



## COUNSELING PSYCHOLOGY DOCTORAL PROGRAM SPRING 2013 NEWSLETTER

### From the Training Director

One of my favorite aspects as a Training Director is to hear from and about our graduates.

During the past three years, and since we became accredited as a PhD program, 20 students have graduated. This newsletter presents the professional endeavors of all twenty graduates. They are all employed, which is good news; a couple of them have chosen to work part time and raise a family while studying for the EPPP. A culture has been developed that our students and graduates are productive in research and present their work at the APA annual convention and other conferences.

In a recent survey of the PhD alumni, this is what the

graduates had to say about our program's strengths:

- Having multiple in-house practica that offer live supervision (e.g., individual, family/couples, group, play therapy).
- The program accepts on average only 6-8 students per cohort, allowing faculty the ability to personalize and individualize each student's educational plan and be available for support.
- Program and curriculum prepares students well for internship. One student stated

“comparing myself to peers, e.g., during internship, I felt well prepared and comparable if not better prepared.”

- Supportive, friendly, and student-oriented staff.
- Faculty modeling a professional culture of striving for excellence in regards to respect for students and exposure to both quantitative and qualitative research methods.

We are definitely in APA self-study mode this Spring. We are pleased that experiences of both graduates and current students seem to match with program goals.

Lia Softas-Nall, PhD  
Director of Training,  
Counseling Psychology



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## Recent Graduate

**Masha Zarlengo** was hooded in December 2012 graduating with a Ph.D. in Counseling Psychology. She has had quite a remarkable life and took the time to share it with us. Masha was born and raised in Moscow, Russia. In Russia she had a long and exciting career. She studied several languages (English, French, and Japanese), and worked for many years in the international women's movement, traveling all over the world. Masha came to the United States in 1993 at the age of 43. She soon became a certified translator, working with delegations from the former Soviet Union. This required traveling around the USA and Russia. She temporarily satisfied her wanderlust by designing a round-the-world trip, which she completed in 2001.



Dr. Softas & Dr. Zarlengo

After that she decided to attend to her other lifelong interest, which was psychology. Throughout the years of her education, she worked in shelters for battered women, VA clinics, and community mental health, and other non-profit agencies. She is now employed as an outreach clinician for the Jefferson Center for Mental Health in Colorado and is a licensed psychologist candidate.



Dr. Wright, Dr. Schaeffer, Dr. Lindsay Heath, Dr. Johnson, Dr. Helm

## Upcoming Spring Graduate

Lindsay Heath successfully defended her dissertation entitled: *Bereaved Children's Responses to Affective Variables of the Rorschach* and will graduate this Spring 2013. She has accepted a postdoctoral fellowship at Salud Family Health Center in CO.

## Internship Matching

Congratulations to the following students on matching to the listed APA accredited internship sites.

### **Marek Dvorak**

Kansas State University  
Manhattan, KS  
Psychology Internship

### **Melissa Horne**

University of Idaho  
Moscow, ID  
Psychology Internship

### **Diana Levas-Luckman**

Colorado Mental Health  
Institution  
Denver, CO  
Psychology Internship

### **Michael Mahoney**

VA Pacific Islands HCS  
Honolulu  
Honolulu, HI  
VA Generalist Track

### **Karina Samaniego**

Wasatch Mental Health  
Provo, UT  
Psychology Internship

### **Ricki Walker**

Oklahoma Health  
Consortium  
Norman, OK  
OU Athletics, Sport  
Psychology



## Faculty and Student Publications and Presentations since the newsletter September 2012

**Cardona, B., Breseke, S.** Nelson, N., Mack, J. & John, R.D. (in press). A couple in crisis: A case study with implications for counseling. *The Family Journal: Counseling and Psychotherapy with Couples and Families*.

