



COUNSELING PSYCHOLOGY DOCTORAL PROGRAM SPRING 2012 NEWSLETTER

As I am writing on this day in early March, it is 70 degrees, bright, and sunny in Greeley, CO. Tomorrow we might have a snowstorm. The squirrels and birds are confused... for now the wonderful weather gives us a break from the cold.

This issue of the newsletter contains many exciting things! Faculty and students continue their creative and productive research teams. I am always surprised at the variety of research topics. Many of the projects were accepted for presentation at APA and other conferences. I can already hear the summer plans of APA and Disney.

This issue also includes some of the international experiences in which our faculty is involved and the colorful pictures that accompany some of the cultural experiences. We are starting an alumni section,

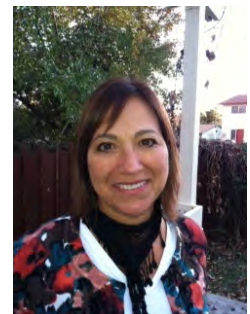
and we are proud of the accomplishments of our graduates. It reminds me to be even nicer to our current students as they may end up being my boss one day 😊. One of my past students and GA is now the Interim Dean of the Graduate School. Graduates please send us your news.

Congratulations to our students who matched for internship. Some students chose to withdraw and finish their dissertations before reapplying. Given the serious imbalance between the number of applicants and the number of available positions, it is a major accomplishment to secure an internship. You have all worked hard, and we wish you the best on internship. You can all start having a life again!

My alma mater, Ball State, contacted me and interviewed me for their newsletter. They asked me what I would suggest to doctoral students. I said, "Persistence; time management; support from peers-family-professors; have different mentors for different areas, i.e., research, clinical supervision-therapy, teaching; self-care, and be open to networking which helps with future employment and connections."

Lia Softas-Nall, Ph.D.

Professor, Chair and Director of Training



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Bringing
education
to life.

Students who matched for internship, Congratulations!

Michael Jenkins-Guarnieri

Veterans Affairs Puget Sound in Tacoma, WA (APA accredited)

Liz Legg

Colorado State University in Fort Collins, CO (APA accredited)

Laura Oyer

University of South Carolina in Columbia, SC (APA accredited)

Emily Richter

University of Colorado in Boulder, CO (APA accredited)



Alumni News

Sarah Griess, Ph.D. graduated in 2010 and became a licensed psychologist in September 2011. "I did a full year post-doc at Colorado University at Boulder Counseling and Psychological Services (CAPS- which is their student counseling center)," said Sarah. Sarah's findings from her dissertation will be presented at this year's APA Annual Convention. Sarah works at the UNC Counseling Center and will start teaching as an adjunct for the CP department. In addition to a professionally productive year, Sarah and her husband had a baby boy.

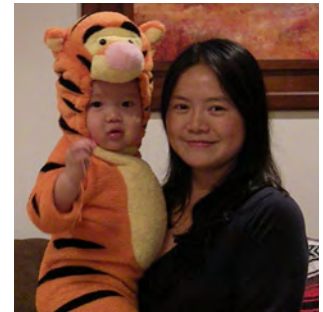
Michael LeBlond, Ph.D. is the first graduate from the CP program (2010) entering with a BA (also had a MBA). "Given that I had no family distractions or part-time job requirements, and coming from Silicon Valley, CA experience where the typical work week is 70-80 hours, I

was fortunate to complete the program in 4 1/2 years." He returned to school after retiring from a career in the High Technology industry. "I asked myself if I believed in retirement. The answer was a resounding NO! So, I resurrected a high school dream to 'someday' be a psychologist," said Michael. He is currently working for Arapahoe/Douglas Mental Health Network as a therapist in their Mental Health Court division. Arapahoe/Douglas was the first organization in the state to start a Mental Health Court. More are emerging now. Michael said, "Our mission is to pull individuals who have an Axis I diagnosis, criminal record, and substance abuse from the jails and prisons. A very challenging and wonderful population."

