

Jaimie Stickl Haugen, PhD, LPC, NCC, ACS
School Counseling External Placement Coordinator
University of Northern Colorado, Extended Campus
jaimie.stickl@unco.edu

Education

PhD Counseling & Counselor Education-The University of North Carolina at Greensboro (UNCG) Greensboro, NC
CACREP Accredited **May 2017**
GPA: 4.0

Minor: Education Research Methodology (emphasis on program evaluation)
Cognate: Educational Leadership and Cultural Foundations

MA Counseling: School & Community-Regent University Virginia Beach, VA
CACREP Accredited **August 2010**
Salutatorian GPA: 3.96

BS Elementary Education-Grove City College Grove City, PA
Minor: French **May 2008**
Class Rank: 7/575 GPA: 3.97

Licensure/Certification

Licensed Professional Counselor (LPC), State of Colorado, 2014 (LPC.0011925)
Professional School Counselor-Special Service Provider, State of Colorado, 2012 (CDE License #45797)
Nationally Certified Counselor (NCC), 2010 (#270310)
Approved Clinical Supervisor, 2016 (ACS.02338)
Professional School Counselor, State of New York, 2010 (NYSED #445400101)
School Suicide Prevention Specialist, 2013-American Association of Suicidology
Trauma and Crisis Management Specialist, American School Counseling Association, 2017
Certified Compassion Fatigue Therapist, 2009
Elementary Education/Mid-Level Social Studies, Commonwealth of Pennsylvania (PAED #09600007)

Adjunct Training

Trauma and Crisis Management in School Counseling
School Suicide Prevention
Undocumented Students: Strategies and Contemporary Issues
Love and Logic Training-9 Essentials
American School Counseling Association (ASCA) Recognized ASCA Model Program (RAMP) process
National Office for School Counseling Advocacy (NOSCA) Strategic Planning Training
Restorative Justice
Signs of Suicide/Threat Assessment
'Smart Girls' Group Counseling
Mean Girls-Relational Aggression in Adolescents
Strategies for De-Escalating and Defusing Anger and Aggression
Green Cross Trainings: Post Traumatic Stress Disorder, Stress Management, Treating Traumatized Families, FEMA Crisis Training

Professional Experience

School Counseling External Placement Coordinator August 2018-Present
University of Northern Colorado

- Coordinate school counseling internship and internship placements for the UNCO extended campus (Denver & Colorado Springs)
- Maintain internship contracts, student eligibility forms, new internship placements, and internship documentation
- Establish and maintain collaboration and communication with internship placement sites and site supervisors
- Instructor for graduate level counseling courses such as:

- APCE 614: Internship in School Counseling
- APCE 608: Organization, Administration, and Consultation in Guidance Services

Postdoctoral Research Scholar

August 2018-Present

University of Central Florida

- Conduct counseling and educational research
- Work with research teams utilizing both quantitative and qualitative research methodologies, with a focus on instrument development

Teaching Experience

Teaching Consultant

January 2018-May 2018

University of Colorado, Denver

- Providing weekly consultation and mentorship to adjunct instructor regarding syllabus, weekly lesson plans, CACREP rubrics, Canvas tools etc.
 - COUN 5425: Developing and Implementing School Counseling Programs

Adjunct Assistant Professor

August 2017-December 2017

Lenoir-Rhyne University

Mean Overall Instructor Rating: 3.9 out of 4

- Taught graduate level course for counseling and education department students
 - EDU 506.70: Child, Individual, and Family Development, Online course

Affiliate Faculty

June 2017

Colorado Christian University

- Co-taught graduate level counseling course including the following:
 - CSL 582: Counseling Residency II, Co-instructor, Residency for online counseling students

Adjunct Instructor

January 2017-May 2017

University of Colorado, Denver

Mean Overall Instructor Rating: 5.9 out of 6

- Taught graduate level counseling course including:
 - COUN 5425: Developing and Implementing School Counseling Programs, Face to Face course

Instructor

August 2015-May 2016

The University of North Carolina at Greensboro

Mean Overall Instructor Rating: 4.9 out of 5

- Taught counseling courses including:
 - CED 210: Career and Life Planning, Hybrid Course (face to face, synchronous, and asynchronous components)
 - CED 210: Career and Life Planning, Face to Face Course

Co-Instructor

January 2016-May 2016

The University of North Carolina at Greensboro

Mean Overall Instructor Rating (including both instructors): 5 out of 5

- Co-taught a counseling course for professional counselors in a post-masters certificate program including:
 - CED 644: Advanced Topics in School Counseling, Online Course

