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## FACULTY VITAE

NAME: **SOFTAS-NALL, BASILIA (LIA) CARMEN**

POSITION: Professor Counseling Psychology  
Department of Applied Psychology and Counselor Education  
College of Education and Behavioral Sciences  
University of Northern Colorado  
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### EDUCATION:

<u>Year(s)</u>	<u>Degree</u>	<u>Institution</u>	<u>Area of Study</u>
1984	Ph.D.	Ball State University Muncie, IN	Counseling Psychology APA accredited
1979	M.A.	Ball State University Muncie, IN	Counseling
1985	B.A.	University of Ioannina Ioannina, Greece	Pedagogics/ Education
1977	B.A.	Deree College Athens, Greece	Psychology
1973-1975		Nazareth College, Kalamazoo, Michigan	

### WORK EXPERIENCE:

<u>Year(s)</u>	<u>Institution/Organization</u>	<u>Position</u>	<u>Responsibilities</u>
2015-Present	University of Northern Colorado	Professor Counseling Psychology	Teaching, Research Supervision
2013-2015	University of Northern Colorado	Professor, Coordinator and Director of Training, Department of Applied Psychology and Counselor Education	
2010-2013	University of Northern Colorado	Chair, Coordinator, and Director of Training, Department of Counseling Psychology. Co-Chair MA programs Professional Counseling	

2001-present	University of Northern Colorado Greeley, Colorado	Professor Counseling Psychology	Teaching Research Services Supervision
1997-2001	University of Northern Colorado Greeley, Colorado	Associate Professor Counseling Psychology	Teaching Research Services Supervision
1992-1997	University of Northern Colorado Greeley, Colorado	Assistant Professor Counseling Psychology	Teaching Research Services Supervision
1985-1992	University of LaVerne of California Athens, Greece	Associate Professor of Psychology, Dept. Social Sciences & Dept. of Education	Teaching Services
Summers 1993, 1994	University of LaVerne of California Athens, Greece	Visiting Professor	Teaching/Ethno- graphic Study
1987-1990	University of Patras, Greece	Psychology Instructor Dept. of Early Childhood Education	Teaching
1985-1987	University of Ioannina Ioannina, Greece	Instructor of Clinical Psychology, Dept. of Psychology, Philosophy	Teaching
1981-1982	Ball State University Muncie, IN	Practicum Supervisor Counseling	Supervision Training
1979-1981	Ball State University Muncie, IN	Undergraduate Instructor Counseling	Teaching
<u>Professional Non-Academic</u>			
1985-1992	Private Practice Greece	Systemic Counseling	
1985-1991	Laboratory of Human Relations	Training in Systemic Psychotherapy	

Counseling Experience:

1982-1984	Ball State University Counseling Center, Muncie, IN	Doctoral Intern
1991-1992	Laboratory for Human Relations Athens, Greece	Systemic Counseling and Psychotherapy Group Co-leader

Supervision Experience

Psychological Services Clinic, University of Northern Colorado. Live supervision of about 1000 couple/family sessions from 1992 to now.

## AREAS OF SPECIALIZATION:

Counseling Psychology  
Couples and Family Therapy  
Psychology of Women  
Cross-Cultural Issues/Ethnicity

## RESEARCH AREAS/ INTERESTS:

Counseling Psychology  
Counselor Education  
Cross-Cultural Research/ Ethnicity  
Gender Issues  
Couples and Family Therapy

## PUBLICATIONS:

Juried publications

- Mahoney, M., Rings, J. A., **Softas-Nall, B.**, Hall, D. M., & Alverio, T. (in press). Homecoming and college transition experiences of military veterans. *Journal of College Student Psychotherapy*.
- Gall, R., **Softas-Nall, L.**, & Eberle, K. (2019). All Families are Special: Experiences of Lesbian-Parented Families. *The Family Journal: Counseling and Therapy for Couples and Families*, 27(1), 58-66.
- Nyline, B., **Softas-Nall, L.**, Peterson, E., Peake, M., & Jersin Woods, C. (2018). Inaccuracies in Facial Recognition of Fear and Sadness for Male Domestic Violence Offenders. *Journal of Social Sciences*, 6, 37-51.
- Tien, N.G., **Softas-Nall, L.**, & Barritt, J. (2017). Intercultural/Multilingual couples: Implications for Counseling. *The Family Journal: Counseling and Therapy for Couples and Families*. 25, (2), 156-163.
- Peters, A., **Softas-Nall, B.**, & Martinez, M. (2017). Belonging to Multiple Nationalities: A Phenomenological Study. *Advances in Social Sciences Research Journal*, 4, (7), 218-237.

- Bean, H., **Softas-Nall, L.**, Eberle, K., & Paul, J. (2016). Can we talk about stay-at home moms? Empirical findings and implications for counseling. *The Family Journal: Counseling and Therapy for Couples and Families*. 1, (24), 23-30.
- Softas-Nall, L.**, Cardona, B., & Barritt, J. (2015). Challenges and diversity issues working with multilingual and bilingual couples and families: Implications for counseling. *The Family Journal: Counseling and Therapy for Couples and Families*. 1, (23), 13-17.
- Ingala, A., **Softas-Nall, B.**, & Peters, A. (2013). The role of social support in veterans' college adjustment. *International Journal of Humanities and Social Science*, 3(11), 14-21.
- Softas-Nall, L** & Hanna, F. (2013). Counseling & psychotherapy with difficult clients/family members: An interview with Fred Hanna. *The Family Journal: Counseling and Therapy for Couples and Families*. 1, (21), 117-121.
- Woodson, C., **Softas-Nall, L.** & Johnson, B. (2012). Family Chaos and Readiness to Change Problematic Alcohol Use. *Journal of Human Social Sciences*. 12, 2, 19-28.
- Bean, H., **Softas-Nall, L.** & Mahoney, M. (2011). Reflections on Mandated Reporting and Challenges in the Therapeutic Relationship: A Case Study with Systemic Implications. *The Family Journal: Counseling and Therapy for Couples and Families*. 19, 3, 286-290.
- Petrogiannis, K. & **Softas-Nall, L.** (2010). The Family of Origin Scale in Greece. *International Journal of Psychological Studies*. 2, 1, 3-11.
- Cardona, B. & **Softas-Nall, L.** (2010). Family Therapy with Latino families: An interview with Patricia Arredondo. *The Family Journal: Counseling and Therapy for Couples and Families*. 18(1), 73-77.
- Softas-Nall, B.**, Beadle, M. Newell, J. & Helm, H. (2008). Spousal Disclosure of Extramarital Relationships: Attitudes of Marriage and Family Therapists. *The Family Journal: Counseling and Therapy for Couples and Families*. 16(4), 328-337.
- Softas-Nall, B.** (2008). A View of Systemic Therapy in Greece: An Interview with Charis Katakis. *The Family Journal: Counseling and Therapy for Couples and Families*. 16, (1). 87-92.
- Softas-Nall, B.** (2005). An interview with William Walsh: The spirit continues. *The Family Journal: Counseling and Therapy for Couples and Families*. 13(4), 468-476.
- Baldo, T., **Softas-Nall, B.**, & Petrogiannis, K. (2004). Suicide Assessment: A solution focused approach. *Awareness Journal*, Fall, 3-6.
- Williamson, J., **Softas-Nall, B.**, & Miller, J. (2003). Grandmothers raising grandchildren: An exploration of their experiences and emotions. *The Family Journal: Counseling and Therapy for Couples and Families*, 11(1), 23-32.

- Baldo, T. and **Softas-Nall, B.** (2002). There's no place like home: Redefining commitment. *The Family Journal: Counseling and Therapy for Couples and Families*, 10(2), 210-212.
- Softas-Nall, B.**, Baldo T. and Williams, S. (2001). Family-of-origin, personality characteristics, and counselor trainees' effectiveness. *Psychological Reports*, 88(3), 854-856.
- Softas-Nall, B.** and Baldo, T. (2001). The unexpected cotherapist. *The Family Journal: Counseling and Therapy for Couples and Families*, 9(2), 191-192.
- Softas-Nall, B.** and Baldo, T. (2000). Dialogues within a Greek family: Multicultural stories of a couple revisited. *The Family Journal: Counseling and Therapy for Couples and Families*, 8(4), 396-398.
- Softas-Nall, B.**, Baldo, T. and Tiedemann, T. (1999). Gender based solution-focused genogram case: He and she across the generations. *The Family Journal: Counseling and Therapy for Couples and Families*, 7(2), 177-180.
- Baldo, T. and **Softas-Nall, B.** (1998). Family sculpting in supervision of family therapy. *The Family Journal: Counseling and Therapy for Couples and Families*, 6(3), 231-234.
- Softas-Nall, B.**, Breier, C. and Baldo, T. (1998). Interpersonal process recall and solution-focused reviews in supervision of counselors. *The Alabama Counseling Association Journal*, 23(2), 26-31.
- Softas-Nall, B.** and Francis, P. (1998). A solution-focused approach to a family with a suicidal member. *The Family Journal: Counseling and Therapy for Couples and Families*, 6(3), 227-230.
- Softas-Nall, B.** and Francis P. (1998). A solution-focused approach to suicide assessment and intervention with families. *The Family Journal: Counseling and Therapy for Couples and Families*, 6(1), 64-66.
- Softas-Nall, B.**, Baldo, T., and Jackson, S. (1997). Facilitating the transition from individual sessions to systemic family sessions: Issues of supervision and training. *The Family Journal: Counseling and Therapy for Couples and Families*, 5, 257-262.
- Softas-Nall, B.**, Baldo, T., and Williams, S. (1997). Counselor trainee perceptions of Hispanic, Black and White teenage expectant mothers and fathers. *Journal for Multicultural Counseling and Development*, 25(4), 234-243.
- Baldo, T.D., **Softas-Nall, B.**, and Shaw, S.F. (1997). Student review and retention in counselor education: An alternative to Frame and Stevens-Smith. *Counselor Education and Supervision*, 36(3), 245-253.
- Softas-Nall, B.C.** & Baldo, T. (1996). Effective changes in admissions requirements and procedures in a CACREP accredited master's program. *The Journal for the Professional Counselor*, 11(1), 89-95.

**Softas-Nall, B.C.**, Baldo, T., Williams, S.C., & Baldo, A.J. (1995). *Attitudes of counselor trainees toward teenage pregnancy*. (Report No. UD 030 643). New York, NY: Institute for Urban and Minority Education, Columbia University. (ERIC Document Reproduction Service No. ED 387 577).

**Softas-Nall, B.C.**, Bardos, A., and Fakinos, M. (1995). Fear of rape, its perceived seriousness and likelihood among young Greek women. *Violence against Women*, 1(2), 174-186.

Bardos, A., **Softas-Nall, B.C.** and Petroyannis, K. (1991). Comparison of the Goodenough Harris and Naglieri's Draw-a-Person Scoring Systems for Greek Children. *Psychologika Themata*, 4, 363-369.

Bardos, A., **Softas-Nall, B.C.** and Petroyannis, K. (1991). Comparison of the Goodenough Harris and Naglieri's Draw-a-Person Scoring Systems for Greek Children. *School Psychology International*, 10(3), 205-209.

Fakinos, M., **Softas-Nall, B.C.**, and Bardos, A. (1990). Fear of rape among young Greek women. *Psychologika Themata*, 3, 217-228.

### Books

Papadioti-Athanasiou, V. & **Softas-Nall, L.** (2019) Eds. *Scholes oikogeniakis-systemikis therapias. Scholēs oikogeniakēs-sustēmikēs therapias. [Schools of Family-Systemic Therapies]*. Topos: Athens, Greece.

Papadiotis, V. & **Softas-Nall, L.** (2006). *Ikogeniaki-sistimiki therapia: Vasikes proseggisis, theoretikes theses kai praktikes efarmoges [Family-systemic therapy: Basic approaches, theoretical positions and practical applications]*. Ellinika Grammata: Athens, Greece.

### Book Chapters

Papadioti-Athanasiou, V. & **Softas-Nall, L.** (2019). Historical Roots and Developments in Family Therapy. In Papadioti-Athanasiou, V. & Softas-Nall, L. (2019) Eds. *Scholēs oikogeniakēs-sustēmikēs therapias. [Schools of Family-Systemic Therapies]*. Topos: Athens, Greece.

