

Stephen L. Wright
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College of Education and Behavioral Sciences
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Education

PhD, Ball State University, 2008.
Area of Study: Counseling Psychology

MA, Ball State University, 2004.
Area of Study: Counseling, Mental Health

BA, Asbury College, 2001.
Area of Study: Psychology

Professional Academic Experience

Professor, Counseling Psychology, Department of Applied Psychology and Counselor Education, University of Northern Colorado. (2017 - Present).

Associate Professor, Counseling Psychology, Department of Applied Psychology and Counselor Education, University of Northern Colorado. (2013 - 2017).

Assistant Professor, Counseling Psychology, School of Applied Psychology and Counselor Education, University of Northern Colorado. (2008 - 2013).

Administrative Roles

Coordinator, (2015 - Present).

Director of Clinical Training - Counseling Psychology, (2015 - Present).

Licensures and Certifications

Licensed Psychologist, Colorado (LP#3700). (January 30, 2012 - Present).

Licensed Professional Counselor, Colorado (LPC#5836). (September 13, 2010 - Present).

RESEARCH, SCHOLARSHIP, AND CREATIVE WORKS

Publications

Juried

Journal Article

In Preparation; Not Yet Submitted

Martell, J. L., Wright, S., Schaller, S. Examining the relationship between perfectionism, attachment, self-concealment, and help-seeking.

Published

- Parnell, K. J., Bowling, J., Razo, J., Wright, S. L. (2025). Gratitude, indebtedness and psychological needs in men in the United States. *Current Psychology*, 45(9).. DOI: <https://doi.org/10.1007/s12144-025-08709-8>
- DeOliveira, B., Dent, K., Smith, J., Merchant, W., Wright, S. (2024). A comparative case study of the implementation of a digital app-based sexual risk assessment at two sites. *Child & Youth Services*, 45(1), 116-139.. DOI: 10.1080/0145935X.2023.2187774
- Wright, S. L., Jenkins-Guarnieri, M. A. (2024). Further Validation of the Social Efficacy and Social Outcome Expectations Scale. *Journal of Psychoeducational Assessment*, 42(1), 74-88.. DOI: <https://doi.org/10.1177/07342829231198277>
- Lyon, A. R., Wright, S. L. (2024). Mindfulness, self-compassion, gratitude, and burnout in health service psychology trainees: A structural equation model. *Training and Education in Professional Psychology*, 18(4), 340-349.. DOI: <https://doi.org/10.1037/tep0000479>
- Wright, S. L., Bach, E., Bryson, S. P., Schaller, S., Wright, D. A. (2024). Using an App Based Mindfulness Intervention: A Mixed Methods Approach. *Cognitive and Behavioral Practice*, 32(2), 258-269.. DOI: <https://doi.org/10.1016/j.cbpra.2024.03.001>
- Wright, S. L., Lyon, A. R. (2021). How parental attachment influences college students' social domains. *Journal of College Student Retention: Research, Theory, & Practice*, 23(3), 523-528.. DOI: <https://doi.org/10.1177/1521025119853827>
- Wright, S. L., Kacmarski, J., Firsick, D., Jenkins-Guarnieri, M., Kimm, A. (2020). Family influences on college students' anticipated work-family conflict, social efficacy, and self-esteem. *The Career Development Quarterly*, 68(2), 112-128.. DOI: <https://doi.org/10.1002/cdq.12217>
- Pote, S. C., Wright, S. (2018). Evaluating anticipatory grief as a moderator of life and marital satisfaction for spousal caregivers of individuals with dementia. *Educational Gerontology*, 44, 196-207.. DOI: doi: 10.1080/03601277.2018.1438085
- Wright, S., Firsick, D. M., Kacmarski, J. A., Jenkins-Guarnieri, M. A. (2017). Effects of attachment on coping efficacy, career decision self-efficacy, and life satisfaction. *Journal of Counseling & Development*, 95, 445-456.. DOI: doi:10.1002/jcad.12159
- Wright, S. L. (2017). Attachment and self-efficacy of career search activities: A structural model. *The Career Development Quarterly*, 65, 98-112.. DOI: 10.1002/cdq.12085
- Jenkins-Guarnieri, M. A., Vaughan, A., Wright, S. (2015). Development of a self-determination measure for college students: Validity evidence for the basic needs satisfaction at college scale. *Measurement and Evaluation in Counseling and Development*, 48(4), 266 - 284.. DOI: 10.1177/0748175615578737
- Perrone-McGovern, K. M., Wright, S. L., Howell, D. S., Barnum, E. (2014). Contextual influences on work and family roles: Gender, culture, and socioeconomic factors. *The Career Development Quarterly*, 62(1), 21-28.. DOI: 10.1002/j.21610045.2014.00067.x
- Wright, S. L., Perrone-McGovern, K. M., Boo, J. N., White, A. V. (2014). Influential

Factors in Academic and Career Self-Efficacy: Attachment, Supports, and Career Barriers. *Journal of Counseling & Development*, 92(1), 36–46.
<http://dx.doi.org/10.1002/j.1556-6676.2014.00128.x>. DOI: 10.1002/j.1556-6676.2014.00128.x

Wright, S. L., Díaz, F. (2014). Neuroscience research on aging and implications for counseling psychology. *Journal of Counseling Psychology*, 61(4), 534-40.. DOI: 10.1037/cou0000024

Wright, S. L., Jenkins-Guarnieri, M. A., Murdock, J. L. (2013). Career development among first year college students: College self-efficacy, student persistence, and academic success. *Journal of Career Development*, 40(4), 292-310.. DOI: 10.1177/0894845312455509

