# Campus Resources

# **University of Northern Colorado**

### Academic & Career Resources

Academic Advising https://doi.org/10.1001/10.1

https://www.unco.edu/advising/

Academic Advisors can assist with course scheduling, degree support, mentorship, and academic probation assistance. Find your advisors name in Ursa under Student tab - Register for Classes - Student Information.

**Center for Career Readiness** 

970-351-2127 | career.readiness@unco.edu | Campus Commons – 2nd Floor

Schedule an appointment with the Center for Career Readiness to explore your professional interestis, guidance on career goals, and/or learn about ways to gain experience and employment within a particular career or industry.

**Disability Resource Center** 

970-351-2289 | drc@unco.edu | Michener L-80

The DRC provides supports for students acquiring academic accommodations due to a documented disability. Schedule to meet the DRC staff to engage in individualized academic and/or housing accommodations available to you.

**Tutorial Services** 

970-351-1904 | melissa.hoffner@unco.edu | Michener L-149

Peer-led tutoring services and academic skills sessions for undergraduate-level courses. Students can attend drop-in tutoring for specified courses, supplemental instruction, or schedule tutoring appointments online.

**Writing Center** 

970-351-2056 | writingcenter@unco.edu | Ross Hall 1230

The Writing Center provides feedback on writing assignments through in-person, zoom, and email sessions. Consultants are trained to work with writing of all types, from all disciplines, at all levels, and at all points of the writing process.

### Bear Central

Located in the Campus Commons-2nd Floor - One-stop-shop for the buisness side of student services

#### **Bursars' Office**

#### **Financial Aid**

#### Office of the Registrar

970-351-4862 | bursar@unco.edu

Details regarding the billing, tuition, fees, and additional charges, including support for students in utilizing Bear Pay (payment plan) and the College

Opportunity Fund (COF).

970-351-4862 | ofa@unco.edu

Explore the options available to you for managing the cost of college expenses including scholarships and student employment. More information about your financial aid can be found on their website.

970-351-2231 | registrar@unco.edu

Contact the Office of the Registrar for assistance with: course registration, withdrawals, registration appeals, grading policies, transfer credits, residency classification, transcripts, and graduation

### Culture & Resource Centers

Asian/Pacific American Student Services asianpacificamerican.studentservices@unco.edu | Michener L-80

APASS provides services promote the cultural, academic, emotional, and professional success of Asian & Pacific Islander student population by offering academic coaching, leadership development, cultural and educational programs, & more.

#### **Center for Women's & Gender Equity**

970-351-1492 | cwge@unco.edu | Scott-Willcoxson Hall

CWGE honors gender as a central identity and engages critical women's and gender issues, empowering students to create a more inclusive community. Offers free resources including pregnancy tests, menstrual products, lactation support, & more.

#### César Chávez Cultural Center

970-351-2424 | chavezcenter@unco.edu | Patton House (14th Ave. & 20th St.)

The Chavez Center supports Latinx culture and empowers students through community, advocacy, services, and intentional programming. Also offers academic, financial, and immigration aid to undocumented students (TPS, DACA, or no status).

#### **Gender & Sexuality Resource Center**

970-351-0191 | gsrc@unco.edu | The Bonnie House (2215 10th Ave.)

GSRC strives for a safe and inclusive campus environment for all UNC community members, regardless of gender, sexual orientation, or romantic identity. Programs run year-round to educate, advocate, and support the community.

#### **Marcus Garvey Cultural Center**

970-351-2351 | mgcc@unco.edu | 928 20th St.

MGCC focuses on advocacy, educational development, and cultural exploration, to create a space where Black, African, & African American diasporic students, and historically marginalized groups feel connected to and empowered at UNC.

#### **Native American Student Services**

970-351-1909 | nativeamericanstudentservices@unco.edu | 924 20th St.

NASS supports UNC's Native American students with culturally responsive services, including academic coaching, career exploration, leadership development, and service learning that infuse Native ways of living into the student experience.

#### **Veterans Services**

970-351-1403 | veterans.services@unco.edu | Roudebush Cottage (1815 8th Ave.)

VA helps military-connected students at UNC with their transition, including accepting military credit, providing education benefits, student organizations, degree programs, and a supportive community space.

