



2016, ISSUE 14  
NOVEMBER 2016

## COUNSELING PSYCHOLOGY DOCTORAL PROGRAM FALL 2016 NEWSLETTER

Typically, Dr. Stephen Wright, the Training Director, writes this column; however, this semester, he and his wife Dorothy, adopted a boy—**congratulations!!** They are busy welcoming the boy into their lives.

Christy Jersin Woods is the graduate assistant helping with the newsletter and I am back editing the newsletter because I enjoy putting together with Christy the accomplishments of our students and faculty. In the Counseling Psychology doctoral program, we are proud of our students and their accomplishments. I also like working on the newsletter because when I was an undergraduate in college it was my job.

Putting together the newsletter reminds me of those years and starting out. In my 25<sup>th</sup> year at UNC, it is a nice reminder to feel like every day life starts anew.

Best wishes!

-Dr. Lia Softas-Nall  
Professor  
Counseling Psychology

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Bringing  
education  
to life.

UNIVERSITY of  
NORTH COLORADO

## Congratulations 2016 Summer Graduates!

### Dr. Dylan Firsick

Dissertation: The influence of attachment and career calling on career decision self-efficacy, college adjustment, and life satisfaction in undergraduate students

**Current Position:** Dylan is on a Clinical Sport Psychology post-doctoral position through the University of Southern California



### Dr. Jason Kacmarski

Dissertation: Attachment styles and the interpersonal theory of suicide: An examination of interrelationships.

**Current Position:** Jason is on a post-doctoral position through the VA Medical Center in Denver, CO as a neuropsychologist.



### Dr. Blair Nyline

Dissertation: The relationship between accuracy of facial emotion recognition, perceived empathetic ability, and cognitive ability in domestic violence offenders

**Current Position:** Blair is working at Clearview Behavioral Health, the new psychiatric hospital in Johnstown, CO (pictured in the next column)



### Dr. Steven Pote

Dissertation: The moderating effect of anticipatory grief on the relationship between attachment and perceived closeness with satisfaction of life and marriage for spousal caregivers of individuals with dementia.

**Current Position:** Steven is on a Geropsychology post-doctoral position through the Pittsburgh VA Medical Center.



### Dr. Janae Sones

Dissertation: Exploration of intergenerational ambivalence, parenting practices, and experiences of grandparenting.

**Current Position:** Janae is currently working as a therapist at the UNC Counseling Center and as an adjunct faculty member at UNC.



## Congratulations Summer 2016 Graduates (cont'd)

### Dr. Tanya Watson

Dissertation: A phenomenological study of justice-involved veteran experiences of veterans court

**Current Position:** Tanya has a position through Fremont Correctional Facility in Cañon City, CO.



## Congratulations Expected Fall 2016 Graduates

### Marsha Cohen

Dissertation: Understanding Adolescents' Unique Experience of Happiness Within the Family: Bridging Multiple Perspectives of Adolescents, Parents, and Siblings.

**Current Position:** Marsha is currently at a postdoc position at Penn State University's Center for Counseling and Psychological Services in State College, PA.



# CONGRATS AGAIN!



From left to right: Dr. Jason Kacmarski, Dr. Wright, Marsha Cohen, Dr. Janae Sones, Dr. Johnson, Dr. Softas, Dr. Dylan Firsick, Dr. Blair Nyline, Dr. Jeffrey Rings, Dr. Tanya Watson





