Counselor Education and Supervision Doctoral

Program College of Education & Behavioral

Sciences

Applied Psychology & Counselor Education

Department Annual Report

Academic Year 2022-2023

Data for Counselor Education and Supervision Doctoral Program at UNC:

1. Number of Graduates from AY 2022-23-seven
2. Completion Rates: 22 currently enrolled students with seven graduates over the academic year. One student left the program in the fall of 2023 after comprehensive examinations. All remaining students are enrolled and engaged in the program.
3. Job Placement Rates: Four graduates are employed in higher education settings and three own their own private practice: 100%

Curricular Considerations: We feel our program prepares graduates to be successful in their work and we always consider how we can improve on the training we provide our students. As all students scored meets or exceeds expectations on all Key Curricular Assessments, we feel students in this academic year are reaching all Key Performance Indicator identified by faculty members and stakeholders on our Advisory Council. One noted curricular change around requiring students enrolled in the Pedagogy course to present sample lessons and presentations to current masters level courses meeting continues to have an impact both on doctoral comprehensive examination scores and recruiting of current MA students into the CES doctoral program. Ninety percent of the students passed the pedagogy comprehensive examination question in the fall 2022 administration. Additionally, masters student feedback was numerically positive and the specific comments and feedback received were noted again as helpful by the doctoral student in their development as an educator.

In further curricular considerations around comprehensive examination results, 100% of the students passed the supervision question, 90% passed the research question, and 75% passed the professional issues question. All doctoral students

who passed their written examinations moved on to the orals comprehensive examination and successfully passed and completed this process to continue their degree progression. We will continue to monitor our written comprehensive examination process and how best to measure student learning with question revision and allowing for creative approaches to answers.

Admissions Considerations

We were able to hold our interview day February 24, 2023 this academic year. We received 14 applications, we invited 11 applicants, interviewed eight applicants virtually and offered slots to seven applicants and all seven accepted our offers with one applicant then rescinding their acceptance. For academic year 2022-2023 we have been able to fund every student who requested a Graduate Assistantship (GA) position within the department and although it is likely to continue, we want to be sure we can provide GA offers along with our program admission recommendations. We will continue to work closely with our College Dean's office and Graduate Dean to clarify our budgets and offer positions at the same time we recommend admission. Faculty members are also continuing to carefully document GA tasks and time devoted to various "value added" experiences for GA's so the program coordinator can share a summary of the tasks completed by CES graduate assistants with various stakeholders.

Program Modifications

Additionally, since students routinely score at "above expectations" or "exceeds expectations" on rubrics and professional dispositional ratings (especially high from faculty members outside of CES) the CES faculty members believe the admission process itself is effective as a screening tool. In line with maintaining strong and qualified applicant pools and improving our outreach strategies, the CES faculty members decided to continue current approaches to informal mentoring and formal mentoring with masters students. We saw the results of this effort in our admissions process and admitted a number of applicants who had completed our masters program to start in fall of 2023. We have started attending more MA course meetings to offer more insight into the doctoral program for our MA students to continue this recruiting effort. Additionally, having doctoral students present their teaching lessons in the pedagogy course to the MA students has piqued interest in doctoral studies as well.

Clinical Training

Our in-house training clinic, the Psychological Services Clinic hosts our practicum courses in the doctoral program to serve clients from the university and greater community. These services are offered on a reduced fee or free basis, and we often do not hold a wait list so clients can be seen quickly within the semester. We use digital recording technology, live observations, and an electronic health record to match the experiences of counselors in the field. The experiences of our students and clients in the training clinic are summarized each semester. The summary from fall 2022 and spring 2023 is included here in this report.
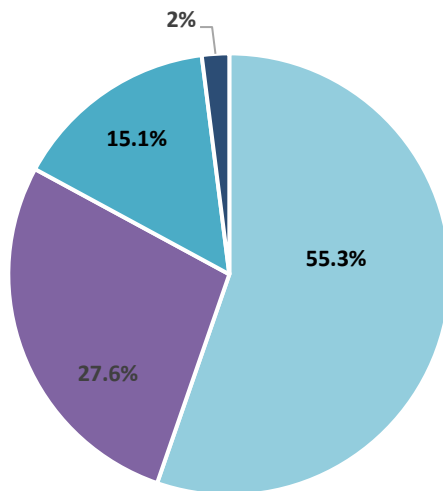
Psychological Services Clinic at UNC
Fall 2022 Clinic Census and Data

During this semester, the PSC at UNC saw a total of approximately 199 clients. For those clients who were individual adults attending more than a single session and given the OQ.45, the mean reported OQ score at the first session was 67.47 and the mean reported score at end of treatment was 62.64 (with 63 being the cut off for clinical distress). This is an average difference of 4.83 points (with 10 being clinically meaningful).

