Typically, Dr. Stephen Wright, the Training Director, writes this column; however, this semester, he and his wife Dorothy, adopted a boy—congratulations!! They are busy welcoming the boy into their lives.

Christy Jersin Woods is the graduate assistant helping with the newsletter and I am back editing the newsletter because I enjoy putting together with Christy the accomplishments of our students and faculty. In the Counseling Psychology doctoral program, we are proud of our students and their accomplishments. I also like working on the newsletter because when I was an undergraduate in college it was my job.

Putting together the newsletter reminds me of those years and starting out. In my 25th year at UNC, it is a nice reminder to feel like every day life starts anew.

Best wishes!

-Dr. Lia Softas-Nall
Professor
Counseling Psychology

## Inside this Issue

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Congratulations 2016 Summer Graduates!

Dr. Dylan Firsick
Dissertation: The influence of attachment and career calling on career decision self-efficacy, college adjustment, and life satisfaction in undergraduate students

*Current Position:* Dylan is on a Clinical Sport Psychology post-doctoral position through the University of Southern California

Dr. Jason Kacmarski

*Current Position:* Jason is on a post-doctoral position through the VA Medical Center in Denver, CO as a neuropsychologist.

Dr. Blair Nyline
Dissertation: The relationship between accuracy of facial emotion recognition, perceived empathetic ability, and cognitive ability in domestic violence offenders

*Current Position:* Blair is working at Clearview Behavioral Health, the new psychiatric hospital in Johnstown, CO (pictured in the next column)

Dr. Steven Pote
Dissertation: The moderating effect of anticipatory grief on the relationship between attachment and perceived closeness with satisfaction of life and marriage for spousal caregivers of individuals with dementia.

*Current Position:* Steven is on a Geropsychology post-doctoral position through the Pittsburgh VA Medical Center.

Dr. Janae Sones
Dissertation: Exploration of intergenerational ambivalence, parenting practices, and experiences of grandparenting.

*Current Position:* Janae is currently working as a therapist at the UNC Counseling Center and as an adjunct faculty member at UNC.
Dr. Tanya Watson
Dissertation: A phenomenological study of justice-involved veteran experiences of veterans court
Current Position: Tanya has a position through Fremont Correctional Facility in Cañon City, CO.

Marsha Cohen
Dissertation: Understanding Adolescents' Unique Experience of Happiness Within the Family: Bridging Multiple Perspectives of Adolescents, Parents, and Siblings.
Current Position: Marsha is currently at a postdoc position at Penn State University’s Center for Counseling and Psychological Services in State College, PA.

C O N G R A T S   A G A I N !
Best Wishes to our Students on Internship

*It was a 100% match rate. See below for accreditation information.*

Liesel Christoe-Frazier
Pacific University School of Professional Psychology
Portland, OR
(APA Accredited)

Jesse Valdez
Southern California DOC & Rehab Consortium
San Diego, CA

Barry Motter
Texas Tech University
Lubbock, TX
(APA Accredited)

Caroline Hicks
Virginia Tech/Thomas Cook Counseling Center
Blacksburg, VA
(APA Accredited)

Julie Barritt
North FL/South GA VA Health System
Gainesville, FL
(APA Accredited)
Below is a list of students enrolled in external practicum (Fall 2015-Spring 2016) and the sites at which they are placed.

<table>
<thead>
<tr>
<th>Student</th>
<th>Institution</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Megan Martinez</td>
<td>University of Northern Colorado Counseling Center</td>
<td>Greeley, CO</td>
</tr>
<tr>
<td>Yuge Guo</td>
<td>University of Northern Colorado Counseling Center</td>
<td>Greeley, CO</td>
</tr>
<tr>
<td>Jeffrey Paul</td>
<td>Colorado State University Health Network Day Program</td>
<td>Fort Collins, CO</td>
</tr>
<tr>
<td>Rachel Haug</td>
<td>Colorado State University Health Network</td>
<td>Fort Collins, CO</td>
</tr>
<tr>
<td>Nicole Justice</td>
<td>Vital Program (through Cheyenne, Veterans Affairs)</td>
<td>Cheyenne, UNC, CSU, Greeley, CBOC</td>
</tr>
<tr>
<td>Sara Hofmann</td>
<td>Community Reach Center</td>
<td>Brighton, CO</td>
</tr>
<tr>
<td>Kiersten Eberle</td>
<td>Colorado University at Boulder Counseling Center (CAPS)</td>
<td>Boulder, CO</td>
</tr>
<tr>
<td>Mandy Larsen</td>
<td>Kaiser Permanente</td>
<td>Greeley, CO</td>
</tr>
<tr>
<td>Tricia Steeves</td>
<td>Emerge Professionals</td>
<td>Denver, CO</td>
</tr>
<tr>
<td>Sarah Zwetzig</td>
<td>Salud Family Health</td>
<td>Longmont, CO</td>
</tr>
</tbody>
</table>
WELCOME NEW CP 2016 DOC STUDENTS