Papadioti-Athanasiou, V. & **Softas-Nall, L.** (2019). Families and Family Therapy in Greece. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. *Scholēs oikogeniakēs-sustēmikēs therapias. [Schools of Family-Systemic Therapies]*. Topos: Athens, Greece.

**Softas-Nall, L.** & Papadioti-Athanasiou (2019). Developmental Family Life Cycles. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. *Scholēs oikogeniakēs-sustēmikēs therapias. [Schools of Family-Systemic Therapies]*. Topos: Athens, Greece.

- Papadioti-Athanasiou, V. & **Softas-Nall, L.** (2019). Transgenerational Family Therapy. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, L.** & Papadioti-Athanasiou (2019). Communication based Family Therapy-Satir. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, L.** & Papadioti-Athanasiou (2019). Structural Family Therapy. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, L.** & Papadioti-Athanasiou (2019). Solution Focused Family Therapy. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, L.** & Papadioti-Athanasiou (2019). Training and Professional Issues in Family Therapy. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, L.** & Papadioti-Athanasiou (2019). Clinical Applications of Family Therapy Models. In Papadioti-Athanasiou, V. & Softas-Nall, L. Eds. Σχολες οικογενειακης-συστημικης θεραπειας. [*Schools of Family-Systemic Therapies*]. Topos: Athens, Greece.
- Softas-Nall, B.** & Sukhodolsky, D.H. (2006). Family in the United States: Social context, structure, and roles. In Georgas, J. et al. (Eds.), *Families Across Cultures*. Cambridge University Press: Cambridge. **Book received award by APA's Division in International Psychology.**
- Softas-Nall, B.** (2003). Reflections of Forty Years of Family Therapy, Research and Systemic Thinking in Greece. In Kit Ng (Eds.), *Global Perspectives in Family Therapy: Development, practice, and trends*. Brunner-Routledge, New York: New York.

#### Encyclopedia Entry

- Softas-Nall, B.** (2008). Family Therapy. *Encyclopedia of Counseling*. Sage: Thousand Oaks, CA. 1, 203-207.

#### Introductions to Case Consultation Column: *The Family Journal*

- Softas-Nall, B.** (2008). Introduction to Oliver, M., Perry, S. & Cade, R. Couples Therapy with Borderline Personality Disordered Individuals. *The Family Journal: Counseling and Therapy for Couples and Families*, 16(1), 66.
- Softas-Nall, B.** (2005). Introduction to an interview with William Walsh: The spirit continues. *The Family Journal: Counseling and Therapy for Couples and Families*, 13(4), 467.

- Softas-Nall, B.** (2004). Introduction to Johnson B., Crane, S., & Tatekawa, L. Communication on both sides of the mirror: Helping a family cope with a traumatic brain injury. *The Family Journal: Counseling and Therapy for Couples and Families*, 12(2), 177-183.
- Softas-Nall, B.** (2003). Introduction to Baldo, A. and Baldo, T. A dual career couple's experience with adoption: The dramatic impact of moving from couple to instant parenthood. *The Family Journal: Counseling and Therapy for Couples and Families*, 11(4), 399.
- Softas-Nall, B.** (2003). Introduction to Mauldin, G.R. Forgive and Forget: A case example of contextual marital therapy. *The Family Journal: Counseling and Therapy for Couples and Families*, 11(2), 178-179.
- Softas-Nall, B.** (2002). Introduction to Baldo, T. and Softas-Nall, B. There's no place like home: Redefining commitment. *The Family Journal: Counseling and Therapy for Couples and Families*, 10(2), 211-221.
- Softas-Nall, B.** (2001). Introduction to Athanasiou, M. Using consultation with a grandmother as an adjunct to play therapy. *The Family Journal: Counseling and Therapy for Couples and Families*, 9(4), 444.
- Softas-Nall, B.** (2001). Introduction to Sells, J. Purpose, process and product: A case study in marital intervention. *The Family Journal: Counseling and Therapy for Couples and Families*, 9(2), 185.
- Softas-Nall, B.** (2000). Introduction to Softas-Nall, B. and Baldo, T. Dialogues within a Greek family: Multicultural stories revisited. *The Family Journal: Counseling and Therapy for Couples and Families*, 8(4), 394-395.
- Softas-Nall, B.** (2000). Introduction to Johnson, B., Franklin, L., Hall, K. and Prieto, L. Parent training through play: Parent-child interaction therapy with a hyperactive child. *The Family Journal: Counseling and Therapy for Couples and Families*, 8(2), 179.
- Softas-Nall, B.** (1999). Introduction to Softas-Nall, B., Baldo, T. and Tiedemann, T. A gender based, solution focused genogram case: He and she across the generations. *The Family Journal: Counseling and Therapy for Couples and Families*, 7(2), 176.
- Softas-Nall, B.** (1999). Introduction to O'Halloran, S. Family involvement in the treatment of anorexia nervosa: A solution focused approach. *The Family Journal: Counseling and Therapy for Couples and Families*, 7(4), 383.

### Research Abstracts

- Prentiss, D., D'Amato, R. C., Davis, A. S., & **Softas-Nall, L.** (2000). What can we learn from parents of brain injured children and their families? (Research Abstract). *Archives of Clinical Neuropsychology*, 15(8), 794-795.



### Reviews

**Softas-Nall, B.** (1991). [Review of the book, *Theories of rape: Inquiries into the causes of sexual aggression.*] *Journal of Social and Biological Structures*, 14<sub>2</sub>, 109-110.

### Published Contributions

**Softas-Nall, B.** (2002). Supervisor's Evaluation of Family Therapist in Hovestadt, A. (Eds.). *Practice Management Forms: Tools for the Business of Therapy.*

### Radio Interview

**Softas-Nall, B.** (April 2002). Grandmothers raising grandchildren. KQV-AM, Pittsburgh, *The Psychology Minute.*

### Dissertation

**Softas, B.** (1984). Perceptions and Reactions to Men and Women Self-Disclosing Loneliness. (Doctoral dissertation, Ball State University.) *Dissertation Abstracts International*, AAC 8411202.

## PROFESSIONAL PRESENTATIONS:

### Juried Presentations

Breseke, S., **Softas-Nall, L.** & Simonson, A. (2020, August). The Experience of Families with a Child with the Medical Care for the Condition of Cleft Lip and Palate: Implications for Integrated Care. Poster presented at the 2020 annual *American Psychological Association Convention*, Washington, DC. (virtual).

Martinez, M. & **Softas-Nall, B.** (2020, April). First-generation Diversity Students: Implications for Counseling Psychologists. Poster presented at the *2020 Counseling Psychology Conference*, New Orleans, LA. (Conference canceled)

Motter, B. & **Softas-Nall, B.** (2020, April). Perceptions of transgender couples on transitioning: Implications for advocacy. Poster presented at the *2020 Counseling Psychology Conference*, New Orleans, LA. (Conference canceled)

Barritt, J. A., **Softas-Nall, B. C.**, & Sparks, P. D. (2019, August). Adaptive and Maladaptive Perfectionism on Depression: Implications for Counseling Psychologists. Poster presented at the annual *American Psychological Association Convention*, Chicago, IL.

Haug, R. M., **Softas-Nall, B. C.**, Hutchinson, S., & Sparks, P. D. (2019, August). Perceived Belongingness, and Self-Esteem as Protective Factors against Distress for Sexual Minorities. Poster presented at the annual *American Psychological Association Convention*, Chicago, IL.

- Motter, B., **Softas-Nall, L.**, & Mitchell, J. (2018, August). Love is gender blind: Challenges transgender couples encounter. *American Psychological Association Convention*, San Francisco, CA.
- Barritt, J., **Softas-Nall, L.**, & Erwin, S. (2018, August). Perfectionism on shame and self-compassion: Implications for Counseling Psychologists. *American Psychological Association Convention*, San Francisco, CA.
- Motter, B., **Softas-Nall, L.**, & Mitchell, J. (2018, July). Love is Gender Blind: Relationship Strengths Couples Utilize When One Partner Transitions. *International Association for Relationship Research Conference*, Fort Collins, CO.
- Gall, R., **Softas-Nall, L.**, & Eberle, K. (2018, July). Relational and other themes in lesbian-parented families: An empirical study. *International Association for Relationship Research Conference*, Fort Collins, CO.
- Walker, R., **Softas-Nall, B.**, Rings, J., & Zwetzig, S. E. (2018, July). Relational satisfaction, attachment, and identity among lesbian couples. *International Association for Relationship Research Conference*, Fort Collins, CO.
- Tien, N. C., **Softas-Nall, L.**, Khalsa, G. S., (2018, July). Relational and other themes for couples from different cultures and languages: An empirical study. *International Association for Relationship Research Conference*, Fort Collins, CO.
- Ohde, K., **Softas-Nall, B.**, & Larkins, R. (2018, July). An Examination of perceived relationship challenges, resiliencies, and strengths of a Post 9/11 veteran's spouse: A pilot study. *International Association for Relationship Research Annual Conference*, Fort Collins, CO.
- Jersin-Woods, C., **Softas-Nall, L.**, Martinez, M. (2018, April). Psychology trainees' discomfort addressing client sexuality when considering sexual attraction. *Rocky Mountain Psychological Association*, Denver, CO.
- Nyline, B., **Softas-Nall, L.**, Petersen, E., Peake, M., & Jersin Wood, C. (August, 2017). Facial Emotion Recognition Issues in Male Domestic Violence Offenders. *American Psychological Association Convention*, Washington, D.C.
- Yuge, G., **Softas-Nall, L.**, & Wang, H. (April, 2017). Attitudes towards seeking mental health services and stigma in China: An empirical study. *Rocky Mountain Psychological Association*, Salt Lake, Utah.
- Gall, R. & **Softas-Nall, L.** (August 2016). Raising resilient children: Lessons from lesbian-parented families. *American Psychological Association Convention*, Denver, CO.
- Samaniego-Estrada, K. **Softas-Nall, L.** & Martinez, M. (August 2016). Fear and terror of being undocumented: Implications for mental health. *American Psychological Association Convention*, Denver, CO.

- Softas-Nall, L.** (April 2016). APA Academic Career Workshop Panelist. *Rocky Mountain Psychological Association*, Denver, CO.
- Haug, R., Hinerman, K., & **Softas-Nall, L.** (April 2016). Validity and reliability of scales related to mental health among sexual minority adults. *Rocky Mountain Psychological Association*, Denver, CO.
- Peters, A., **Softas-Nall, L.**, & Ruechel, E. (August, 2015). Exploring the process of identifying with more than one nationality. *American Psychological Association Convention*, Toronto, Canada.
- Softas-Nall, L.**, & Hoffman, S. (August, 2015). Mental health perceptions, finances, and gender among Greek students. *American Psychological Association Convention*, Toronto, Canada.
- Roche, J., & **Softas-Nall, L.** (August, 2015). Counter-narratives of adults who are homeless: Attachment and resiliency in context. *American Psychological Association Convention*, Toronto, Canada.
- Mahoney, M., **Softas-Nall, L.**, Rings, J., & Swanson, N. (August, 2015). Homecoming experiences of student military veterans: Implications for psychologists. *American Psychological Association Convention*, Toronto, Canada.
- Walker, R., **Softas-Nall, L.**, Rings, J., & Zwetzig, S. (August, 2015). Attachment style and sexual identity development on relationship satisfaction among lesbian couples. *American Psychological Association Convention*, Toronto, Canada.
- Softas-Nall, L.**, Hofmann, S., Haug, R., & Softas-Nall, S. (April, 2015) Gender considerations in attitudes toward help-seeking and depression in Greek students. *Rocky Mountain Psychological Association*, Boise, Idaho.
- Hicks, C., **Softas-Nall, L.**, & Zwetzig, S. (March, 2015). Program-level assessment plan for counseling psychology doctoral program accreditation process. 2015 Assessment Fair, University of Northern Colorado, Greeley, Colorado.
- Cardona, B. & **Softas-Nall, L.** (October, 2014). Counselor Educators and Supervisors working with Bilingual/Multilingual Families: Implications for Training and Research. *Rocky Mountain Association for Counselor Education and Supervision*. Jackson, WY.
- Tien, G., **Softas-Nall, L.**, & Motter, B. (August, 2014). An empirical study of multicultural couples: Implications for family psychologists. *American Psychological Association Convention*, Washington, D.C.
- Bean, H., **Softas-Nall, L.**, Eberle, K., and Paul, J. (2014, March). Contemporary stay-at-home motherhood: An empirical qualitative study. *Counseling Psychology Conference*. Atlanta, Georgia.
- Porter, E., **Softas-Nall, L.**, and Hicks, C. (2014, March). Mentoring first generation women doctoral students from traditional backgrounds: Implications for training. *Counseling Psychology Conference*. Atlanta, Georgia.