Jenkins-Guarnieri, M. A., Wright, S. L., Johnson, B. (2013). Development and validation of a social media use integration scale. *Psychology of Popular Media and Culture*, 2(1), 38-50.. DOI: 10.1037/a0030277

Wright, S. L., Wright, D. A., Jenkins-Guarnieri, M. A. (2013). Development of the Social Efficacy and Social Outcome Expectations Scale. *Measurement and Evaluation of Counseling and Development*, 46(3), 218-231.. DOI: 10.1177/0748175613484042

Jenkins-Guarnieri, M. A., Wright, S. L., Johnson, B. (2013). The interrelationships among attachment style, personality traits, interpersonal competency, and Facebook use. *Psychology of Popular Media and Culture*, 2(2), 117-131.. DOI: 10.1037/a0030946

Wright, S. L., Jenkins-Guarnieri, M. A. (2012). Student evaluations of teaching: Combining the meta-analyses and demonstrating further evidence for effective use. *Assessment and Evaluation in Higher Education*, 37(6), 683-699.. DOI: 10.1080/02602938.2011.563279

Jenkins-Guarnieri, M. A., Wright, S. L., Hudiburgh, L. M. (2012). The relationships among attachment style, personality traits, interpersonal competency, and Facebook use. *Journal of Applied Developmental Psychology*, 33(6), 294-301.. DOI: 10.1016/j.appdev.2012.08.001

Dreier, A. S., Wright, S. L. (2011). Helping society's outcast: The impact of counseling sex offenders. *Journal of Mental Health Counseling*, 33(4), 359-376.

Perrone-McGovern, K. M., Ksiazak, T. M., Wright, S. L., Vannatter, A., Hyatt, C., Shepler, D., Perrone, P. A. (2011). Major Life Decisions of Gifted Adults in relation to Overall Life Satisfaction. *Journal for the Education of the Gifted*, 34(6), 817-838.. DOI: 10.1177/0162353211425101

Wright, S. L., Perrone, K. M. (2010). An examination of the role of attachment and efficacy in life satisfaction. *The Counseling Psychologist*, 38(6), 796-823.. DOI: 10.1177/0011000009359204

Perrone, K. M., Wright, S. L., Ksiazak, T. M., Crane, A. L., Vannatter, A. (2010). Looking back on lessons learned: Gifted adults reflect on their experiences in advanced classes. *Roeper Review*, 32(2), 127-139.. DOI: 10.1080/02783191003587918

Perrone, K. M., Ksiazak, T. M., Wright, S. L., Vannatter, A., Crane, A. L., Tanney, A. (2010). Multigenerational giftedness: Perceptions of giftedness across three generations. *Journal for the Education of the Gifted*, 33(4), 606-627.

Jackson, Z. V., Wright, S. L., Perrone, K. M. (2010). Work-family interface for men in nontraditional careers. *The Journal of Employment Counseling*, 47(4), 157-166.

Perrone, K. M., Wright, S. L., Jackson, Z. V. (2009). Traditional and nontraditional gender roles and work-family interface for men and women. *Journal of Career Development*, 36(1), 8-24.

Wright, S. L., Perrone, K. M. (2008). The impact of attachment on career-related variables: A review of the literature and proposed theoretical framework to guide future research. *Journal of Career Development*, 35(2), 87-106.

Submitted

Martell, J. L., Wright, S. Development of the Multidimensional Therapeutic Assessment of Perfectionism (MTAP) utilizing IRT analysis.

Non-juried

Book Chapter

Published

Perrone-McGovern, K. M., Wright, S. L., Howell, D. S., Barnum, E. (2014). The gendered context of career values. In M. Pope, L.Y. Flores, & P.J. Rottinghaus (Ed.), *The Role of Values in Careers*. Greensboro, NC: Information Age Publishing.

Research Report

Published

Clemens, E., Wright, S., Harding, J. (2018). *2Gen Transformation Project. The development and initial predictive validity of the Family Resource Assessment: A tool for identifying cases eligible for two-generation child support services*. (pp. 32). Colorado Department of Human Services.

Professional Presentations

Invited

Non-juried

Wright, S., UNC Graduate School Orientation for GAs & TAs, "Work-Life Balance: Self-Care and Establishing Healthy Boundaries as a GA/TA," University of Northern Colorado, Greeley, CO. (August 2025).

Wright, S., Council of Counseling Psychology Training Programs, "Creative Solutions for Reducing Student Time to Degree." (February 2025).

Wright, S., Council of Counseling Psychology Training Programs, "Comprehensive Exams: Current Practices and New Approaches," Santa Fe, New Mexico. (January 2024).

Wright, S., Council of Counseling Psychology Training Programs, "Ethics of Developmental and Remediations Plans (CE credit provided)," Santa Fe, New Mexico. (January 2024).