A total of approximately 1,205 sessions were attended. The PSC had an overall attendance rate of approximately 78.9% and a no-show rate of approximately 5.9%. The average number of counseling sessions per client was approximately 6.06 sessions.
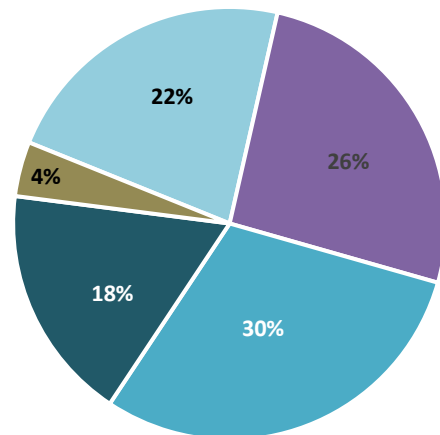
At times, the data reported was not complete either from clients (e.g., demographics) or from practica (e.g., estimates for numbers of sessions), so percentages may not always equal 100.

No. of Sessions per Client

2%
15.1%
55.3%
27.6%

- 1 to 5 appointments
- 6 to 10 appointments
- 11 to 15 appointments
- 16 to 20 appointments

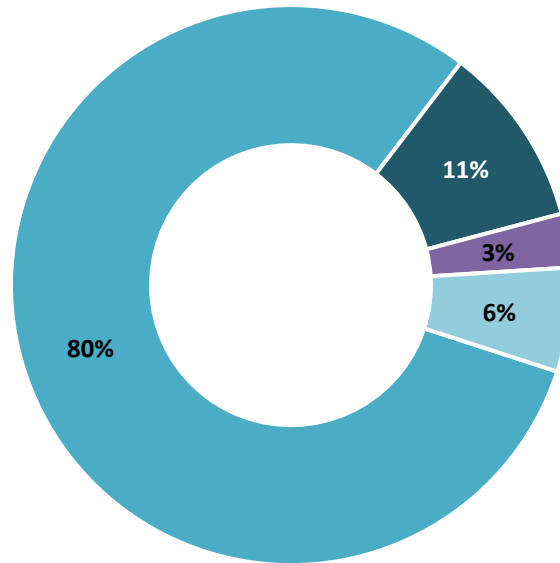### Termination Follow Up

22%
26%
4%
30%
18%

- On Waitlist for New Counselor
- On Waitlist to Continue with Counselor
- Ending services at this time
- Referred out
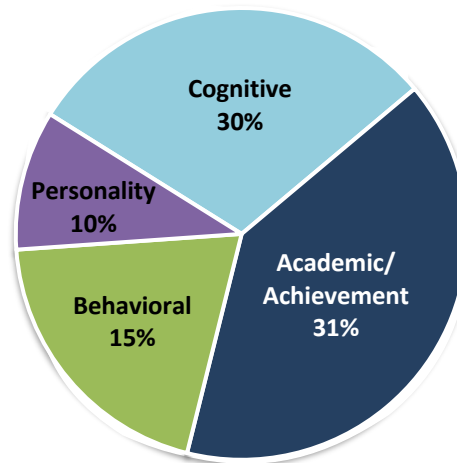- No longer responding to outreach

Types of Services Provided

Approx. No. of Sessions by Type

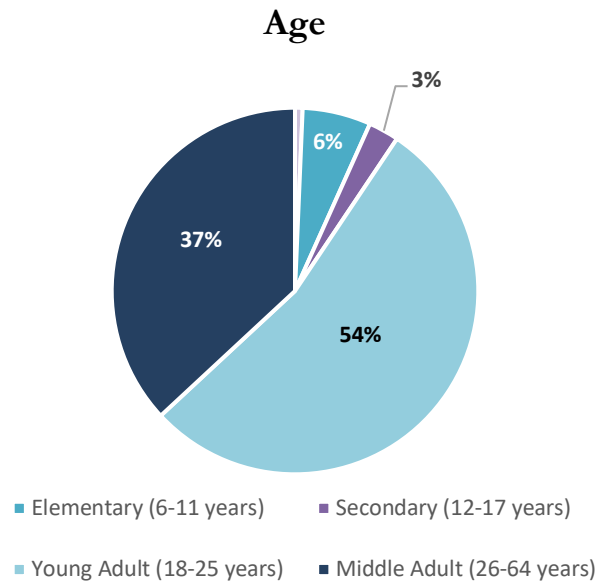■ Individual = 969   ■ Couples and Family = 127   ■ Assessment = 37   ■ Group = 72