- Tien, G., **Softas-Nall, L.**, and Barritt, J. (2014, March). Communication of intercultural/multilingual couples: An empirical study. *Counseling Psychology Conference*. Atlanta, Georgia.
- Softas-Nall, L.**, Cardona, B., and Chen Marden, N. (2014, March). Bilingual/multilingual families and challenges in counseling: Clinical implications. *Colorado Counseling Association Conference*. Denver, Colorado.
- Porter, E., & **Softas-Nall, B.** (2013, August). *Traditional gender background and the coping of first generation doctoral women students*. Poster session presented at the 121<sup>st</sup> annual meeting for the American Psychological Association, Honolulu, HI.
- Softas-Nall, B.**, Roche, J., & Petrogiannis, K. (2013, August). *Self-stigma and attitudes toward psychological help in Greece*. Poster session presented at the 121<sup>st</sup> annual meeting for the American Psychological Association, Honolulu, HI.
- Gall, R., & **Softas-Nall, B.** (2013). *Incorporating Client Feedback and Outcome Data in Couple and Family Therapy*. Poster session presented at the 83<sup>rd</sup> annual meeting for the Rocky Mountain Psychological Association, Denver, CO.
- Ingala, A., **Softas-Nall, B.**, & Peters, A. (2012, August). College Adjustment for Veterans and the Role of Support. *American Psychological Association Annual Convention*, Orlando, FL.
- Schneeberger, S.F., **Softas-Nall, B.**, Peters, A.S., & Northart, D. (2012, August). Mysticism, Transformation, and Appreciation for Life: Expanding the Conscious World. *American Psychological Association Annual Convention*, Orlando, FL.
- Cardona, B. & **Softas-Nall, L.** & Sachin Jain. (2011, October). Enhancing Multicultural Competency: The Centrality of Language Counseling Bilingual/Multilingual Clients. *Association of Counselor Education and Supervision*. Nashville, TN.
- Softas-Nall, L.**, Petrogiannis, K. & Tien, G. (2011, August). The Family of Origin Scale: The Greek Version and Perspective. *American Psychological Association Annual Convention*, Washington, DC.
- Paquette, L.C., **Softas-Nall, L.** & Mahoney, M. (2011, August). Animal Assisted Therapy: Perspectives and Benefits. *American Psychological Association Annual Convention*, Washington, DC.
- Softas-Nall, L.** (2011, June). Dilemas en la Revelacion de Relaciones Extramaritales [Dilemmas for Psychologists in the Disclosure of Extramatital Affairs in Couples Therapy]. *Interamerican Congress of Psychology*. Medellin, Colombia, South America.

- Softas-Nall, L.** & Cardona, B. (2011, June). El Impacto Transformador de la Realidad y el Mito de la Igualdad: Implicaciones para los Psicólogos [The Transformative Impact of the Reality and Myth of Equality: Implications for Psychologists]. *Interamerican Congress of Psychology*. Medellin, Colombia, South America.
- Ingala, A., **Softas-Nall, L.** & Peters, A. (2011, April). The Role of Support in College Adjustments for Veterans. *University of Northern Colorado Research Conference*, Greeley, Colorado.
- Ingala, A., **Softas-Nall, L.** & Stalias, A. (2011, March). Veterans and College Adjustment: Implications for Counseling. *Colorado Counseling Association Conference*. Denver, CO.
- Gorsuch, R. & **Softas-Nall, L.** (2011, March). Understanding Military Culture and the Impact of Deployment on Children. *Colorado Counseling Association Conference*. Denver, CO.
- Ingala, A., **Softas-Nall, L.** & McKelfresh, D. (2010, April). Perceptions of Veteran Students Transitioning to College. *Rocky Mountain Psychological Association*, Denver, CO.
- Woodson, C., **Softas-Nall, L.**, Clark, M., & Riedel, J.(2009, August). Family Characteristics and Readiness to change problematic alcohol use. *American Psychological Association Annual Convention*, Toronto, Canada.
- Riedel, J., **Softas-Nall, L.** & Cardona, B. (2009, August). Bilingualism/Multilingualism in multicultural competencies for psychologists working with individuals and families. *American Psychological Association Annual Convention*, Toronto, Canada.
- Courelli, P. & **Softas-Nall, L.** (2009, November). Changes in the Greek family: An overview of family education efforts for families. *National Council Family Relations Convention*, San Francisco: CA.
- Lepeltier, M. & **Softas-Nall, B.** (2008, April). Redirecting children's behavior parenting course and the parent- child behavior. *University of Northern Colorado Research Day*, Greeley, CO.
- Softas-Nall, B.** (2008, March). International endeavors: Teaching, therapy and Scholarship. *International Counseling Psychology Conference*, Chicago, ILL.
- Softas-Nall, B.** & Heaton, K. (2008, March). Bilingual/Multilingual issues in psychotherapy. *International Counseling Psychology Conference*, Chicago, ILL.
- Welch-Groves, S. & **Softas-Nall, B.** (2007, April). Parent-child relationship satisfaction and Parental religiosity. *Rocky Mountain Psychological Association*, Denver, CO.
- Schulte, H & **Softas-Nall, B.** (2007, April). The influence of family of origin, emotional health and sibling warmth on social support in adult friendships. *Rocky Mountain Psychological Association*, Denver, CO.

- Heaton, K. & **Softas-Nall, B.** (2007, October). Bilingualism and Multiple Languages: Implications for Counseling and Supervision. *Association of Counselor Education and Supervision*. Columbus, Ohio.
- Softas-Nall, B.** (2006, July). Integrating clinical practice in research and family therapy training. *26<sup>th</sup> International Congress of Applied Psychology*, Athens, Greece.
- Schulte, H. & **Softas-Nall, B.** (2006, April). The influence of family origin, emotional health and sibling warmth on social support in adult friendships. *University of Northern Colorado*, Greeley, CO.
- Dunn, A. & **Softas-Nall, B.** (2006, April). Evidence based interventions in couple and family therapy: Common factors and model differences. *University of Northern Colorado*, Greeley, CO.
- Newell, J. M., **Softas-Nall, B.**, & Beadle, M. (2005, August). Extramarital affairs and disclosure in therapy. *American Psychological Association Annual Convention*, Washington D. C.
- Papadiotis, V. & **Softas-Nall, B.** (2003, May). Developments in solution focused family therapy. *Panhellenic Symposium of Psychological Research*, Rhodes, Greece.
- Softas-Nall, B.** & VanDuursen, T. (2003, April). The relationship between depression and fatigue in cancer patients: Implications for mental health therapists. *Rocky Mountain Psychological Association*, Denver, CO.
- Beadle, M., **Softas-Nall, B.**, & Miller, J. (2001, August). Family therapist's attitudes regarding spousal disclosure of extramarital relationships. *American Psychological Association*, Chicago, IL.
- Gomez, E., **Softas-Nall, B.**, & Baldo, T. (2001, October). Involvement in schools with Mexican-American parents: Implications for school counselors and administrators. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, CO.
- Williamson, J., **Softas-Nall, B.**, & Miller, J. (2001, August). Grandmothers raising their grandchildren: Challenges and rewards. *American Psychological Association Annual Convention*, San Francisco, CA.
- Gomez, E. & **Softas-Nall, B.** (2001, April). Experiences of a parent education program: A description by Mexican origin parents. *University of Northern Colorado Research Symposium*, Greeley, CO.
- Softas-Nall, B.** & Schulte, H. (2000, November). Circular questioning and solution focused suicide assessment. *American Association for Marriage and Family Therapy 58<sup>th</sup> Annual Conference*, Denver, Colorado.

- Softas-Nall, B.**, Baldo, T., & Tiedemann, T. (2000, November). Empowerment through gender solution focused genograms. *American Association for Marriage and Family Therapy 58<sup>th</sup> Annual Conference*, Denver, Colorado.
- Prentiss, D., D'Amato, R. C., Davis, A. S., & **Softas-Nall, B.** (2000, November). Schools and families: Working together to serve brain injured children. *20<sup>th</sup> Annual Convention of the National Academy of Neuropsychology*, Orlando, FL.
- Creed, G., Barrow, T., & **Softas-Nall, B.** (2000, October). International relocation: Implications for families. *Rocky Mountain Association for Counselor Education and Supervision*, Jackson, WY.
- Baldo, T. & **Softas-Nall, B.** (2000, October). Attitudes and biases toward pregnant adolescents: Implications for counselor training. *Rocky Mountain Association for Counselor Education and Supervision*, Jackson, WY.
- Softas-Nall, B.** & Baldo, T. (2000, April). Psychology trainee attitudes and biases toward pregnant Hispanic, Black, and White adolescents. *Rocky Mountain Psychological Association*, Tucson, Arizona.
- Softas-Nall, B.**, Schulte, H., & Tiedemann, T. (2000, April). Measurements of gender attitudes: From submissiveness to radicalism. *Rocky Mountain Psychological Association*, Tucson, Arizona.
- Tiedemann, T., Tokumine, L., & **Softas-Nall, B.** (2000, April). Female ethnic minority graduate students: Implications for providing support. *University of Northern Colorado Research Conference*, Greeley, Colorado.
- Mores, M. & **Softas-Nall, B.** (2000, April). Perceived experiences that facilitated and motivated Mexican Americans from a migrant background to obtain a graduate degree. *University of Northern Colorado Research Conference*, Greeley, Colorado.
- Williamson, J. & **Softas-Nall, B.** (2000, April). Experiences and emotions of grandparents raising grandchildren: Implications for counseling. *University of Northern Colorado Research Conference*, Greeley, Colorado.
- Softas-Nall, B.** & Fakinos, M. (1999, September). A solution focused assessment and intervention with suicidal adolescents. *European Conference in Developmental Psychology*, Spetses, Greece.
- Softas-Nall, B.**, Fakinos, M., & Baldo, T. (1999, September). Psychology trainees' perceptions of pregnant Hispanic, Black and White adolescents. *European Conference in Developmental Psychology*, Spetses, Greece.
- Petrogiannis, K., **Softas-Nall, B.**, & Baldo, T. (1999, August). Assessment of gender attitudes and issues. *5<sup>th</sup> European Conference on Psychological Assessment*, Patras, Greece.

- Baker, T., Shaw, S., **Softas-Nall, B.**, & Baldo, T. (1999, July). A survey of psychologist attitudes toward suicide and assessment of competency for assisted suicide. *Psychology and Law International Conference*, Dublin, Ireland.
- Softas-Nall, B.** & Tokumine, L. (1999, April). Ethnicity and the Greek family in therapy: Recent research and implications. *Rocky Mountain Psychological Association*, Ft. Collins, CO.
- Williams, S. & **Softas-Nall, B.** (1999, April). Personality characteristics, family of origin functioning, and counselor trainee effectiveness. *Rocky Mountain Psychological Association*, Ft. Collins, CO.
- Baker, T., Shaw, S., **Softas-Nall, B.**, & Baldo, T. (1999, April). A survey of psychologist attitudes toward suicide and assessment of competency for assisted suicide. *Rocky Mountain Psychological Association*, Ft. Collins, CO.
- Jackson, S., Walsh, W., **Softas-Nall, B.**, & Baldo, T. (1999, April). Forgiveness, intimacy and trust in intimate relationships. *Rocky Mountain Psychological Association*, Ft. Collins, CO.
- Baldo, T., **Softas-Nall, B.**, & Wykes, S. (1998, October). An adaptation of family sculpting in group supervision. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, CO.
- Softas-Nall, B.**, Baldo, T., Fako, R., & Rumsey, B. (1998, October). Suicide assessment and intervention focusing on coping and solution oriented skills. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, CO.
- Chang, C. & **Softas-Nall, B.** (1998, October). Training international students as counselor educators. *Rocky Mountain Association for Counselor Education and Supervision*, Breckenridge, CO.
- Francis, P. & **Softas-Nall, B.** (1998, April). A solution-focused approach to suicide assessment and intervention with families. *American Counseling Association World Conference*, Indianapolis, IN.
- Softas-Nall, B.** & Baldo, T. (1998, March). Family sculpting as a supervision intervention. *American Counseling Association World Conference*, Indianapolis, IN.
- Francis, P. & **Softas-Nall, B.** (1998, January). Solution oriented skills in suicide assessment. *Colorado Association for Marriage and Family Therapy*, Denver, CO.
- Gomez, E. & **Softas-Nall, B.** (1997, October). Perceptions of a Mexican male in an outpatient alcohol treatment center: A case study. *Rocky Mountain Association for Counselor Education and Supervision Annual Conference*, Jackson, WY.