Name: **Allegra Lyon**  
Degree: BA  
Fun fact: When I don't know the lyrics to a song I just sing "watermelon" over and over again.

Name: **Gurusewak Khalsa**  
Degree: MA  
Fun Fact: My name is pronounced Gur SAY vick.

Name: **Susannah Turner**  
Degree: MA  
Fun Fact: I run obstacle course races/mud runs.

Name: **Natalie Sachs**  
Degree: MA  
Fun Fact: I am a scuba diver and I have gone diving on 5 shipwrecks in the Florida Keys.

Name: **Morgan Condie**  
Degree: BA  
Fun fact: I love to read and have actually helped edit a published fantasy novel.

Name: **Callie King**  
Degree: MA  
Fun Fact: Traveling and experiencing new cultures is my favorite activity; I have been to 11 different countries and 25 different U.S. States.

Name: **Tyler Anderson**  
Degree: BA  
Fun fact: I love the outdoors and spend my weekends in the fall bow hunting in the mountains.

Name: **Austin Hamilton**  
Degree: MA  
Fun fact: I lived in Rota Spain for 4 years while I was serving in the Air Force.

Name: **Seneca Erwin**  
Degree: BA  
Fun fact: When I was very young my uncle, who owned a farm, decided that I needed to have the life experience of riding a buffalo and put me on ones back. Although the buffalo did not move much and grazed, I've technically ridden a buffalo.

Name: **Nicholas Kopystynsky**  
Degree: BA  
Fun fact: One time I was on a TV travel show going around Tibet.

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**Fall 2016 Entering Cohort**

Left to Right:  
Susannah, Callie, Tyler, Natalie, Allegra, Austin, Seneca, Nicholas, Morgan, Gurusewak
Presentations & Publications

**Publications**


**Rocky Mountain Psychological Association (April, 2016)**


*received award


American Psychological Association (August, 2016)


UNC Research Day (April, 2016)


Misc. Presentations

Tian, L. (2016, October). How non-action types of coping play a role in Chinese international students’ psychosocial adjustments in the U.S. In C.-M. Duan (Chair), Understanding the Psychological Needs of Chinese International Students in the United States. Symposium conducted at the 22nd Association of Chinese Professors of Social Sciences International Conference, Denver, CO.

Student Awards

Liesel Christoe-Frazier won the Hutchinson-Lahman Research Award (First Place) along with her co-presenter, Sharla Schoeder (CES) at UNC. Project Title: Clinician Experiences of a Telephonic Counseling Program.

Sara Hofmann, Kiersten Eberle, Nicole Swanson (Justice), Jeff Paul, & Tricia Steeves won the Research Excellence Award (First Place) at UNC Research Day. Project Title: Gender, ethnicity, and response to treatment: An empirical look at a Northern Colorado training clinic.

Meagan Walters, Jenn Geiman and Deon Hall were finalists for the Research Excellence award at UNC Research Day.

Christy Jersin Woods was a finalist for the Research Excellence award at UNC Research Day.
Faculty and Staff News

Congratulations!

Congrats to Dr. Lia Softas-Nall on her 25th year at UNC!

Congrats to Nicole Justice who recently got married!
Campus Connections: Impressions of the First Year

Last year in the newsletter we presented a segment on Campus Connections (CC; formerly known as Campus Corps) introducing the program to our campus at UNC. **Campus Connections is a program that provides therapeutic mentoring to youth ages 11-18 years, in a structured multi-level mentoring community.** Youth who are at risk of not reaching their full potential due to individual or environmental risk factors are referred to Campus Connections and matched with a UNC student mentor. During the first semester of program implementation, graduate students from the departments of School Psychology and Applied Psychology and Counselor Education provided one-on-one mentorship to youth. In subsequent semesters, undergraduate students have been encouraged to apply as mentors and now make up the majority of our mentors.

