

Jennifer A. Smith, Ph.D., LPC, RPT-S

University of Northern Colorado
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Education

Georgia State University, July 2016

Doctorate of Philosophy in Counselor Education and Supervision (CACREP accredited)

Cognate: Creative Approaches to Counseling

Qualitative Research Certificate

Georgia State University, May 2012

Education Specialist in Professional Counseling

Georgia State University, May 2010

Master of Science in Professional Counseling (CACREP accredited)

The Art Institute of Atlanta, September 2006

Bachelor of Fine Arts degree in Photographic Imaging

Professional Licensure and Certification

Approved Clinical Supervisor, ACS01823

Licensed Professional Counselor, State of Colorado, LPC0014217

Licensed Professional Counselor, State of Georgia, LPC007052

National Certified Counselor, 266327

Registered Play Therapist- Supervisor, certificate number T-2188

Professional/Academic Work Experience

August 2016-
Present

Assistant Professor, University of Northern Colorado, Department of Applied Psychology and Counselor Education (Graduate Faculty status with Doctoral Research Endorsement).

August 2014-
December 2015

Instructor, Georgia State University, Department of Counseling and Psychological Services, Basic Counseling Skills.

August 2012-
August 2014

Graduate Research Assistant, Coordinator, Georgia State University, Atlanta, GA
Principle Investigators: Kris Varjas, PsyD and Joel Meyers, PhD

June 2012-
August 2015

Teaching Assistant, Georgia State University, Department of Counseling and Psychological Services, Introduction to Play Therapy, Advanced Group Counseling, Social and Cultural Issues in Counseling, Creativity in Counseling.

Teaching Experience

APCE 609: Foundations of Play Therapy

APCE 612: Practicum in Individual Counseling

APCE 617: Play Therapy Practicum

APCE 623: Counseling Diverse Populations

APCE 624: Substance Abuse and Assessment

APCE 650: Orientation to Clinical Counseling

APCE 662: Group Dynamics and Facilitation
 APCE 691/2: Internship in Clinical Mental Health Counseling/Couples and Family Therapy
 APCE 702: Doctoral Counseling Practicum
 APCE 703: Professional Development Seminar in Counselor Education
 APCE 713: Supervision of Play Therapy Practicum
 APCE 716: Doctoral Research Seminar (Research in CES)
 APCE 723: Seminar in Advanced Multicultural Perspectives in Counselor Education & Supervision

Publications

Peer Refereed (*data based)

- *Varney, M., Chang, C. Y., McCullough, J. R., Huffstead, M., & **Smith, J. A.** (2019). A phenomenological study of the experiences of Master's level students of color in counseling programs. *Teaching and Supervision in Counseling* 1(2), 31-45. doi:10.7290/tsc010203
- Saltis, M. N., Critchlow, C., & **Smith, J. A.** (2019). Teaching through sand: Creative applications of sandtray within constructivist pedagogy. *Journal of Creativity in Mental Health*.
<https://doi.org/10.1080/15401383.2019.1624995>
- *Viehl, C., Dispenza, F., **Smith, J. A.**, Varney, M., Guvensel, O., Suttles, M., McCullough, J. R., Chang, C. Y., Brack, J., & Kaufmann, J. (2018). How do sexual minority men experience burnout in the mental health field? A grounded theory study. *Journal of Gay & Lesbian Mental Health*, 22(1), 52-70.
<http://dx.doi.org/10.1080/19359705.2017.1357663>
- ***Smith, J. A.**, Chang, C. Y., & Orr, J. J. (2017). A Phenomenological Investigation: Microaggressions and Counselors-in-Training. *Journal of Creativity in Mental Health*, 12(2), 213-229.
<http://dx.doi.org/10.1080/15401383.2016.1243076>
- Smith, J. A.**, McCullough, J. R., Critchlow, C., & Luke, M. (2017). Proposing an initiative research methodology for LGBTQ+ youth: Photo-elicitation and thematic analysis. *Journal of LGBT Issues in Counseling*, 11(4), 271-284. <http://dx.doi.org/10.1080/15538605.2017.1380557>
- *Wood, L., **Smith, J. A.**, Varjas, K., & Meyers, J. (2017). School personnel social support and nonsupport for bystanders: Exploring student perspectives. *Journal of School Psychology*, 61, 1-17.
<http://dx.doi.org/10.1016/j.jsp.2016.12.003>
- *Wood, L., **Smith, J.**, Varjas, K., & Meyers, J. (2016). Empowering upstanders: Class-wide approach to promoting positive bystander behavior. *School Psychology Forum: Research In Practice*, 10, 66-77.
- *Forsberg, C., Wood, L., **Smith, J.**, Varjas, K., Meyers, J., Jungert, T., & Thornberg, R. (2016). Students' views of factors affecting their bystander acts in bullying situations: A cross-collaborative conceptual qualitative analysis. *Research Papers in Education*, 31, 1-17. <http://dx.doi.org/10.1080/02671522.2016.1271001>