# Best Wishes to our Students on Internship

*It was a 100% match rate. See below for accreditation information.*

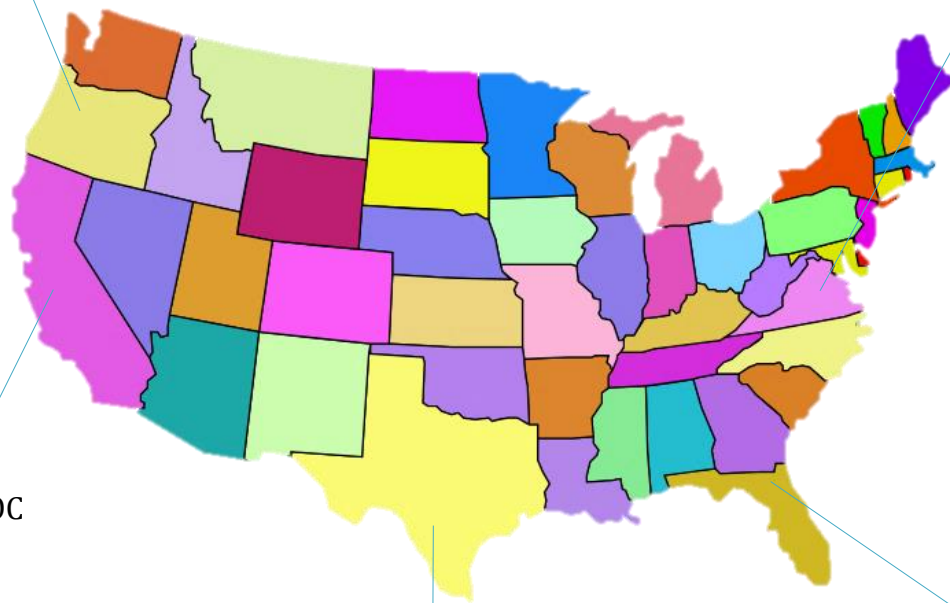
**Liesel Christoe-Frazier**  
Pacific University School of  
Professional Psychology  
Portland, OR  
(APA Accredited)

**Caroline Hicks**  
Virginia  
Tech/Thomas Cook  
Counseling Center  
Blacksburg, VA  
(APA Accredited)

**Jesse Valdez**  
Southern California DOC  
& Rehab Consortium  
San Diego, CA

**Julie Barritt**  
North FL/South GA  
VA Health System  
Gainesville, FL  
(APA Accredited)

**Barry Motter**  
Texas Tech University  
Lubbock, TX  
(APA Accredited)



## External Practicum Placement

Below is a list of students enrolled in external practicum (Fall 2015-Spring 2016) and the sites at which they are placed.

Megan Martinez  
**University of Northern Colorado**  
**Counseling Center**  
 Greeley, CO

Yuge Guo  
**University of Northern Colorado**  
**Counseling Center**  
 Greeley, CO

Jeffrey Paul  
**Colorado State University Health Network**  
**Day Program**  
 Fort Collins, CO

Rachel Haug  
**Colorado State University Health**  
**Network**  
 Fort Collins, CO

Nicole Justice  
**Vital Program (through Cheyenne,**  
**Veterans Affairs)**  
 Cheyenne, UNC, CSU, Greeley, CBOC

Sara Hofmann  
**Community Reach Center**  
 Brighton, CO

Kiersten Eberle  
**Colorado University at Boulder Counseling**  
**Center (CAPS)**  
 Boulder, CO

Mandy Larsen  
**Kaiser Permanente**  
 Greeley, CO

Tricia Steeves  
**Emerge Professionals**  
 Denver, CO

Sarah Zwetzig  
**Salud Family Health**  
 Longmont, CO



## WELCOME NEW CP 2016 DOC STUDENTS

Name: **Allegra Lyon**

Degree: BA

Fun fact: When I don't know the lyrics to a song I just sing "watermelon" over and over again.

Name: **Gurusewak Khalsa**

Degree: MA

Fun Fact: My name is pronounced Gur SAY vick.

Name: **Susannah Turner**

Degree: MA

Fun Fact: I run obstacle course races/mud runs.

Name: **Natalie Sachs**

Degree: MA

Fun Fact: I am a scuba diver and I have gone diving on 5 shipwrecks in the Florida Keys.

Name: **Morgan Condie**

Degree: BA

Fun fact: I love to read and have actually helped edit a published fantasy novel.

Name: **Callie King**

Degree: MA

Fun Fact: Traveling and experiencing new cultures is my favorite activity; I have been to 11 different countries and 25 different U.S. States.

Name: **Tyler Anderson**

Degree: BA

Fun fact: I love the outdoors and spend my weekends in the fall bow hunting in the mountains.