Guest Lecturer

October 2014-October 2017

The University of North Carolina at Greensboro

- Invited to speak as a guest lecturer for graduate level counseling courses including the following:
 - CED 648: Foundations in School Counseling (x3): The use of data in comprehensive school counseling programs
 - CED 650: Group Counseling Theory and Practice: Group counseling with children and adolescents
 - CED 675: Counseling Field Practicum: The use of creativity in counseling

The University of Phoenix

March 2014

- Invited to speak as a guest lecturer for graduate level counseling course including the following:
 - SCHC597: School Counseling Internship: School counseling and grant funded positions

Research and Publications

REFEREED PUBLICATIONS

- Campbell, L. O., **Stickl Haugen, J**, Sutter, C. , Lambie, G. W. (in Press). Building Capacity for Mental Health Literacy of Suicidality and Self-Injurious Behaviors: A Formative Design Investigation. *Journal of Formative Design in Learning*
- Stickl Haugen, J.**, Wester, K., & Wachter Morris, C. (2019). The need to belong: An exploration of belonging among urban middle school students. *The Journal of Child and Adolescent Counseling*. doi:10.1080/23727810.2018.1556988
- Lambie, G. W., & **Stickl Haugen, J.** (2019). Understanding greed as a unified construct. *Personality and Individual Differences, 141*, 31-39. doi:10.1016/j.paid.2018.12.011
- Stickl Haugen, J.**, & Chouinard, J. (2018). Transparent, translucent, opaque: Exploring the dimensions of power in culturally responsive evaluation contexts. *American Journal of Evaluation*. doi:10.1177/1098214018796342
- Stickl, J.**, Wester, K., & Wachter Morris, C. (2018). Making sense of subjectivity: The use of Q Methodology in counseling research. *Counseling Outcome Research and Evaluation*. doi:10.1080/21501378.2017.1419425
- Waalkes, P., Benshoff, J., **Stickl, J.**, Swindle, P., & Umstead, L. (2018). Structure, impact, and deficiencies of beginning counselor educators' doctoral teaching preparation. *Counselor Education and Supervision, 57*, 66-80. doi:10.0000/j.0000-0000.2013.00000.x
- Murray, C., Spencer-Moore, K., **Stickl, J.**, & Crowe, A. (2017). See the triumph healing arts workshops for survivors of intimate partner violence and sexual assault. *Journal of Creativity in Mental Health, 12*, 192-202. doi:10.1080/15401383.2016.1238791
- Stickl, J.** (2016). An examination of student success using Bronfenbrenner's bioecological model: Implications for research and practice. *The Romanian Journal of Counseling, 2*, 181-212.
- Kirkman, C., McNees, H., **Stickl, J.**, Banner, J., & Kappler Hewitt, K. (2016). Crossing the suspension bridge: Navigating the road from school suspension to college success-How some students have overcome the negative implications of school suspension to bridge the road to college. *Journal of Organizational and Educational Leadership, 2* (1), Article 4.
- Lashley, C., & **Stickl, J.** (2016). Principals and counselors: Collaborating to improve instructional equity. *Journal of Organizational and Educational Leadership, 2*(1), 1-24. Article 6.
- Szilagyi, A., Jansel, A., & **Stickl, J.** (2016). Between an occupation and a profession: The professionalization of counseling. *The Romanian Journal of Counseling, 2*, 115-127.

BOOK CHAPTERS

- Jansel, A., Szilagyi, A., Panc, I., Wagener, A., & Caeiro, R. (2017). *Career development facilitator handbook*. **Stickl, J.**, & Parreira, H. (Contributors). Greensboro, NC: Center for Credentialing and Education.

NON-REFEREED PUBLICATIONS

- Waalkes, P., Gray, C., & **Stickl, J.** (2016, July/August). Engagement, classroom management, and pedagogy. *American School Counseling Association Magazine, 53*(6), 14-20.
- Stickl, J.** (2015, Fall). Considerations of spirituality in school counseling practice. *North Carolina Association for Spiritual, Religious, and Value Issues in Counseling Newsletter*.
- Stickl, J.** (2015). Supervision for practicing school counselors [Blog post]. Retrieved from <http://cedresearch-practice.blogspot.com/>
- Moore, K., & **Stickl, J.** (2015, January 15). The transformative healing power of art [Blog post]. Retrieved from

REFEREED PUBLICATIONS CURRENTLY IN PROCESS OR UNDER REVIEW

Sutter, C., **Stickl Haugen, J.**, Campbell, L., & Tinstman, J. (Under Review 5/2019). Bully proof? The effectiveness of anti-bullying policies in reducing bullying prevalence. *Educational Psychology*.