- Baldo, T., Praul, J., Shaw, S., **Softas-Nall, B.**, Black, L., & Gomez, E. (1997, October). Mentoring in counselor education - past, present and future perspectives. *Rocky Mountain Association for Counselor Education and Supervision Annual Conference*, Jackson, WY.
- Softas-Nall, B.**, Martin, J., & McFann, K. (1997, August). Attitude scale for gender issues. *American Psychological Association Annual Convention*, Chicago, IL.
- Smith, M., **Softas-Nall, B.**, & Walsh, W. (1997, August). History of sexual abuse and postpartum depression. *American Psychological Association Annual Convention*, Chicago, Illinois.
- Softas-Nall, B.** & Baldo, T. (1997, May). Family sculpting in supervision of family therapists. *Colorado Association for Marriage and Family Therapy annual meeting*, Denver, Colorado.
- Softas-Nall, B.** & Baldo, T. (1996, October). Facilitating the transition from individual practice to family therapy: Counseling practica for supervisors in training. National Conference, *Association of Counselor Education and Supervision*, Portland, Oregon.
- Softas-Nall, B.** & Breier, C. (1996, October). Using interpersonal recall and solution-focused midterm reviews in training beginning counselors. National Conference, *Association of Counselor Education and Supervision*, Portland, Oregon.
- Softas-Nall, B.** (1996, July). Integration of solution-focused and multigenerational genogram approaches in family therapy. *The International Family Therapy Association 8th World Congress in Family Therapy*, Greece.
- Softas-Nall, B.** & Stylianoudis, L. (1996, July). Diversity and strength through "Back to the Roots" cultural genograms: Implications for therapists' identity and training in family therapy. *The International Family Therapy Association 8th World Congress in Family Therapy*, Greece.
- Softas-Nall, B.** & Jackson, S. (1996, April). Relocation issues for families with children and adolescents. *Colorado Association for Marriage and Family Therapy*, annual meeting, Denver, CO.
- Softas-Nall, B.**, Jackson, S., & Francis, P. (1996, April). Transition issues from individual to family supervision. *Colorado Association for Marriage and Family Therapy*, annual meeting, Denver, CO.
- Softas-Nall, B.** & Baldo, T. (1995, October). Effective supervision training: Issues and innovations. *Rocky Mountain Association for Counselor Education and Supervision Conference*, Breckenridge, CO.
- Softas-Nall, B.** & Prentiss, D. (1995, October). Family issues for the brain injured child, *Colorado Society for School Psychologists Conference*, Vail, CO.

- Softas-Nall, B.**, Baldo, T., Williams, S., & Baldo, A. (1995, August). Attitudes of counselor trainees toward teenage pregnancy and issues of ethnicity. *American Psychological Association Annual Convention*, New York, NY.
- Bostwick, T., **Softas-Nall, B.**, & Shaw, S. (1995, August). Non-academic termination policy in a CACREP accredited program. *American Psychological Association Annual Convention*, New York, NY.
- Softas-Nall, B.** & Bostwick, T. (1995, April). Pregnancy and maternity decisions for women in professional psychology. *Rocky Mountain Psychological Association*, Boulder, Colorado.
- Fakinos, M., Bardos, A., **Softas-Nall, B.**, & Petroyannis, K. (1994, August). Attitudes toward mental illness and locus of control in Greece. *American Psychological Association Annual Convention*, Los Angeles, California.
- Softas-Nall, B.**, Bardos, A., & Fakinos, M. (1993, April). Fear of rape and its impact: An empirical study with Greek women. *Kansas Series Conference on Women's Psychological and Physical Health*, Lawrence, Kansas.
- Katakis, L., Katakis, C., & **Softas, B.** (1992, April). The post-modern couple: Reconceptualizations and changes. *4th Panhellenic Conference of the Greek Psychological Association*, Athens, Greece.
- Katakis, C., **Softas, B.**, Gavriilidou, A., Evans, B., Zazou M., Lakka, H., Moustaka, H., & Gregoropoulou, E. (1991, June). Functional and dysfunctional patterns of the contemporary family. *World Congress of Family Therapy*, Finland.
- Fakinos, M., **Softas, B.**, & Bardos, A. (1991, June). Fear of rape among young Greek women. *Panhellenic Research Symposium*, Athens, Greece.
- Softas, B.** (1991, June). The changing self-perceptions of young Greek men. *Panhellenic Research Symposium*, Athens, Greece.

#### Non-Juried-Invited

- Softas-Nall, L.** (2019, September). *Developments on training of family therapy systemically: Current Issues*. Center for Systemic Therapy and Counseling. Ioannina, Greece.
- Softas-Nall, L.** Panel speaker (2019, January). Working with International students. DiversiWe Applied Psychology and Counselor Education. UNC, Greeley, CO.
- Softas-Nall, L.** (Spring 2016, 2017, 2018, 2019, 2020). Basics in couple's therapy. University of Northern Colorado Counseling Center, Greeley, CO.
- Softas-Nall, B.** (2006). *Evidence based interventions in family therapy: A grant proposal in process*. APCE Scholar's Lunch Colloquium Series, University of Northern Colorado.

- Softas-Nall, B.** (1998, September). *Developments and current trends in family therapy in the U.S.* University of LaVerne, Athens, Greece.
- Softas-Nall, B.** (1998, October). *Family therapy and the Greek systemic thought.* Laboratory for the Study of Human Relations, Athens, Greece.
- Softas-Nall, B.** (1997, March). *Cinderella stories from around the world.* International Week 97, University of Northern Colorado, panel speaker.
- Softas-Nall, B.** (1996, March). *Changing role of women in the Greek culture.* Women's Resource Center, Women's Herstory month, University of Northern Colorado.
- Softas-Nall, B.** (1995, April). *Gender role changes in parallel process to cultural ethnic changes.* Women's Studies Research Symposium, University of Northern Colorado.
- Softas-Nall, B.** (1994, Summer). *Ethnographic genograms in the castle state of Monemvasia, Greece.* University of LaVerne, Athens, Greece.
- Softas-Nall, B.** (1993, April). *Women as heroes.* Women's Resource Center, University of Northern Colorado.
- Softas-Nall, B.** (1993, April). *The changing role of Greek women.* International Week, University of Northern Colorado.
- Softas-Nall, B.** (1993, Summer). *An ethnographic study on the remainings of a "feudal" state: Procopi, Greece.* University of LaVerne, Athens, Greece.

#### REVIEWER:

Reviewer for the 2020 APA Convention (Division 17)

Reviewer for the 2019 APA Convention

Reviewer for the 2018 AAMFT Convention

Reviewer for the 2018 APA Convention-Division 17

Reviewer for the 2017 AAMFT Convention

Reviewer for the 2015 AAMFT Convention

Reviewer for the 2014 Counseling Psychology in Action Conference, Atlanta, Georgia

Reviewer for the AAMFT 2014 Milwaukee, Wisconsin

Reviewer for the 2013 AAMFT Convention

Reviewer for the 2012 AAMFT Convention, Charlotte, North Carolina

Reviewer for the 2011 APA Convention, Washington DC

Reviewer for the 2011 AAMFT Annual Conference, Fort Worth, Texas.

Reviewer for the 2010 APA Annual Conference, San Diego.

Reviewer for the 2010 AAMFT Annual Conference, Atlanta, Georgia.

Reviewer for the 2008 *International Counseling Psychology Conference (ICPC)*, Chicago, IL.

Reviewer for the 2007 *Rocky Mountain Psychological Association 77<sup>th</sup> Annual Convention, Denver, CO.*

Reviewer for the 2007 *AAMFT Annual Conference*, Long Beach, CA.

Reviewer for the 2006 64<sup>th</sup> annual *AAMFT Annual Conference*, Austin, TX.

Reviewer for the 2001 *American Psychological Association National Conference*, San Francisco, CA.

Reviewer for the 2001 59<sup>th</sup> *AAMFT Annual Conference*, Nashville, TN.

Reviewer for the 2000 *Rocky Mountain Psychological Association Meeting*, Phoenix, AZ.

Presentation proposal reviewer for the 2000 *American Psychological Association Convention*, Division 35 – Psychology of Women, Washington, D.C.

Reviewer for the 2000 58<sup>th</sup> *AAMFT Annual Conference*, Family Therapy: The Millennium Summit, Denver, CO.

Presentation proposal reviewer for the 1999 *Rocky Mountain Psychological Association Conference*, Ft. Collins, CO.

Presentation proposal reviewer for the 1998 *APA National Convention*, Division 35, Psychology of Women, San Francisco, CA.

Presentation proposal reviewer for the 1997 *APA National Convention*, Division 35, Psychology of Women, Chicago, IL.

Presentation proposal reviewer for the 1995 meeting of the *Rocky Mountain Psychological Association*, Boulder, CO.

## ADVISORY BOARD:

1998-2009 *The Family Journal* - An International Association of Marriage and Family Counseling publication.

## EDITORIAL BOARD:

2006-present Editorial Board Member, *The Family Journal: Counseling Therapy for Couples and Families*.

1999-present Co-editor, Case Consultation Column, *The Family Journal: Counseling Therapy for Couples and Families*. The official journal of the International Association of Marriage and Family Counselors.

2000-2002 Ad Hoc Reviewer, *Journal of Counseling Psychology*

## FUNDED PROJECTS:

UNC Office of Assessment-Mini Grant \$1, 500 “Program Level Assessment Plan for Counseling Psychology Doctoral Program Accreditation Process.” Summer 2014.

SPARC, Grant Development Incentive Program Award, \$10,493.00, January-December 2005.  
Funded three GRA’s etc.

College of Education and Behavioral Sciences. Assistance for grant writing on Comparison of four family counseling approaches. Funded a Psy.D. GRA for Spring 2005.

Center for Collaborative Research in Education. Gender Issues Questionnaire. Funded a GRA for Spring, 2002.

Center for Collaborative Research in Education. Female ethnic minority graduate students. With Lynn Tokumine and Theresa Tiedeman, doctoral students. \$655, 2000.

Center for Collaborative Research in Education. Elementary school teachers and Hispanic/Latino parents: A collaborative project. With Dr. Tracy Baldo and Evelin Gomez, doctoral student. \$3,000, 1999.

American Psychological Foundation (APF) Journal Grant. Received overseas five APA journals for five years, 1988-1992.

## PROFESSIONAL CONSULTATIONS:

1987-2004 Laboratory of Human Relations, Research Associate, Athens, Greece.

## PROFESSIONAL ASSOCIATION PARTICIPATION :

<u>Organization</u>	<u>Years</u>
APA Division 43, Family Psychology	2001-present
Greek Systemic Association: Founding member, established in year 2000	2000-present
Colorado Association for Marriage and Family Therapy (CAMFT)	1995-present
American Association for Marriage and Family Therapy (AAMFT) Clinical Fellow- 2007 to now AAMFT Approved Supervisor	1995-present
Rocky Mountain Psychological Association (RMPA)	1995-present
International Association of Marriage and Family Counseling (IAMFC)	1993-present
APA Divisions Division 17, Counseling Psychology Division 35, Psychology of Women Division 43, Family Psychology	1993-present
American Counseling Association (ACA)	1993-present
American Psychological Association (APA)	1984-present
Rocky Mountain Association for Counselor Education and Supervision	1993-2000
Association for Counselor Education and Supervision (ACES)	1994-1999
Greek Psychological Association	1979-1992
Greek Association of Psychotherapy	1990

## WORLD CONGRESS ORGANIZING COMMITTEE:

International Family Therapy Association, 8th World Congress, Athens, Greece, 1996.