Name: **Austin Hamilton**

Degree: MA

Fun fact: I lived in Rota Spain for 4 years while I was serving in the Air Force.

Name: **Seneca Erwin**

Degree: BA

Fun fact: When I was very young my uncle, who owned a farm, decided that I needed to have the life experience of riding a buffalo and put me on ones back. Although the buffalo did not move much and grazed, I've technically ridden a buffalo.

Name: **Nicholas Kopystynsky**

Degree: BA

Fun fact: One time I was on a TV travel show going around Tibet.



**Fall 2016 Entering Cohort**

Left to Right:

Susannah, Callie, Tyler, Natalie, Allegra, Austin,  
Seneca, Nicholas, Morgan, Gurusewak



## Publications

**Bean, H.**, (PhD 2012) **Softas-Nall, L., Eberle, K., & Paul, J.** (2016). Can we talk about stay-at home moms? Empirical findings and implications for counseling. *The Family Journal: Counseling and Therapy for Couples and Families*. 24, 1, 23-30.

Heppner, P.P., **Tian, L.**, Zhao, R., Wang, K., Bi, Y., Chiao, H., He, Y.H., Hou, Z.J., & Hsieh, C. (2016). A Chinese contextual coping inventory: Initial evidence and implications. *International Perspectives in Psychology: Research, Practice, Consultation*, 5, 110-127.

Heppner, P.P., Lee, D-G., & **Tian, L.** (In press). Problem-solving appraisal and psychological adjustment. In S. Lopez (Eds.), *The Oxford Handbook of Positive Psychology* (2nd edition).

**Johnson, B. D.** & Berdahl, L.D. (2016). *Warning signs: How to protect your kids from becoming perpetrators or victims of violence and aggression*. Chicago, IL: Chicago Review Press.

**Johnson, B. D.** (2016). Cognitive-behavior approaches to counseling and psychotherapy. In H.E.A. Tinsley, S.H. Lease, & N.S. Giffin-Wiersma (Eds.), *Contemporary Theory and Practice of Counseling and Psychotherapy* (pp. 264-292). Thousand Oaks, CA: Sage Publications.

**Paul, J. A.** (2016). The varieties of religious responses to homosexuality: A content and tonal analysis of articles in *Pastoral Psychology* regarding sexual minorities from 1950-2015. *Pastoral Psychology*. Advanced online publication. doi: 10.1007/s11089-016-0717-1

Ritchie, N., **Christoe-Frazier, L.**, Pereira, R., & Havranek, E. (2016). Effects of the national diabetes prevention program on weight loss for English- and Spanish-speaking Latinos. *American Journal of Health Promotion*.

**Tien, G., Softas-Nall, L. & Barritt, J.** Intercultural/Multilingual Couples: Implications for Counseling. (in press) *The Family Journal: Counseling and Psychotherapy for Couples and Families*.

Wang, K.T., **Tian, L.**, & Fujiki, M. (2016). Do Chinese International Students' Personalities Change during Cross-National Transitions? *Journal of International Students*, 6, 301-315.

**Wright, S. L.** (in press). Attachment and self-efficacy of career search activities: A structural model. *The Career Development Quarterly*.

## Rocky Mountain Psychological Association (April, 2016)

**Barritt, J., Motter, B. Swanson, N.** (2016, April). *Exploring Relationship Satisfaction of LGB Military Personnel: A Call for Research*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Christoe-Frazier, L.**, Schroeder, S., & Ritchie, N. (2016, April). *Clinician Experiences of a Telephonic Counseling Program*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Eberle, K.** (2016, April). *The Prospective Graduate Student Survival Guide*. Panel Moderator presented at Rocky Mountain Psychological Association, Denver, CO.

**Geiman, J. M., Hall, D. M., Rings, J. A.** (2016, April). *Addressing the mental health needs of transgender military personnel: A call for action*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.



