



OUTDOOR PURSUITS

Fall 2021 Program Guide





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Our Mission

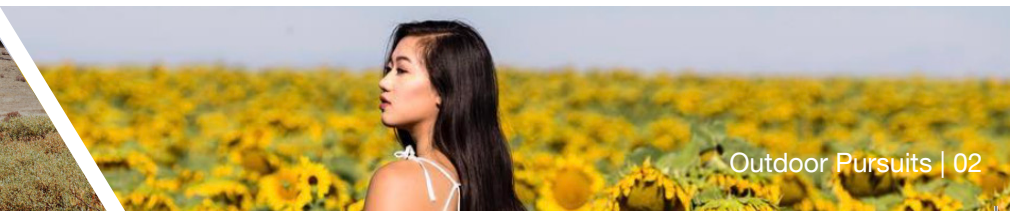
Outdoor Pursuits' top priority is to provide meaningful opportunities for students to enhance their college experience. We strive for students to build stronger relationships with one another, their campus and the environment through programs we provide.

Our Service

Our program strives to ensure students, faculty and staff have access to our services for a quality life on UNC. Your registration fee includes all necessary equipment for each specific trip, as well as transportation. Outdoor Pursuits welcomes anyone to the beautiful outdoors of Colorado. Whether you are planning your first trip or need advice on where to go next our OP staff are available to connect and help.

Your Campus Recreation Center

Campus Recreation strives to ensure a safe, affirming, welcoming, and inclusive environment for UNC students, faculty, and staff through open and considerate dialogue, mutual understanding, and respect for individual differences. We recognize and celebrate the diverse characteristics and backgrounds within our UNC community by facilitating a climate where everyone can participate, engage and represent themselves safely and comfortably.



FALL TRIPS

Day Hike and Yoga

September 4th

Fee \$15

Mountain Biking

September 11th

Fee \$15

Evening Hike

September 22nd

Fee \$10

Recharge Hike

October 23rd

Fee \$15

Stand Up Paddle Boarding

September 4th

Fee \$15

Camp & Hike 14'er

September 11th-12th

Fee \$40

RMNP Day Hike

September 25th

Fee \$15

Thanksgiving Retreat

November 24th-27th

Fee \$250

Trail Running

September 9th

Fee \$15

Backpacking

September 17th-19th

Fee \$75

Outdoor Rock Climbing

October 2nd

Fee \$15





WORKSHOPS

S'mores and Slack Lining

August 25th

Fee FREE

Hammock Hangouts

October 6th

Fee FREE

Climbing Gym Shuttle

October 29th

Fee \$12

SUP Yoga

November 17th

Fee \$10

SUP Yoga

September 15th

Fee \$10

SUP Yoga

October 13th

Fee \$10

Climbing Gym Shuttle

November 12th

Fee \$12

Climbing Gym Shuttle

September 24th

Fee \$12

Bike to Farmers Market

October 16th

Fee FREE

Top Klaw Climbing Comp

November 12th

Fee \$15/ \$20

Fall Trips



Day Hike and Yoga

September 4th, 2021

Fee \$15

Difficulty Easy | Moderate

Duration Full Day

Come join us for a fun and refreshing day filled with hiking and yoga in the mountains. Spend the first part of your day working up a sweat by walking along a beautiful path surrounded by the Rocky Mountains. Take time during the second half of your day to stretch out those sore muscles and relax your body and mind with some gentle yoga. This trip is sure to have you set up well to tackle whatever you have coming your way in the week ahead!

Stand-Up Paddle boarding

September 4th, 2021

Fee \$15

Difficulty All Skills Welcome

Duration Half day

Come soak up the last remnants of Colorado's warm weekend days by paddle boarding with us. This adventure offers a fun way to play in the water. Since you stand at full weight on your board, it gives you a unique vantage point for viewing what's down under the water and what lies ahead on the horizon.

Trail Running

September 9th, 2021

Fee \$15

Difficulty Easy | Moderate

Duration Full Day

Want to explore Colorado's trails while getting a great workout in? If so, join Outdoor Pursuits on our trail running trip. It doesn't matter if you're your running experience for this trip. Let's hit the ground running with some nice views of Colorado.