## COMMUNITY SERVICE:

Colorado Association of Marriage and Family Therapy, "Relationship Check-Up Day," Greeley Mall, 1998.

Pro Bono Mental Health Program, Weld County, 1998.

Community Mental Health Certificate of Appreciation, the Pro Bono Mental Health Program of Weld County, 1997.

Colorado Association of Marriage and Family Therapy, "Family Check-Up Day," Greeley Mall, 1996.

### **UNIVERSITY SERVICE:**

#### Department of Applied Psychology and Counselor Education:

Graham Committee 2019

Review and Retention committee member 2018-2020

Social Committee 2016-2019

Professional Counseling Committee 2015-2018 Group advisor CFT

Search Committee Member Professional Counseling 2016

Faculty Evaluation Committee (FEC) Chair and Member 2015-2016

Coordinator and Director of Training-Counseling Psychology (Fall 2013-Summer 2015)  
Coordinated completion of APA self-study and site-visit. PhD program received 7 years of accreditation by APA in 2014

Social Committee APCE (2010-2018)

FEC changes committee 2014

FEC Chair 2015

Banner Bearer for CEBS in Graduate Commencement 2015

COEBS Curriculum committee for APCE 2013-present

Professional Counseling Off-Campus Admission Committee 2010-2015

Search Committee Member Counseling Psychology 2015

Professional Counseling Committee 2015-2017

Doctoral Research Endorsement until 2020

CEOBS Outstanding Service Provider Committee Member 2015

Faculty Sponsor for Several Doctoral Students for UNC Research Day

Department of Counseling Psychology

Chair, Coordinator, and Director of Training (2010 to 2013) Coordinated writing of self-study and site visit by APA

Co-Chair MA programs in Professional Counseling (2010-2013)

2015 Doctoral Research Endorsement renewed to 2020

Division of Professional Psychology 1992 to 2010

2010 Chair, School Evaluation Committee

Counseling Psychology Doctoral Faculty, 1995-present.

Professional Counseling Faculty and Committee Member, 1995-present.

Social Committee, 2009

Chair, Review and Retention, 2008-2009

Chair, School Evaluation Committee, 2009-2010.

Graham Committee, Chair, 2005-2008.

Review and Retention Committee member, 2007-2009

Diversity Committee, Chair, 2005-2009

Search committee, Counselor Education two positions, 2008

Review and Retention Committee member, spring 2005.

Coordinator of Professional Counseling, Master's Programs in Community Counseling, Community Counseling: Marriage and Family Therapy Emphasis, School Counseling, 2000-summer 2004.

Review and Retention Committee member, 2004.

Faculty Search Committee: Counselor Education Position, Spring and Summer 2004.

Library Representative, 2001-2002.

Chair: Review and Retention Committee, 2001.

Faculty Search Committee: Counselor Education, 1999-2000.

Division Evaluation Committee, 1999-2000.



Faculty Search Committee: Counselor Education, Counseling Psychology, 1998.

Student Review and Retention Committee, Chair, 1998.

Counseling Psychology Faculty Committee, 1998.

Admissions Coordinator for MA Programs in PPSY, 1995-1998.

Student Review and Retention Committee, Chair, 1997.

Faculty Development Committee - Alternate member, 1997.

Library Representative, 1993-1997.

Faculty Search Committee - School Psychology, 1995-1996.

Review and Retention Committee, 1995-1996.

Graduate Faculty with Doctoral Research Endorsement, 1995.

Clinic Committee, 1994-1995.

Master's Program Committee, 1992-1995.

Counseling Psychology Liaison to School Psychology, 1992-1994.

### **University committee service**

Tenure Appeals Committee 2020-2022

Graduate Council 2018-2019

Faculty Grievance Committee 2018-2021

Tenure Appeals Committee, 2016-2018

Allied Faculty Gender Studies 1993-to present

Faculty Research and Publications Board, 2006-2009.

Graduate Council, and Standards Committee member, 2004-2005.

Faculty Research & Publications Board, 2001-2003.

Spring Undergraduate Commencement, Deputy Marshal for COE, 2002.

Internal Review Board, 2000-2001.

Faculty Research and Publications Board, 1999-2000.

Women's Studies cross-listed faculty, 1992-2000.

UNC Child Care Advisory Board, 1998.

Faculty Evaluation Committee, Women's Studies, 1998.

UNC International Week, Presentation - "Cinderella Stories Around the World", 1997.

Volunteer counselor, Debriefing after hostage situation at UNC, 1996.

Women's Resource Center, Presentation - "Gender Role Changes in Parallel Process to Cultural, Ethnic Changes", 1994.

UNC International Week, Presentation - "Greece and the Greek Culture", 1993.

UNC International Week, Presentation - "The Changing Role of Greek Women", 1993.

UNC Commission for Women, 1993.

Approved faculty for Women's Studies Department, 1992.

### **College of Education and Behavioral Sciences**

Search Committee SRM 2016-2017

Outstanding Advisor Award Selection Committee, 2016-2019

Outstanding Service Award Selection Committee, 2014-2017

Deputy Marshal Fall Commencement 2014

College of Education and Behavioral Sciences Curriculum Committee, 2007 to 2015

Banner Bearer for COEBS, Fall Commencement 2007

Teacher Education Faculty, 1992-Present

Strategic Planning Committee, 2001-2002

College of Education Representative for the Center for International Education, 1997-1998

Curriculum Committee, College of Education, 1995-1998

### Outside UNC University Service

2018 Promotion and Tenure outside reviewer TWU Counseling Psychology

2014 Promotion and Tenure International Faculty Member for the Greek University System

2009 - 2016 European Union Task Force on University Counseling Centers Funding. Athens, Greece

2002 External Reviewer Candidacy for Tenure and Promotion, Department of Counselor Education, University of Wyoming.

### GRADUATE STUDENT COMMITTEES:

**Doctoral Research Advisor/Chair** (chaired 38 completed dissertations; chaired 120 doctoral events: orals, proposals, dissertation defenses)

Fall 2020, Morgan Condie, PhD, Proposal Defense

Fall 2020, Adam Simonson, PhD, Proposal Defense

Summer 2020, Kaitlin Ohde, PhD Dissertation Defense (Co-Chairing) “Perceptions of Challenges and Resiliencies of post 9/11 Combat Veteran’s Caucasian Wives”

Summer 2020, McKayla Gorman, PhD Orals

Spring 2020, Adam Simonson, PhD Orals

Spring 2020, Morgan Condie, PhD Orals

Spring 2020, Megan Martinez, Dissertation Defense, “From Invisibility to belonging: Supports and challenges of first-generation college students who identify as racial or ethnic minorities” **Student received Graduate Dean’s Citation for Excellence**

Fall 2019, Sarah Zwetzig, Dissertation Defense, “Drunkorexia and Gender Role Conformity”

Fall 2019, Gurusewak Khalsa, PhD Proposal Defense

Summer 2019, Gurusewak Khalsa, PhD, Orals

Fall 2018, Sarah Zwetzig, PhD, Dissertation Proposal

Spring 2018, Rachel Haug, PhD, Dissertation Defense, “Perceived Belongingness, Self-Esteem, and Outness Level among Lesbian, Gay, and Bisexual Individuals”

Spring 2018, Megan Martinez, PhD, Dissertation Proposal

Spring 2018, Kaitlin Ohde, PhD, Dissertation Proposal (Co-Chair with Dr. Tian)

Spring 2018, Christy Jersin Woods, PhD, Orals

Spring 2017, Sarah Zwetzig, PhD, Orals

Spring 2017, Megan Martinez, PhD, Orals

Spring 2017, Co-Chair- Kaitlin Ohde, PhD, Orals

Spring 2017, Barry Lynn Motter, Dissertation Defense, PhD, "Love is gender blind": The lived experiences of transgender couples who navigate one partner's gender transition.

Spring 2017, Julie Barritt, Dissertation Defense, PhD, The effects of self-compassion and shame on the relationship between perfectionism and depression. **\*Dean's Citation for Excellence.**

Spring 2017, Sarah Breseke, Dissertation Defense, PhD, The experience of parents and adolescents with the medical care for the condition of cleft lip and palate: A phenomenological study.

Fall 2016, Rachel Haug, Proposal Defense, PhD, Perceived belongingness, self-esteem, and outness level on psychological distress among lesbian, gay, and bisexual individuals.

Spring 2016, Blair Nylene, Dissertation Defense. "The relationship between accuracy of facial emotion recognition, perceived empathic ability, and cognitive ability in domestic violence offenders."

Fall 2015, Julie Barritt, Chair, Dissertation Proposal, "The effects of self-compassion and shame on the relationship between perfectionism and depression."

Fall 2015, Barry Motter, Chair, Dissertation Proposal, "The lived experiences of transgender couples who navigate one partner's gender transition."

Summer 2015, Rachel Gall, Dissertation Defense. "All families are unique: Experiences of lesbian-parented families."

Summer 2015, Annette Peters, Dissertation Defense. "Lived experiences of belonging to multiple nationalities."

Summer 2015, Jeffrey Roche, Dissertation Defense. "Counter-narratives of adults who are homeless: Attachment and resiliency in context."

Spring 2015, Rachel Haug: Orals.

Spring 2015, Barry Motter: Orals.

Spring 2015, Julie Barritt: Orals.

\*Fall 2014, Karina Samaniego Estrada, Dissertation Defense. "Being undocumented in the

United States: The impact on Mexican immigrants' mental health." **Student received Dean's Citation for Outstanding Dissertation.**

Fall 2014, Blair Nylene, Dissertation Proposal Defense. "The relationship between accuracy of recognition of facial emotion, perceived empathic ability, and cognitive ability in domestic violence offenders."

\*Summer 2014, Michael Mahoney, Dissertation Defense Co-Chair with Dr. Rings. "Homecoming experiences of student military veterans: Implications for counseling psychologists." **Student received Graduate Dean's Citation for Excellence award and Dean's Citation for Outstanding Dissertation.**

Summer 2014, Doctoral Dissertation Defense Co-Chair with Dr. Rings: Richelle Walker – The role of sexual identity development and attachment style on relationship satisfaction among lesbian couples.

Spring 2014, Orals: Blair Nylene

Spring 2014: Co-Chair with Dr. Rings Beth Ruechel, Orals

Fall 2013, Doctoral Proposal: Rachel Gall – Exploring the experiences of families with same-sex parents and elementary school-aged children.

Fall 2013 Doctoral Proposal: Jeff Roche – Counter-narratives of adults who are homeless: Attachment and resiliency in context.

Fall 2013 Doctoral Proposal: Annette Peters – Exploring the intersectionality of individuals belonging to more than one nationality.

Spring 2013 Doctoral Proposal Co-Chair (Dr. Rings), PhD, Richelle Walker – The role of sexual identity development and attachment style on relationship satisfaction among lesbian couples.

Spring 2013 Doctoral Defense: Geri Tien - Communication and Relationships of Intercultural/Multilingual Couples: Cultural and Language Differences

Spring 2013 Rachel Gall, PhD, Orals

Spring 2013 Jeff Roche, PhD, Orals

Spring 2013 Annette Peters, PhD, Orals

Summer 2012, Co-Chair, Heather Bean, PhD, Dissertation Defense, "The lived experience of stay-at home mothers when their children attend school."

Summer 2012, Emily Porter, PhD, Dissertation Defense, "The effects of a traditional gender role background on the self-esteem and confidence of women in graduate school."

Spring 2012, Michael Mahoney, PhD, Orals.

Spring 2012, Richelle Walker, PhD, Orals.

Fall 2011, Karina Samaniego-Munoz, PhD, Doctoral Proposal.

Summer 2011, Emily Porter. PhD, Doctoral Proposal.

Spring, 2011, Geri Tien, PhD, Orals.

Spring 2011, Aaron Wallis, PhD, Orals.

Spring 2011, Karina Samaniego-Munoz, PhD, Orals.

Spring 2011, Co-Chair. Heather Bean. PhD, Doctoral Proposal, "The lived experience of stay-at-home mothers when their children attend school."

\*Fall 2010, Ann Ingala, PhD, Dissertation Defense, "The impact of military deployment on college adjustment". **Graduate Dean's Citation for Excellence award**, Spring 2012. \*

Fall 2010, Susan Schneeberger. PhD, Dissertation Defense, "Unitive/Mystical Experiences and life changes"

Fall 2010, Laurie Paquette, PhD, Dissertation Defense, "Process, Perspectives, and Benefits of Animal Assisted Therapy."