Gutierrez, P.M., Brenner, L.A., **Rings, J.A.**, Devore, M.D., Kelly, P., Staves, P., ..., Kaplan, M. (in press). A qualitative look at female Veterans' experiences of burdensomeness, failed belonging, and response to pain. *Journal of Clinical Psychology*.

**Jenkins-Guarnieri, M.A., Wright, S.L., & Johnson, B.** (2012). Development and validation of a social media use integration scale. *Psychology of Popular Media Culture*. Advance online publication. doi: 10.1037/a0030277

**Jenkins-Guarnieri, M. A., Wright, S. L., & Johnson, B.** (in press). The interrelationships among attachment style, personality traits, interpersonal competency, and facebook. *Psychology of Popular Media and Culture*.

**Jenkins-Guarnieri, M.A., Wright, S.L., & Hudiburgh, L.** (2012). The relationships among attachment style, personality traits, interpersonal competency, and Facebook use. *Journal of Applied Developmental Psychology*, 33, 294-301. doi: 10.1016/j.appdev.2012.08.001

**Jenkins-Guarnieri, M. A., Wright, S. L., & Hudiburgh, L. M.** (2012). The relationship between attachment style, personality traits, facebook use and interpersonal competency. *Journal of Applied Developmental Psychology*, 33, 294-301. doi: 10.1016/j.appdev.2012.08.001

**Legg, E., O'Halloran, M.S., & Cardona, B.** (October, 2012). Eye movement desensitization and reprocessing in conjoint couples theory: A grounded theory study. Poster presentation at the EMDRIA Conference in Washington, D.C.

Lahman, M., Lalonde, T., Kincaid, T. W., Landram, S. V., **Roche, J. D.**, & Richard, V. (2013, April). *Methodological and ethical considerations for research with participants who are homeless*. Roundtable session presented at the 2013 AERA Annual Meeting, San Francisco, CA.

**O'Halloran, S., Rizzolo, S., Wacker, R., Cohen, M.** (In Press). Assessing the impact of a multiyear marriage education program. *The Family Journal: Counseling and Psychotherapy for Couples and Families*.

Perrone-McGovern, K. M., **Wright, S. L.**, K. M., Howell, D. S., & Barnum, E. (in press). Contextual influences on work and family roles: Gender, culture, and socioeconomic factors. *The Career Development Quarterly*.

**Softas-Nall, L., & Hanna, F.** (2012). Counseling and psychotherapy with difficult clients/family members: An interview with Fred Hanna. *The Family Journal: Counseling and Therapy for Couples and Families*



**Wright, S.L., Jenkins-Guarnieri, M.A., & Murdock, J.** (in press). Student persistence and college self-efficacy. *Journal of Career Development*.

**Wright, S. L.,** Perrone-McGovern, K. M., Boo, J., & Vannatter, A. (in press). Influential factors in academic and career self-efficacy: Attachment, supports, and career barriers. *Journal of Counseling and Development*.

**Wright, S. L., Jenkins-Guarnieri, M. A., & Murdock, J. L.** (in press). Career development among first year college students: College self-efficacy, student persistence, and academic success. *Journal of Career Development*. doi: 10.1177/0894845312455509

**Wright, S. L., & Jenkins-Guarnieri, M. A.** (2012). Student evaluations of teaching: Combining the meta-analyses and demonstrating further evidence for effective use. *Assessment and Evaluation in Higher Education*, 37, 683-699. doi:10.1080/02602938.2011.563279



**Rocky Mountain  
Psychological Association  
Regional Conference,  
Denver, CO, April 2013**

**Firsick, D.M., & Allen, E.S.** (2013). *Peer and Romantic Partner Frequency and Approval of Use As Predictors of Substance Use Behavior in Late Adolescence.*



**Gall, R., & Softas-Nall, L.** (2013). *Incorporating Client Feedback and Outcome Data in Couple and Family Therapy.*

**Hope, E., Johnson, B., Roche, J.** (2013, April). *The effects of self-esteem and romantic attachment on safe sex behaviors among young college students.*