Not Invited

Juried

- Martell, J., Wright, S., The 134th Annual American Psychology Association Convention, "Development of the Multidimensional Therapeutic Assessment of Perfectionism (MTAP).," American Psychology Association, Washington DC. (August 2026).
- Merchant, W., Wright, S. L., Hawaii International Conference on Education, "From data to direction: Practice-based recommendations for supporting adolescent mental health," Education, Honolulu, Hawaii. (January 2026).
- Merchant, W., Wright, S. L., Hawaii International Conference on Education, "Adolescent Patient Demographic Profiles in Sexual Risk Clinical Settings Intervention," Education, Honolulu, Hawaii. (January 2025).
- Merchant, W., Wright, S. L., Hawaii International Conference on Education, "Using a Digital Screening Tool for Reducing Adolescent Sexual Risk in Various Clinical Settings," Education, Honolulu, Hawaii. (January 2025).
- Wright, S., Merchant, W., De Oliveira, B., The 132st Annual American Psychology Association Convention, "How did COVID-19 impact the health services across four medical locations," American Psychology Association, Seattle, Washington. (August 2024).
- Lyon, A., Wright, S., The 132st Annual American Psychology Association Convention, "Preventative factors related to burnout in doctoral trainees," American Psychology Association, Seattle, Washington. (August 2024).
- Merchant, W., Merchant, M., Wright, S. L., Hawaii International Conference on Education, "Comparing the impact of resiliency on anxiety and depression in adolescents and young adults before and after the start of the COVID-19 pandemic," Education, Honolulu, Hawaii. (January 2024).
- Schaller, S., Wright, S., National Multicultural Conference and Summit, "The impact of code-switching on career development: Bringing change in the workplace," Santa Fe, New Mexico. (January 2024).
- Spellman, J., Wright, S., The 131st Annual American Psychology Association Convention, "Supporting the afflicted clinician: Influencing factors of burnout and secondary traumatic stress," American Psychology Association, Washington DC. (August 2023).
- Wright, S., Bach, E., Bryson, S., Schaller, S., Wright, D., The 131st Annual American Psychology Association Convention, "Using the Apple Watch as a Brief Mindfulness Intervention: A Mixed Methods Approach," American Psychology Association, Washington DC. (August 2023).
- Merchant, W., Merchant, M., Wright, S. L., 8th IAFOR International Confernece on Education in Hawaii, "Age and Gender Comparisons on the Effect of the Global Pandemic on Anxiety, Depression, and Resilience in Adolescents," Education, Honolulu, Hawaii. (January 2023).
- Schaller, S., Wright, S., The 130th Annual American Psychology Association Convention, "A Meta-analysis of Mindfulness and Attachment," American Psychology Association, Minneapolis, Minnesota. (August 2022).

- Wright, S., Bach, E., Bryson, S., Schaller, S., Leight, C., Wright, D., The 130th Annual American Psychology Association Convention, "The Effectiveness of Brief App Based Mindfulness Interventions," American Psychology Association, Minneapolis Minnesota. (August 2022).
- William, M., Wright, S. L., 20th Annual Hawaii International Conference on Education, "Observations for research and practice: Sample characteristics of on-campus health services before, during and after pandemic-based lockdown.," Education, Waikoloa, Hawaii. (January 2022).
- Wright, S. L., Lyon, A. R., Wright, D., The 129th Annual American Psychology Association Convention, "A standardized assessment and data management system for Counseling Psychology training programs," American Psychology Association, Virtual Convention due to COVID*. (August 2021).
- Bach, E., Wright, S. L., The 129th Annual American Psychology Association Convention, "Empathic concern, contagion, and distress: An attachment perspective.," American Psychology Association, Virtual Convention due to COVID*. (August 2021).
- Dent, K., De Oliveira, B. A., Smith, J. A., Wright, S. L., Merchant, W., The 129th Annual American Psychology Association Convention, "Implementing an app-based platform for sexual risk in adolescents and young adults: A case study," American Psychology Association, Virtual Convention due to COVID*. (August 2021).
- Dent, K., De Oliveira, B. A., Smith, J. A., Wright, S. L., Merchant, W., The 131st Annual American Psychology Association Convention, "Identifying Sexual Risk in Adolescents and Young Adults: A Case Study Utilizing a Mobile App," American Psychology Association, Washington DC. (August 2021).
- De Oliveira, B., Dent, K., Smith, J., Merchant, W., Wright, S., APP Program Grantee Conference, "A comparative case study of the implementation of a digital app-based platform aimed at reducing sexual risk in adolescents and young adults," Adolescent Pregnancy Prevention Grantee Conference; Administration for Children and Families and Youth Service Bureau, Virtual conference due to COVID*. (June 2021).
- Merchant, W., Wright, S., De Oliveira, B., Aouar, L., Rue, L., 2020 Virtual National Reproductive Health Conference, "Evaluating capacity building and implementation for digital health interventions," National Reproductive Health Conference, San Francisco, CA (virtual conference). (August 11, 2020).
- Merchant, W., Wright, S., De Oliveira, B., Aouar, L., Rue, L., 2020 Virtual National Reproductive Health Conference, "Transitioning university health interventions to telehealth during COVID-19," National Reproductive Health Conference, San Francisco, CA (virtual conference). (August 11, 2020).
- Martell, J., Wright, S., The 128th Annual American Psychology Association Convention, "Examining the relationship between perfectionism, attachment, self-concealment, and help-seeking," American Psychological Association, Washington DC (virtual conference). (August 7, 2020).
- Alverio, T. (Author & Presenter), Dent, K. (Author & Presenter), Rings, J., Wright, S. (Author & Presenter), 2020 Counseling Psychology Conference (canceled), "Effectiveness of physiological interventions with veterans with PTSD symptoms: A synthesis of the present literature base," APA, New Orleans, LA (Canceled). (April 2020).