Spring 2010, Heather Bean, Orals

Fall 2009, Ann Ingala, Doctoral Proposal, "The impact of military deployment on college adjustment"

Spring 2009, Susan Schneeberger. Doctoral Proposal, "Unitive/Mystical Experiences and life changes"

Spring 2009, Jessica Reidel, Orals.

\*Summer 2008, Chris Woodson, Doctoral Dissertation Defense, "Family Characteristics and readiness to change problematic alcohol use." **Dean's Citation for Outstanding Dissertation award Spring 2010.** \*

Spring 2008, Marie Lepeltier, Doctoral Dissertation Defense, "The redirecting children's behavior parenting course, parental stress, the parent-child relationship, and child behavior."

Fall 2007, Chris Woodson, Doctoral Proposal Defense, "The relationship between family characteristics and readiness to change problematic behaviors of alcohol use."

Spring 2007, Laurie Paquette, Doctoral Proposal defense, "Process, Perspectives, and Benefits

of Animal Assisted Therapy.”

Fall 2006, Chris Woodson, Psy.D. Orals

Fall 2006, Shannon Welch-Groves, Psy.D., Doctoral Dissertation Defense, “The influence of parental religiosity on the parent-child relationship.”

Spring 2006, Heather Schulte, Doctoral Dissertation Defense, “Family of origin and sibling influence on adult friendships.”

Fall 2005, Laurie Paquette, Psy.D. Orals.

Summer 2005, Shannon Welch-Groves, Psy.D. Doctoral Dissertation Proposal, “The influence of parental religiosity on the parent-child relationship.”

Summer 2005, Marie Lepeltier, Psy.D. Doctoral Dissertation Proposal, “The redirecting children’s behavior parenting course.”

Spring 2005, Heather Schulte, Psy.D. Doctoral Dissertation Proposal, “Family of origin and sibling influence on adult friendships.”

Fall 2004, Marie Lepeltier, Psy.D. Doctoral Dissertation Proposal, in process.

Fall 2004, Heather Schulte, Psy.D. Doctoral Dissertation Proposal, in process.

Fall 2004, Arleene Weimer, Psy.D. Orals.

Fall 2004, Shannon Welch-Groves, Psy.D. Orals.

Fall 2003, J. Patrick, Psy.D. Doctoral Dissertation Defense, “Children and spirituality: Exploring the relationship between spiritual well-being, religious participation, competence, and behavior in 11 and 12 year olds.”

Summer 2003, Sheryl Gonzalez, Psy.D. Doctoral Dissertation Defense, “Attitudes, knowledge, and personality differences that influence willingness toward organ donation.”

Fall 2002, Theresa VanDuursen, Ph.D. CES. Doctoral Dissertation Defense, “Depression and fatigue in cancer patients: Implications for mental health practitioners.” **Graduate Dean’s Citation for Excellence.**”

Summer 2002, Heather Schulte, PsyD. Doctoral Proposal Defense.

Spring 2002, Susan Patrick, Psy.D. Doctoral Proposal Defense.

Spring 2002, Sheryl Gonzalez, Psy.D. Doctoral Proposal Defense.

Fall 2001, Michelle Beadle, Psy.D. Doctoral Dissertation Defense, “A survey of marriage and family therapists’ attitudes regarding spousal disclosure of extramarital affairs.”

Fall 2001, Sheryl Gonzalez, Psy.D. Orals.

Summer 2001, Theresa VanDuursen, Ph.D. CES. Doctoral Proposal Defense.

Summer 2001, Evelin Gomez, Ph.D. CES. Doctoral Dissertation Defense, "Perceptions of a parent education program: A study with Mexican origin parents." (Received \$3,000 grant for this project.)

Spring 2001, Michelle Beadle, Psy.D. Doctoral Proposal Defense.

Fall 2000, Heather Schulte, Psy.D. Orals.

Fall 2000, Theresa Tiedemann, Ph.D. CES Orals.

Spring 2000, Jonathan Williamson, Psy.D. Doctoral Dissertation Defense, "Experiences and emotions of grandmothers raising their grandchildren."

Summer 1999, Evelin Gomez, Ph.D. CES Doctoral Proposal Defense. (Received \$3,000 grant for this project.)

\*Summer 1999, Maria Mores, Psy.D. Doctoral Dissertation Defense, "Perceived experiences which facilitated and motivated Mexican Americans from a migrant background to obtain a graduate degree." **Received Graduate Dean's Citation for Outstanding Dissertation.**

Summer 1999, Roy Chang, Ph.D. CES Doctoral Dissertation Defense, "The influences of Taiwan counselors' family of origin experiences and training levels on countertransference reaction."

Fall 1998, Roy Chang, Ph.D. CES Doctoral Proposal Defense.

Summer 1998, Scott Williams, Psy.D. Doctoral Dissertation Defense, "Counselor trainee effectiveness: An examination of the relationship between personality characteristics, family of origin functioning, and trainee effectiveness."

Summer 1998, Ginny Cross, Psy.D. Doctoral Dissertation Defense, "An investigation into the relationships among gender argumentativeness and empathy."

Summer 1998, Maria Mores, Psy.D. Doctoral Proposal Defense.

Summer 1998, Evelin Gomez, Ed.D. CES Orals.

Summer 1998, Roy Chang, Ed.D. Orals.

Spring 1997, Laura McKee, Psy.D. Doctoral Dissertation Defense, "The effectiveness of a personal safety program for first grade children."

Fall 1996 Laura McKee, Psy.D. Doctoral Proposal Defense.

Spring 1996, Jonathan Williamson Psy.D. Orals.



Spring 1996, Michelle Beadle, Psy.D. Orals.

Spring 1996, Mike Furois, Psy.D. Orals.

### **Research Co-Advisor**

Spring 1998, Ginny Cross, Psy.D. Doctoral Proposal Defense.

Summer 1996, Susan Jackson, Psy.D. Doctoral Proposal Defense.

Spring 1995, Scott Williams, Psy.D. Orals.

Summer 1995, Jane Zazzaro, Psy.D. Doctoral Proposal Defense.

Summer 1995, Keith Cowie, Ph.D. Doctoral Dissertation Defense, "A comparative analysis of sixth, seventh, and eighth grade regular education students with and without learning disabilities using lateral preference and learning style measures."

Fall 1995, Scott Williams, Psy.D. Doctoral Proposal Defense.

Fall 1995, Keith Cowie, Ph.D. Doctoral Proposal Defense.

Fall 1994, Robert Lee March, III., Psy.D. Doctoral Proposal Defense, "Predicting completion among men who are court mandated to domestic violence group counseling."

Fall 1994, Laura McKee, Psy.D. Doctoral Proposal Defense.

Fall 1994, Jane Zazzaro, Psy.D. Orals.

Fall 1994, Susan Jackson, Psy.D. Orals.

Fall 1994, Fran Robinson, Psy.D. Orals.

**Research Committee Member** (in 52 completed dissertations, 146 doctoral events: oral, proposals, dissertation defenses)

Fall 2020, Angelica Kim, SP, Orals

Summer 2020, Sibyl Cornell, SP, Proposal Defense

Spring 2020, Stacey Gagliano, SP, Dissertation Defense, "Protective factors for secondary traumatic stress in residential treatment staff"

Spring 2020, Miranda Mahler, SP, Orals

Spring 2020, Tiana Johnson, Orals

Spring 2020, Patty Sparks, Orals

Spring 2020, Sean Kershaw, Orals

Summer 2019, Chloe Hinton, Dissertation Defense, "Non-Suicidal Self-Injury among Adolescents and Young Adults of Color: Experiences with Racial Identity and Self-Harm."

Spring 2019, Katie Bagley, Nursing, Dissertation Defense

Fall 2018, Reka Farago, CES, Dissertation Defense

Fall 2018, Stacey Gagliano, Proposal Defense

Spring 2018, Nadia Benyamin, Dissertation Defense, "The ethnic identity journey of 1.5 generation Asian American College Students"

Spring 2018, Natalie Sachs, PhD, Orals

Spring 2018, Katie Bagley, Nursing, Doctoral Proposal (Outside member), "The lived experiences of underrepresented pre-nursing students"

Spring 2018, Reka Farago, CES, Doctoral Proposal

Spring 2018, Stacey Gagliano, SP, Orals

Fall 2017, Reka Farago, CES, Orals

Fall 2017, Katie Bagley, Nursing, Orals

Spring 2017, Caroline Hicks, PhD Dissertation Defense, "The impacts of sexual minority stress on degree of perceived burdensomeness, thwarted belongingness, and suicidal ideation."

Spring 2017, Ketty Holt, Dissertation Defense (Nursing), "Affective domain learning in high fidelity simulation: Students' perspectives."

Spring 2017, Missy Rancho. Dissertation Defense. "Assessing the cultural effects of neoliberalism on empathy."

Fall 2016, Chloe Hinton, Dissertation Proposal, PhD. "Non Suicidal self-injury among racial minority adolescents."

Fall 2016, Jaime Cardin, CES, "Experiences of childless stepmothers, Doctoral proposal"

Spring 2016, Ashley Branson, CES, Counselor Education, Dissertation Defense, "Exploring cognitive complexity development in a hybrid counseling theories course designed using the recursive superstructure."

Spring 2016, Nadya Benjamin, Doctoral Proposal, "The ethnic identity journey of 1.5 generation Asian American College Students."

Spring 2016, Melissa Racho, Doctoral Proposal, "Assessing the cultural effects of neoliberalism on empathy."

Fall 2015, Ashley Branson, CES, Dissertation Proposal, "Exploring cognitive complexity development in a hybrid counseling theories course designed using the recursive superstructure."

Fall 2015, Caroline Hicks, PhD, Proposal Defense, "The impacts of sexual minority stress on degree of perceived burdensomeness, thwarted belongingness, and suicidal ideation."

Fall 2015, Melissa Racho, Orals, School Psych

Summer 2015, Aaron Wallis, PhD, Dissertation Defense, "Examining the impact of information communication technology on social skills and total likability."

Summer 2015, Brian Nutter (School Psychology), Dissertation Defense, "A phenomenological investigation of how teachers' beliefs, expectations, and perceptions influence classroom practices."

Spring 2015, Nadia Benjamin: Orals.

Spring 2015, Chloe Hinton PhD : Orals.

Spring 2015, Caroline Hicks PhD : Orals.

Fall 2014, Ashley Branson. CES: Orals.

Spring 2014, Marek Dvorak, PhD, Dissertation Defense, "The moderating effects of emotional intelligence on the relationship between parental attachment and career decision self-efficacy."

Spring 2014, Beth Ruechel: Orals.

Spring 2014, Kaylene Case, Dissertation Defense. "A review of educators' skills experiences of perception when working with children with or suspected of having a traumatic brain injury."

Fall 2012, Marek Dvorak, PhD, Proposal Defense. "The moderating effects of emotional intelligence on the relationship between parental attachment and career decision self-efficacy."

Fall 2012, Kaylene Case, Proposal Defense. "A review of educators' skills experiences of perception when working with children with or suspected of having a traumatic brain injury."

Summer, 2012, Lisa Bobby, Dissertation Defense, PhD, "Shaping attitudes towards psychological services."

Spring 2012, Sunda Friedman TeBockhurst, PhD, Dissertation Defense, "I still have to overcome just being captured inside myself: The experience and meaning of peritraumatic tonic immobility among survivors of sexual violence."

Spring 2012. Lisa Bobby, PhD, Dissertation Defense. "Shaping attitudes towards psychological services."

Spring 2012, Marek Dvorak, PhD, Orals.

Spring 2012, Thomas Lonneman Doroff, CES. Dissertation Defense, "Supervision in applied counseling settings: A socially constructed grounded theory."

Spring 2012, Kaylene Case, Orals.

Spring 2011. Sunda Friedman TeBockhorst, Doctoral Proposal Defense. "I still have to overcome just being captured inside myself: The experience and meaning of peritraumatic tonic immobility among survivors of sexual abuse."