Chris Woodson, Ph.D. graduated from the CP program in 2010 and is now serving as the first psychologist in history to deploy to a combat zone with the 82nd Combat Aviation Brigade. He is currently serving in Eastern Afghanistan, based out of Bagram Airfield. He is responsible for providing psychological care for over 3,000 Troopers. He acts as a consultant to command groups and is a trainer to the psych techs assigned to him. He anticipates being in Afghanistan from September 2011 to September 2012, after which he will return to Ft. Bragg, North Carolina to continue his service in the US Army. Chris is a licensed psychologist and got his LP in November 2010. Congratulations to Chris for getting his dissertation published. Chris and his wife are expecting their fourth boy!

Yan Li, Psy.D. was born and raised in China. She came to the US for graduate school in 2002,

stayed in MO for 2 years for her master's degree in counseling, and completed her Doctoral degree in Counseling Psychology at the University of Northern Colorado in 2008. "I am currently working at the Counseling and Psychological Services at Duke University as a licensed psychologist providing clinical services to Duke students, as well as training graduate students in counseling. I am also clinical faculty at Duke Psychiatry and Behavioral Sciences, Duke University School of Medicine. I am a certified yoga teacher. I integrate a lot of mind and body holistic approaches such as mindfulness and yoga when treating clients," said Yan. Got her psychologist license in August 2009. "My husband and I have a lovely 22-month-old boy, YiYi. We really enjoy our life in NC."



Yan Li and YiYi

Congratulations to Mya M. Bethune, Fall 2011 graduate. Her dissertation *Predictors of Performance in a Professional Counselor Master's Program* will be presented at this year's APA conference. Mya is doing her postdoc at the University of Colorado at Boulder - Counseling and Psychological Services Center. "It is a fantastic environment, and I could not be happier about this opportunity. I am also in private practice in Boulder," said Mya.

Faculty and Student Publications and Presentations since the newsletter September 2011

Buckley, T., Oyer, L., & Murdock, J. (2011, November). *Emphasizing resiliency and strengths of first-generation students to enhance career and academic outcomes*. Presentation for Colorado Career Development Association (CCDA) Fall Conference, Longmont, CO.

Cardona, B., Softas-Nall, B., & Sachin, J. (2011, October). *Enhancing multicultural competency: The centrality of language counseling bilingual/multilingual clients*. Association of Counselor Education and Supervision, Nashville, TN.

Dreier, A. S., & Wright, S. (2011). Helping society's outcasts: The impact of counseling sex offenders. *Journal of Mental Health Counseling*, 33(4), 359 – 376.

Jenkins-Guarnieri, M.A., Valdez, J., & Vaughan, A. (2012, February). *The role of non-cognitive factors and the first year seminar*. Poster session presented at the 31st Annual Conference on the First Year Experience, San Antonio, TX.

Johnson, B.D. & Berdahl, L.D. (2011, March). *Monitoring and managing child and adolescent exposure to media and deviant peers: Evidence-based skills crucial for parenting success*. Presentation made at the 18th annual International Conferencing on Parent Education and Parenting, Denton, TX.

Legg, E. (2012, March). *Eye movement desensitization and reprocessing in conjoint couples therapy: A grounded theory study*. Presented at the Colorado Counseling Association, Denver, CO.

McGrath, R.C. & McGrath, R.A. (2012, February). *Generational differences in technological counseling interventions with today's college students: Millennial generation versus baby boomer*. Symposium conducted at the Big Ten Counseling Center Conference, Bloomington, Indiana.

McRae, C., Caspari, J., Northart, D., & Teves, A. (2011, August). *Predictors of change in video ratings in a double-blind placebo surgery trial*. Poster presented at the American Psychological Association, Washington, DC.

Northart, D., & Teves, A. (2011, April). *Impact of emotional arousal on cognitive ability*. Poster presented at the Rocky Mountain Psychological Association, Salt Lake City, UT.

Northart, D., & Chao, R. C.-L. (2011, February). *Service-learning in multicultural training: A way to*

enhance multicultural competence. Poster presented at the Colorado Counseling Association Annual Conference, Denver, CO.

Perrone-McGovern, K. M., Ksiazak, T. M., Wright, S. L., Vannatter, A., Hyatt, C. C., & Shepler, D. (2011). Major life decisions of gifted adults in relation to overall life satisfaction. *Journal for the Education of the Gifted*, 34(6), 817 – 838.