**Ghaffari, D., Gretz, D., & Eberle, K.** (2016, April). *To disclose or Not to Disclose: Practitioners in Training and their experiences and perceptions of personal disclosure of mental health diagnosis*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Gretz, D.** (2016, April). *Assessing and Training Students for Risk Management and Suicide Prevention*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Hall, D. M., Geiman, J. M., & Rings, J. A.** (2016, April). *Addressing the impact of deployment on female service members and their youth: A call for further research*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Haug, R., Hinerman, K., & Softas-Nall, L.** (2016, April). *Validity and reliability of scales related to mental health among sexual minority adults*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Larsen, A. D.** (2016, April). *The Hoffman Report: Antecedents and Consequences*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Levas-Luckman, D., O'Halloran, M.S., Rings, J.A., & Steeves, T.S.** (2016, April) *Working with Medical and Psychological Illness: A Phenomenological Exploration of Nurses' Experiences in Treating Eating Disorders*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Motter, B.** (2016, April). *The Prospective Graduate Student Survival Guide*. Panel Participant at Rocky Mountain Psychological Association, Denver, CO.

**Motter, B.** (2016, April). *Experiences of Counselors-in-Training Working with Transgender Clients*. Oral Presentation Finalist\* at Rocky Mountain Psychological Association, Denver, CO.  
\*received award

**Softas-Nall, L., Heath, T.** (PhD 2010), et al. (2016, April). *Entering the Academic Marketplace: Advice from the Experts*. Panel Participant at Rocky Mountain Psychological Association, Denver, CO.

**Steeves, T.** (2016, April). *A Theoretical Perspective about the Experiences of Recent Female Veterans: A Pilot Study*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

**Zwetzig, S. E., & Martinez, M. N.** (2016, April). *Exploring the impact of gender on attribution of motivation of drunkorexia*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.

### **American Psychological Association** **(August, 2016)**

**Gall, R.** (2015) & **Softas-Nall, L.** (2016, August). *Raising Resilient Children: Lessons from Lesbian-Parented Families*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Guo, Y. G., Harlow, A., Sydney, C., Ghaffari, D., & Lafferty, M.** (2016, August). *Returning home: Practice and supervision implications for international counseling students*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Tian, L., Hou, Z.J., & Ohde, K.** (2016 August). *Coping as a moderator between external career barriers and EPCD among Chinese college students*. Poster presented at the annual American Psychological Association conference, Denver, CO.





**Jersin Woods, C. L. & Wright, S. L.** (2016, August). *Attachment and sexual satisfaction: A meta-analysis*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Jersin Woods, C. L. & Jones, K. N.** (2016, August). *Perfectionism and Sexual Satisfaction: Examining Mindfulness as a Moderator*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Kimm, A. J. & Wright, S. L.** (2016, August). *Posttraumatic symptoms and holistic wellness: A meta-analysis*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Paul, J. A.** (2016, August). *Trends across time: Responses to homosexuality in Pastoral Psychology and among evangelical Christians*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Samaniego-Estrada, K. (PhD 2014), Softas-Nall, L. & Martinez, M.** (2016, August). *Fear and Terror of being Undocumented: Implications for Mental Health*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Wallis, A. L., (PhD 2015) Johnson, B. D., Larsen, A. D., & Paul, J. A.** (2016, August). *Examining the Impact of Information Communication Technology on Social Skills and Total Likability*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Wallis, A.L. (PhD 2015), Gretz, D.P., Rings, J.A., & Eberle, K.M.** (2016, August). *Assessing marijuana use, anxiety symptoms, and academic performance among college students*. Poster session presented at the 124th annual meeting of the American Psychological Association, Denver, CO.

**Walters, M. A. (Ph.D. 2015), O'Halloran, S., Rings, J. A., Geiman, J. M., Hall, D. M.** (2016, August). *The undergraduate experience of classism and attitudes toward mental health services*. Poster presented at the annual American Psychological Association conference, Denver, CO.

**Zwetzig, S. E.** (2016, August). *Police cynicism as it relates to burnout: A call for exploration into responses to mental health crises*. Poster presented at the annual American Psychological Association conference, Denver, CO.