Mountain Biking

September 11th, 2021

Fee \$15

Difficulty Moderate

Duration Half Day

Join Outdoor Pursuits on a thrilling adventure and this time we get to bring bikes. If you ever wanted to go mountain biking but lack a bike or where to go, we got you.

Camp and Hike 14' er

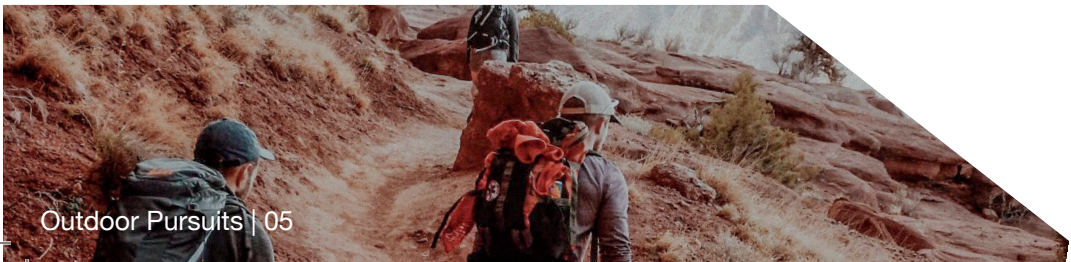
September 11th-12th, 2021

Fee \$40

Difficulty Moderate | Advance

Duration Two Days

Did you know hiking a 14,000-foot peak, also known as a 14'er, is a rite of passage in the state of Colorado. They're the most iconic peaks in the state, and if you haven't already hiked one, it's probably (or at least should be) on your to-do list. Be a part of this fun trip that involves camping in an alpine basin beneath an incredible array of glistening stars and hiking to the top of one of the stunning summits that allures adventures from around all over the world.





Outdoor Rock Climbing

October 2nd, 2021

Fee \$20

Difficulty All Skills Welcome

Duration Full Day

Get outside and experience what it is like to climb on real rock. We will be spending the day outside experiencing more of what Colorado has to offer by outdoor rock climbing. This is a rewarding adventure you can't pass up.

Fall Trips

Backpacking

September 17th-19th, 2021

Fee \$75

Difficulty Moderate

Duration 3 Days, 2 Nights

Step into an adventure as we explore more of what Colorado has to offer. We will be carrying everything we need on our backs (trust us, it feels a lot less heavy if you think of your backpack as wearing a hug all day long!) Be prepared to walk 4-6 miles each day while taking in the mountain views and laughing alongside your fellow bears.

Recharge Hike

October 23rd, 2021

Fee \$15

Difficulty All Skills Welcome

Duration Full Day

Spend the day away from technology and work! Unplugging from society has a way of allowing us to reflect on life and truly see what's around us. This trip is a great way to get away for the day, investing in friendships new and old and enjoying the beauty of the outdoors that can so easily be overshadowed by the screens constantly surrounding us.

Evening Hike

September 22nd, 2021

Fee \$10

Difficulty All Skills Welcome

Duration Half Day

Make time in your busy weekly schedule for an afternoon hike! There is no better way to break up the week with a break on trail. Tag along with Outdoor Pursuits for a beginner friendly, local hike.

Rocky Mountain National Park Hike

September 25th, 2021

Fee \$15

Difficulty Beginner | Moderate

Duration Full Day

The wild, scenic Rocky Mountains form the spine of the western United States. Spend a day hiking with Outdoor Pursuits. This is a great opportunity to become immersed in what Colorado offers to those who seek adventure.





WORKSHOPS

S'mores and Slack Lining

August 25th, 2021

Fee FREE

Difficulty All Skills Welcome

Start your semester off right and join us for yummy treats balanced with a fun activity! We provide all kinds of yummy ingredients for smores along with a firepit to get the marshmallows roasted just right. Along with yummy treats, bring your friends and try some slacklining too! This is one of the first opportunities to register for other trips & workshops

Climbing Gym Shuttle

November 5th, 2021

Fee \$12

Difficulty All Skills Welcome

Join Outdoor Pursuits as we travel to one of the largest climbing gyms in the front range. This event has transportation included, so do not wait. Pre-registration is required.