Vaughan, A., & Jenkins-Guarnieri, M.A. (2012, February). *A defined pathway: Providing the link between university criteria, course objectives, and assessment*. Roundtable discussion presented at the 31st Annual Conference on the First Year Experience, San Antonio, TX.

Woodson, C., Softas-Nall, B., & Johnson, B. (2012). Family chaos and readiness to change problematic alcohol use. *Journal of Human Social Sciences*, 12(2), 19 – 28.

SRM Research Night Presentations

Every semester the Department of Applied Statistics and Research Methods provides an opportunity for students taking a higher-level Quantitative and/or Qualitative class to present their research project. For Counseling Psychology students Introduction to Qualitative Research and Advanced Research Methods are classes where the class project culminates into an empirical research study. Below are the December 2011 Presentations.

Cohen, M. L. (2011, December). *The adolescent experience of happiness*. Paper presented at University of Northern Colorado's Applied Statistics and Research Methods Research Evening, Greeley, CO.

Northart, D., King, K., Balhiser, K., & Chen, S. (2011, December). *The impact of variance of test proctors on academic achievement of English language learners*. Poster presented at the University of Northern Colorado's Applied Statistics and Research Methods Research Evening, Greeley, CO.

Peters, A. S. (2011, December). *The Process of Cultural Identity Formation in College Students*. Paper presented at University of Northern Colorado's Applied Statistics and Research Methods Research Evening, Greeley, CO.

Roche, J. (2011, December). *An exploration of homeless adults' attachment-based narratives*. Paper presented at University of Northern Colorado's Applied Statistics and Research Methods Research Evening, Greeley, CO.

Awards

Congratulations faculty & students for having submissions accepted for presentations at the 2012 APA Annual Convention in Orlando, FL.



Bethune, M. & Johnson, B.D. (2012, August). *Predicting counselors' GPA and internship ratings: Evidence for the MMPI-II's incremental validity.*

Chao, R. C.-L., Wei, M., Spanierman, L., Longo, J., & Northart, D. (2012, August). *White racial identity attitudes and White empathy: The moderation effect of openness to diversity.*

Chao, R. C.-L., Northart, D., Berger, B., Dasgupta, D., & Wang, C. (2012, August). *Race/Ethnicity and multicultural competence among counselor trainees: Training, racial/ethnic identity, and color-blind attitude.*

Cohen, M. L., & Wright, S. L. (2012, August). *Relationship between attachment and religiosity: A meta-analysis.*

Griess, S.J., Johnson, B.D., Peters, A., Roche, J., & Walters, M. (2012, August). *Perceived parenting style and its relationship to happiness, hopefulness and optimism in a college student sample.*

Ingala, A., Softas-Nall, B., & Peters, A. S. (2012, August). *College adjustment for veterans and the role of support.*

Jenkins-Guarnieri, M.A., Wright, S., & Johnson, B. (2012, August). *Development and validation of a social media use scale.*

Legg, E., & O'Halloran, M.S. (2012, August). *Eye movement desensitization and reprocessing in conjoint couples therapy: A grounded theory study.*

Mahoney, M. A. (2012, August). *Overseas deployment narratives of military veterans and implications for psychologists.*

Pote, S., & Wright, S. L. (2012, August). *A meta-analysis on the relationship between attachment style and the regulation of affect.*

Rings, J.A., & Riva, M.T. (2012, August). *Closeness to the deceased, prolonged grief, and suicide risk among bereaved undergraduates.*

Roche, J., Peters, A., Walters, M., Johnson, B.D., & Sones, J. (2012, August). *In search of the helicopter parent: Characteristics and theoretical underpinnings.*

Schneeberger, S. F., Softas-Nall, B., Peters, A. S., & Northart, D. (2012, August). *Mysticism, transformation and appreciation for life: Expanding the conscious world.*

Wirka-Leiker, C., O'Halloran, M.S., & Breseke, S. (2012, August). *Early adolescent female bullying: student and educator perspectives.*

Wright, S. L., Wright, D. A., & Jenkins-Guarnieri, M. A. (2012, August). *Development of the social efficacy and outcome expectations scale.*