**Ruechel, E., & Haug, R.** (2013). *Perceptions of Asexuality Among Counselors in Training.*

**Ruechel, E., & Rings, J.** (2013). *Helping Asexuality Out of the Closet: A Call for Acceptance.*

**Department of Applied Statistics and  
Research Methods Research Night  
(December 2012)**

**Rachel Gall.** *Exploring the Experiences of Families with Same-Sex Parents and Elementary School-Aged Children.*

**Jesse Valdez.** *Hispanic College Students: Perceptions toward Mental Health Services.*

**Rachel Haug, Caroline Hicks, Allison Land, & Donna Darby.** *Adolescents Online: A Deeper Look into the Realms of Internet Use and Relationships.*

**Michael Mahoney.** *Perfectionist Cognitions, Performance Anxiety, and Career Satisfaction in Professional Orchestra Musicians.*

**Counseling Psychology Research Day**

We are pleased to announce the Second Annual Counseling Psychology Research Day! This year the event will be held on Tuesday, April 16 from 5pm-7pm and Thursday, April 18 from 11am-1pm in McKee Room 282. This event is a requirement and an opportunity for all pre-internship Counseling Psychology doctoral students to showcase their research efforts. All faculty, students, and members of the community are invited to share in this event.

**Administrative News**

Starting this summer semester, the Counseling psychology doctoral program will be part of the newly formed Department of Applied Psychology and Counselor Education. Reuniting with our colleagues in Counselor Education seemed to make sense for administrative purposes and organizational efficiency. This change will not affect the Counseling Psychology Program. Just make sure to put the right Department name on the signature pages for your proposal and dissertation signature pages.



**Congratulations to the following faculty and students who will be presenting at APA this Summer 2013.**

**Bunce, R.** (PsyD 2012), **Johnson, B.D., Roche, J., Sones, J., Firsick, D., Hinton, C., & Nylene, B.** (2013, August). *Distinguishing between malingering, fatigue, and distraction on the validity indicator profile*

**LeBlond, M. H., Johnson, B.D., Roche, J., Sones, J., Firsick, D., Pote, S., Hinton, C., & Nylene, B.,** (2013, August). *Relationship between expectations regarding aging and resilience among diverse adults aged 45 and older.*

**Northart, M. A., & Wright, S. L.** (2013, August). *Effect sizes between attachment style, love, and forgiveness: A meta-analysis.*

**Porter, E.** (PhD 2012), & **Softas, B.** (2013, August). *Traditional gender background and the coping of first generation doctoral women students.*

**Roche, J.** (2013, August). *Promoting resident resiliency: A strengths-based exploration at a homeless shelter.*

**Softas, B., Roche, J., & Petrogiannis, K.** (2013, August). *Self-stigma and attitudes toward psychological help in Greece.*

**TeBockhorst, S.** (PhD 2012), **O'Halloran, & S. Nylene, B.** (2013, August). *The experience and meaning of peritraumatic tonic immobility among survivors of sexual violence*

**Richter, E. & Wright, S.** (2013, August). *The influence of retrospectively perceived parenting style on attachment and college adjustment.*

**Rings, J.A., Hutchins, T., Mahoney, M., Haug, R., & Reda, A.** (2013, August). *A phenomenological exploration of in-theater bereavement experiences among OEF/OIF veterans.*

**Valdez, J.** (2013, August). *Mexican American college men: Perception of Mental Health Services.*

**Wright, S. L., Cardona, B., Jenkins-Guarnieri, M. A., Dvorak, M., Sammons, K., & Cohen, M.** (2013, August). *A qualitative understanding of adolescent refugees from six countries.*