Non-Refereed

- Smith, J. A.** & Chang, C. Y. (2015). Acting as a Theorist. In M. Luke, & K. M. Goodrich (Eds.), *Group Experts Share Their Favorite Activities for Supervision, Volume 1* (pp. 214-216). Association for Specialists in Group Work.
- Smith, J. A.** & Wynne, L. S. (2015). Coleadership Fears in a Bag. In M. Luke, & K. M. Goodrich (Eds.), *Group Experts Share Their Favorite Activities for Supervision, Volume 2* (pp. 287-289). Association for Specialists in Group Work.
- Guvensel, K., McDonald, P., & **Smith, J.** (2013). Instructors' Manual: Group Work with Dr. Peg Carroll, ASGW/ACA CEU DVD.

Manuscripts in Progress

*Cigrand, C., Ward, C., & **Smith, J. A.** (under review). Effects of mindfulness meditation on counselor self-compassion and experiential avoidance.

Manson, J. L. & **Smith, J. A.** (in progress). Guiding the wounded healer: Supervision of CITs with complex trauma.

***Smith, J. A.**, Wood, L., Varjas, K., & Meyers, J. (in progress). Bystanders' perspectives on reasons for bullying.

Smith, J. A., & Saltis, M. (in progress). Conceptualizing child-centered play therapy with gender expansive youth.

***Smith, J. A.**, Chang, C. Y., Varney, M., Tolleson, A., Luke, M., & Fulling, S. (in progress). Gender expansive youth and safe relationships: Utilizing photo-elicitation and thematic analysis.

***Smith, J. A.**, Luke, M., Varney, M., Tolleson, A., McCullough, J. R., & Chang, C. Y. (in progress). Unsafe relationships for gender expansive youth.

McCullough, R., & **Smith, J. A.** (in progress). Anti-transgender prejudice: Implications for counselors and counselor educators.

Professional Presentations

International

Forsberg, C., Rosenbaum, L., **Smith, J.**, Varjas, K., Meyers, J., Jungert, T., & Thornberg, R. (2014, March). *A cross-cultural study on students' reasons for defending or not defending as a bystander to bullying*. Paper presented at the 42nd Congress of Nordic Educational Research Association at Lillehammer, Norway.

Varjas, K., Meyers, J., **Smith, J.**, Rosenbaum, L., Forsberg, C., Thornberg, C., & Jungert, T. (2013, July). *Motivations of bystander behavior: A cross-cultural comparison*. Paper presented in the Symposium entitled "US and Sweden Investigating Bullying and Bystander Behavior" at the 35th International School Psychology Association Conference, Porto, Portugal.

National

Saltis, M. N., Critchlow, C., **Smith, J.A.**, & EngleNewman, E. (2019, October). *Creative applications of sandtray in CES pedagogy*. Association for Counselor Education and Supervision Conference, Seattle, WA.

Saltis, M. N., **Smith, J. A.**, & Helm, H. (2019, October). *Using sandtray in a doctoral-level multicultural counseling course*. Association for Counselor Education and Supervision Conference, Seattle, WA.

Smith, J. A., McCullough, J. R., Tolleson, A., & Critchlow, C. (2017, October). *Gender nonconforming youth and safety: Utilizing photo-elicitation and thematic analysis*, Association for Counselor Education and Supervision, Chicago, IL.

Cigrand, C. & **Smith, J. A.** (2017, October). *The role of White Guilt and building an Anti-Racist identity in the classroom*, Association for Counselor Education and Supervision, Chicago, IL.