Awards & Accomplishments

Meagan Walters received the Engaged Scholar Award during UNC's 5th Annual Embracing Community Symposium with: A Community Involvement Fair and Applied Research Forum with her project *Demystifying Homelessness: A Phenomenological Approach to Understanding Living Without a Home*. "I gave my award money of \$100 from the engaged scholar award to the Guadalupe Shelter," said Meagan. Staff member Enita wrote: "Meagan, Congratulations!! I am very touched by your generosity and will look forward to visiting with you at the new Guadalupe Shelter at 1442 North 11 Avenue. The new shelter has separate floors for men and women. We are so excited about the new facility full of light and hope for our shelter guests."



Michael Jenkins-Guarnieri will be receiving the Spring Convocation award on April 10th.

Liz Legg earned her certification as an EMDR Certified Therapist through the EMDR International Association last summer.

Janae Sones was elected as the new student representative to the board of directors for the Colorado Psychological Association. This is an honor and a great opportunity to make connections throughout the state. Congratulations! By the way, on May 18th from 12:00 to 3:00 p.m., our department is hosting CPA's non-metro board meeting. Students are invited to attend.

Meet the Faculty and 2011 Research Teams

Dr. Brian Johnson

- Ph.D. in Counseling Psychology, University of Iowa; BS in Psychology, the University of Iowa; Clinical Internship, University of Oklahoma Health Sciences Center
- *Research Interests:* Parenting & Parent Training, Attachment Theory, Childhood Behavior Disorders, Clinical Child Psychology, College Student Adjustment & Retention, Psychological Assessment
- *Theoretical Orientation:* Cognitive-Behavioral

Research Teams

- *Parenting Competencies*
Melissa Horne, Emily Richter, Meagan Walters
- *Helicopter Parenting*
Jeff Roche, Annette Peters, Meagan Walters, Janae Sones
- *Attachment Theory, Perceived Parenting Style and Adjustment to College*
Jeff Roche, Annette Peters, Meagan Walters, Janae Sones
- *The Interrelationships Among Attachment Style, Personality Traits, Interpersonal Competency, and Facebook Use*
Michael Jenkins-Guarnieri, Dr. Stephen Wright

Dr. Mary Sean O'Halloran

- Ph.D. in Counseling Psychology, University of California, Santa Barbara; MA in Counseling, University of California; BA in Anthropology, University of Illinois; Doctoral Internship, Colorado State University
- *Research Interests:* Psychological Trauma, Vicarious Trauma, and Crisis Intervention; International Psychology; Child Abuse and Neglect; Clinical Training and Supervision; Eating Disorders
- *Theoretical Orientation:* Cognitive-Constructivist

Research Teams

- *Five-year Building Healthy Marriages Grant.* The purpose of the grant was to strengthen families by providing relationship education and related support services to individuals and

couples in Weld County and assessing, through quantitative and qualitative means, the resulting changes in relationship satisfaction and communication skills. The Building Healthy Marriages program served nearly 3,000 participants over 5 years. Funded by a grant from the U.S. Department of Health and Human Services, Administration for Children and Families.

Led by Mary Sean O'Halloran, Robbyn Wacker, and Sonja Rizzolo with substantial graduate assistance from doctoral students in the Department of Counseling Psychology, Sarah Breseke, Marsha Cohen, Amy Dreier, Melissa Horne, Dr. Jon Denning, Catherine Phillips, Karina Samaniego, Jesse Valdez, Aaron Wallis and Ricki Walker. The current stage of this project involves:

- *Assessing the Impact of a Multiyear Marriage Education Program*
Sonja Rizzolo, Marsha Cohen, Robyn Wacker, Amy Dreier
- *Student and Educator Perspectives of Early Adolescent Female Bullying*
Dr. Chaitra Wirka-Leiker, Sarah Breseke
- *Recovery from Eating Disorders*
Janae Sones, Diana Levas-Luckman
- *Defining an Impact Construct Applicable to Offender Therapists: The Therapist Resilience Theory*
Amy Sholler Dreier, Dr. Stephen Wright, Diana Levas-Luckman