80%

11%

3%

6%

Assessment Type

Cognitive
30%

Personality
10%

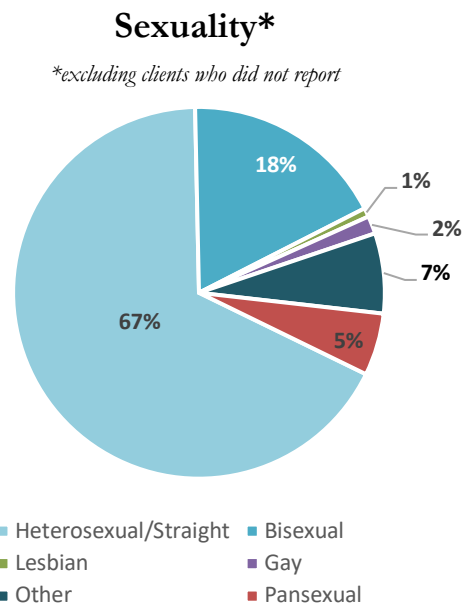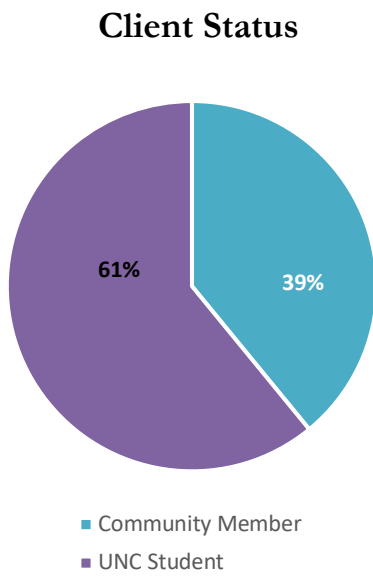Behavioral
15%

Academic/
Achievement
31%

Approximate Demographics

Below is a breakdown of demographic information for the clients* who were seen for therapy services. Information is based on client or parent report.

Age

- Elementary (6-11 years)
- Secondary (12-17 years)
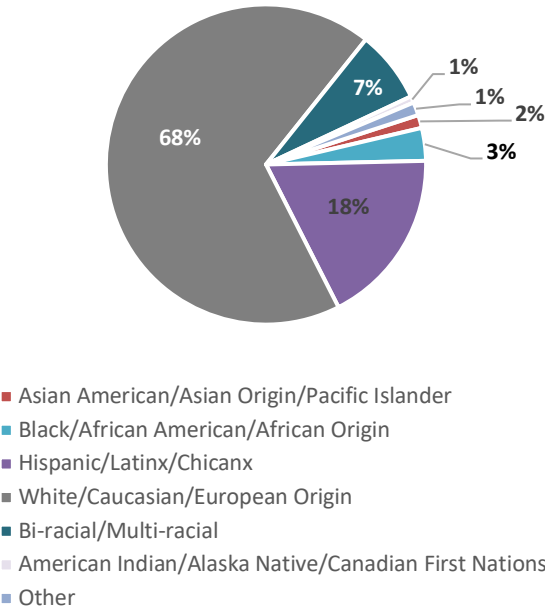- Young Adult (18-25 years)
- Middle Adult (26-64 years)

151 clients provided consent to use their demographic information.

The average age of clients at appointment for the semester was 24.50 years.

Client Status

- Community Member
- UNC Student

Sexuality*

excluding clients who did not report

- Heterosexual/Straight
- Bisexual
- Lesbian
- Gay
- Other
- Pansexual

Race/Ethnicity

7%
1%
1%
2%
68%
3%
18%

- Asian American/Asian Origin/Pacific Islander
- Black/African American/African Origin
- Hispanic/Latinx/Chicanx
- White/Caucasian/European Origin
- Bi-racial/Multi-racial
- American Indian/Alaska Native/Canadian First Nations
- Other

Gender Identity

33%
2%
2%
3%
60%

- Man/Boy
- Woman/Girl
- Non-Binary/Gender Fluid
- Transgender
- Other

Ability Status

Ability Status	Number of Clients
Serious Mental Illness	5
Physical/Orthopedic	5
Other/Multiple	6
Developmental Disability (including Autism spectrum and intellectual disability)	2
Deaf/Hard of Hearing	2