### **UNC Research Day (April, 2016)**

**Ghaffari, D., Gretz, D., & Eberle, K.** (2016, April). *To disclose or Not to Disclose: Practitioners in Training and their experiences and perceptions of personal disclosure of mental health diagnosis*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Guo, Y. G., Ghaffari, D., & Gretz, D.** (2016, April). *Left-Behind Children in China: Attachment and Resilience*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Haug, R., Hinerman, K., & Softas-Nall, L.** (2016, April). *Validity and reliability of scales related to mental health among sexual minority adults*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Hofmann, S., Eberle, K., Swanson, N., Paul, J., & Steeves, T.** (2016, April). *Gender, ethnicity, and response to treatment: An empirical look at a Northern Colorado training clinic*. Poster session presented at the annual University of Northern Colorado Research Day, Greeley, CO. \*received award

**Jersin Woods, C. L. & Jones, K. N.** (2016, April). *Perfectionism and Sexual Satisfaction: Examining Mindfulness as a Moderator*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO. \*finalist for award

**Kimm, A. J.** (2016, April). *Nonerotic touch in trauma intervention: Ethical considerations*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Larsen, A. D.** (2016, April). *The Hoffman Report: Antecedents and Consequences*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Levas-Luckman, D., O'Halloran, M.S., Rings, J.A., & Steeves, T.S.** (2016, April). *Working with Medical and Psychological Illness: A Phenomenological Exploration of Nurses' Experiences in Treating Eating Disorders*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Ohde, K.** (2016, April). *Compassion fatigue and coping styles: A review of the literature and guide to future research*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Walters, M. A. (PhD 2015), O'Halloran, S., Rings, J. A., Geiman, J. M., Hall, D. M.** (2016, April). *The undergraduate experience of classism and attitudes toward mental health services*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO. \*finalist for award

**Watson, T.M. & Hinton, C.A.** (2016, April). *"You can't just lock them all in a box forever": Mental health practitioner survivors of prison inmate suicide*. Poster session presented at the annual University of Northern Colorado Research Day, Greeley, CO.

**Zwetzig, S. E., & Martinez, M. N.** (2016, April). *Exploring the impact of gender on attribution of motivation of drunkorexia*. Poster presented at the annual University of Northern Colorado Research Day, Greeley, CO.

## Misc. Presentations

**Tian, L.** (2016, October). How non-action types of coping play a role in Chinese international students' psychosocial adjustments in the U.S. In C.-M. Duan (Chair), *Understanding the Psychological Needs of Chinese International Students in the United States*. Symposium conducted at the 22<sup>nd</sup> Association of Chinese Professors of Social Sciences International Conference, Denver, CO.

## Student Awards

**Liesel Christoe-Frazier** won the Hutchinson-Lahman Research Award (First Place) along with her co-presenter, Sharla Schoeder (CES) at UNC. Project Title: *Clinician Experiences of a Telephonic Counseling Program*.

**Sara Hofmann, Kiersten Eberle, Nicole Swanson (Justice), Jeff Paul, & Tricia Steeves** won the Research Excellence Award (First Place) at UNC Research Day. Project Title: *Gender, ethnicity, and response to treatment: An empirical look at a Northern Colorado training clinic*.

**Meagan Walters, Jenn Geiman and Deon Hall** were finalists for the Research Excellence award at UNC Research Day.

**Christy Jersin Woods** was a finalist for the Research Excellence award at UNC Research Day



## Faculty and Staff News

Congrats to Dr. Lia Softas-Nall on her 25<sup>th</sup> year at UNC!



## Congratulations!



Congrats to Nicole Justice who recently got married!



Last year in the newsletter we presented a segment on Campus Connections (CC; formerly known as Campus Corps) introducing the program to our campus at UNC. **Campus Connections is a program that provides therapeutic mentoring to youth ages 11-18 years, in a structured multi-level mentoring community.** Youth who are at risk of not reaching their full potential due to individual or environmental risk factors are referred to Campus Connections and matched with a UNC student mentor. During the first semester of program implementation, graduate students from the departments of School Psychology and Applied Psychology and Counselor Education provided one-on-one mentorship to youth. In subsequent semesters, undergraduate students have been encouraged to apply as mentors and now make up the majority of our mentors.

A year later, we interviewed Dr. Brian Johnson, one of the founding members of Campus Connections at UNC to understand what his impressions are and the changes that have been made to CC after the first year.