Smith, J. A., Orr, J. J., & Varney, M. (2015, October). *A Phenomenological Investigation: Microaggressions, Photo-Journaling, and Counselors-in-Training*, Association for Counselor Education and Supervision Conference, Philadelphia, PA.

McDonald, C. P., Chang, C. Y., Guvensel, K., **Smith, J. A.**, Viehl, C., Golubovic, N., Rumsey, A., & Murphy, T. (2015, March). *A new model: Using a research team to promote excellence, professional identity, and advocacy in counseling*, American Counseling Association Conference, Orlando, FL.

- Wood, L. R., **Smith, J. A.**, Quinn, A. G., Prevost, C., Perkins, C. A., Varjas, K., Meyers, J. (2015, February). *Empowering Upstanders: Example of Universal Intervention Design, Implementation, and Evaluation*. National Association of School Psychologists Conference, Orlando, FL.
- Bailey, C. M., Quinn, A. G., Gifford, A. M., Wood, L. R., **Smith, J. A.**, Perkins, C. A., Varjas, K., Meyers, J. (2015, February). *The Upstander Project: Engaging Bystanders to Prevent Bullying*. National Association of School Psychologists Conference, Orlando, FL.
- Rosenbaum, L., **Smith, J.**, Varjas, K., & Meyers, J. (2014, February). *Student Perspectives of School-Personnel Roles in Bystander Behaviors*, National Association of School Psychologists Conference, Washington, DC.
- Quinn, A., **Smith, J.**, Graybill, E., Varjas, K., Meyers, J., & Watson, L. (2014, February). *Starting a GSA: From Advisors' Perspectives*, National Association of School Psychologists Conference, Washington, DC.
- Smith, J.** & Orr, J. (2013, October). *Exploring the Effectiveness of Photo-Journaling: Developing Social and Cultural Self-Awareness among Counselors-In-Training*, Association for Counselor Education and Supervision Conference, Denver, CO.
- Guvensel, K., Dixon, A., McDonald, C. P., & **Smith, J.** (2013, October). *Internationalization of Counseling: Research, Training, & Practice*, Association for Counselor Education and Supervision Conference, Denver, CO.
- O'Hara, C., Corthell, K., Grubbs, N., McDonald, C., Parker, L., **Smith, J.**, Stewart, L., & Chang, C. (2013, March). *The Experiences of Graduate Students Learning about Professional Advocacy*. American Counseling Association National Conference, Cincinnati, OH.
- Smith, J.** & Orr, J. (2012, September). *Using Photographic Expression in Client Development*. Association for Creativity in Counseling National Conference, Memphis, TN.

Regional

- Saltis, M, Critchlow, C., & **Smith, J.** (2018, October). *Incorporating Sandtray within a Constructivist Pedagogy*. Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, UT.
- Matheson, D., Saltis, M., **Smith, J.**, & Helm, H. (2018, October). *Finding a Therapist in the Sand: The Use of Sandtray Supervision*. Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, UT.
- Weingartner, A., Forbes, L., & **Smith, J.** (2018, October). *You Graduated, Now What? How to Land the Job that's Right for You*. Rocky Mountain Association for Counselor Education and Supervision Conference, Park City, UT.
- McDonald, C. & **Smith, J.** (2014, October). *The Power of Labels: Heteronormative Labels in the LGBTQIQ Community*. Southern Association for Counselor Education and Supervision Conference, Birmingham, AL.
- Chang, C., Guvensel, K., **Smith, J.**, Golubovic, N., McCollough, R., Murphy, T., Rumsey, A., Viehl, C. (2014, October). *Research Team: Increasing Research Self-Efficacy in Doctoral Students*. Southern Association for Counselor Education and Supervision Conference, Birmingham, AL.

Local

- Smith, J.**, & Saltis, M. (2018, September). *Gender Expansive Children and Child Centered Play Therapy*. University of Northern Colorado Play Therapy Symposium, Chi Sigma Iota, Rho Epsilon, Greeley, CO.
- Viehl, C., **Smith, J.**, McDonald, P., & Guvensel, K. (2014, May). *Multicultural Supervision: Intersecting Identities*. Licensed Professional Counselors Association of Georgia, Atlanta, GA.

Smith, J. & Stewart, L. (2013, January). *Photo Journaling: Using Captured Moments with Clients*. Georgia College Counseling Association, St. Simons, GA.