A year later, we interviewed Dr. Brian Johnson, one of the founding members of Campus Connections at UNC to understand what his impressions are and the changes that have been made to CC after the first year.

“We [the faculty who started CC at UNC] were flying by the seat of our pants that first semester,” Dr. Johnson said as he chuckled to himself. He expressed feeling incredibly surprised by how well the first semester turned out. Not only were they building a new program for youth in the Greeley area, they were building a new program for students in doctoral programs at UNC. Dr. Johnson exclaimed, “I remember feeling like we were planning a birthday party and hoping that the kids would show up and when they did, I felt like, okay, we can do something here!”

Of course there were some unforeseen benefits to the program, as well. Campus Connections gave departments a chance to build overreaching collegiality among the graduate students. Even further, undergraduate students now make up the majority of CC mentors and the interdisciplinary approach has expanded since its first semester to majors across the campus.

Looking back after the first complete year, Dr. Johnson has grown in his appreciation and understanding of the systems that the kids are in. He states, “When we were told some of our kids might belong to gangs, I was anticipating kids who were big and burly, and then we got kids who were just kids… they were dealing with things that kids have to deal with and without the social support of the family system.”

While impacting student and instructor biases, Campus Connections has also created training opportunities in areas such as social justice and community engagement, in a variety of roles like mentor, mentor coach, and instructor.

**Here’s what a few CP students had to say about their experience in Campus Connections:**

“One of my favorite things about Campus Connections (CC) is that it really is all about connections. As one of the CC Graduate Assistants this semester, I have the opportunity to see all of our mentors making connections with their mentees, as well as facilitating the relationships between CC and the greater UNC and Greeley communities.”—Mandy Larsen, *Campus Connections Instructor*

“Campus Connections finds a way to surprise me every week. The time we get to spend together each week was valuable to me last semester as a mentor and has been rewarding playing a more supervisory role this semester as mentor coach.”
—Dylan Ghaffari, *Campus Connections Mentor Coach*

“I have never been so impacted by an experience, and I continue to be impacted as I am currently involved as a mentor coach.”—Christy Jersin Woods, *Campus Connections Mentor Coach*

*For those who are interested in more information about Campus Connections or would like to get involved, please feel free to email Dr. Brian Johnson.*
Counseling Psychology Student Organization (CPSO)

We’ve been hard at work planning social and academic events in the hopes of creating opportunities for students to connect and learn from each other. At the beginning of the semester, we hosted CPSO Unexpected in downtown Greeley during Friday Fest and enjoyed seeing the new faces to the program. In mid-September, the CPSO Board coordinated with the Training Director to host the annual CP picnic, where students and faculty brought dishes to share and had chances to engage. We enjoyed hearing the good conversations and hope you’ll be on the lookout for future social events!

In early October, we held our annual CP comps (comprehensive exams) meeting, where comps veterans shared their experiences and students preparing to take comps asked questions and processed their experiences. The CPSO Board is happy to put on academic events where students can have a space to be open and get support along the way to completing the program! Later on in the month, CPSO partnered with the School of Nursing and the School of Biological Sciences through the Schulze Interdisciplinary Speaker Series to welcome Dr. Ronald Bassman (ronaldbassman.com) to UNC. Dr. Bassman is a longtime practicing psychologist who had been diagnosed with and underwent treatment for schizophrenia and now advocates for more humane treatment of clients and persons with such confounding inner states. Through the Schulze Speaker Series, Dr. Bassman shared his insight through a free and open to the public presentation and then through a few classroom presentations and a luncheon the following day. We learned a lot from his experiences and were happy to collaborate and offer these learning experiences with the UNC community.

The CPSO Board is always open for input and ideas for future events or speakers. Let us know what feedback you have. We’re looking forward to the rest of the semester and encourage you to reach out with whatever questions you have! We’re here to support you!