Stickl Haugen, J., Sutter, C. C., Tinstman Jones, J. L., & Campbell, L. O. (Under Review 3/2019). School district anti-bullying policies: A statewide content analysis. *Educational Psychology in Practice*.

Waalkes, P., DiCinco, D., **Stickl Haugen, J.**, & Dalbey, A. (Under Review 2/2019). The relationship between job roles and gender on principal-school counselor relationship quality. *Professional School Counseling*.

RESEARCH PROJECTS CURRENTLY IN PROCESS

Stickl Haugen, J. (In Process). The development and validation of a culturally relevant Sense of School Belonging scale. *Journal to be determined*.

Stickl, J., & Harris, P. (In Process). Ripple effects of the political climate on students of color: A national exploration of school counselors' experiences post-election 2016. *Journal to be determined*.

Stickl, J., Neverve, C., & Waalkes, P. (In Process). Advocacy and empowerment: Eliciting the voices of urban middle school students through the use of photovoice. *Journal of Professional School Counseling*.

Lambie, G., & **Stickl Haugen, J.** (In Process). Development and validation of the Heintzelman Greed Scale. *Journal to be determined*.

Wachter-Morris, C., & **Stickl, J.** (In Process). A Content Analysis of teaching pedagogy within school counseling graduate courses. *Journal to be determined*.

Hall, D., Waalkes, P., **Stickl, J.**, & Swindle, P. (In Process). An examination of beginning counselor educators teaching development and experience with teaching mentorship: A Consensual Qualitative Research study. *Journal to be determined*.

Wester, K., Wachter Morris, C., Mayton, H., **Stickl, J.**, Umstead, L., & Vaishnav, S. (In Process). Imposter phenomenon, faculty research, and mentoring among faculty in counselor education. *Journal to be determined*.

PROGRAM EVALUATIONS

Evaluability Assessment

January 2016-May 2016

Mental Health Association of Greensboro, Greensboro, NC

- Conducted the evaluation assessment from start to finish, including developing a logic model and guiding framework, presenting an evaluation plan, collecting multiple types of data from a variety of stakeholders and documents, and writing up a final evaluability assessment including key recommendations to improve programming for grant funding.

Grants

EXTERNAL GRANTS

Grants Applied For and Not Funded

Denver Public Schools GEAR UP 2018. (Submitted May, 2018, **\$7,305,212**, Haviland, S. [PI], **Stickl, J.** & Welch, S.). Federal partnership grant, United States Department of Education.

Improving resiliency, social-emotional health, and coping skills for underserved elementary and middle school students. (Submitted October 2017, **\$99,971**, **Stickl, J.** [PI], & Haviland, S.). Caring for Colorado Foundation.

INTERNAL GRANTS

Grants Funded

Research Proposal Funding-\$2,000

Summer 2016

The University of North Carolina Greensboro, Graduate School

- “The Need to Belong: An Exploration of Belonging Among Urban Middle School Students” research proposal

Research Travel Grant-\$1,000

Summer 2016

The University of North Carolina at Greensboro: Graduate Student Association

- Travel and initial research preparation funding for “The Need to Belong: An Exploration of Belonging Among Urban Middle School Students” research proposal

GRANT MANAGEMENT AND GRANT EXPERIENCE

Colorado School Counseling Corp Grant Coordinator/Manager

December 2016–August 2018

Denver Public Schools, Denver, CO

- Work at the district level to coordinate grant goals and data management for 11 professional school counselors in 10 different schools across Denver Public Schools, a large metropolitan school district.
- Help oversee grant details of a state funded (\$2,700,000) grant including the development and implementation of a data driven comprehensive school counseling program within each school, data analysis, and grant reporting.

Grant Reports

Yoder, B., & Stickl, J. (2018). Colorado School Counseling Corps State Annual Report, *Year 4*, Colorado Department of Education.

Yoder, B., & Stickl, J. (2017). Colorado School Counseling Corps State Annual Report, *Year 3*. Colorado Department of Education.