“We [the faculty who started CC at UNC] were flying by the seat of our pants that first semester,” Dr. Johnson said as he chuckled to himself. He expressed feeling incredibly surprised by how well the first semester turned out. Not only were they building a new program for youth in the Greeley area, they were building a new program for students in doctoral programs at UNC. Dr. Johnson exclaimed, “I remember feeling like we were planning a birthday party and hoping that the kids would show up and when they did, I felt like, okay, we can do something here!”

Of course there were some unforeseen benefits to the program, as well. Campus Connections gave departments a chance to build overreaching collegiality among the graduate students. Even further, undergraduate students now make up the majority of CC mentors and the interdisciplinary approach has expanded since its first semester to majors across the campus.

Looking back after the first complete year, Dr. Johnson has grown in his appreciation and understanding of the systems that the kids are in. He states, “When we were told some of our kids might belong to gangs, I was anticipating kids who were big and burly, and then we got kids who were just kids... they were dealing with things that kids have to deal with and without the social support of the family system.”

While impacting student and instructor biases, Campus Connections has also created training opportunities in areas such as social justice and community engagement, in a variety of roles like mentor, mentor coach, and instructor.

## Here's what a few CP students had to say about their experience in Campus Connections:

“One of my favorite things about Campus Connections (CC) is that it really is all about connections. As one of the CC Graduate Assistants this semester, I have the opportunity to see all of our mentors making connections with their mentees, as well as facilitating the relationships between CC and the greater UNC and Greeley communities.”—Mandy Larsen, *Campus Connections Instructor*

“Campus Connections finds a way to surprise me every week. The time we get to spend together each week was valuable to me last semester as a mentor and has been rewarding playing a more supervisory role this semester as mentor coach.”

—Dylan Ghaffari, *Campus Connections Mentor Coach*

“I have never been so impacted by an experience, and I continue to be impacted as I am currently involved as a mentor coach.”—Christy Jersin Woods, *Campus Connections Mentor Coach*



*For those who are interested in more information about Campus Connections or would like to get involved, please feel free to email Dr. Brian Johnson.*



# Counseling Psychology Student Organization (CPSO)

We've been hard at work planning social and academic events in the hopes of creating opportunities for students to connect and learn from each other. At the beginning of the semester, we hosted CPSO Unexpected in downtown Greeley during Friday Fest and enjoyed seeing the new faces to the program. In mid-September, the CPSO Board coordinated with the Training Director to host the annual CP picnic, where students and faculty brought dishes to share and had chances to engage. We enjoyed hearing the good conversations and hope you'll be on the lookout for future social events!

In early October, we held our annual CP comps (comprehensive exams) meeting, where comps veterans shared their experiences and students preparing to take comps asked questions and processed their experiences. The CPSO Board is happy to put on academic events where students can have a space to be open and get support along the way to completing the program! Later on in the month, CPSO partnered with the School of Nursing and the School of Biological Sciences through the **Schulze Interdisciplinary Speaker Series to welcome Dr. Ronald Bassman** ([ronaldbassman.com](http://ronaldbassman.com)) to UNC. Dr. Bassman is a longtime practicing psychologist who had been diagnosed with and underwent treatment for schizophrenia and now advocates for more humane treatment of clients and persons with such confounding inner states. Through the Schulze Speaker Series, Dr. Bassman shared his insight through a free and open to the public presentation and then through a few classroom presentations and a luncheon the following day. We learned a lot from his experiences and were happy to collaborate and offer these learning experiences with the UNC community.

The CPSO Board is always open for input and ideas for future events or speakers. Let us know what feedback you have. We're looking forward to the rest of the semester and encourage you to reach out with whatever questions you have! We're here to support you!