- Wright, S., Firsick, D. M., Kacmarski, J. A., Jenkins-Guarnieri, M. A., Ghaffari, D., The 126th Annual American Psychology Association Convention, "Family influence on career development, work-family conflict, and life satisfaction," American Psychological Association, San Francisco, CA. (August 2018).
- Pote, S. C., Wright, S., Lyon, A. R., "Evaluating anticipatory grief as a moderator of life and marital satisfaction for spousal caregivers," American Psychological Association, Washington DC. (August 2017).
- Cohen, M. L., Wright, S., The 125th Annual American Psychology Association Convention, "Adolescents' experience of happiness within the family: Bridging multiple perspectives," American Psychological Association, Washington DC. (August 2017).
- Turner, S., Wright, S., The 125th Annual American Psychology Association Convention, "Nature connectedness and well-being: A meta-analysis," American Psychological Association, Washington DC. (August 2017).
- Kimm, A. J., Wright, S., The Annual American Psychology Association Convention, "Synthesizing training competencies: A conceptual framework," American Psychological Association, Washington DC. (August 2017).
- Kimm, A. J., Wright, S. L., The Annual American Psychological Association Convention, "Posttraumatic symptoms and holistic wellness: A meta-analysis," American Psychological Association, Denver, Colorado. (August 2016).
- Wright, S. L., The Annual Convention of the American Psychological Association, "Coming of age online: Attachment dispositions and social media use," American Psychological Association, Denver, Colorado. (August 2016).
- Wright, S., Firsick, D. M., Kacmarski, J. A., Jenkins-Guarnieri, M. A., The Annual Convention of the American Psychological Association, "A structural model of attachment, self-efficacy variables, and life satisfaction," American Psychological Association, Toronto, Canada. (August 2015).
- Ghaffari, D., Wright, S. L., The Annual Convention of the American Psychological Association, "Posttraumatic growth and secure attachment: Implications based on meta-analytic findings," American Psychological Association, Toronto, Canada. (August 2015).
- Wright, S. L., The Annual Convention of the American Psychological Association, "A structural equations approach to attachment and career search activities," American Psychological Association, Washington, DC. (August 2014).
- Wright, S. L., Jenkins-Guarnieri, M. A., Kacmarski, J., Firsick, D. M., The Annual Convention of the American Psychological Association, "Self-esteem: A true experimental investigation of the effects from Facebook," American Psychological Association, Washington, DC. (August 2014).
- Stevenson, O., Wright, S. L., The Annual Convention of the American Psychological Association, "Workaholism and perfectionism: A meta-analysis," American Psychological Association, Washington, DC. (August 2014).
- Firsick, D. M., Wright, S. L., The Conference of the Division of Counseling Psychology of the American Psychological Association, "A meta-analysis of attachment and college

adjustment: Implications for training undergraduate students," American Psychological Association, Atlanta, Georgia. (March 2014).

Wright, S. L., Firsick, D. M., Kacmarski, J. A., Stevenson, O., The Conference of the Division of Counseling Psychology of the American Psychological Association, "A theoretical integration of attachment and the work-family interface: A competency perspective," American Psychological Association, Atlanta, Georgia. (March 2014).

Wright, S. L., Cardona, B., Jenkins-Guarnieri, M. A., Dvorak, M., Sammons, K., Cohen, M., Cureton, J., The Annual Convention of the American Psychological Association, "A qualitative understanding of adolescent refugees from six countries," American Psychological Association, Honolulu, HI. (August 2013).

Northart, M. A., Wright, S. L., The Annual Convention of the American Psychological Association, "Effect sizes between attachment style, love, and forgiveness: A meta-analysis," American Psychological Association, Honolulu, HI. (August 2013).

Richter, E., Wright, S. L., The Annual Convention of the American Psychological Association, "The influence of retrospectively perceived parenting style on attachment and college adjustment and attachment," American Psychological Association, Honolulu, HI. (August 2013).

Pote, S. C., Northart, M. A., Wright, S. L., Roche, J. D., Nyline, B. N., The Annual Convention of the American Psychological Association, "The relationship between romantic attachment and attachment to the supervisor in the counseling self-efficacy of graduate Trainees," American Psychological Association, Honolulu, HI. (August 2013).

Pote, S., Wright, S. L., The Annual Convention of the American Psychological Association, "A meta-analysis on the relationship between attachment style and affect regulation," American Psychological Association, Orlando, FL. (August 2012).

Jenkins-Guarnieri, M. A., Wright, S. L., Johnson, B. J., The Annual Convention of the American Psychological Association, "Development and validation of the Social Media Use Integration Scale," American Psychological Association, Orlando, FL. (August 2012).

Wright, S. L., Wright, D. A., Jenkins-Guarnieri, M. A., The Annual Convention of the American Psychological Association, "Development of the Social Efficacy and Outcome Expectations Scale," American Psychological Association, Orlando, FL. (August 2012).

Cohen, M. L., Wright, S. L., The Annual Convention of the American Psychological Association, "Relationship between attachment and religiosity: A meta-analysis," American Psychological Association, Orlando, FL. (August 2012).

Jenkins-Guarnieri, M. A., Wright, S. L., Murdock, J. L., The Annual Convention of the American Psychological Association, "College self- efficacy and student persistence," American Psychological Association, Washington DC. (August 2011).

Dreier, A. S., O'Halloran, M. S., Wright, S. L., The Annual Convention of the American Psychological Association, "Defining an impact construct applicable to offender therapists: A grounded theory," American Psychological Association, Washington DC. (August 2011).