Awards & Fellowships

Emerging Leader

July 2017–June 2018

Association for Assessment and Research in Counseling (AARC)

- Selected to be in the Emerging Leaders Program as a new professional for AARC. Participate in a mentorship program and work with the organization on committees, writing, and service.

Editorial Fellow

May 2017–April 2018

Counselor Education & Supervision (CE&S)

- Selected to be an editorial fellow for the CE&S journal obtaining mentorship from an editorial board member to participate in the editorial process, contribute to the journal, and enhance editing skills.

Research Development Program Fellow

September 2015–April 2016

The University of North Carolina at Greensboro: Bauer and Associates Consulting

- Selected to be a participant as part of a research grant writing training and preparation program. Attended workshops, one on one consulting, grant review circles, and training regarding the development of competitive grant proposals over the course of a year including mock review circles for research grant proposals.

Professional Presentations

NATIONAL

Stickl Haugen, J. (2018). Q Methodology in Counseling Research. Assessment and Research in Counseling (AARC), Richmond, VA.

Wester, K., Wachter-Morris, C., Austin, J., Mayton, H., Stickl Haugen, J., Umstead, L., & Vaishnav, S. (2018). The imposter: Effects of imposter syndrome and mentorship on research self-efficacy and productivity among counselor educators. Assessment and Research in Counseling (AARC), Richmond, VA.

- Wester, K., Wachter-Morris, C., Barrio Minton, C., Chang, C., McCall, M., Perez-Pena, A., & **Stickl, J.** (2017). Female researchers in counseling. Building efficacy through mentorship. *Assessment and Research in Counseling (AARC)*, Phoenix, AZ.
- Crowe, A., Murray, C., Spencer, K., & **Stickl, J.** (2017). See the triumph healing arts workshops for survivors of intimate partner violence and sexual assault. North Carolina Counseling Association (NCCA), Raleigh, NC.
- Waalkes, P., **Stickl, J.**, & Gray, C. (2016). Evidenced-based Teaching Techniques for Classroom Guidance Lessons. Presented at the Evidenced-Based School Counseling Conference (EBSCC), Athens, GA.
- Stickl, J.**, & Neverve, C. (2014). College and Career Counseling in Middle School: A GEAR UP Perspective. Presented at National Association for College Admission (NACAC), Indianapolis, IN.
- Stickl, J.**, Neverve, C., Rodriguez, J., Castinada, N., Henry, S., & Tafoya, F. (2014). College and Career Counseling in a Middle School setting. Presented at GEAR UP National Conference, Washington D.C.
- Stickl, J.**, Neverve, C., & Rodriguez, J. (2014). College and Career Counseling in Middle School. Presented at National Office for School Counselor Advocacy (NOSCA), Los Angeles, CA.

STATE

- Stickl, J.**, & Neverve, C. (2018). Sense of belonging among urban middle school students. Colorado School Counseling Association (CSCA) conference. Keystone, CO.
- Stickl, J.**, & Neverve, C. (2018). Empowering the voices of Latino youth: The use of Photovoice in a school counseling program. Colorado School Counseling Association (CSCA) conference. Keystone, CO.
- Stickl, J.**, & Neverve, C. (2017). The Impact of the election on our students and schools: Challenges and strategies for school counselors. Colorado School Counseling Association (CSCA) conference. Keystone, CO.
- Stickl, J.**, & Gray, C. (2015). Addressing Cultural Disparities Through School Counseling Supervision. Presented at North Carolina School Counseling Association (NCSCA) conference. Greensboro, NC.
- Stickl, J.**, Neverve, C., Rodriguez, J., Henry, S., & Tafoya, F. (2014). College and Career Counseling in Middle School. Presented at Colorado School Counseling Association (CSCA). Vail, CO.
- Stickl, J.**, Neverve, C., Rodriguez, J., Henry, S., & Tafoya, F. (2013). College and Career Counseling in Middle School. Presented at Colorado School Counseling Association (CSCA). Loveland, CO.
- Stickl, J.**, & Dilella, N. (2009). A critique of Kohlberg's Theory of Moral Development Using the Case of Child Soldiers. Presented at Virginia Association for Counselor Education and Supervision (VACES), Norfolk, VA.