Number of Clients

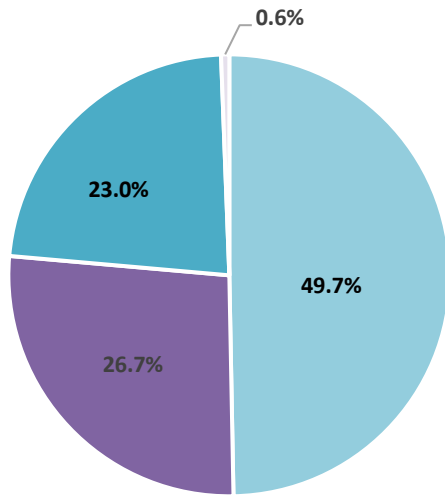# Psychological Services Clinic at UNC
Spring 2023 Clinic Census and Data

During this semester, the PSC at UNC saw a total of approximately 165 clients. For those clients who were individual adults attending more than a single session and given the OQ.45, the mean reported OQ score at the first session was 64.76 and the mean reported score at end of treatment was 57.77 (with 63 being the cut off for clinical distress). This is an average difference of 6.99 points (with 10 being clinically meaningful).

A total of approximately 1,071 sessions were attended. The PSC had an overall attendance rate of approximately 79.4% and a no-show rate of approximately 3.6%. The average number of counseling sessions per client was approximately 6.49 sessions.
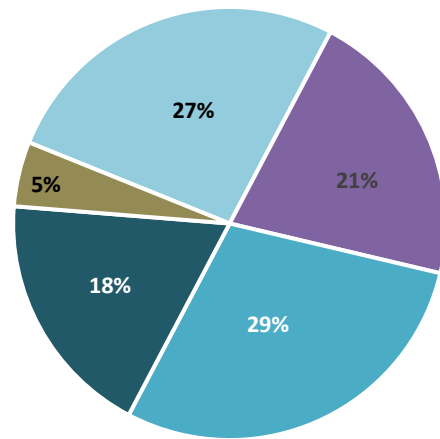
At times, the data reported was not complete either from clients (e.g., demographics) or from practica (e.g., estimates for numbers of sessions), so percentages may not always equal 100.

No. of Sessions per Client

0.6%

23.0%

49.7%

26.7%

- 1 to 5 appointments
- 6 to 10 appointments
- 11 to 15 appointments
- 16 to 20 appointments

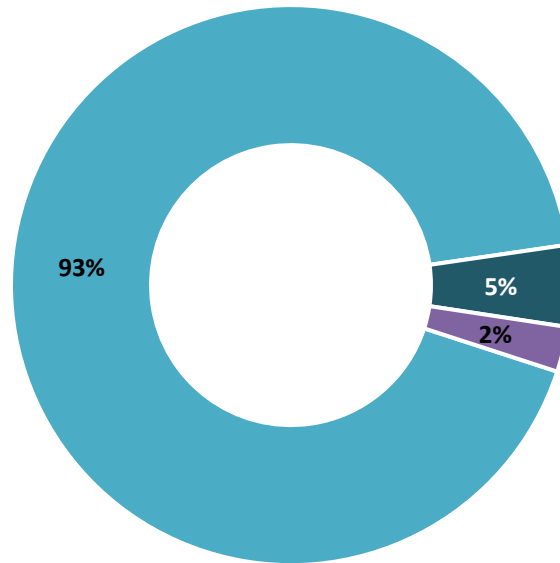## Termination Follow Up

27%

21%

5%

29%

18%

- On Waitlist for New Counselor
- On Waitlist to Continue with Counselor
- Ending services at this time
- Referred out
- No longer responding to outreach