Horne, M., Wright, S. L., The Annual Convention of the American Psychological

- Association, "The imposter phenomenon: The doctoral student experience," American Psychological Association, Washington DC. (August 2011).
- Jenkins-Guarnieri, M. A., Wright, S. L., The Annual Convention of the American Psychological Association, Washington DC., "The relationship between personality traits, facebook use and interpersonal competency," American Psychological Association, Washington DC. (August 2011).
- Wright, S. L., Perrone-McGovern, K. M., Boo, J. N., Vannatter, A., The Annual Convention of the American Psychological Association, Washington, DC., "The influence of attachment on supports and barriers to academic and career self-efficacy: A structural model using a strengths-based perspective," American Psychological Association, Washington, DC. (August 2011).
- Cardona, B., Wright, S. L., The Annual Conference of the American Counseling Association, New Orleans, LA., "From the refugee camp to the United States school system: The transition process of adolescent refugees," American Counseling Association, New Orleans, LA. (March 2011).
- Jenkins, M. A., Wright, S. L., The Annual Convention of the American Psychological Association, "Conducting a methodologically rigorous literature search and review," American Psychological Association, San Diego, CA. (August 2010).
- Perrone, K. M., Ksiazak, T. M., Wright, S. L., Vannatter, A., Crane, A. L., Tanney, A., The Annual Convention of the American Psychological Association, "Focus on the positive: Identifying and fostering children's strengths and talents," American Psychological Association, San Diego, CA. (August 2010).
- Wright, S. L., Perrone, K. M., The Annual Convention of the American Psychological Association, "Mediation between attachment and life satisfaction: A structural equation model," American Psychological Association, San Diego, CA. (August 2010).
- Wright, S. L., The Annual Convention of the American Psychological Association, San Diego, CA., "Empirical and theoretical directions for leading career groups," American Psychological Association, San Diego, CA. (August 2010).
- Wright, S. L., Jenkins, M. A., The Rocky Mountain Regional Psychological Association Conference, "Integrating all the meta-analyses of student Evaluations of Teaching," Rocky Mountain Psychological Association, Denver, CO. (April 2010).
- Dreier, A. S., Wright, S. L., The Rocky Mountain Regional Psychological Association Conference, "Vicarious trauma: The impact of working with sex offenders," Rocky Mountain Psychological Association, Denver, CO. (April 2010).
- Perrone, K. M., Wright, S. L., Ksiazak, T. M., Crane, A. L., Vannatter, A., The Annual Convention of the American Psychological Association, "Looking back on lessons learned: Reflections on experiences in advance classes," American Psychological Association, Toronto, Canada. (August 2009).
- Perrone, K. M., Ksiazak, T. M., Vannatter, A., Wright, S. L., The Annual Great Lakes Regional Conference of the Division of Counseling Psychology of the American Psychological Association, "Recognizing and encouraging children's potential for achievement: Lessons from high achieving parents," American Psychological Association, Muncie, IN. (March 2009).

Perrone, K. M., Jackson, V. J., Wright, S. L., Ksiazak, T. M., The International Conference of the Division of Counseling Psychology of the American Psychological Association, "Social cognitive factors of gifted adults," American Psychological Association, Chicago, IL. (March 2008).

Wright, S. L., Perrone, K. M., The International Conference of the Division of Counseling Psychology of the American Psychological Association, "The impact of attachment on career-related variables: A proposed theoretical framework to guide future research," American Psychological Association, Chicago, IL. (March 2008).

Non-juried

Martell, J. L., Wright, S., 2020 Annual APA Convention, "Examining the relationship between perfectionism, attachment, self-concealment, and help-seeking.." (August 2020).

Jackson, Z. V., Perrone, K. M., Wright, S. L., The meeting of the International Conference of the Division of Counseling Psychology, "Work-family interface for men in nontraditional careers in K.M. Perrone & D. Mollen (Co-Chairs), Traditional and nontraditional career and family choices.," American Psychological Association, Chicago, Illinois. (March 2008).

CONTRACTS, FELLOWSHIPS, GRANTS AND SPONSORED RESEARCH

Funded

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,500.00. (May 2026).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,500.00. (January 2025).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,500.00. (August 2024).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,500.00. (January 2024).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,349.00. (August 2023).

Wright, S. L. (Principal), "Open Educational Resources (OER) Course Adaptation," Sponsored by Provost Office, University of Northern Colorado, \$1,000.00. (December 2022).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,023.00. (August 2022).

Merchant, W. (Principal), Wright, S. L. (Co-Principal), "cliexa-OPTIONS for Integrated Health –Digital Health Technology," Sponsored by U.S. Department of Health & Human Services – Office of Adolescent Health, Federal, \$1,000,000.00. (July 31, 2019 - July 30, 2022).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,710.00. (August 2018).

Wright, S. L. (Principal), "Summer Support Initiative for Research," Sponsored by Office of Research, University of Northern Colorado, \$8,034.00. (May 2018 - August 2018).

Wright, S. L. (Principal), "Faculty Teaching Reassignment for Research, Scholarship, and Creative Works," Sponsored by Office of Research, University of Northern Colorado, \$4,700.00. (January 2018).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,693.00. (August 2017).

Wright, S. L. (Principal), "Measuring Professional Competencies of Doctoral Students: A Program Level Assessment System," Sponsored by Office of Assessment, University of Northern Colorado, \$1,500.00. (July 2016 - June 2017).

Wright, S. L. (Principal), "UNC Sponsored Research Fellow," Sponsored by Office of Research, University of Northern Colorado, \$11,500.00. (2014 - 2016).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,252.00. (August 2015).