Dr. Jeffrey Rings

- Ph.D. in Counseling Psychology, University of Denver; Postdoctoral Fellowship, Department of Veterans Affairs, VISN 19 MIRECC; Predoctoral Internship, Colorado State University; M.A. in Counseling Psychology, Northwestern University; B.A. in Psychology, Pepperdine University
- *Research Interests:* Clinical Supervision; Crisis Intervention; Grief and Loss; Peer Counseling; Projective Assessment; Suicide: Risk Assessment and Prevention; Veterans Issues
- *Theoretical Orientation:* Object Relations/Psychodynamic; Humanistic

Research Teams

- *Perceived Closeness to the Deceased, Prolonged*

*Grief Symptomatology, and Suicide Risk:
Secondary Analyses*

Beth Ruechel, Annette Peters

- *The Grief Process as Experienced Among OEF/OIF Combat Soldiers While in Theater: A Phenomenological Analysis*
Kyungah Kim, Michael Mahoney, Ashley Reda
- *Prolonged Grief Symptom Severity as a Predictor of Suicide Risk Among OEF/OIF Veterans*
Em Dreiling, Janae Sones

Dr. Lia Softas-Nall

- Ph.D. in Counseling Psychology, Ball State University, Indiana; Doctoral Internship, Ball State University Counseling Center; M.A. Counseling, Ball State University; B.A. in Psychology, Deree College, Athens, Greece; B.A. in Pedagogics, University of Ioannina, Greece
- *Research Interests:* Couples and Family Therapy/Counseling; International Psychology; Gender/Cross-Cultural/Ethnicity Issues; Supervision of Family Therapy and whatever my students inspire me to do
- *Theoretical Orientation:* Systemic/Relational

Research Teams

- *International Psychology/Multicultural*
Michael Mahoney, Karina Samaniego, Annette

Peters, Geri Tien, Jesse Valdez

- *Appreciation of Life and Unitive Experiences*
Dr. Susan Schneeberger, Dayna Northart, Annette Peters
- *Veterans Returning to College and Social Support*
Dr. Ann Ingala, Annette Peters
- *The Role of Feedback in Family Therapy*
Rachel Gall, Em Dreiling

Dr. Stephen Wright

- Ph.D. in Counseling Psychology, Ball State University; M.A. in Counseling, Clinical Mental Health, Ball State University; B.A. in Psychology, Asbury College; Doctoral Internship, Indiana University
- *Research Interests:* Attachment Theory; Career Development; Gifted Adults; Work-Family Interface
- *Theoretical Orientation:*
Interpersonal/Psychodynamic

Research Teams

- *Meta-analysis with Attachment and Another Construct of Interest*
Marsha Cohen, Dayna Northart, Steve Pote
- *Refugee Research Team*
Michael Jenkins-Guarnieri, Marek Dvorak



Left to right: Dr. Johnson, Dr. Wright, Dr. Rings, Dr. Softas-Nall, and Dr. O'Halloran

INTERNATIONAL CONNECTIONS

International Connections by CP Faculty

Dr. O'Halloran

In early September 2011, I travelled to Thailand to present several workshops on eating disorders. One multiday workshop at the International School of Bangkok (ISB) was entitled 'Identifying and Addressing Eating disorders within International School Communities'. The other workshop, presented at Assumption University in Bangkok, was entitled "Treatment Planning for Eating Disorders in Adolescents and Adults: Structuring Effective Outpatient Treatment." This was developed for psychologists and counselors in private practice who work primarily with the expatriate community.



This was my third trip to Thailand. In 2008, as part of my sabbatical, I had a Fulbright award at Burapha University. I taught two trauma courses and consulted on clinic development. In 2009 I

presented several workshops at an educators and mental health conference in Kota Kinabalu, Borneo, Malaysia. I also returned to Burapha University to work for several days. I am continuing to work with colleagues there on eating disorders, secondary trauma, resiliency, and clinic development. We try to have meetings via Skype, but Thailand is 13 hours ahead of Colorado, so not convenient for setting up meetings. Besides, it is more fun to be there in person!