Types of Services Provided

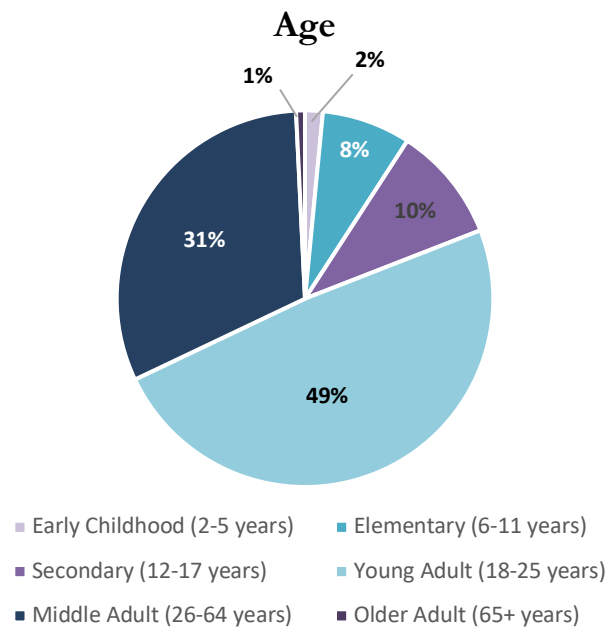*Data: Spring 2023*

Approx. No. of Sessions by Type

■ Individual = 992   ■ Assessment = 50   ■ Couples & Family = 27

93%
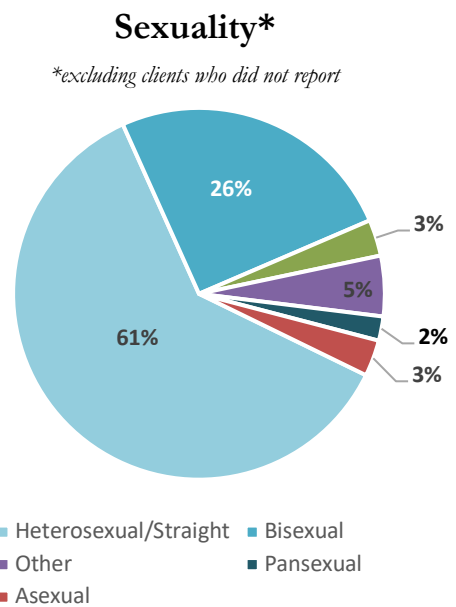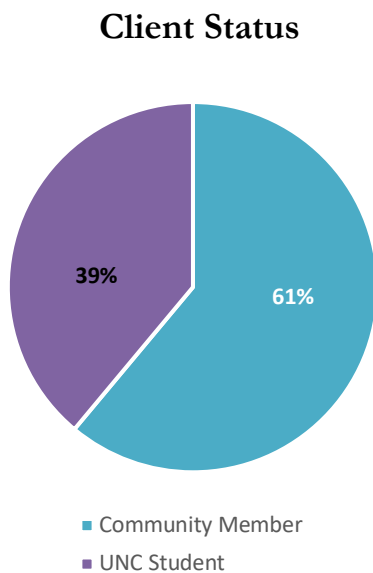
5%

2%

Approximate Demographics

Below is a breakdown of demographic information for the clients* who were seen for therapy services. Information is based on client or parent report.

Age

- 1%
- 2%
- 8%
- 10%
- 31%
- 49%

- Early Childhood (2-5 years)
- Elementary (6-11 years)
- Secondary (12-17 years)
- Young Adult (18-25 years)
- Middle Adult (26-64 years)
- Older Adult (65+ years)
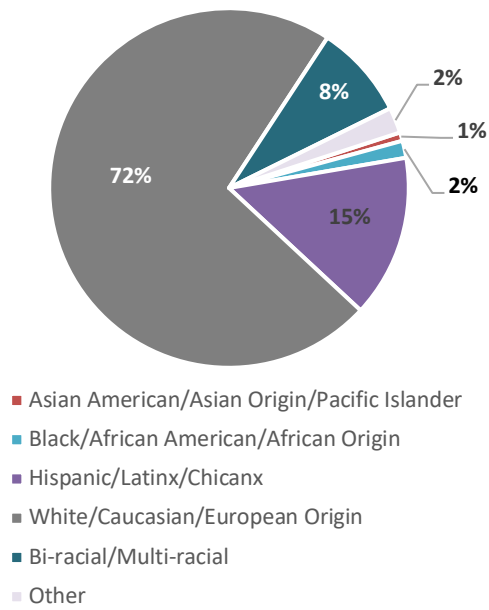
131 clients provided consent to use their demographic information.

The average age of client at appointment for the semester was 23.01 years.

Client Status

- 39%
- 61%

- Community Member
- UNC Student

Sexuality*

excluding clients who did not report

- 26%
- 3%
- 5%
- 2%
- 3%
- 61%

- Heterosexual/Straight
- Bisexual
- Other
- Pansexual
- Asexual

Data: Spring 2023

Race/Ethnicity

- 72%
- 8%
- 2%
- 1%
- 2%
- 15%

- ■ Asian American/Asian Origin/Pacific Islander
- ■ Black/African American/African Origin
- ■ Hispanic/Latinx/Chicanx
- ■ White/Caucasian/European Origin
- ■ Bi-racial/Multi-racial
- ■ Other

Gender Identity

- 33%
- 4%
- 5%
- 58%

- ■ Man/Boy
- ■ Woman/Girl
- ■ Non-Binary/Gender Fluid
- ■ Transgender

Ability Status

Horizontal bar chart titled "Ability Status" showing Number of Clients by category:
- Blind/Visually Impaired: 1
- Deaf/Hard of Hearing: 1
- Developmental Disability: 9
- Physical/Orthopedic: 4
- Serious Mental Illness: 1
- Other/Multiple: 4

X-axis: Number of Clients (0 to 10)