Wright, S. L. (Principal), "Summer Support Initiative for Research," Sponsored by Office of Research, University of Northern Colorado, \$6,345.00. (May 2015 - August 2015).

Wright, S. L. (Principal), "Provost Fund for Scholarship & Professional Development," Sponsored by Office of Research, University of Northern Colorado, \$1,831.00. (August 2014).

Wright, S. L. (Principal), "SPARC, Annual Scholarly Activity Travel Support Fund," Sponsored by Office of Research, University of Northern Colorado, \$800.00. (August 2014).

Wright, S. L. (Principal), "Summer Support Initiative for Research," Sponsored by Office of Research, University of Northern Colorado, \$3,000.00. (May 2014 - August 2014).

Not Funded

Wright, S. (Principal), Merchant, W. (Co-Principal), "Enhancing Career Development Through the Transition Process for Students with Disabilities. Submitted to the U.S. Department of Education: Institute of Education Sciences.," Sponsored by U.S. Department of Education: Institute of Education Sciences (Special Education Research), Federal, \$1,910,938.00.

LaLonde, T. (Principal), Wright, S. L. (Co-Principal), "OPTIONS for Integrated Health - Mhealth Technology," Sponsored by The U.S. Department of Health and Human Services, Administration for Children and Families, Federal, \$1,146,690.00. (2016 - 2019).

Wright, S. L. (Principal), "Using Career Development Interventions to Enhance College Students' Academic Persistence and Success," Sponsored by The U.S. Department of Education: Institute of Education Sciences, Federal, \$826,143.00. (2016 - 2019).

Wright, S. L. (Principal), "Exploring the Relationships Between Career Development Factors and College Students' Academic Persistence and Success," Sponsored by The U.S. Department of Education: Institute of Education Sciences, Federal, \$814,250.00. (2015 - 2018).

TEACHING

Teaching Experience

University of Northern Colorado

Courses Taught:

APCE 612, Practicum in Individual Counseling, 2 courses. 5.00 credit hours.

APCE 614, Internship in School Counseling and Guidance, 1 course. 1.00 credit hours.

APCE 616, Career Theory, Counseling and Assessment, 52 courses. 3.00 credit hours.

APCE 622, Directed Studies, 2 courses. 3.00 credit hours.

APCE 673, Appraisal and Assessment in Counseling, 41 courses. 3.00 credit hours.

APCE 678, Assessment for Intervention: Personality and Behavior, 12 courses. 4.00 credit hours.

APCE 691, Internship in Clinical Counseling: Couples and Family Therapy, 1 course. 1.00 credit hours.

APCE 692, Internship in Clinical Counseling, 1 course. 1.00 credit hours.

APCE 701, Professional Development Seminar in Counseling Psychology, 13 courses. 1.00 credit hours.

APCE 712, Advanced Practicum in Individual Counseling, 1 course. 4.00 credit hours.

APCE 714, Practicum in Supervision of Counseling, 2 courses. 3.00 credit hours.

APCE 715, Seminar in Counselor Supervision and Theory, 2 courses. 2.00 credit hours.

APCE 733, Seminar in Research Methods in Counseling Psychology, 10 courses. 2.00 credit hours.

APCE 755, Supervised Practicum in College Teaching, 1 course. 3.00 credit hours.

APCE 762, Practicum in Group Facilitation, 11 courses. 4.00 credit hours.

APCE 791, Internship in Counseling Psychology, 33 courses. 1.00 credit hours.

APCE 794, Advanced Practicum in Clinic Administration and Service Delivery, 2 courses. 1 credit hours.

APCE 795, External Practicum in Counseling Psychology, 15 courses. 3.00 credit hours.

APCE 797, Doctoral Proposal Research, 19 courses. 4.00 credit hours.

APCE 799, Doctoral Dissertation, 31 courses. 3.00 credit hours.

APCE 999, Graduate School Continuous Registration, 2 courses. 1.00 credit hours.

New Programs Developed/Major Program Revision: 1 course.
Master's Degree in Health Service Psychology

Directed Student Learning

Dissertation Committee Chair. (2026 - Present).

Advised: Christina Elmore

Dissertation Committee Chair. (2026 - Present).
Advised: Max Oishi

Dissertation Committee Chair. (2025 - Present).
Advised: Andrea White

Dissertation Committee Chair. (2024 - Present).
Advised: Julia Spellman

Dissertation Committee Chair. (2024 - Present).
Advised: Melina Kehtar-Navaz

Dissertation Committee Chair. (2023 - Present).
Advised: Wayne Smith

Dissertation Committee Chair. (2022 - Present).
Advised: Stephen Bryson

Dissertation Committee Member. (2022 - Present).
Advised: Breanna Rangel

Dissertation Committee Member. (December 2020 - Present).
Advised: Kaitlin Dent

Dissertation Committee Chair. (2022 - 2026).
Advised: Claire Leight

Dissertation Committee Chair. (2024 - 2025).
Advised: Sadonia Garner

Dissertation Committee Chair. (2023 - 2025).
Advised: Sarah Schaller

Dissertation Committee Chair. (2022 - 2025).
Advised: Hanna Brass

Dissertation Committee Member. (2022 - 2025).
Advised: Courtney Shields

Dissertation Committee Member. (October 2021 - 2025).
Advised: Emily Bach

Dissertation Committee Member. (2021 - 2025).
Advised: Matthew Argento

Dissertation Committee Chair. (2019 - 2024).
Advised: Jordan Martell

Dissertation Committee Member. (2020 - 2023).
Advised: McKayla Gorman

Dissertation Committee Chair. (2019 - 2023).
Advised: Patty Sparks

Dissertation Committee Member. (2019 - 2023).
Advised: Hunter Montoya

Dissertation Committee Member. (September 2018 - 2022).
Advised: Mackenzie May

Dissertation Committee Member. (September 2018 - 2022).
Advised: Tyler Anderson

Dissertation Committee Chair. (September 2018 - October 2022).
Advised: Allegra Lyon

