



## **Undergraduate Internship in Cancer Rehabilitation**

### **University of Northern Colorado Cancer Rehabilitation Institute (UNCCRI)**

UNCCRI was established in 1996 and is a state-of-the art rehabilitation facility located in the Ben Nighthorse Campbell Center for Natural and Health Sciences. Our clinical program involves collection and analysis of pre and post exercise intervention data from cancer survivors. The 3-month exercise intervention includes cardiorespiratory, muscular, flexibility, and balance training designed to alleviate the debilitating effects of cancer and cancer-related fatigue.

#### **Mission Statement**

The University of Northern Colorado Cancer Rehabilitation Institute is committed to improving the quality of life of cancer survivors during and following cancer treatment through prescriptive exercise rehabilitation.

#### **Internship Qualifications**

- Pursuing a bachelor's degree in Exercise Science or health related field
- Knowledge of exercise assessment (treadmill testing, body composition, spiroometry, muscular strength/endurance, flexibility/ROM), exercise prescription, and exercise programming (Experience desired)
- Current First Aid, CPR, and AED Certification
- Must be available a minimum of 30 hours per week for 17 weeks if registered for a 12 credit internship
- Weekend work may be occasionally required

#### **Internship Opportunities/Requirements**

- Medically screen cancer patients
- Conduct exercise assessments and reassessments of cancer patients
- Write exercise prescriptions for cancer patients
- Develop and implement exercise interventions for cancer patients
- Assist the UNCCRI Director, Clinical Coordinator, and other staff with various aspects of UNCCRI policies, procedures, data collection/management
- Clinical Cancer Exercise Specialist Certification available for a cost of \$100

#### **CONTACT PERSON**

**Michael Lazio**  
*UNCCRI Clinical Coordinator*

Email  
[michael.lazio@unco.edu](mailto:michael.lazio@unco.edu)  
*preferred method of contact*

Phone (970) 351-1724  
Fax (970) 351-1720

- Internship stipend not available.
- A signed UNC contract is required.
- Internships offered for Fall, Spring, and Summer.



## Undergraduate Internship Application

**APPLICANT NAME**

First \_\_\_\_\_  
Middle \_\_\_\_\_  
Last \_\_\_\_\_

**MAILING ADDRESS**

Street \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_  
Zip \_\_\_\_\_

**CONTACT INFO**

Primary Phone Number \_\_\_\_\_  
Email Address (use UNC email if UNC student) \_\_\_\_\_  
Bear Number (only if you are a UNC student) \_\_\_\_\_  
Major Field of Study \_\_\_\_\_  
Minor Field of Study (if applicable) \_\_\_\_\_  
Type of Internship (check one)  12 credits  6 credits  Other  
Semester Applying  Fall  Spring  Summer  
Personally, what do you feel you can bring to UNCCRI?  
\_\_\_\_\_

**SIGNATURE:**

**Digital or Handwritten  
Signature Acceptable**

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Submit all of the following information along with the completed application form.

- Resume
- One Letter of Recommendation
- Copy of First Aid, CPR, and AED Certification

**SEND INFO TO:**

Michael Lazio  
University of Northern Colorado Cancer Rehabilitation Institute  
Ben Nighthorse Campbell Center  
Campus Box 6  
Greeley, CO 80639

Email: [michael.lazio@unco.edu](mailto:michael.lazio@unco.edu) or Fax: (970) 351-1720