LOCAL

- Stickl, J.**, & Linden, M. (2018). Resiliency assessment, research, and data. District Professional Development for Administrative Leaders, Denver Public Schools, Denver, CO.
- Stickl, J.**, & Yoder, B. (2017). The use of technology in Individual Career and Academic Plans [sub-set of larger presentation training with multiple presenters]. District School Counselor Training, Denver Public Schools, Denver, CO.
- Stickl, J.**, & Moore, K. (2015). The Healing Power of Art. Presented at the Creativity in Research Expo at The University of North Carolina at Greensboro, Greensboro, NC.

Supervision Experience

School Counseling Supervisor**December 2016-August 2018***Colorado Counseling Corp Grant Professional School Counselors-Denver Public Schools*

- Provide individual supervision and support via weekly meetings with professional school counselors who work under the Colorado Counseling Corp Grant.
- Support counselors with various needs, issues, and elements of practice in implementing a comprehensive school counseling program in high needs schools.

School Counseling Supervisor**June 2016-August 2016***School Counseling Practicum Student-Denver Public Schools*

- Worked individually with a master's level school counseling practicum student. Oversaw and collaborated on individual counseling sessions, home visits, phone calls, and parent meetings for 'Summer Melt' college matriculation program with graduated seniors from Denver Public Schools. Supervised data collection, post-session processing, and discussed best practices with school counseling practicum student.

Clinical Supervisor (Doctoral Intern)**January 2015-May 2016***Advanced Placement Practicum Students-UNCG*

- Provided weekly individual or triadic supervision for master's level mental health counseling students providing counseling services to clients at the Vacc Counseling and Consulting Clinic. Using a developmental approach in conjunction with the discrimination model to meet counselor needs and help students improve counseling skills.
- Implemented various supervision techniques such as role-play, tape-review, Interpersonal Process Recall, and modeling to work on students counseling goals.
- Co-facilitated weekly group supervision for students as they presented case presentations and learned to incorporate Structured Peer Group Supervision with their peers.

Clinical Supervisor and Consultant**January 2016-May 2016***Advanced Placement Practicum Students, Vacc Clinic Supervision and Consultation, UNCG*

- Provided weekly supervision when students needed to consult during their sessions regarding client suicidal ideation, self-harm, or homicidal intent. Provided support and direction for appropriate assessment, safety planning, emergencies, and/or crisis situations.

Clinical Supervisor (Doctoral Practicum)**October 2015-November 2015***Helping Skills Practicum Students, UNCG*

- Provided individual supervision to help teach counseling skills for master's level counseling students enrolled in CED 610/620: Helping Skills. Used the Discrimination Model and counseling, consultation, and teaching roles using tape-review and process skills to help students improve counseling skills.

Clinical Supervisor**January 2015-May 2015***Group Counseling Practicum Students, UNCG*

- Facilitated group to help teach group process, norms, and functions of group counseling for master's level counseling students enrolled in CED 650: Group Counseling Theory and Practice. Also assist students in co-facilitating group to learn facilitation and group leadership skills.

School Counseling Supervisor**August 2014-December 2014***School Counseling Practicum Students, UNCG*

- Facilitated group processing around school counseling experiences with master's level counseling students enrolled in CED 648: Foundations of School Counseling to assist and facilitate their practicum experience/immersion and development for those who wish to become certified as professional school counselor.

Clinical Supervisor**August 2014-November 2014***Multicultural Practicum Students, The University of North Carolina at Greensboro*

- Facilitated group processing around cultural immersion experiences with master's level counseling students enrolled in CED 605: Counseling Diverse Populations to assist in the development of their multicultural competence and processing of their immersion experience.

Clinical Supervisor**August 2014-November 2014***Helping Skills and Counseling Theories Students, UNCG*

- Facilitated groups for master students enrolled in CED 620: Counseling Theories and Practice and CED 610: Helping Relationships to assist in their attainment of basic helping skills: reflections, active listening, open-ended questions etc.

School Counseling Site Supervisor

January 2013-June 2013

School Counseling Interns, Skinner Middle School, Denver Public Schools

- Supervised two school counseling interns from the University of Denver and Phoenix University.
- Provided supervision and guidance for individual and group school counseling with students.

Professional Counseling Experience

PROFESSIONAL SCHOOL COUNSELING

School Counselor- Denver Public Schools

Summer 2015 & 2016

Summer Melt Program, Denver, CO

- Coordinated college matriculation efforts including home visits, counselor's contacts, and data tracking.
- Team-leader responsible for organizing and transportation program for freshman orientation at state colleges and universities for low-income and minority students and families.
- Worked with low-income, under-served, and at-risk students to help graduated seniors in the college enrollment process.
- Conducted home visits to families, including families of first generation and undocumented students, to help with FAFSA, post-secondary applications, admissions, and enrollment process.