Dissertation Committee Member. (2015 - August 2022).
Advised: Bonnie Nicholson

Dissertation Committee Chair. (September 2018 - April 2022).
Advised: Erin McEvoy

Dissertation Committee Chair. (September 2017 - 2021).
Advised: Susannah Turner

Dissertation Committee Chair. (2016 - 2021).
Advised: Abigail Kimm

Dissertation Committee Member. (2016 - 2021).
Advised: Austin Hamilton

Dissertation Committee Member. (2016 - 2020).
Advised: Megan Martinez

Dissertation Committee Member. (2017 - 2019).
Advised: Callie King

Dissertation Committee Member. (2016 - 2019).
Advised: Aaron Henderson

Dissertation Committee Member. (2016 - 2019).
Advised: Leisha Tompkins

Dissertation Committee Member. (2016 - 2019).
Advised: Sarah Zwetzig

Dissertation Committee Member. (2015 - 2019).
Advised: Christina Thomas

Dissertation Committee Member. (2015 - 2019).
Advised: Kristin Myers

Dissertation Committee Member. (2012 - 2019).
Advised: Katie Sammons

Dissertation Committee Member. (2014 - 2017).
Advised: Julie Barritt

Dissertation Committee Chair. (2015 - 2016).
Advised: Dylan Ghaffari

Dissertation Committee Chair. (2013 - 2016).
Advised: Dylan Firsick

Dissertation Committee Chair. (2013 - 2016).
Advised: Jason Kacmarski

Dissertation Committee Chair. (2013 - 2016).
Advised: Tanya Watson

Dissertation Committee Chair. (2012 - 2016).
Advised: Marsha Cohen

Dissertation Committee Chair. (2012 - 2016).
Advised: Steve Pote

Dissertation Committee Member. (2012 - 2014).
Advised: Lisa Forbes

Dissertation Committee Chair. (2011 - 2014).
Advised: Laura Schenck

Dissertation Committee Chair. (2011 - 2014).
Advised: Marek Dvorak

Dissertation Committee Member. (2010 - 2014).
Advised: Melissa Horne

Dissertation Committee Member. (2009 - 2014).
Advised: Jessica Chenoweth

Dissertation Committee Chair. (2010 - 2013).
Advised: Emily Richter

Dissertation Committee Member. (2010 - 2013).
Advised: Elizabeth Legg

Dissertation Committee Member. (2010 - 2013).
Advised: Geri Tien

Dissertation Committee Member. (2010 - 2013).
Advised: Laura Oyer

Dissertation Committee Member. (2009 - 2013).
Advised: Aaron Schrader

Dissertation Committee Member. (2009 - 2013).
Advised: Lindsay Heath

Dissertation Committee Member. (2010 - 2012).
Advised: Amy Rhodes

Dissertation Committee Member. (2010 - 2012).
Advised: Cassie Comeau

Dissertation Committee Member. (2010 - 2012).

Advised: Heather Bean

Dissertation Committee Member. (2010 - 2012).
Advised: Riley McGrath

Dissertation Committee Co-Chair. (2010 - 2012).
Advised: Michael Jenkins-Guarnieri

Dissertation Committee Member. (2009 - 2012).
Advised: Catherine Phillips

Dissertation Committee Member. (2009 - 2012).
Advised: Lori Romont

Dissertation Committee Member. (2010 - 2011).
Advised: Denise Lucia

Dissertation Committee Co-Chair. (2010 - 2011).
Advised: Amy Dreier

Dissertation Committee Member. (2008 - 2011).
Advised: Mya Bethune

Dissertation Committee Member. (2009 - 2010).
Advised: Amy Williams

SERVICE

University Service

Committee Member, Graduate Council. (2026 - Present).

Committee Member, Faculty Research and Publication Board. (2023 - 2026).

Committee Member, Counseling Center Search Committee Member. (2024 - 2025).

Special Institutional Assignment, Disability Faculty Ambassador. (October 2019 - 2023).

Committee Member, Counseling Center Search Committee Member. (November 2019 - March 2020).

Committee Member, Disability Support Services Advisory Committee. (2017 - 2019).

Committee Member, Faculty Advisory/Evaluation Committee – University College. (2016 - 2018).

Chair of Sub-Committee for WETF, University Work Environment Task Force (WETF). (2009 - 2018).

Committee Member, Dean of Students Committee Search Team. (2016 - 2017).

Program Review Subcommittee Member, Graduate Council. (2015 - 2016).

Committee Member, Graduate Council. (2013 - 2016).

Standards Subcommittee Member, Graduate Council. (2013 - 2015).

Committee Member, Assessment Leadership Institute. (2012 - 2013).

Committee Member, Counseling Center Funding Review Committee. (2009 - 2010).

College Service

Committee Member, Arno K. Luker Teaching and Scholarship Award Review Committee. (2025 - 2026).

Committee Member, College Faculty Evaluation Criteria Review. (October 2020 - 2020).

Committee Member, College Scholar Review Committee. (2019).

Committee Member, College Scholar Review Committee. (2015 - 2017).