I love working internationally and being part of the global community delivering workshops and consulting with colleagues. Some of my other 'work' trips included a sabbatical in France and Ireland where I taught an eating disorders course at the University of Toulouse and gave workshops in Waterford and Cork, Ireland. I enjoy opportunities to work and travel abroad. I recently had a paper accepted for a conference in Barcelona in the summer of 2012.

Future work will certainly include returning to Thailand. I would like to continue to assist in developing clinics similar to the UNC's Psychological Services Clinic in McKee Hall, to enhance the training of students, and to offer needed mental health services to communities. In my travels I have learned a lot, made good friends, and have had wonderful opportunities.

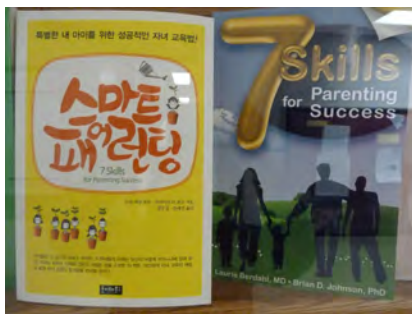


Dr. Johnson

This past year my book *7 Skills for Parenting Success* was published into Korean (Berdahl, L. & Johnson, B.). The Korean publisher contacted us and obtained Translation Copyrights to have the book translated. The person who translated our book was a former minister of Early Childhood Education for the South Korean Government and is now a professor at a university there. We asked a Korean physician from Greeley to look at our English version of the Book and the Korean Translated version and he said the translation was excellent. I did cut and paste some sections of the book into Google translator, but I

got mostly gibberish, so I was relieved when he said the translation was good. While the book has a 2010 copyright, it really did not get onto book shelves in Korea until 2011.

There is a certain level of satisfaction to feel somebody from another country, language, and culture is interested in our work. Parent training is a relatively foreign concept in Eastern cultures. For example we have been told that there is not a word for “parenting” in Japanese. We are excited to see how our 7 Skills will be applied to another culture. There must be sufficient cross over as the publisher has recently contacted us to see if we would be interested in writing a book that focuses on parenting adolescents.



Dr. Softas-Nall

In the past year at the international level I was happy to be involved in the translation and adaptation of the Family of Origin Scale in Greece. The Family of Origin Scale (FOS) was originally created by Hovestadt and others. The findings in general supported the psychometric properties of

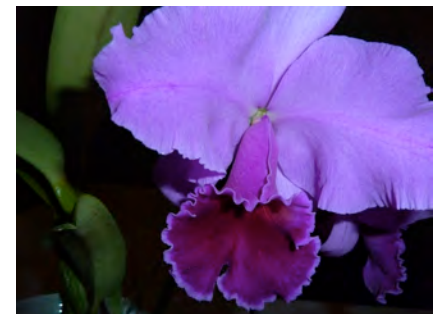
the FOS for use in Greece. I have a strong connection to Greece; my father is Greek and I completed elementary, high school, and one BA degree in Greece. Upon finishing my doctorate I taught in Greece at the University level for seven years and held a private practice. The Greek family has undergone many changes and it was of interest to me to adopt the FOS to be used both as a research and clinical tool. My co-researcher Dr. Petrogiannis, was one of my first students when I taught at the University of Ioannina in Greece. Our findings were published in the International Journal of Psychological Studies and presented at APA, 2011.



I also had a wonderful opportunity this past summer to present at the Interamerican Congress of Psychology in Medellin, Colombia, South America. Medellin was beautiful and the weather was perfect. I really liked the title of the conference—*For the health of the people: A psychology committed to social transformation* (the message was that psychology as a science and profession must work to improve the quality of life for all the people).



The presentations included *Dilemmas for Psychologists in the Disclosure of Extramarital Affairs in Couples Therapy* and *The Transformative Impact of the Reality and Myth of Equality: Implications for Psychologists*. This congress was a special occasion because it brought psychologists from all the Americas to collaborate and share ideas of psychology as a science and profession. The research and the experiences that were presented were very rich in cultural diversity and methodologies. The conference was in Spanish, which gave me an opportunity to brush up on my Spanish. The people were fantastic, very warm, friendly and hospitable. This conference also gave me an opportunity to reconnect with my childhood roots. My mother was born and raised in Colombia and I spent my childhood in Colombia.