Fall 2011, Masha Zarlengo, Dissertation Defense, "Social involvement, existential awareness, and perceived vulnerability in older adults"

Fall 2010, Masha Zarlengo, Doctoral Proposal Defense, "Social involvement, existential awareness, and perceived vulnerability in older adults"

Fall 2010, Thomas Lonneman Doroff, CES. Proposal Defense, "Supervision in applied settings: A socially constructed grounded theory."

Fall 2010, Jaime Carden-O'Brien, CES. Orals

Fall 2010, Michael LeBlond, Dissertation Defense, "The relationship between expectations regarding aging and resilience in a diverse sample of adults age 45 and older"

Summer 2010, Michael LeBlond, Doctoral Proposal Defense, "The relationship between expectations regarding aging and resilience in a diverse sample of adults age 45 and older"

Spring 2010, Briana VonFeldt Makofske, SP, Dissertation Defense, "The between parent involvement and school readiness among children enrolled in Head Start Programs"

Fall 2009, Masha Zarlengo, Orals

Fall 2008, Michael LaBlond, Orals

Fall 2008, Thomas Lonneman-Doroff, CES, Orals

Fall 2008, Kevin Heaton, CES. Orals

Summer 2008, Varunee Sangganjanavanich, CES, Dissertation Defense.

Summer, 2008, Briana VonFeldt, Doctoral Proposal Defense, "Parent involvement and school readiness among children in Head Start programs".

Spring, 2008. Jon Dennig, Doctoral Dissertation Defense, "Level of family support as predictor of adaptive functioning in male survivors of childhood sexual abuse."

Spring 2008, Briana VonFeldt, Orals.

Spring 2008, Varunee Sangganjanavanich, CES. Doctoral proposal defense.

Fall 2007, Jon Denning, Doctoral Proposal Defense. "Level of family support as predictor of adaptive functioning in male survivors of childhood sexual abuse."

Fall 2007, Steve Flynn, CES. Orals

Fall 2007, Jon Denning, Orals

Fall 2007, Varunee Sangganjanavanich, CES. Orals

Summer 2007, Lynn Sutton, Doctoral Dissertation Defense, PsyD, Counselor emotional expression through written essays and mitigating effects on vicarious traumatization.

Summer 2006, Graig Creed, CES. Doctoral Dissertation Defense

Spring 2006, Arlene Weimer, Psy.D. Doctoral Dissertation Defense. "Interpersonal functioning of women survivors of childhood incest."

Spring 2005, Arlene Weimer, Psy. D. Doctoral Dissertation Proposal. "Interpersonal functioning of women survivors of childhood incest."

Fall 2004, Anne Cabanilla Psy. D. Doctoral Dissertation Defense, "The relationship between perceived parenting style, significant life events, adult support, and optimism."

Fall 2004, Greg Creed Ph.D. CES. Doctoral Proposal Defense.

Summer 2004, Juli Germer, Psy.D. Doctoral Dissertation Defense. "Complementary and alternative therapies: A survey of psychologist's knowledge, perceptions, health beliefs, and practices."

Spring 2004, Anne Cabanilla Psy.D. Doctoral Proposal Defense.

Fall 2003, Anne Cabanilla, Psy.D. Orals.

Fall 2003, Elizabeth Graff, Ph.D. Doctoral Proposal Defense.

Spring 2003, Jill Miller, Psy.D. Doctoral Dissertation Defense, “Complementary and alternative therapies: A survey of psychologist’s knowledge, perceptions, health beliefs, and practices.”

Spring 2003, Juli Germer, Psy.D. Doctoral Proposal Defense, “The relationship between acculturation and eating disorders among Mexican American college women: An investigation.”

Fall 2002, Marilyn Remming, Psy.D. Doctoral Dissertation Defense, “Reporting behavior of military sexual assault victims.”

Fall 2002, Jill Miller, Psy.D. Orals.

Fall 2002, Juli Germer, Psy.D. Orals.

Fall 2002, Greg Creed, Ph.D. CES. Orals.

Summer 2002, Marilyn Remming, Psy.D. Doctoral Proposal Defense.

Summer 2002, Jill Miller, Psy.D. Doctoral Proposal Defense.

Summer 2002, Bruce Ramsey, Ph.D. CES. Doctoral Dissertation Defense, “Self-reported trauma histories in and between male and female domestic violence offenders.”

Summer 2002, Stephanie Fornes, Psy.D. Doctoral Dissertation Defense, “The relationship of couples’ attachment styles and self-disclosure on marital satisfaction.”

Spring 2002, Bruce Ramsey, Ph.D. CES. Doctoral Proposal Defense.

Spring 2002, Elizabeth Craff, Ph.D. Orals.

Summer 2001, Carrie Merscham, Psy.D. Doctoral Dissertation Defense, “The relationship between adolescent attachment style and clinical symptoms and adaptive skills in residential treatment.”

Summer 2001, Stephanie Fornes, Psy.D. Doctoral Proposal Defense.

Spring 2001, Lynn Tokumine, Psy.D. Doctoral Dissertation Defense, “Optimism, social support, and psychosocial adjustment of women with coronary heart disease.”

Fall 2000, Dalene McCloskey, Ph.D. Doctoral Dissertation Defense, “A description of neuropsychological and behavioral abilities with migrant children and non-migrant children of Hispanic background.”

Fall 2000, Lynn Sutton, Psy.D. Orals.

Fall 2000, Stephanie Forness, Psy.D. Orals.

- Spring 2000, Marty Slyter, Ph.D. CES. Doctoral Dissertation Defense, "An exploratory study on the relationships between perfectionism and the subscales of the Strong Interest Inventory."
- Fall 1999, Bruce Rumsey, Ph.D. CES. Orals.
- Fall 1999, Carrie Merscham, Psy.D. Orals.
- Fall 1999, Lynn Tokumine, Psy.D. Orals.
- Fall 1999, Karen Bender, Psy.D. Orals.
- Fall 1999, Marty Slyter, Ph.D. CES. Doctoral Proposal Defense.
- Fall 1999, Mike Furois, Psy.D. Doctoral Dissertation Defense, "Factors facilitating exiting a street gang."
- Summer 1999, Lynn Tokumine, Psy.D. Doctoral Proposal Defense.
- Spring 1999, Dalene McClosky, Ph.D. Orals.
- Spring 1999, Fran Robinson, Psy.D. Doctoral Dissertation Defense, "The perceived power needs and fears of beginning versus advanced master's level community counseling students."
- Summer 1998, Terri Baker, Psy.D. Doctoral Dissertation Defense, "A survey of psychologist attitudes toward suicide and assessment of competency for assisted suicide."
- Summer 1998, Fran Robinson, Psy.D. Doctoral Proposal Defense.
- Spring 1998, Daniel Sanders, Psy.D. Orals.
- Spring 1998, Theresa Gisi, Ph.D. Doctoral Dissertation Defense, "Evaluating the relationship between traumatic brain injury, anger and forgiveness."
- Fall 1997, Barbara Porter, Psy.D. Doctoral Dissertation Defense.
- Fall 1997, Dianne Prentiss, Ph.D. Doctoral Dissertation Defense, "Pediatric brain injury and families: The parental experience."
- Summer 1997, Susan Jackson, Psy.D. Doctoral Dissertation Defense, "The influence of forgiveness on intimacy and trust in marital and committed relationships."
- Summer 1997, Natalie Politikos, Ph.D. Doctoral Dissertation Defense, "A cross validation of the Draw a Person: Quantitative scoring system and the Draw a Person: Screening procedure for emotional disturbance with Greek students."

Summer 1997, Lisa Jacobs, Psy.D. Doctoral Dissertation Defense, "Victim, survivor, and thriver: The influence of recovery labels on therapists."

Spring 1997, Terri Baker, Psy.D. Doctoral Proposal Defense.

Spring 1997, Trish Falcon, Psy.D. Doctoral Proposal Defense.

Spring 1997, Peggy Bowman, Psy.D. Orals.

Spring 1997, Marty Slyter, CES, Ed.D. Orals.

Spring 1997, Lisa Jacobs, Psy.D. Doctoral Proposal Defense.

Spring 1997, Peggy Bowman, Psy.D. Orals.

Spring 1997, Natalie Politikos, Ph.D. Doctoral Proposal Defense.

Spring 1997, Theresa Gisi, Ph.D. Doctoral Proposal Defense.

Fall 1996, John Dwors, Ph.D. Doctoral Dissertation Defense, "Differences in normal and serious emotional disordered students on the Draw a Person."

Fall 1996, Dianne Prentiss, Ph.D. Doctoral Proposal Defense.

Fall 1996, Theresa Gisi, Ph.D. Orals.

Summer 1996, Jane Zazzaro, Psy.D. Doctoral Dissertation Defense, "The influences of parental divorce, parental rejection, and paternal closeness on daughter's despondency and romantic insecurity."

Summer 1996, Dianne Prentiss, Ph.D. Orals.

Summer 1996, Kathy Quinn, Ed.D. CES, Doctoral Dissertation Defense, "Perceptions of rural and non-rural school guidance counselors."

Summer 1996, Michael Smith, Psy.D. Doctoral Dissertation Defense, "An exploration of social factors in the development of post-natal depression."

Spring 1996, Franci Crepeau-Hobson, Ph.D. Doctoral Dissertation Defense, "The transition into high school: Differences in academic and psychological adjustment and coping for transitioning ninth and tenth graders."

Spring 1996, Nancy Schlie, Psy.D. Orals.

Fall 1995, Pat Leu, Ph.D. Doctoral Dissertation Defense, "Predicting perinatal risk factors."

Fall 1995, Terri Baker, Psy.D. Orals.



Fall 1995, Patricia Falcon, Psy.D. Orals.

Fall 1995, Maria Mores, Psy.D. Orals.

Spring 1995, Dianne Prentiss, Ph.D. Orals.

Spring 1995, Franci Crepeau-Hobson, Ph.D. Doctoral Proposal Defense.

Spring 1995, Kathy Quinn, Ed.D. CES. Doctoral Proposal Defense.

Spring 1995, Kerry Lassiter, Ph.D. Doctoral Dissertation Defense, "Predicting personality styles through an analysis of childhood experiences."

Spring 1995, Michael Smith, Psy.D. Doctoral Proposal Defense.

Spring 1995, Debra Stanley, Ph.D. Doctoral Dissertation Defense, "A validation study of the planning, attention, simultaneous, successive cognitive processing model with academically gifted adolescents."

Spring 1995, Pat Leu, Ph.D. Orals, Doctoral Proposal Defense.

Spring 1995, Carol Erickson, Psy.D. Doctoral Proposal Defense.

Fall 1994, Kannikar Nolrajsuwat, Ed.D. CES. Orals.

Fall 1994, Franci Crepeau-Hobson, Ph.D. Orals.

Spring 1994, Lisa Jacobs, Psy.D. Orals.

Outside Committee Member (4 completed dissertations, 9 doctoral events: orals, proposals, dissertation defenses)

Spring 2019, Katie Bagley, Nursing, Dissertation Defense

Spring 2016, Ketty Holt, Nursing, Doctoral proposal, Affective domain learning in high-fidelity simulation: Students' perspectives.

Fall 2014, Ketty Holt, Nursing, Orals

Fall 2010, Lynne Zajac-Nursing Education, Dissertation Defense, "The culture meaning of comfort for ethnically diverse pre-licensure baccalaureate students in the educational setting"

Spring 2010, Lynne Zajac, Ph.D. Nursing Education, Doctoral Proposal Defense

Spring 2009, Lynne Zajac, Ph.D. Nursing Education, Orals

Spring 2003, Wei-Ying Hsia, Ph.D. Doctoral Dissertation Defense, "Comparison of Montessori and non-Montessori teachers' beliefs about developmentally appropriate practices in school."

Fall 2001, Sheryl Muir, Ph.D. Orals.

Summer 2001, Wei-Ying Hsia, Ph.D. Orals.

Other Universities' Committee Member (in 1 completed dissertation)

Fall 2004, Solomon Osayande, Ph.D., Touro University International, CA. Dissertation Defense, "Perceived barriers for African-American men to seek medical examinations for prostate cancer."

Summer 2003, Solomon Osayande, Ph.D., Touro University International, CA. Doctoral Proposal Defense, "Perceived barriers for African-American men to seek regular medical examinations for prostate cancer." Doctoral Proposal.