Stewart, L. & **Smith, J.** (2013, January). *Helping Your Counseling Center 'Go to the Dogs': Ethical, Practical, and Clinical Lessons from One Canine's Co-Therapist*. Georgia College Counseling Association, St. Simons, GA.

Stewart, L., Grubbs, N., & **Smith, J.** (2012, May). *Introduction to Animal-Assisted Therapy in Counseling*. Student and Alumnae Organization, Mercer University, GA.

Smith, J. (2011, September). *Play Therapy for Parents*. Serenity Center, Douglasville, GA.

Smith, J. (2011, September). *What To Do When You Suspect Abuse*. Brighton Academy, Douglasville, GA.

Clinical/Supervision Experience

January 2018- Current	Play Therapy Supervisor, Sexual Assault Victim Advocates , Greeley and Fort Collins, CO Provide play therapy supervision to clinicians serving children who have experienced trauma.
September 2017- September 2018	Pro Bono Therapist, The Gender Identity Center of Colorado , Denver, CO Provide individual and family counseling to gender nonconforming and transgender youth and their family systems primarily through play therapy.
July 2013- June 2016	Mental Health Counselor, Jennifer Smith Counseling, LLC , Decatur, GA Provide individual and family counseling to a diverse client population using creative approaches, such as play therapy and creative expression.
July 2011- December 2013	Mental Health Counselor, Serenity Center , Douglasville, GA Provide therapy to primarily children and adolescents with a variety of presenting concerns in a private practice setting, maintain confidential client files including progress notes, treatment plans, and financial information.
April 2011- October 2013	Mental Health Counselor, Counseling Innovations , Marietta, GA Provide therapy to adults and children with a variety of presenting concerns including depression, anxiety, and trauma as well as maintain confidential client files including intake assessments, treatment plans, and progress notes.
February 2011- February 2012	Counselor, TLE Christian Academy , Kennesaw, GA Provide consultation services to the school for grades 6-12 most often with at-risk youth and school staff, participate in the interview process of entering students, and provide career guidance to high school students using Holland's model.
September 2010- August 2011	Primary Counselor, MARR- Right Side Up , Doraville, GA Conduct individual and group counseling sessions with women in a residential facility, lead psychoeducational groups on addiction recovery, provide case management and advocacy with legal issues, aid clients in finding transitional housing and available community services, address parenting concerns, complete daily case notes and treatment plans for each client.
September 2010- October 2010	Intake and Assessment Clinician, Ridgeview Institute , Smyrna, GA Provide initial intake and assessment on patients seeking inpatient, partial hospitalization, and intensive outpatient services, assign initial diagnosis, provide crisis

counseling, suggest level of care, staff case with a physician, and communicate with insurance companies for precertification for treatment services.

August 2009-
May 2010

Intern Therapist, SafePath Children's Advocacy Center, Marietta, GA

Conduct individual and group counseling sessions with sexually and physically abused children and adolescents and their non-offending caregivers using non-directive play therapy and trauma-focused cognitive-behavioral therapy. Case notes, treatment plans, and assessments are used with each client. Conducted some sessions through a Spanish speaking translator.

February 2009-
August 2010

Clinical Assistant, Ridgeview Institute, Smyrna, GA

Conduct groups on the adolescent unit of a non-profit psychiatric hospital. Group topics include creative expression, psychoeducation, and experiential teambuilding. Provide individual therapeutic conversation with patients of all ages and presenting concerns on the adult, women's, adolescent, and older adult units as well as assist with nursing tasks.

Editorial Boards

Journal of Counselor Leadership and Advocacy, Editorial Board member, 2017- 2020

Journal of Child and Adolescent Counseling, Editorial Board member, 2018

Ad Hoc Reviewer

Child and Youth Services, Ad Hoc Reviewer, 2018

Journal for Specialists in Group Work, Ad Hoc Reviewer for Special Issue, 2016

Professional Service

Secretary, Rocky Mountain Association of Counselor Education and Supervision, 2018-2021

Serve on the Executive Council of RMACES and complete secretarial duties for the region.

ACES Social Justice and Human Rights Committee, Member, 2018-2020

ALGBTIC Research and Scholarship Committee, Member, 2018-2020

RMACES Awards Committee, Chair, 2020

RMACES Awards Committee, Member, 2018

RMACES Conference Proposal Reviewer, 2018

Volunteer Mentor, Sexual Assault Victim Advocates, 2017

Superworld Program mentor for youth ages 8-12.

