



# **The Bear Pantry is in need of:**

- **Plant-based food items (shelf-stable and frozen)**
- **Vegan food items (shelf-stable and frozen)**
- **Gluten free options (shelf-stable and frozen)**
- **Dairy free milk/Almond milk**
- **Hamburger**
- **Deli meats**
- **Cheese**
- **Mac 'n' cheese**
- **Pasta**
- **Canned soups**
- **Canned chili**
- **Chef Boyardee**
- **Pasta sauce**
- **Canned chicken**
- **Canned turkey**
- **Personal hygiene products**
  - **Body wash**
  - **Shampoo**
  - **Conditioner**
  - **Contact solution**
  - **Deodorant**
  - **Dish soap**
  - **Lotion**
  - **Menstrual products**
  - **Toothbrushes**
  - **Toothpaste**
  - **Floss**

**Thank you for your  
support!**