News from the Counseling Psychology Student Organization (CPSO)

Officers: Faculty Supervisor: Dr. Stephen Wright; Presidents: Michael Jenkins and Melissa Horne; Secretary: Emily Harmon; Treasurer: Laura Oyer; Social chair: Meag-gan Walters

March 1st, 2012: **External Practicum**

- Dr. Stephen Wright and graduate students discuss what an external practicum incorporates, why they are important to secure early on in your school career, and where to find resources and open positions.

March 7th, 2012: **Dealing with Resistance in Clients**

- Discussion of Dr. Fred Hanna's Precursors for Change model. Dr. Hanna will focus on specific case presentations that are shared by members and assist in the creation of a treatment plan to implement in session to work through resistance.

March 20th, 2012: **After Graduation: What do I do now?**

- Listen to experienced professionals like Dr. Jeffrey Rings discuss the next steps to take after graduation, including preparation for the EPPP, gathering post-doc hours, and licensure requirements.

April 23rd, 2012: **Multidisciplinary Practice**

- A group discussion led by Dr. Thomas Dunn focusing on the benefits and consequences of working with members from other disciplines to create collaborative care for clients.

May 3rd, 2012: **First Year Conclusion and Celebration Night**

- Review first year together as CPSO, including an announcement of the new officers for the next academic year. DSM "awards" will be granted to student members. A faculty award for excellence will be granted to a professor voted for by students.

GA positions and other opportunities across campus

In the past couple of years, incoming students were offered a 10 hour GA in the Department. Their main duties included assisting faculty with research and sometimes as TAs. There are other GA opportunities around the University and some of our students were willing to share their experiences.

Laura Oyer has the GA position as a **Career Counselor at UNC Career Services**.

"There are several different things I do in this position. One of the main tasks includes providing career counseling to UNC students and alumni. This includes things like helping someone choose a major/career, critiquing resumes and cover letters, conducting mock interviews, discussing job search and networking strategies, and helping one find an internship," said Laura. Laura also interprets the Strong Interest Inventory (SII) and the Myers-Briggs Type Indicator (MBTI) for students and alumni who are choosing or changing their major and/or career. "All of my work gets done during my GA hours. I have a scheduled 16 hours that I normally work each week; however, during fairs or other evening presentations, I might work 20 hours per week. My supervisors are very flexible and allow me to change my schedule if necessary," said Laura.

Meag-gan Walters teaches **University 101 (class for freshmen to help with the transition to college)**.

This position requires teaching full-class sections of students, attending weekly instructor staff meetings, holding office hours, creating activities / engaging instruction for the curriculum, and grading papers. "The workload depends on the amount of sections you teach. It's a fairly heavy workload because you want to be a good and impactful teacher. This requires creating supplementary materials and activities. I spent about 12 hours per week for this job," said Meag-gan. "It is a very worthwhile job for anyone interested in academia. The program facilitates young teachers into more effective educators."

Michael Jenkins-Guarnieri is an **instructor for Abnormal Psychology** at UNC.

Michael taught a semester-length undergraduate elective course covering theories of psychopathology and current research on psychological disorders (3 credits). For this, "I developed course materials following an engaged, learner-centered pedagogy, relying on case studies, group discussions, interactive lectures, and guest speakers" said Michael. Michael has also taught University 101 in the past.

Thank you to our wonderful Office Staff and everything you do ☺!!

Diane

Gloria

Roberta



We couldn't do it
without you!!

EXCITING NEWS

Congratulations to Drs. Dorothy and Stephen Wright on their beautiful daughter Isabelle Joy Wright.



It is so much fun finishing the newsletter with a baby picture ☺!

Be well, and do good work. Keep in touch.

Counseling Psychology Doctoral Program

For more information visit: <http://www.unco.edu/cebs/counspych/index.html>.

For more information regarding program accreditation, contact the APA's Office of Program Consultation and Accreditation, 750 1st Street NE, Washington, DC 20002-4242 or at (202) 336-5979 or at www.apa.org/ed/accreditation/.