Volunteer Consultant, The Gender Identity Center of Colorado, 2017

Grant Writing Team.

Volunteer, Association for Counselor Education and Supervision Conference, 2015

Conference volunteer.

Research Committee Chairperson, Chi Sigma Iota- Chi Epsilon chapter, 2013- 2015

Coordinated a research mentoring program between Doctoral and Master's students.

Lunch-n-Learn lecturer, Chi Sigma Iota- Chi Epsilon chapter, 2014

Hosted an interdisciplinary lecture for students considering PhD programs.

Conference Planning, Association for Specialists in Group Work, 2014- 2015

Provided assistance to the conference planning chairs and committee.

Association for Specialists in Group Work, 2012

Developed CEU questions for a continuing education DVD featuring Rex Stockton.

Big Brothers Big Sisters, Volunteer Mentor, 2007- 2008

Mentored a child from a single parent household.

Heroes Big and Small, Volunteer, 2002-2003

Assisted with group play therapy tasks for sexually abused children.

Rome/Floyd County Mentors, Volunteer Mentor, 2002- 2003

Mentored low SES children in a local public school.

College/ Departmental Committees

Professional Counseling Programs Committee 2016-2017, 2018-2019

Extended Campus Application Review Committee 2016-2019

Graham Fund Committee 2017-2019

Review and Retention Committee, 2018-2019

Dissertation Committees

In-Progress

Claire Critchlow (chair), Counselor Education and Supervision

Michelle Saltis (chair), Counselor Education and Supervision

Sharla Schroeder (member), Counselor Education and Supervision

Laura Capasso (member), Counselor Education and Supervision

Matt Tis (member), Counselor Education and Supervision

Dave Matheson (member), Counselor Education and Supervision

Clarissa Cigrand (member), Counselor Education and Supervision

Savannah Cormier (member), Counselor Education and Supervision

Jason Rose (member), Counselor Education and Supervision

Christopher Ward (member), Counselor Education and Supervision

Natalie Sachs (member), Counseling Psychology

Kaitlin Ohde (member), Counseling Psychology

Austin Hamilton (member), Counseling Psychology

Jennifer Geiman (member), Counseling Psychology

Gurusewak Khalsa (member), Counseling Psychology

Sydney Cople (member), Counseling Psychology

McKayla Gorman (member), Counseling Psychology

Sean Kershaw (member), Counseling Psychology

Tiana Johnson (member), Counseling Psychology

Completed

Kristin Myers (chair), Counselor Education and Supervision

Professional Affiliations

American Counseling Association

Association for Counselor Education and Supervision

Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling

Association for Play Therapy

Colorado Association for Play Therapy

Chi Sigma Iota, Chi Epsilon Chapter 2012-2016, Rho Epsilon Chapter 2016-present

Rocky Mountain Association for Counselor Education & Supervision

Grants

Supervisor of Mental Health Professionals (2019) – Merchant, W. (PI), & Wright, S. L. (Co-PI). *cliexa-OPTIONS for Integrated Health – Digital Health Technology*. U.S. Department of Health & Human Services, Office of Adolescent Health (AH-TP2-18-001). \$1,000,000 (2 years). Funded.

Supervisor of Mental Health Professionals (2018) – Merchant, W. (Principal Investigator), Wright, S. (Co-Principal Investigator). *cliexa-OPTIONS for Integrated Health – Digital Health Technology*. Submitted to U.S. Department of Health & Human Services, New and Innovative Strategies (Tier 2), Teenage Pregnancy Prevention Program. CFDA #93.297. \$373,206 (2 years). Not Funded.

Association for Creativity in Counseling Student Research Grant, 2013

Awards

Outstanding Advisor, College of Education and Behavioral Sciences, University of Northern Colorado, 2017-2019

Diversity and Equity Award, College of Education and Behavioral Sciences, University of Northern Colorado, 2017-2019

Sponsored Research Fellowship, University of Northern Colorado, 2018-2020

Outstanding Mentor Award, Rocky Mountain Association for Counselor Education and Supervision, 2018

ASGW Emerging Scholars Fellowship, 2014

SACES Emerging Leaders Fellowship, 2014

ACES Emerging Leaders Fellowship, 2013