Complete a minimum of 12 hours of direct client service on a weekly basis

Counselor

August 2013-May 2016

University of Wyoming Counseling Education and Training Clinic, Laramie, WY

- Delivered individual counseling, family counseling, couples counseling and play therapy to a diverse client population
- Co-led a 6-week Grief and Loss group
- Provided counseling services to clients ranging from ages 3 to 42
- Provided Child and Parent Relationship Training (CPRT) to a set of parents on a weekly basis

Graduate Assistant

August 2013- May 2015

Student Learning Assessment Coordinator, Office of Academic Affairs

University of Wyoming, Laramie, WY

- Supported the Office of Academic Affairs in student learning assessment
- Provided resources and tools to assist faculty and department heads in creating and implementing their assessment plans
- Prepared, administered, and scored the Critical Thinking Assessment and the Collegiate Learning Assessment for undergraduate students

Career Counseling Intern

January 2013– August 2013

University of Northern Colorado, Greeley, CO

- Provided individual counseling, group counseling, and classroom guidance to support students with academic, personal, social, and vocational development
- Assisted in program evaluations and development through communication with peers through written reports and group meetings
- Consulted with departments and supervisors regarding student progress

Play Therapist-in-Training

January 2013-May 2013

Psychological Services Clinic, Greeley, CO

- Worked with child clients in a play therapy setting, facilitating expression through play
- Continually supported peers through live and audio feedback of sessions
- Implemented various therapeutic techniques to create a safe, warm environment

GRANTS FUNDING

Funded Proposals

Date: June 2013

Title: *Evaluating Current Attitudes Toward Sex Roles, Inclusion, Control and Affection in Women in Abusive Relationships Compared to Attitude Measured Twenty-Six Years Ago in Abused Women*

Source: Faculty Grant-in-Aid (FGIA)

Primary Investigator: Jane Warren

Co-investigator: Angela Weingartner

Funded: \$6500

PUBLICATIONS

Warren, J., & **Weingartner, A. G.** (in press). *A creative model: The Three-Selves*. Submitted to the *Journal of Creativity in Mental Health*.

Refereed Works Submitted for Review

Weingartner, A. G., & Austin, J. T. (submitted). *Combining CPRT and couples counseling*. Submitted to *The Family Journal*.

Works in Progress

Weingartner, A. G. (in progress). *Myers-Briggs Type Indicator and its Impact on the Supervisory Working Alliance, the Supervisory Relationship and Supervisee Self-Efficacy*

Weingartner A. G. (in progress). *The impact of the Myers-Briggs Type Indicator on counselor supervision: A systemic review of the literature*

Warren, J., & **Weingartner, A. G.** (in progress). *Evaluating current attitudes toward sex roles, inclusion, control and affection in women in abusive relationships compared to attitudes measured twenty-six years ago in abused women.*

McGriff, D., **Weingartner, A. G.**, & Faimon, K. *Use of WORDLE in Multicultural Counseling Education.* (Research in Project for duration of semester)

PROFESSIONAL AFFILIATIONS

2014-present	American College Counseling Association (ACCA)
2014-present	Colorado Counseling Association
2013-present	Association for Counselor Education and Supervision (ACES)
2013-present	Rocky Mountain Association for Counselor Education and Supervision (RMACES)
2012-present	Chi Sigma Iota, Counseling Academic & Professional Honor Society International
2011-present	American Counseling Association (ACA)
2009-2011	Psi Chi, International Honor Society in Psychology

AWARDS and HONORS

Fall 2015	Emerging Leader Award Recipient, Association for Counselor Education and Supervision 2015 Conference
2014-present	Committee Member, ACES International Initiative Committee
2013-2015	Graduate Student Representative, RMACES
Fall 2014	RMACES Volunteer Scholarship

CONFERENCE PRESENTATIONS

National/International Refereed Presentations

Garfield, A. *Combining CPRT and couples counseling.* Association for Counselor Education and Supervision. Philadelphia, PA. October 2015 (Poster Presentation)

Coggins, K., & **Garfield, A.** *I'm an eagle, you're a turtle: Using Adlerian personality priorities in supervision.* Association for Counselor Education and Supervision. Philadelphia, PA. October 2015 (50 minute Education session).

Garfield, A., & Austin, J. T. *Combining CPRT and couples counseling.* National Association of Social Workers. Cheyenne, WY October 2014 (50 minute Education session).

State/Regional/Local Refereed Presentations

Warren, J., & **Garfield, A.** *Who you are counts; How you are requires awareness.* Wyoming Counseling Association. Cheyenne, WY. October 2015 (1 hour education session).

Morgan, M., **Garfield, A.**, Austin, J. T., Coggins, K., & Austin, J. A. *Putting the "super" back into supervision.* Wyoming Counseling Association. Cheyenne, WY. October 2015. (4 hour education session).

Warren, J., & **Garfield, A.** *Who you are counts; How you are requires awareness.* Colorado Counseling Association. Denver, CO. April 2015 (poster presentation).

Warren, J., & **Garfield, A.** *Who you are counts; How you are requires awareness.* College of Education Scholarship and Research Symposium, University of Wyoming. Laramie, WY. February 2015 (poster presentation).

Garfield, A., & Austin, J. T. *Combining CPRT and couples counseling.* Rocky Mountain Association for Counselor Education and Supervision. Jackson Hole, WY. October 2014 (1 hour roundtable session).

Garfield, A., & Mack, A. *First generation students: Supporting students and families.* Shepard Symposium on Social Justice. Laramie, WY. April 2014 (50 minute education session)

Garfield, A. *Using the Myers-Briggs Type Indicator to enhance the supervision alliance.* College of Education Scholarship and Research Symposium, University of Wyoming. Laramie, WY. February 2014 (50 minute education session).

PROFESSIONAL LEADERSHIP AND SERVICE

National/International

- 2015 Conference Proposal Reviewer, Association of Counselor Education and Supervision
- 2014-present International Initiatives Committee, Association of Counselor Education and Supervision
- 2013-present VOICE Research Project international consultant, Brandon University, Manitoba, Canada
- 2013 Conference Volunteer, Association of Counselor Education and Supervision

State/Regional/Local

- 2017 Professional Counseling Faculty Committee, University of Northern Colorado
- 2013-2015 Rocky Mountain Association for Counselor Education and Supervision
Graduate Student Representative
- 2014 Conference Volunteer, Rocky Mountain Association for Counselor Education and Supervision
- 2014 Proposal Reviewer, Rocky Mountain Association for Counselor Education and Supervision

College and Department

- 2015 Conference Assistant: 6th Biennial Wyoming Institute for Play Therapy and Early Childhood Leadership
- Assisted with approval for CEU's for various professional organizations including NBCC, APA, and Licensing boards. Maintained and collected registration forms and check-in procedures for attendees.
- 2014 Student Athlete Mentor, University of Wyoming