## Ph.D. Alumni News

**Heather Bean** (PhD 2012) took some time off to vacation in Italy and reconnect with her family after graduation. She is currently teaching online courses as an Adjunct Faculty for the School of Psychological Sciences and is a licensed psychologist candidate. She is also raising a family. **Mya Bethune** (PhD 2011) completed her post doc fellowship at Colorado University in Boulder and was hired there as a permanent staff psychologist. She is a licensed psychologist, is raising a family, and has a private practice in the area. **Cassie Comeau** (PhD 2012) is currently a behavioral health provider at the Summit Community Care Clinic in Breckenridge, CO. The clinic is an integrated health care and school based setting. She is a licensed psychologist candidate. **Amy Dreier** (PhD 2012) is an active duty staff psychologist at the Cannon Air Force Base Mental Health Clinic and a licensed psychologist candidate. **Angie Dunn** (PhD 2010) is a licensed psychologist in a private practice outside of Colorado Springs. She specializes in the treatment of eating disorders and body image concerns. **Travis Heath** (PhD 2010) is an assistant professor of Psychology at Denver Metro, while maintaining a private practice in the area. Additionally, he pursues his other interests such as Mile High Sports Radio co-host for HOOPS World. Travis is a licensed psychologist and is raising a family. **Erica Hope** (PhD 2012) is currently a therapist at the Commerce City Outpatient Clinic in Denver. Her areas of interest are trauma, addiction, families, and couples. She is a licensed psychologist candidate. **Lisa Huybrecht Bobby** (PhD 2012) has a private practice in the Denver Metro area. She utilizes telehealth in her practice. **Ann Ingala** (PhD 2011) is currently working as an adjunct professor at Upper Iowa University and at the Kansas City Community College. She is currently procuring hours towards achieving

state licensure in Kansas while raising a family. Her clientele is military veterans and families. **Danielle Kahlo** (PhD 2010) specializes in health psychology and behavioral medicine. She works as an Assistant Professor, Advisor, and Clinical Internship Supervisor for the Professional Counseling Programs at UNC. She is a licensed psychologist involved in psychological assessments. **Riley McGrath** (PhD 2012) has started his post doc position at Marquette University's Counseling Center and was excited to be able to move back home to Wisconsin to be closer to family. **Michael LeBlond** (PhD 2010) continues to work for Arapahoe Douglas Mental Health Network as a therapist in the Mental Health Court Division. He is a licensed psychologist candidate. **Denise Lucia** (PhD 2012) is currently completing her postdoctoral as a Clinical Psychology Fellow at Hennepin County Medical Center in Minneapolis, MN. **Laurie Paquette** (PhD 2010) is a clinical director and therapist at the Family Counseling Center in Melbourne Florida. **Catherine Phillips** (PhD 2012) works as an Academic Professional (Assistant Lecturer) and Deputy Director of the Wyoming Geriatric Education Center (WyGEC), College of Health Sciences, School of Pharmacy at the University of Wyoming. **Emily Porter (PhD 2012)** is a Mental Health Therapist/Post-Doctoral Intern at a community mental health facility in Warm Springs Counseling Center in Boise, Idaho. **Lori Romont** (PhD 2012) works at the Mental Health Center of Denver in the juvenile detention center with a specialization in the mental health needs of juveniles. She is also raising a family. **Sunda TeBockhorst** (PhD 2012) is a staff psychologist at the UNC Counseling Center and also has a private practice in Boulder. She specializes in EMDR and cognitive process therapy. She is a licensed psychologist candidate. She is also raising a family.



## Alumni News continued

**Chris Woodson** (PhD 2010) returned from a 12-month deployment in Afghanistan in August 2012 and is a licensed psychologist who is raising a family. **Masha Zarlengo** (PhD 2012) is working as an outreach clinician for the Jefferson Center for Mental Health in Colorado and is a licensed psychologist candidate.