--The CPSO Board

**President:** Jeff Paul; **Vice-President:** Kiersten Eberle;  
**Secretary:** Mandy Larsen; **Social Chair:** Christy Jersin Woods;  
**Treasurer:** Dylan Ghaffari



Pictured above: The CPSO Board with Dr. Bassman

**CPSO**  
 counseling psychology student organization

SCHULZE SPEAKER SERIES

## HEARING VOICES and other CONFOUNDING INNER STATES: What People With LIVED Experience FIND Life-changing

**RONALD BASSMAN, PH.D.**  
 CHAIR, THE COMMUNITY CONSORTIUM

**PANORAMA LOUNGE**  
 UNIVERSITY CENTER  
 October 18, 6:30–8:00pm

**FREE LUNCHEON!**  
 Faculty, staff and students can chat one-on-one with Dr. Bassman over a free small group luncheon. For a chance to meet Dr. Bassman, email [Dylan.ghaffari@uncg.edu](mailto:Dylan.ghaffari@uncg.edu) or show up for the main presentation.  
 Oct 19, 11:30am-1pm  
 Holmes Hall

Dr. Ronald Bassman's talk will chronicle his experience as a patient and author of psychiatric "treatments" for schizophrenia and how this has influenced his work as a psychologist and activist.

Dr. Bassman will also explore how healing relationships between helpers and community can lead to equal rights, dignity, and respect for individuals who hear voices and experience other confounding inner states. He will describe some of the new alternative treatments for serious mental illness which are showing successful outcomes and what themes they have in common.

CPSO: Counseling Psychology Student Organization (CPSO), Department of Applied Psychology and Counselor Education (APCE), School of Nursing, School of Biological Sciences, Graham Undergraduate Library, Speaker Series

UNIVERSITY OF NORTHERN COLORADO

# Psychological Services Clinic (PSC) Update

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## Clinic Staff for Fall 2016:

- Clinic Director: Dr. Brian Johnson
- Assistant Clinic Director: Sara Hofmann
- Clinic Technology Graduate Assistant: Kiersten Eberle
- APCE 793 Staff: Dylan Ghaffari, Sarah Zwetzig, Megan Martinez, Mandy Larsen, and Kaitlin Ohde



**\*\*This semester, there are 11 practicum courses and over 70 clinicians enrolled!\*\***

## New this semester in the clinic:

- We have again partnered with UNIV101 classes to offer **extra credit for attending counseling sessions**. This semester, PSY120 and HON101 also offered credit to their students. We've had a great response and are now running a waitlist due to demand!
  - A special thank-you to the members of the clinic staff, who personally called each interested person on our list of over 600 students!
- We created a **Qualtrics version of the Client Satisfaction Survey** and it now can be completed via computer or mobile phone as well as on paper. Clinicians are encouraged to provide clients with an information sheet (on the cave bookshelf and in the waiting room) and ask them to complete the survey at their convenience.
- We have spent a lot of time this semester out on campus and in the larger community **creating new relationships with partner organizations!** We are excited to welcome new organizations like United Way RITE Programs, GOAL Academy, and Weld County Juvenile Probation as community partners.
- We can now send **email appointment reminders** and about 85% of new clients have signed up for this feature.
- We are working with the UNC marketing department to **create an official logo** for the clinic and revamp our website and marketing materials.
- The consent form now has a **separate section for the client** to consent to their data being used for **research purposes**. Research consent does not have any effect on the provision of services.



## Clinic Data Reports from Spring 2016

During the spring semester of 2016, the Psychological Services Clinic (PSC) at the University of Northern Colorado (UNC) provided services for a total of 138 clients and conducted approximately 777 sessions (individual counseling, child/adolescent counseling, play therapy, couples/family therapy, group counseling and psychological assessments). Below is a summary of information pertinent to our services at the PSC.