--The CPSO Board

President: Jeff Paul; Vice-President: Kiersten Eberle;
Secretary: Mandy Larsen; Social Chair: Christy Jersin Woods;
Treasurer: Dylan Ghaffari
Psychological Services Clinic (PSC) Update

Clinic Staff for Fall 2016:
- Clinic Director: Dr. Brian Johnson
- Assistant Clinic Director: Sara Hofmann
- Clinic Technology Graduate Assistant: Kiersten Eberle
- APCE 793 Staff: Dylan Ghaffari, Sarah Zwetzig, Megan Martinez, Mandy Larsen, and Kaitlin Ohde

**This semester, there are 11 practicum courses and over 70 clinicians enrolled!**

New this semester in the clinic:

- We have again partnered with UNIV101 classes to offer extra credit for attending counseling sessions. This semester, PSY120 and HON101 also offered credit to their students. We’ve had a great response and are now running a waitlist due to demand!
  - A special thank-you to the members of the clinic staff, who personally called each interested person on our list of over 600 students!
- We created a Qualtrics version of the Client Satisfaction Survey and it now can be completed via computer or mobile phone as well as on paper. Clinicians are encouraged to provide clients with an information sheet (on the cave bookshelf and in the waiting room) and ask them to complete the survey at their convenience.
- We have spent a lot of time this semester out on campus and in the larger community creating new relationships with partner organizations! We are excited to welcome new organizations like United Way RITE Programs, GOAL Academy, and Weld County Juvenile Probation as community partners.
- We can now send email appointment reminders and about 85% of new clients have signed up for this feature.
- We are working with the UNC marketing department to create an official logo for the clinic and revamp our website and marketing materials.
- The consent form now has a separate section for the client to consent to their data being used for research purposes. Research consent does not have any effect on the provision of services.
Clinic Data Reports from Spring 2016

During the spring semester of 2016, the Psychological Services Clinic (PSC) at the University of Northern Colorado (UNC) provided services for a total of 138 clients and conducted approximately 777 sessions (individual counseling, child/adolescent counseling, play therapy, couples/family therapy, group counseling and psychological assessments). Below is a summary of information pertinent to our services at the PSC.

UNC Students and Northern Colorado Community Members (138 clients):
- 73% were community members/non-UNC students
- 24% were UNC students

Gender Identification (118 clients):
- 38% identified as men
- 62% identified as women

Sexual Orientation (118 clients):
- 70% identified as heterosexual
- 8% identified as gay, lesbian, or bisexual

Client Ethnicity (118 clients):
- 73% Caucasian/European Origin
- 15% Hispanic/Latino
- 6% Multiracial
- 5% African American
- 1% Asian American
- 1% American Indian

Referral Sources
- 42% Personal
- 23% School
- 12% Presentation
- 8% Website
- 7% Community Agency
- 3% Physician
Alumni Updates and Congrats!

Dr. Jeff Roche (PhD 2015) is now at Marquette University Counseling Center in Milwaukee, WI as their Groups/Career Coordinator.

Dr. Geri Tien (PhD 2014) passed the EPPP and is now licensed in CO.

Dr. Blair Nyline (PhD 2016) is working at Clearview Behavioral Health, the new psychiatric hospital in Johnstown.

Dr. Annette Peters (PhD 2015) was just licensed in Florida. She just completed her postdoc at Florida State University, and was hired at the same site as staff psychologist in the counseling center.

Dr. Aaron Wallis (PhD 2015) just accepted a therapist position with Open Sky Wilderness Therapy in Durango, his first job after the postdoc. He also passed the EPPP and is now a licensed psychologist.

Laura Schenck and her husband Yen Chang got married in San Francisco on May 12, 2016. Congrats!

Dr. Melissa Horne (PhD 2014) is now a licensed psychologist.

Any alumni updates? Please email them to Dr. Lia Softas-Nall to be featured in the next newsletter.
FALL 2016 COUNSELING PSYCHOLOGY POTLUCK

Thank you to everyone who came!

Sarah Zwetzig and Dylan Ghaffari

Jeff Paul and Kiersten Eberle (in spirit)

The CP Faculty
Counseling Psychology Doctoral Program
For more information visit: http://www.unco.edu/cebs/counspsych/index.html.

For more information regarding program accreditation, contact the APA’s Office of Program Consultation and Accreditation, 750 1st Street NE, Washington, DC 20002-4242 or at (202) 336-5979 or at www.apa.org/ed/accreditation/.

If you have any information you would like to include in the newsletter please contact Dr. Lia Softas (basilia.softas-nall@unco.edu) and/or Christy Jersin Woods (jers2805@bears.unco.edu)