## Extended Alumni News

**Amy Dreier** (PhD 2012) is an active duty staff psychologist at the Cannon Air Force Base Mental Health Clinic. She is working on becoming a licensed psychologist and is currently studying to take the EPPP in March while finishing her required post-doc supervision hours. In her current position she meets the high demand of direct patient care as well as administrative and management duties. The majority of her clientele presents with phase of life and adjustment concerns. Additionally, Dr. Dreier has the opportunity to work with people presenting with depressive disorders, PTSD (often in combination with TBI), other anxiety disorders, personality disorders, and psychotic disorder. Her role also includes helping determine fitness for duty and making recommendations for continued service or separation from active duty.

Dr. Dreier describes her position in her own words as “continuously interesting and keeps me on my toes!” She has opportunities to join some of the field training and observing other units at training such as the Navy SEALs. On the administrative side she helps supervise enlisted technicians, attends meetings as an advisor to the commanders on base, and does some population health/psychoeducation outreach.

**Denise Lucia** (PhD 2012) is currently completing her post doc experience as a

Clinical Psychology Fellow at Hennepin County Medical Center in Minneapolis, MN. She is exposed to a variety of clinical experiences in a multidisciplinary setting and some of her work includes using an integrated care model. Her clinical work spans from providing long-term outpatient therapy to brief time-oriented interventions for medical/trauma psychological consults. She has enjoyed her work in the Burn Unit, TBI Unit, and also gaining supervisory experience of interns. The hospital environment is fast paced and challenging. She expressed that her “clinical training has prepared me to be successful in this culture.”

**Catherine Phillips** (PhD 2012) currently works as an Academic Professional (Assistant Lecturer) and Deputy Director of the Wyoming Geriatric Education Center (WyGEC), College of Health Sciences, School of Pharmacy at the University of Wyoming. Dr. Phillips credits her involvement with the Building Healthy Marriages (BHM) grant and her excellent training in graduate school which made her very competitive for this position. Her duties include grant writing and program evaluation.

**Chris Woodson** (PhD 2010) returned from a 12-month deployment in Afghanistan in August 2012. He is currently at Ft. Bragg, Womack Army Medical Center, and works as an Aeromedical Psychologist with the 82nd Combat Aviation Brigade. As an aeromedical psychologist, Dr. Woodson says: “I get to work with all the aviators (pilots and crew) on psychological issues. When people have flight status they have a different set of rules as different psychological factors increase their risk of accidents. For example, someone with depression has slower reflexes so we don't want them flying with untreated depression. We monitor them through counseling and testing and do so in regular intervals. They also have different

rules when it comes to things like medications, alcohol, and other behavioral issues. So, as an aeromedical psychologist, I work with their commands and their flight doctors to make sure they are safe to fly, and if not, how to get them safe to fly. Also, when someone is applying to become an aviator they may have to be screened based on their past drug/alcohol/psychological issues. It then becomes our job to say if they would be a good candidate for flight school or if there is too much risk and therefore recommend against training them. This is very similar to the FAA for civilian airlines and their guidelines. In fact, the military has to follow all FAA rules and then we add some of our own in addition to theirs." Dr. Woodson has accepted a post-doctoral APA approved fellowship in forensic psychology at Walter Reed National Military Medical Center to start this coming summer.

**Beau Washington** (PsyD 2005) let us know that as a Native American he enjoys his culture and has a syndicated monthly Native mental health column called Coyote Thoughts. Coyote Thoughts is being carried by 6 tribal newspapers and Indian Country Today, a Native magazine. Since graduating in 2005, Beau has developed his own therapy called BWT, which is CBT based and is undergoing a clinical trial at the University of New Mexico.

Dr. Washington also describes how he has made CogDs more Indian friendly changing CogDs to "Trickster Thoughts". In the Native culture, most tribes have folklore 'tricksters' who are sly and always trying to trick somebody or something out of something.