Stand Up Paddle Boarding Yoga

October 13th, 2021

Fee \$10

Difficulty All Skills Welcome

Back from popular demand, we are adding three dates for SUP Yoga. This is your opportunity to discover something new or if you are a veteran, test the waters and see if you can learn something new. We will be at the UNC Campus Rec pool but pre-registration is required and can be done at the Outdoor Pursuits Gear Shop.

Hammock Hangouts

October 6th, 2021

Fee FREE

Difficulty All Skills Welcome

Outdoor Pursuits introduces our new event to get connected to fellow bears while relaxing in a hammock. Hammock Hangouts features a topic that highlights outdoor skills, social justice in the outdoors, or creative workshops to name a few. Hammocks, picnic blankets, and camp chairs are provided or you are welcome to bring your own.

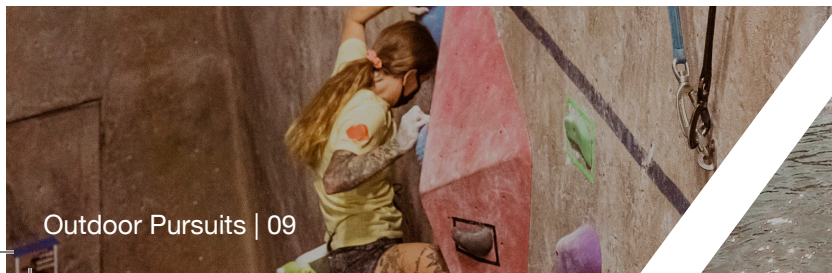
Top Klaw Climbing Competition

November 12th, 2021

Fee \$15 (Pre-registration) | \$20 (Day of)

Difficulty All Skills Welcome

Come experience a climbing competition at our very own wall! All levels are encouraged and welcome, even if you've never climbed before. You do not need to be a pro climber to do competitions! Our fun and laid-back environment gives climbers a chance to compete without fear and nerves. Prizes are awarded via raffle at the award ceremony. Pre-registration is required and can be done at the Outdoor Pursuits Gear Shop.



WORKSHOPS

Stand UP Paddle Boarding Yoga

September 15th, 2021

Fee \$10

Difficulty All Skills Welcome

Who says you can not do yoga while floating? We say otherwise, that is right.. Come splash around for some SUP yoga in the UNC Campus Rec pool! Prepare to get wet and be sure to sign up early. Spots are limited.

Bike to the Farmers Market

October 16th, 2021

Fee FREE

Difficulty All Skills Welcome

Join Outdoor Pursuits as we take a leisurely bike ride to the Greeley Farmers' Market in Downtown Greeley. There are plenty of fresh and local snacks to take advantage of! Consider bringing a reusable bag to transport fresh produce and goods back to home. Bikes and helmets are included.

Climbing Gym Shuttle

October 29th, 2021

Fee \$12

Difficulty All Skills Welcome

Missed the first climbing gym? Don't miss out this time. Join us as we head to our second climbing gym, with transportation included. Pre-registration is required.

Climbing Gym Shuttle

September 24th, 2021

Fee \$12

Difficulty All Skills Welcome

Need more reasons to join Outdoor Pursuits on their third and final climbing gym shuttle of the semester? Each gym has its own unique set of routes and vibe. The challenges and people are never the same. Come spend an evening with people who want to have a great time with you. This event has transportation included, and pre-registration is required.

Stand Up Paddle Boarding Yoga

November 12th, 2021

Fee \$10

Difficulty All Skills Welcome

Most yoga classes are floor mats, but our Outdoor Pursuits yoga class uses stand up paddle boards! Expand your yoga skills from atop of a SUP in the Campus Rec pool with an hour of yoga led by a yoga instructor.







GEAR SHOP

Hours

Monday and Fridays | 11:00 AM - 6:00 PM

Tuesday - Thursday | 11:00 AM - 5:00 PM

We strive to help the UNC community find their next outdoor adventure. The Gear Shop provides FREE equipment available to students, staff, and faculty for all sorts of activities. We even have games and lifestyle gear like rollerblades and more! We have the experts on board who will help you choose proper gear and find exactly what you need. Please stop by the gear shop or make your reservations online using the equipment rental form found on our website.

CLIMBING WALL

Our indoor climbing wall features 10 top ropes along with three TruBlue auto belay systems. On average there will be 12 top rope routes and nearly 30 boulder problems. Every weekend a section of the wall is stripped, cleaned and set with new routes so there is always a new problem to try. Aside from answering your questions or giving route advice, our OP staff can offer belay classes, and annual climbing competitions.