### UNC Students and Northern Colorado Community Members (138 clients):

- 73% were community members/non-UNC students
- 24 % were UNC students

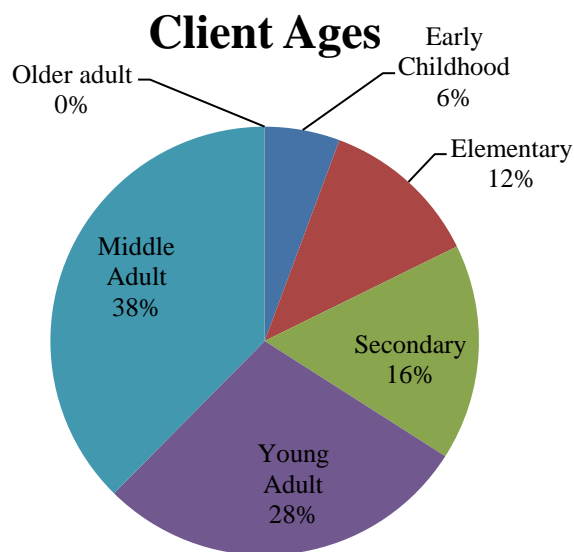
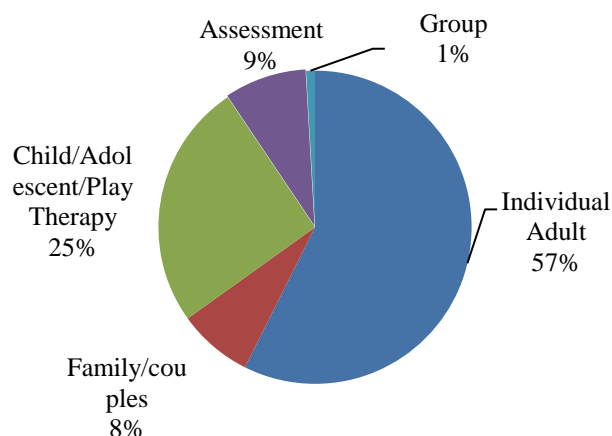
### Gender Identification (118 clients):

- 38% identified as men
- 62% identified as women

### Sexual Orientation (118 clients):

- 70% identified as heterosexual
- 8% identified as gay, lesbian, or bisexual

### Session Type



### Client Ethnicity (118 clients):

- 73% Caucasian/European Origin
- 15% Hispanic/Latino
- 6% Multiracial
- 5% African American
- 1% Asian American
- 1% American Indian

### Referral Sources

- 42% Personal
- 23% School
- 12% Presentation
- 8% Website
- 7% Community Agency
- 3% Physician

## Alumni Updates and Congrats!

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**Dr. Jeff Roche (PhD 2015)** is now at Marquette University Counseling Center in Milwaukee, WI as their Groups/Career Coordinator

**Laura Schenck** and her husband Yen Chang got married in San Francisco on May 12, 2016. Congrats!

**Dr. Geri Tien (PhD 2014)** passed the EPPP and is now licensed in CO.

**Dr. Blair Nyline (PhD 2016)** is working at Clearview Behavioral Health, the new psychiatric hospital in Johnstown

**Dr. Annette Peters (PhD 2015)** was just licensed in Florida. She just completed her postdoc at Florida State University, and was hired at the same site as staff psychologist in the counseling center.

**Dr. Aaron Wallis (PhD 2015)** just accepted a therapist position with Open Sky Wilderness Therapy in Durango, his first job after the postdoc. He also passed the EPPP and is now a licensed psychologist.

**Dr. Melissa Horne (PhD 2014)** is now a licensed psychologist.



Any alumni updates? Please email them to Dr. Lia Softas-Nall to be featured in the next newsletter.





## FALL 2016 COUNSELING PSYCHOLOGY POTLUCK



Sarah Zwetzig and Dylan Ghaffari



Jeff Paul and Kiersten Eberle (in spirit)



Thank you to everyone  
who came!



The CP Faculty



If you have any information you would like to include in the newsletter please contact Dr. Lia Softas ([basilia.softas-nall@unco.edu](mailto:basilia.softas-nall@unco.edu)) and/or Christy Jersin Woods ([jers2805@bears.unco.edu](mailto:jers2805@bears.unco.edu))

### **Counseling Psychology Doctoral Program**

For more information visit: <http://www.unco.edu/cebs/counpsych/index.html>.

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For more information regarding program accreditation, contact the APA's Office of Program Consultation and Accreditation, 750 1<sup>st</sup> Street NE, Washington, DC 20002-4242 or at (202) 336-5979 or at [www.apa.org/ed/accreditation/](http://www.apa.org/ed/accreditation/).