### Graduates' Statistics

From the graduates that responded to our Qualtrix questionnaire, this is the data we aggregated:

**First job information:** 42.9% are therapists of some type; 42.9% teach; and 14.2% are supervisory/training directors. The settings that our graduates are working at include academic (42.9%), Community Mental Health (28.6%), College Counseling Center (14.2%)

and Military (14.2%). Majority of our graduates are still in the Colorado area (71.4%) while the remaining 28.6% are in various states spread across the nation. **Current Job Information:** 50% are therapists of some type, 37.5% are professors, and 12.5% are clinical directors. The settings that our graduates are currently at include Community Mental Health (27.5%), academic (37.5%), private practice (12.5%), and Military (12.5%). 50% have remained in CO.

## Counseling Psychology Doctoral Program

For more information visit: <http://www.unco.edu/cebs/counspsynd/index.html>.

For more information regarding program accreditation, contact the APA's Office of Program Consultation and Accreditation, 750 1<sup>st</sup> Street NE, Washington, DC 20002-4242 or at (202) 336-5979 or at [www.apa.org/ed/accreditation/](http://www.apa.org/ed/accreditation/).



## Faculty News

Congratulations to **Caroline Rings & Dr. Jeffrey Rings** on their newborn baby **Easton Alexander Rings**. He was born on December 21<sup>st</sup>, 2012 in Loveland, weighing 7 lbs 9.5 oz and measuring 20.5 inches in height. Dr. Rings describes Easton as a “very quiet, Zen-like baby at delivery” but since then has “found his voice.”



This year at the Association of Psychology Training Directors conference (Feb. 2012), **Dr. O'Halloran** is presenting her work entitled: *Professional Development for Training Clinic Directors: Pathways and Strategies*. Dr. O'Halloran is looking forward to the conference especially as she will be presenting “with some wonderful people.” The training will have a special focus on risk management and assessment due to the increasing prevalence in college counseling centers, “which we have noticed in our clinic as well.”

Congratulations to **Dr. Johnson** who is a member of a grant that has been awarded through the Colorado Department of Health. The name of the grant is: Project LAUNCH. Dr. Johnson describes his work: “My portion is to train and supervise ten North Range Therapists on how to do Parent-Child Interaction Therapy (PCIT), and then to provide these therapists with ongoing supervision for a year.” Dr. Johnson’s section of the grant has awarded \$10,000 to assist North Range because the organization is getting more referrals than they can handle for this type of therapy.

Dear Current Students and Graduates,

Please let us know of your news and accomplishments. We want to hear when you are licensed and any other exciting news such as births, marriages, partnerships, etc. Feel free to send us pictures.

Please email me at:

[basilia.softas-nall@unco.edu](mailto:basilia.softas-nall@unco.edu)



## Research Teams

### Brian Johnson, PhD

Research Teams:

*Attachment Threat and College Adjustment, Factors Associated with Successful Aging, Use of Validity Indicator Profile to Identify Cognitive Malingerers, Factors Affecting the Adjustment of Children Being Reunited with Biological Parents following out of home Placements, Intimacy and Attachment in Children of Divorce*

- Janae Sones, Jeff Roche, Dylan Firsick, Blair Nyline, Chloe Hinton, Steve Pote

*Parenting Competency*

- Meagan Walter, Emily Richter, and Melissa Horne

*Helicopter Parenting*

- Jeff Roche, Janae Sones, Annette Peters

### Jeffrey Rings, PhD

Research Teams:

*The Grief Process as Experienced among OEF/OIF Combat Soldiers while in Theater: A Phenomenological Analysis*

- Tanya Hutchins, Michael Mahoney, Ashley Reda, Rachel Haug

*The Effect of First Year Seminar Programs on College Student Retention and Academic Success*

- Michael Jenkins-Guarnieri, Melissa Horne, Aaron Wallis, Dr. Angela Vaughan

*Sensitivity and Specificity of the Adult Suicidal Ideation Questionnaire*

- Jason Kacmarski, Richelle Walker, Benjamin Overholt

*Relationships between Views on Traditional Gender Role Norms and Depressive Symptoms among College Students*