# Campus Resources

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## Campus Life & Wellness Resources

**Bear Pantry** 

970-351-3667 | bear.pantry@unco.edu | University Center – Lower Floor

Access support from the Bear Pantry for free groceries and hygiene items if you're experiencing food insecurity or difficulty purchasing essentials. See their website for most current hours of operation.

**Center for Student Wellbeing** 

970-351-4030 | csw@unco.edu | University Center – Lower Floor

CSW can help you explore campus and community resources to discover availble support for your unique needs and circumstances. Their office offers assistance with Basic Needs resources like emergency funding and government benefits.

**Counseling Center** -Confidential

970-351-2496 | unccounselingcenter@unco.edu | Cassidy Hall - 2nd Floor

UNC's Counseling Center offers free mental health services for students, including individual counseling, group therapy, crisis drop-in, & after-hours phone service. Students can seek help for stress, anxiety, depression, substance use, trauma, and more.

**Dean of Students Office** 

970-351-2001 | dos@unco.edu | University Center 2205

Services from the DOS include academic intervention and support, navigation of university resources and offices, and case management. Concerned about someone? Submit an online form to connect them with the DOS for more support.

**Dining Services** 

970-351-2652 | diningservices@unco.edu | Multiple locations

UNC Dining provides a range of dining options on campus, such as Holmes Dining Hall and convenient retail dining. They can accommodate food allergies/specific dietary needs and offer guidance from a Registered Dietitian Nutritionist.

**Emergency Support Fund** 

Application can be found online | sos@unco.edu

The Student Emergency Support Fund provides financial support for UNC students who are experiencing unforeseeable or catastrophic life events that may otherwise cause the student to pause progress toward their educational goals due to finances.

**Housing & Residential Education** 

970-351-2721 | housing@unco.edu | Tobey-Kendel Hall 199

HRE encourages a sense of community in residence halls, apartments, and university-owned houses. They offer on-campus living support and details about various living arrangements, including flexible options for breaks.

**Office of Global Engagment** 

970-351-2396 | global@unco.edu | Wilson Hall

OGE provides support services for international students and UNC students interested in education abroad. Their programs are designed to facilitate language skill development, cultural adjustment, cross-cultural connections, and more.

Psychological Services Clinic -Confidential

970-351-1645 | ppsy.clinic@unco.edu | McKee Hall 247

Psych Services offer group counseling, individual counseling, and assessments for various concerns. Group therapy is free, while individual counseling fees start at \$75 per semester, with sliding scale options.

**University Health Center** 

970-351-2412 | shcfrontdesk@unco.edu | Cassidy Hall - 1st Floor

UNC community members can utilize the Health Center for regular check-ups, testing for STIs, laboratory exams, vaccinations, and care for minor ailments & injuries. Call during buisness hours for an appointment or visit during designated walk-in periods.

## Safety & Support Resources -

**Assault Survivors Advocacy Program** 

970-351-1490 | advocacy@unco.edu | Cassidy Hall - Second Floor

ASAP supports survivors by assisting with academic intervention, exploring reporting options, accompaniment to hospitals, support during law enforcement and/or Title IX meetings, safety planning, & the 24/7 Crisis Line: 970-351-4040.

Office of Institutional Equity and Compliance

970-351-4899 | titleix@unco.edu | University Center - 3rd Floor

OIEC implements and responds to polices related to Title IX sexual harassment, discrimination and harassment, student-faculty disputes, and university complaints to build a campus climate free from discrimination and harassment.

**Community Standards and Conflict Resolution** 

970-351-2001 | dos@unco.edu | University Center 2205

Holds students accountable to the standards of conduct in the BEAR Code; develops students' understanding of their responsibilities and privileges in the university and greater community. Find the most updated copy of the BEAR Code online.

Student Legal Services -Confidential

970-351-2001 | cscr@unco.edu | Avalible upon appointment request only

UNC students are able to receive three free legal consultations each academic year through Student Legal Services.

Consultations are available by appointment only, to schedule, submit the online scheduling request form.

**UNC Police Department** 

970-351-2245 | Gray Hall

UNC Police work 24/7 to maintain the safety and security of campus, and assist with lost and found items, bicycle registration, escort program, reporting a concern/crime, and emergency response.

Note, dialing 911 from a cell phone will connect to the Weld County PD, not UNC Police.