OPEN BOULDERING

Monday - Thursday | 6:00 AM - 11:00 PM

Friday | 6:00 AM - 9:00 PM

Saturday | 10:00 AM - 8:00 PM

Sunday | 10:00 AM - 11:00 PM

TOP ROPE & AUTO BELAY

Sunday - Thursday | 4:30 PM - 9:00 PM



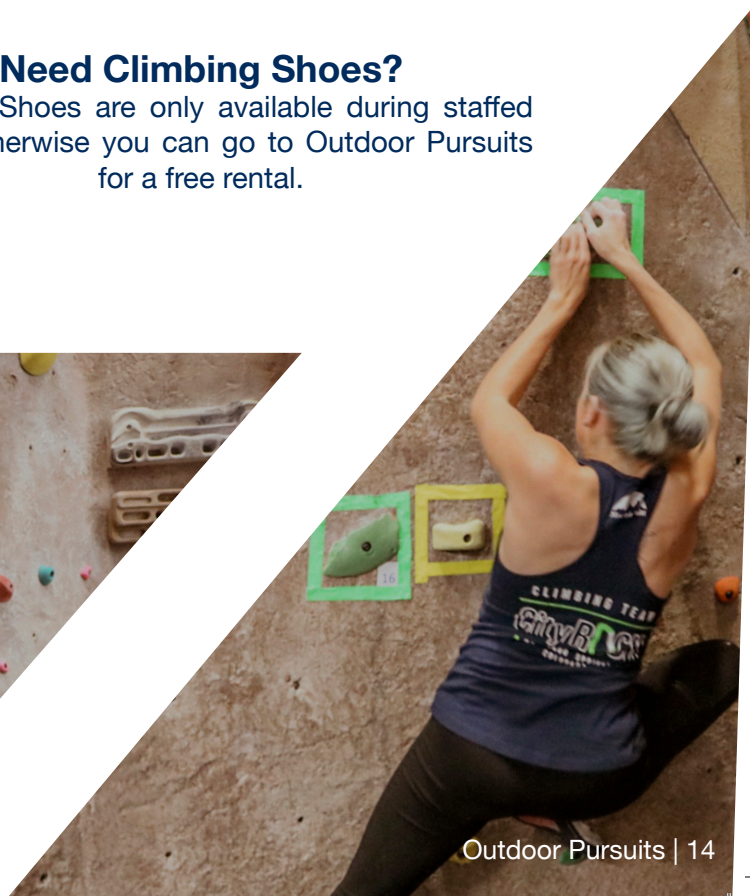


SPECIAL EVENTS

Follow us on Facebook and Instagram
@UNC_OP to keep up with special events and
competitions.

Need Climbing Shoes?

Climbing Shoes are only available during staffed
hours, otherwise you can go to Outdoor Pursuits
for a free rental.



BIKE SHOP & SERVICES

UNC Bike Maintenance Rates

Full Tune Up | \$26

Will include a complete wipe down of the frame to insure there are no cracks or areas of concern, headset adjustment, hub adjustment, front and rear derailleur adjustments, front and rear brake adjustments, bottom bracket adjustment, chain checked for stretching and wear, minor wheel truing, clean and lube drive train (chain, cassette, cranks).

Parts Installation (Tubes, Chain, Et.) | \$3

If you have a part that needs to be installed we can do it for you! Be it any bike part, we can put it on your bike for you and make any adjustments necessary. This is subject to additional charges if it is derailleurs, brakes, or other in-depth installments.

Bike Assembly | \$30

Just bought a new bike? We will put it together for you! Not only will we install what that factory hasn't, but we will go through the entire bike checking that all parts have been greased and torqued to spec. This will keep you on your bike longer and add lifetime to parts that can wear or become damaged if not installed correctly.

Wheel Truing | \$12

Wheels rubbing against the brake pads? To true your wheel we will tighten or loosen desired nipples of wheel spokes until wheel spins truly round. If wheel has been worked on for more than 30 minutes and still is not true then mechanic can deem the wheel untrue-able and advise patron to purchase a new rim.

Brake Adjustment | \$6

Adjust front and rear brake pads or disc's to receive the most consistent and safe brakirig surface possible.