- Jesse Valdez, Dr. Matthew Genuchi

### Sean O'Halloran, PhD

Research Teams:

*Development & Recovery from Eating Disorders*

- Annette Peters, Janae Sones

*Peritraumatic Tonic Immobility Among Survivors of Sexual Violence*

- Dr. Sunda TeBockhorst, Blair Nyline,

Annette Peters

*Evaluating the Effectiveness of a Marriage Relationship and Education (MRE) Program*

- Marsha Cohen, Blair Nyline, Chloe Hinton
- Defining an Impact Construct Applicable to Offender Therapists: The Therapist Resilience Theory: Offense-Specific*

- Dr. Amy Dreier, Diana Levas-Luckman, Blair Nyline and Chloe Hinton

### Lia Softas-Nall, PhD

Research Teams:

*Attitudes towards professional psychological help and self-stigma in Greece*

- Jeff Roche, Dr. Kostantinos Petrogiannis, Caroline Hicks, Rachel Haug

*Client Feedback and Outcome Data in Couple and Family Therapy*

- Rachel Gall, Dr. Betty Cardona

*Coping of first generation doctoral women students coming from a Traditional Gender role background*

- Dr. Emily Porter, Caroline Hicks

### Stephen Wright, PhD

Dr. Wright is working on a theoretical perspective on the role of attachment within the context of the interpersonal-psychological theory of suicide.

## Administrative Teams

*APA Self-Study Team*

- Dr. Softas-Nall, Caroline Hicks, Rachel Haug, Michael Mahoney, Annette Peters, Jeff Roche

*CP Newsletter Team*

- Dr. Softas-Nall, Annette Peters, Meagan Walters

*CP Website Team*

- Dr. Softas-Nall, Jeff Roche

*CP Research Day Organizational Team*

- Dr. Softas-Nall, Dayna Northart, Meagan Walters, Annette Peters

## Awards

**Dylan Firsick** will be receiving the Rocky Mountain Psychological Association Psi Chi Award on April 11<sup>th</sup> for his research on *Peer and Romantic Partner Frequency and Approval of Use As Predictors of Substance Use Behavior in Late Adolescence*.



**Michael Mahoney** will be receiving the Spring Convocation Award on April 9<sup>th</sup>. Congratulations to Heather and Michael on their beautiful baby girl Audrey.

## Student News

In 2012, **Rachel Gall** was selected as the Newsletter Editor for the Colorado Association for Marriage and Family Therapy. She works closely with the CAMFT board and contributing authors from around Colorado to inform local MFTs about current issues, ethics and legislation, research, and training.



Congratulations to **Michael Jenkins-Guarneri** for his postdoc starting this summer 2013 at the National Center for Telehealth in WA. Michael has employed a high level of methodological rigor while investigating online social media and its potential interpersonal consequences for emerging adults. With department faculty collaborators he has explored the interrelationships among personality traits and online social media use. He developed a measurement scale for assessing social media use and its integration into the social lives of users, and most recently employed experimental designs to explore how Facebook

use may affect the self-esteem of users. Michael hopes to eventually apply this research to better implement social media as a tool for promoting access to mental health care.

**Janae Sones** continues to be a student representative to the board of directors for the Colorado Psychological Association as Ex-Officio Student Representative.

**Meag-gan Walters** serves as a member of the leadership council for the Society for the Advancement of Multiculturalism and Diversity (SAMd). SAMd is a sub-division of the Colorado Psychological Association aimed to promote a community of collaboration and open dialogue toward the progression of social justice.



**Jesse Valdez** works closely with Rick Ginsberg Ph.D. (Chairman of the Colorado Psychological Association Legislation Committee) on Colorado mental health legislation research. Jesses is in contact with mental health legislative bodies from surrounding states compiling information for a prospective bill agenda.