School Counselor-GEAR UP Federal Partnership Grant/Denver Public Schools

February 2012-July 2014

Skinner Middle School/Abraham Lincoln High School, Denver, CO

- Served as chair counselor responsible for the development and implementation of a counseling program through individual and group counseling, responsive services, and college preparation, including first generation and undocumented students.
- Set-up and organized college visits. Discussed college readiness with students and families.
- Responsible for creating college going culture and post-secondary readiness for students.
- Coordinated and led school wide standardized testing for Pre-ACT.
- Engaged parents and families through parent nights, phone, email, and home visits to discuss career/college opportunities, high school transition, financial aid/scholarship opportunities.
- Used school and student data, needs assessments, evaluations, action plans, results reports, and other ASCA model elements to create a comprehensive counseling program that targets areas of need and gaps to reach every student.
- Conducted multiple counseling groups centered around identified social/emotional needs, peer connections, relational aggression, self-esteem, and communication skills.
- Provided crisis response through suicide assessments, threat assessments, de-escalation, and conflict mediations.
- Developed, implemented, and led girls' groups on social/emotional concerns.
- Developed and conducted school wide assembly for girls on self-esteem.
- Implemented classroom guidance lessons, Signs of Suicide Program, and Personalized Education Plans.
- Conducted conflict mediations.
- Conducted individual counseling with a variety of students and carried a consistent caseload of students with more intensive mental health concerns (including self-harm, grief and loss, anxiety, social concerns, ODD, and anger management).

School Counselor-Board of Cooperative Educational Services (BOCES)

November 2010-June 2011

Niagara Falls Alternative High School/Lasalle Middle School, Niagara Falls, NY

- Provided individual and group counseling for middle and high school students' including a caseload of behavioral/emotional needs students (including ODD, Conduct Disorder, emotionally disturbed, ADHD, trauma, sexual assault victims, & self-mutilation) and special needs students (including autism, cerebral palsy, & down's syndrome).
- Developed counseling reports, IEP goals, and progress reports.
- Created psycho-education group geared toward prevention and the decrease in peer violence/bullying.

School Counselor (Intern)

October 2009-December 2009

Norfolk Public Schools, Norfolk, VA

- Conducted individual academic/career and course planning sessions discussing personal/career goals, high school options, diploma types, specialty programs, and post-secondary options.
- Facilitated conflict mediations and post suspension conferences with students.

- Helped make referral for 504 plan and attended child study and IEP meetings.
- Developed group proposal and conducted psycho-educational groups for students in Anger Management.

School Counselor (Intern/Long Term substitute)

August 2009-October 2009

School of International Studies at Meadowbrook, Norfolk, VA

- Took on school counseling duties for the school counselor on medical leave
- Completed school counseling comprehensive program activities at a school-wide level

CLINICAL MENTAL HEALTH COUNSELING

Counselor (Doctoral Intern)-Youth Focus

January 2015-May 2015

Youth Focus Outpatient, Greensboro, NC

- Provided individual, group, and family counseling for youth ages 6-17 (including court ordered youth).
- Provided individual counseling to pregnant adolescent girls in a residential facility.
- Created treatment plans, case notes, diagnosis, and follow up interventions and recommendations for youth and families.

Counselor (Doctoral Practicum)- Vacc Counseling and Consulting Clinic

August 2014-November 2014

The University of North Carolina at Greensboro, Greensboro, NC

- Provided counseling services for University students.
- Worked with students who were on Academic Probation and Re-entry probation.
- Worked with students on issues including emotional concerns, relationship issues, academic concerns, career guidance anxiety, and depression.

Child & Family Counselor (Clinical Intern)

May 2010-August 2010

Denali Family Services, Anchorage, AK

- Provided individual, family, and group therapy to support children and adolescents who were severely emotionally disturbed.
- Facilitated children's groups focused on social skills for severely emotionally disturbed boys (ages 7-9 & 9-11).
- Facilitated creative expression group for teens focused on coping skills and expression of social and emotional issues (ages 13-18).
- Provided services to a diverse clientele, including Alaska Natives, urban, rural, and welfare populations.
- Co-facilitated creative expression group for teens focused on coping skills and the expression of social and emotional concerns.