Committee Member, College Curriculum Committee. (2014).

Committee Member, College Curriculum Committee. (2012).

Department Service

Director of Clinical Training, Counseling Psychology. (2015 - Present).

Program Coordinator, Counseling Psychology. (2015 - Present).

Committee Member, Diagnostic Materials Lab Committee: (APCE School Committee). (2009 - Present).

Committee Member, Counseling Psychology Committee: (APCE School Committee). (2008 - Present).

Committee Chair, Graham Fund Review Committee. (2025).

Co-chair, Counseling Psychology Faculty Search. (2024 - 2025).

Committee Member, Review and Retention (APCE School Committee). (2024 - 2025).

Committee Member, Faculty Evaluation Committee - Applied Psychology & Counselor Education; School Psychology. (2024).

Committee Chair, Faculty Evaluation Committee - Applied Psychology & Counselor Education; School Psychology. (2023).

Committee Member, Review and Retention (APCE School Committee). (2021).

Committee Member, Faculty Evaluation Committee - Applied Psychology & Counselor Education; School Psychology. (2019).

Committee Member, Faculty Evaluation Committee - Applied Psychology & Counselor Education; School Psychology. (2018).

Co-chair, Counseling Psychology Faculty Search. (2016 - 2017).

Committee Member, Counselor Education & Supervision Faculty Search Committee - Tenure Track (general position 1). (2015 - 2016).

Committee Member, Counselor Education & Supervision Faculty Search Member - Tenure Track (School Counseling Position 2). (2015 - 2016).

Committee Member, Professional Counseling Committee: (APCE School Committee). (2008 - 2016).

Committee Member, Review and Retention (APCE School Committee) Manual Update. (2013 - 2014).

Committee Member, MMPI-2 On-campus Applicants Interpretation/Review: (APCE School Committee). (2009 - 2014).

Committee Member, Counselor Education and Supervision Faculty Search. (2012 - 2013).

Committee Chair, Review and Retention (APCE School Committee). (2012 - 2013).

Committee Member, Review and Retention (APCE School Committee). (2011 - 2012).

Co-Chair, Counseling Psychology Faculty Search Committee. (2010 - 2011).

Committee Member, Graham Fund Committee (APCE School Committee). (2010 - 2011).

Committee Member, Undergraduate Minor Committee (Counseling Psychology - Counselor Education & Supervision). (2010 - 2011).

Committee Member, Professional Counseling Admissions Committee (off campus): (APCE School Committee). (2009 - 2011).

Committee Member, Technology Committee: (APCE School Committee). (2009 - 2010).

Program Service

Director of Clinical Training, Counseling Psychology, Maintain Program Accreditation for the American Psychological Association. (August 17, 2015 - Present).

Committee Chair, Counseling Psychology, APA 5 Year Interim Program Report. (June 2026).

Committee Chair, Counseling Psychology, UNC 5 Year Program Review. (December 2025).

Self-Study, Counseling Psychology, Accreditation for the American Psychological Association. (September 2019).

Professional Service

Editorial Review Board Member, The Career Development Quarterly. (July 2020 - Present).

Editorial Review Board Member, Journal of Vocational Behavior. (2015 - Present).

Reviewer, Ad Hoc Reviewer, The Counseling Psychologist. (2011 - Present).

Reviewer, Ad Hoc Reviewer, Journal of Career Development. (2009 - Present).

Member, CCTC - Pre-Doctoral Internship Standardized Reference Form Committee. (August 5, 2023 - August 9, 2025).

Officer, President/Elect/Past, Council of Counseling Psychology Training Programs. (August 5,

2022 - August 9, 2025).

Committee Member, National Multicultural Conference and Summit Planning Committee. (2023 - 2024).

Member, Council of Chairs of Training Councils (CCTC). (August 5, 2023 - August 10, 2024).

External reviewer for Promotion, Columbia University, Teachers College, New York, NY. (2018).

Reviewer, Ad Hoc Reviewer, Assessment and Evaluation in Higher Education. (2014).

Reviewer, Ad Hoc Reviewer, Sex Roles. (2014).

Reviewer, Ad Hoc Reviewer, Journal of Personality. (2013).

Reviewer, Ad Hoc Reviewer, Educational Psychology. (2012 - 2013).

Reviewer, Ad Hoc Reviewer, Measurement and Evaluation of Counseling and Development. (2012).

Reviewer, Textbook, Pearson: Essential Elements of Career Counseling: Processes and Techniques 2nd Edition (Revised). (2011).

Reviewer, Textbook, Routledge Publications: Career Counseling: Foundations, Perspectives, and Applications Revised Edition. (2011).

Reviewer, Ad Hoc Reviewer, Journal of Family Issues. (2010).

Reviewer, Textbook, Sage Publications: Handbook of Group Counseling and Psychotherapy Revised Edition - 2nd. (2010).

AWARDS AND HONORS

Other

Fellow, American Psychological Association; Division 17, Society of Counseling Psychology. (August 2025).

Scholarship/Research

Arno H. Luker Award – Excellence in Scholarship, College of Education & Behavioral Sciences. (January 2025).

Sabbatical, University of Northern Colorado. (2022).

Sabbatical, University of Northern Colorado. (2015).

Research Fellow, UNC Office of Sponsored Programs. (2014).

College Scholar Award, College of Education and Behavioral Sciences. (2013).

PROFESSIONAL MEMBERSHIPS

American Counseling Association. (2009 - Present).

American Psychological Association. (2008 - Present).