On campus, Jesse presented a brown bag lunch sponsored by the College of Education and Behavioral Sciences' Diversity and Equity Committee. The presentation was entitled *Mexican American College Men: Perceptions of Mental Health Services*. He highlighted the cultural importance of understanding Latino/a students in higher education through the concepts of *familismo* and *caballerismo*.



## Student Representatives

Becoming a student representative is a great way to get involved in the program and build relationships with the faculty. As a student rep, you act as a conduit between faculty and students by attending faculty meetings to present questions and concerns from students, as well as relay important information from faculty. In addition, you have the opportunity to be involved with admissions workshops and communicate with program applicants. If you have questions about being the role of a student representative, please feel free to contact Beth Ruechel or Janae Sones. If you are interested in applying to become a student representative, please contact Dr. Softas-Nall.

## CPSO News

This semester CPSO will be hosting in McKee 282 some exciting events including:

- CPSO members will be coming together to attend the Safe Zone Training as an organization
  - *March 12 from 1 - 4 pm*
  - *April 25 from 9 am - 12 pm*
- Negotiating Perils, Pitfalls, towards a Scenic View: Successful Completion of Your Dissertation
  - Drs. Hutchinson and Lahman, Applied Statistics and Research Methods, will be speaking on negotiating the perils and pitfalls of graduate research. Theoretical discussion of and practical tips for successfully conducting and defending research will be presented. Specific attention will be given to issues related to proposing qualitative, quantitative, and mixed methods dissertation research. Please bring your questions and concerns to this methodological session.
  - *Date: March 29 from 9 - 11 am*
- Guest Speaker Dr. Powell will be presenting on strengths-based approaches for work with at-risk youth
  - *Date: April 22nd from 1 - 3 pm*
- Dr. Woody will be talking about health psychology, the social ecological approach and their application to clinical practice. Dr. Dunn will be discussing multidisciplinary practice, competencies in this area, and experiences from the field. Last, but not least, Dr. Jewell may co-present with Dr. Bruns addressing the biopsychosocial approach and its implications/applications for practice.
  - *Date: April 26: 9 am - 1 pm*
- Janae Sones will be hosting a discussion on Elder Abuse and show a screening of *An Age for Justice*.
  - *Date is TBA.*

## Psychological Services Clinic (PSC) Outreach Fall 2012



One of the missions of the Psychological Services Clinic, which is the in house training clinic, is to provide training opportunities for our graduate students, to apply scientifically valid assessment and treatment techniques in a professional and ethical manner. The goal is to provide high-quality affordable mental health assessment and treatment services to individuals of all ages, to promote research on psychological concerns, clinical assessment techniques, and therapeutic interventions.

In addition, Counseling Psychology doctoral students are trained in outreach by promoting awareness of the clinic services, and through education on psychological topics to the campus and Greeley community. This past semester, the Counseling Psychology doctoral students were especially busy. Below is a list of the liaison relationships that were renewed and newly formed both on and off campus.

### On Campus

- GLBTQ meeting
- Pan-Hellenic Council Meeting
- Veterans' Services Open House
- Cesar Chavez Cultural Event
- Graduate School meeting
- Take Back the Night
- Greek Council/ Infraternity Council
- Kohl house Cultural Center for Asian/Pacific American Student Services (APASS)
- Women's Resource Center meeting
- Suicide Awareness Week Table
- Residence Life Workshop
- Disability Support Services - "Self-Care"
- AIDS Awareness Table

### Classroom Presentations

University 101 Foundations for Learning and Development  
Theories of Personality, Psychological Sciences undergraduate class

Abnormal Psychology, Psychological Sciences undergraduate class  
Counseling Theories, Psychological Sciences undergraduate class

### Off Campus

- Jefferson High School (District 6)
- Project Connect
- Weld County 50+ Health & Job Fair
- Brentwood Middle School - "Bullying"
- Greeley Transitional House
  - Anger Management
  - Self-Care
  - Dialectical Behavioral Therapy Skills
- A Women's Place - "Vicarious Trauma"