Front/Rear Derailleur Adjustment | \$8

Adjust front or rear derailleur to ensure consistent shifting for all gears. A proper derailleur adjustment will keep your chain in place and allow you to easily shift through all of your gears.



Cabling (Parts Included) | \$22

Rusty and frayed cables can be dangerous, we will remove all old cables and housing then replace with new housing and cables. This will increase functionality of your brake and shifting capabilities.

Bottom Bracket/Headset/Hub Overhaul | \$15

Properly Functioning bottom brackets, headsets, and hubs require ball-bearings to be properly greased and secured. If the ball-bearings are too loose or damaged we can replace them for you! A proper overhaul in these areas ensures your bike will be pedaling, steering, and rolling efficiently.

Tire Inflation | FREE

If we are not open to help there are 5 bike stations located throughout campus that have pumps available for you to use 24/7. These locations are at the UC, Gunter Hall, Tobey Kendel, Sout Hall, and Ross.

Do it Yourself | FREE

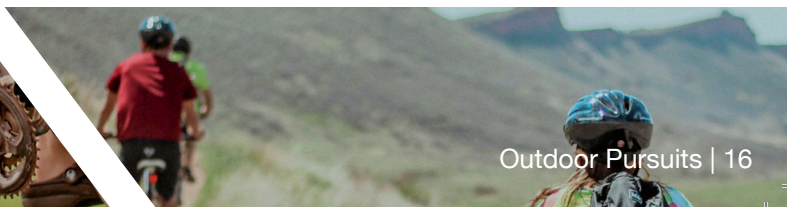
COME USE OUR TOOLS! Our mechanics would be happy to teach you how to work on your bike free of charge, you can even use our tools. If you don't have time to work on it yourself, leave it with us and we will get you on your bike again as soon as possible!

Products For Purchase

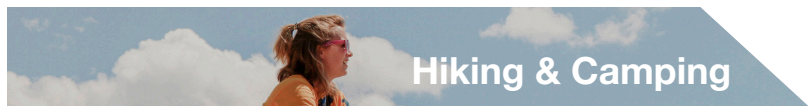
Tubes	\$8
Cables (Individual)	\$7
Housing (Individual)	\$3
Bike Chains	\$12
Brake Pads	\$5
U- Locks	\$20
Ball-Bearings	\$3/Cartridge

Bike Shop Hours

Monday - Friday | 12:00 PM - 4:00 PM



GEAR CATALOG



Hiking & Camping

2 Person Tent | 4 Person Tent | Sleeping Pads | Headlamps | LED Lanterns | Crazy Creek Camp Chairs | 6 Gallon Water Jugs | Trowel | Shovels | 65L Backpacks | 32L Backpacks | Compass | Trekking Poles | Cooking Sets | Backpacking Stoves | Coleman Camp Stoves | Propane | Camp Tables | 50 Quart Rolling Coolers | Hammocks | Child Carrier Backpack | 0 Degree Sleeping Bags | 20 Degree Sleeping Bags | 30 Degree Kid's Sleeping Bag | Bear Vaults | Hiking Boots



Snow Sports

25 Inch Snowshoes | 30 Inch Snowshoe | Ankle Gaitors | Snow Goggles | Snowboard Helmets | Snowboards | Snowboard Boots | Winter Coats | Snow Pants | Sleds | Yaktraks



Water Sports

Sit-on Top Kayaks | White Water Kayaks | Kayak Helmets | Kayak Paddle | Kayak Spray Skirt | Canoes | Canoe Paddles | Trek Bed Extenders | Stand Up Paddle Boards | PFD's



Biking & Climbing

Crash Pad | Climbing Shoes | Trek Hardtail Mountain Bikes | Bike Helmets | Cruiser Bike | Commuter Bikes



Lifestyle

Slackline | Bocce Ball Set | Washers | Ladder Ball | Corn Hole | Giant Jenga | Connect 4 | Volleyball Set | Roller Blades | Knee & Elbows Pads

FREE Gear Rental Form Can Be Found on UNC OP Website



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The Outdoor Pursuits Gear Shop is located on the West entrance of Harrison Hall adjacent to the Campus Recreation Center.



Follow us on our adventures and tag
#OutsideOp for a chance to be on our socials