School Based Counselor (Intern)

January 2010-April 2010

Safe Schools Counseling, Norfolk Public School, Norfolk, Virginia

- Provided individual counseling to caseload of students in elementary, middle, and high schools.
- Conducted a Signs of Suicide program, including screening and individual suicide assessments for high school students.
- Participated in multi-disciplinary treatment team meetings.

Grief Group Facilitator

October 2009-May 2010

Edmarc Hospice, Virginia Beach, VA

- Facilitated 13-18 year old adolescent group on grief and loss issues concerning the death of family members or friends due to chronic illness or suicide.
- Coordinated interventions and discussion on the various personal and social implications of loss.

Intake Counselor (Practicum Student)

January-April 2009

Juvenile and Domestic Relations Court, Norfolk, VA

- Applied counseling techniques in criminal and civil matters including custody, child support, visitation, assault and battery, and petty larceny cases as well as being involved with crisis counseling.
- Developed GED resource for youth and families.

International Experience

Doctoral Graduate Assistant-National Board of Certified Counselors (NBCC)

August 2016-May 2017

National Board of Certified Counselors-International

- Worked with international staff, including staff of the European Board of Certified Counselors, to assist with various tasks associated with the International Division of NBCC
- Edited chapters of texts, provide resources, and work on collaborative writing projects for journals or international conferences

Professional Leadership and Service

LEADERSHIP

Co-Chair: Scholarly Grants Committee **May 2018-Present**

Association for Assessment and Research in Counseling

Help lead the association's committee focused on scholarship, grant proposals, and grant awards through the organization

Co-Chair: Professional Development Committee **April 2018-Present**

Colorado School Counselor Association

Help develop and coordinate professional development opportunities for members of the Colorado School Counseling Association. Developed, coordinate, and lead Emerging Leader Program.

Member: Ad Hoc New Counselor Induction Committee **August 2018-Present**

Colorado School Counselor Association

Help develop curriculum for a School Counseling Induction Program to meet the need of the State Board of Education's ruling (C.R.S. 22-60.5-204) and Colorado State Board of Education of Education rules (1 CCR 301-37 8.01-02).

Member: Standards Review Committee

Association for Assessment and Research in Counseling

August 2018-Present

Help review policies and standards of AARC for resources and dissemination

Member: Ethics Committee

American School Counseling Association

November 2018-Present

Support ASCA members with legal and ethical issues in counseling

Member: Ad hoc National Supervision in School Counseling Committee **November 2018-Present**

American School Counseling Association

Gather information and resources for school counseling supervision at the national level

Colorado State-Wide Initiative: Trauma Responsive Schools Theory of Change Action Planning **October 2017**

Aurora, CO

Met with Colorado education and school district leaders across the state to work on a state-wide trauma sensitive schools conceptual model (including indicators and interventions) to disseminate to school districts across the state in an effort to support trauma responsive school practices

Denver Public Schools (DPS) Individual Career and Academic Plans (ICAP) Review Committee **Spring 2013**

Denver, CO

Reviewed and improved DPS Colorado State ICAP requirements for District implementation.

Denver Public Schools District Counseling Leadership Team **August 2012-November 2013**

Denver, CO

Attended quarterly meetings to discuss and collaborate on district wide counseling programming.

EDITORIAL SERVICE

Teaching and Supervision in Counseling **November 2018-Present**

Editorial Review Board Member

Counseling Outcome Research and Evaluation Journal
Editorial Review Board Member

August 2017-Present

The Clinical Supervisor
Ad-Hoc Expert Reviewer

October, 2017-Present

ADVOCACY WORK

Association for Assessment and Research in Counseling
Public Policy and Advocacy Committee Member

July 2017-June 2018

Colorado Department of Education
Denver, CO

May 2018

Testified at the Colorado Department of Education board meeting alongside representatives of the Colorado School Counseling Association to advocate for appropriate school counseling licensure and certification processes

Colorado Council for Education
Denver, CO

March 2017

Testified at the Colorado State capital education committee meeting supporting the passage of a bill (Senate Bill 17-068) to expand the Colorado Counseling Corp Grant to include elementary schools.

Membership

CURRENT

American School Counseling Association
Colorado School Counseling Association
Association for Assessment and Research in Counseling
American Association of Suicidology

PAST

North Carolina Counseling Association
North Carolina Association for Spiritual, Religious, and Value Issues in Counseling
Chi Sigma Iota-Counseling Honorary Society
American Counseling Association
Association for Counselor Education and Supervision