Teaching Apprentices

Spring 2020, Austin Hamilton, Family Practicum  
 Spring 2019, Guo Yuge, Advanced Methods CFT, Kaitlin Ohde and Austin Hamilton 712  
 Spring 2017, Rachel Haug, Advanced Methods CFT  
 Spring 2016, Liesel Christo-Frazer Advanced Methods CFT  
 Fall 2015, Megan Martinez, Theories APCE 707  
 Fall 2015, Bonnie Nicholson, Family Systems (intern)  
 Spring 2015, Nyline Blair, Advanced Methods CFT  
 Fall 2014 Julie Barritt, Seminar in Personality and Counseling Theories APCE 707  
 Spring 2014, Dayna Northart & Rachel Gall, Advanced Methods CFT  
 Fall 2013, Caroline Hicks, Seminar in Personality and Counseling Theories  
 Spring 2013, Rachel Gall & Dayna Northart, Advanced Methods CFT  
 Fall 2010, Geri Tien, Family Practicum  
 Spring 2010 Reggie Moore and Geri Tien, Advanced methods CFT  
 Spring 2010, Jody Huntington, Family Systems  
 Fall 2009, Reggie Moore, Counselor Education, Family Practicum  
 Fall 2009, Jody Huntington, Counselor Education, Family Systems  
 Summer 2009, Ron Benham, Counselor Education, Family Systems  
 Spring 2009, Thomas Lonneman-Doroff, Advanced Methods CFT  
 Fall 2008, Ron Benham, Counselor Education, Family Practicum  
 Fall 2008, Jessica Reidel, Counseling Psychology, Advanced Methods: CFT  
 Spring 2008, Jen Beebe, Counselor Education and Supervision, Theories of Counseling  
 Spring 2008, Thomas, Counselor Education and Supervision, Family Practicum  
 Fall 2007, Varunee Sangganjanavanich, Counselor Education, Family Systems  
     Steve Flynn, Counselor Education, Family Practicum  
 Spring 2007, April Young, Varunee Sangganjanavanich Counselor Education-Family Practicum  
 Fall 2006, April Young, Counselor Education-Family Systems  
 Summer 2006, Kevin Heaton, Counselor Education-Family Systems  
 Fall 2005, Miles Matisse, Counselor Education-Abnormal Psychology, EDP  
 Fall 2003, Jim Alleman, doctoral student in Counselor Education – Family Systems  
 Fall 2002, Huiang-Shiang, doctoral student in Counselor Education – Family Systems  
 Fall 2001, Greg Creed, doctoral student in Counselor Education – Family Systems  
 Summer 2001, Vanessa Ewing, doctoral student in Educational Psychology – Psychology of Women

- Summer 1999, Stephanie Taylor, doctoral student in Educational Psychology – Psychology of Women
- Spring 1999, Jannee Pierce, doctoral student in Counselor Education – Group Dynamics
- Spring 1999, Monica Forbes, doctoral student in Educational Psychology – Psychology of Women
- Summer 1998, Carrie McCrudden, doctoral student in Counseling Psychology – Violence Against Women and Children
- Summer 1998, Scott Wykes, doctoral student in Counselor Education – Theories of Personality
- Spring 1998, Lynn Tokumine, doctoral student in Counseling Psychology – Theories of Personality
- Spring 1998, Theresa Tiedemann, doctoral student in Counseling Psychology – Psychology of Women
- Fall 1996, Marty Munoz, doctoral student in Counselor Education – Group Dynamics and Facilitation
- Summer 1996, Chris Breier, doctoral student in Counselor Education – Psychology of Women
- Summer 1995, Kathy Quinn, doctoral student in Counselor Education – Psychology of Women
- Fall 1994, Perry Francis, doctoral student in Counselor Education – Family Systems
- Summer 1994, Theresa O'Halloran, doctoral student in Counselor Education – Psychology of Women
- Spring 1994, Lisa Jacobs, doctoral student in Counseling Psychology – Psychology of Women

#### Master's Advising

- 1992-2019 Advisor for about 200 students in M.A. Community and Clinical Counseling and M.A. Community Counseling: Marriage and Family Emphasis, M.A. Clinical Mental Health Counseling, Clinical Counseling: CFT emphasis. Couples, Marriage and Family Counseling/Therapy

#### Doctoral Advising

- 1995-present Advisor to about 100 doctoral students in Counseling Psychology
- 1994-1998 Advisor to 6 doctoral students in Counselor Education

#### TEACHING:

- APCE 712 Advanced Practicum
- APCE 619 Practicum II
- APCE 683 Affective Basis of Behavior
- APCE 707 Seminar: Personality and Counseling Theories
- APCE 795 External Practicum
- APCE 691 Internship: Couples and Family Therapy
- APCE 692 Internship: Clinical Mental Health Counseling
- APCE 694 Family Practicum
- APCE 662 Group Counseling
- APCE 665 Family Systems
- APCE 669 Advanced Methods CFT
- APCE 607 Theories of Counseling

APCE 568	Psychology of Women
APCE 701	Professional Development Seminar in Counseling Psychology
APCE 695	Seminar: Contemporary Issues in Couples and Family Therapy
APCE 774	Practicum in Supervision of Family Therapy

#### PROFESSIONAL DEVELOPMENT ACTIVITIES:

##### LICENSING:

1995-present Licensed Psychologist, February 6, 1995, License #1957.

##### CERTIFICATION

1998-present National Certified Counselor-Board Certified

2007-present Approved Supervisor, American Association for Marriage and Family Therapy (Approved through January 31, 2022). AAMFT Clinical Fellow

##### Conferences Attended

Fall 2019 Behind Closed Doors with Michele Weiner-Davis A 4-Day Training that Will Transform Your Work with Couples, Boulder, CO

Spring 2019 Rocky Mountain Psychological Association, Denver, CO

Spring 2017 CCPTP, Mid-Winter Conference, San Juan, Puerto Rico

Fall 2016 Narrative Therapy Conference, David Epston, University of Denver, CO

Spring 2016 Rocky Mountain Psychological Association, Denver, CO

Spring 2015 CCPTP, Mid-Winter Counseling Psychology Conference, San Diego, CA

Spring 2015 Rocky Mountain Psychological Association, Boise, Idaho

Spring 2014 Council of Counseling Psychology Training Programs (CCPTP), & Counseling Psychology Conference, 2014 Atlanta, GA

Spring 2013 Council of Counseling Psychology Training Programs, 2013 Mid-Winter Conference, Austin, TX

Spring 2012 Council of Counseling Psychology Training Programs 2012 Mid-Winter Conference, Miami, FL.

Spring 2011 Council of Counseling Psychology Training Programs 2011 Mid-Winter Conference, New Mexico.

Fall 2010 Monica McGoldrick, Genograms, Denver, CO.

Spring 2010 Harry Aponte, The self of the therapist in family therapy, Denver, CO.

Spring 2009 Susan Johnson, Emotionally Focused Therapy, Denver, CO.

Spring 2009 Harlene Anderson, Postmodern/Collaborative Approaches, Greeley, CO

Spring 2008 International Counseling Psychology Conference, Chicago, ILL

Spring 2008 Dr. Nancy Boyd-Franklin, Best practices in therapy with African-American Couples and Families. UNC, Greeley, CO.

Spring 2007 Rocky Mountain Psychological Association, Denver, CO

Spring 2007 Sal Minuchin, New Developments: 40 years later, Lakewood, CO

Summer 2006 26<sup>th</sup> International Congress of Applied Psychology, Athens, Greece.

- Fall 2005 The Evolution of Psychotherapy Conference, Anaheim, CA
- Fall 2004 Colorado Association for Marriage and Family Therapy. Scott R. Woolley, Emotionally-Focused Couples Therapy, Denver. CO
- Spring 2004 Emotional-Related Regulation and Children's Adjustment, University of Northern Colorado, Greeley, CO
- Spring 2003 Women's Conference, Palo Verde, CA
- Fall 2002 Colorado Association for Marriage and Family Therapy. Annual Conference, Dr. Doherty, The Challenge of Couple's Counseling: Common Mistakes that Sabotage Successful Marriage Therapy, Denver, CO
- Fall 2001 Rocky Mountain Counselor Education and Supervision, Breckenridge, CO
- Fall 2000 American Association for Marriage and Family Therapy, Denver, CO
- Spring 2000 Michael White, Narrative Therapy: Re-Authoring Lives, Denver, CO
- Summer 1999 5<sup>th</sup> European Conference on Psychological Assessment, Patras, Greece
- Spring 1999 Rocky Mountain Psychological Association, Ft. Collins, CO
- Spring 1998 American Counseling Association World Conference, Indianapolis, IN
- Fall 1997 Rocky Mountain Association for Counselor Education and Supervision, Jackson, WY
- Spring 1997 Colorado Association for Marriage and Family Therapy, Denver, CO
- Fall 1996 Attended various conferences and workshops within UNC
- Summer 1996 The International Family Therapy Association 8th World Congress, Greece
- Spring 1996 Colorado Association for Marriage and Family Therapy, Denver, CO
- Fall 1995 Rocky Mountain Association for Counselor Education and Supervision Conference, Breckenridge, CO
- Spring 1995 American Counseling Association Annual Convention, Denver, CO
- Spring 1995 Rocky Mountain Psychological Association Conference, Boulder, CO
- Summer 1994 American Psychological Association Annual Convention, Los Angeles, CA
- Winter 1993 The Milton E. Erickson Foundation Conference on Brief Therapy: Essence and Evolution. Orlando, FL
- Fall 1993 Rocky Mountain Association for Counselor Education and Supervision Fall Conference, Breckenridge, CO
- Spring 1993 Colorado Association for Marriage and Family Conference, "Strength of Systemic Diversity," Denver, CO
- Spring 1993 Kansas Series Conference on Women's Psychological and Physical Health, Lawrence, KS.

#### HONORS AND AWARDS:

- 2016 Outstanding Advisor Award, College of Education and Behavioral Sciences
- 2014 Outstanding Service Provider, College of Education and Behavioral Sciences
- 2010 Disability Support Services Recognition of Exceptional Accommodation assistance in the classroom

- 2000 Research Advisor Award, College of Education
- 1998 Outstanding Achievement Award: Women's Recognition Banquet, University of Northern Colorado

#### SABBATICAL LEAVES:

- Fall 2019 Book completion, grant searching, manuscript submissions, one international presentation.
- Fall 2012 Data collection (September 2012) on self-stigma and attitudes toward psychological help in Greece. Study was presented at APA the next year. Also, presented at APA on Veteran adjustment and the role of social support. IRB approval for collecting outcome data in Family Practicum. Review of literature on Multilingualism, Culture and Counseling which culminated on a publication.
- Fall 2005 Presentation overseas:  
Softas-Nall, B. (September 2005). Systemic/Family Therapy: Current models and clinical practice. University of Ioannina, Greece.
- Grant writing: NIMH proposal on *Comparison of four family therapy approaches*.
- Fall 1998 Presentations overseas:  
Softas-Nall, B. (September 1998). Developments and current trends in family therapy in the U.S. University of LaVerne, Athens, Greece.
- Softas-Nall, B. (October 1998). Family therapy in the Greek systemic reality. Laboratory for the Study of Human Relations, Athens, Greece.

#### OTHER:

##### Languages

- Greek: Fluent in speaking/writing.  
Spanish: Basic command of language.

##### Previous Teaching

- 1985-1992 University of LaVerne of California in Athens, Greece  
Department of Education, Graduate courses in Educational Psychology  
Tests and Measurements  
Educational Psychology

Department of Social Sciences, undergraduate psychology courses

Psychological Testing, General Psychology, Perception and Cognition, Abnormal Psychology, Psychology of Women, Systems and Theories, Statistics for the Behavioral Sciences, Culture and Personality, Health Psychology

1987-1990 University of Patras, Patras, Greece  
Department of Early Childhood Education  
Clinical Psychology, Developmental Psychology, Introductory Statistics for the Social Sciences, Theories of Personality

1985-1987 University of Ioannina, Ioannina, Greece  
Department of Philosophy, Education and Psychology  
Clinical Psychology I and II  
General Psychology I and II  
Adolescent Psychology  
Life Span and Development

1979-1982 Ball State University, Muncie, Indiana  
CPSY 110 Career and Life Planning  
CPSY 230 Interpersonal Relationships

Other teaching:

Spring 2003 Palo Verde College, California  
Abnormal Psychology, Marriage and the Family