



HELP FINDER GUIDE



In the event of an emergency, call UNC Police Department at 970-351-2245 or 911.

For non-emergent student concerns, the lists below provide referral resources. In addition, the Dean of Students Office (DOS) fosters student development, engagement, and success by assisting students during difficult circumstances, which may include medical, mental health, personal or family crisis, and illness or injury. Faculty, staff, or community members can submit a [Referral for Student Support](#), and DOS will reach out directly to students to make appropriate referrals addressing the unique needs of each one, tailored to their circumstances. If you are unsure of where to report or where to make a referral, please visit the [Share a Concern](#) website.

When a student is...

Posing a threat to others

- If on-campus, [UNC Police Department](#): 970-351-2245
- If off-campus: 911

Emotionally distressed or having suicidal thoughts

- [UNC Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496 and Select Option 2
- [UNC Police Department](#): 970-351-2245
- Community Resource:
 - North Range Behavioral Health Crisis Response Team: 970-347-2120 (Option 2) **OR** Text TALK to 38255

Experiencing gender-based violence such as sexual harassment, sexual assault, dating and domestic violence, and/or stalking

- All employees are responsible for reporting possible concerns: [Sexual Misconduct or Discrimination Report](#)
 - [Office of Institutional Equity and Compliance](#), 970-351-4899, titleix@unco.edu
- For **confidential** support:
 - [Assault Survivors Advocacy Program \(ASAP\)](#): 970-351-1490, advocacy@unco.edu
 - 24-hour crisis line: 970-351-4040
 - [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
 - [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
- For **non-confidential** support:
 - [Gender and Sexuality Resource Center](#): 970-353-0191, gsrc@unco.edu
 - [Center for Women's and Gender Equity](#): 970-351-1492, cwge@unco.edu
- Community Resources:
 - [Sexual Assault Victim Advocacy Center \(SAVA\)](#), 970-506-4059
 - Crisis Line: 970-472-4200
 - [A Woman's Place](#), 970-351-0476
 - Crisis Line: 970-356-4226

Possibly missing

- [UNC Police Department](#), 970-351-2245 or 911 if off campus
- Submit a [Referral for Student Support](#)



When a student is...

Struggling with alcohol and/or other drugs

- ♦ [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- ♦ [Dean of Students Office](#): 970-351-2001, dos@unco.edu

Alleged to have violated the Academic Integrity policy

- ♦ Submit an [Academic Misconduct report](#)

Experiencing stressors that are having a direct impact on their academic performance and attendance

- ♦ Encourage student to contact their professors to discuss adjustments, extensions, deadlines, or incompletes
- ♦ Refer the student to contact their academic advisor
- ♦ Submit a [Referral for Student Support](#) for additional resources and guidance

Facing food insecurity or unable to buy groceries

- ♦ [Bear Pantry](#): 970-351-3667, bear.pantry@unco.edu
 - Community Resource: [Weld Food Bank](#): 970-356-2199

Physically ill (including COVID symptoms or positive COVID test)

- ♦ [Student Health Center](#): 970-351-2412, SHCfrontdesk@unco.edu, accepts and bills most insurances including Medicaid
- ♦ In case of an emergency, call UNC Police at 970-351-2245

Seeking education on responsible substance use and harm reduction resources

- ♦ [Health Promotion](#): 970-351-2065, HealthPromotion@unco.edu

Seeking legal advice

- ♦ [Student Legal Services](#) or dos@unco.edu, 970-351-2001
 - [Request an Appointment](#)

Seeking mental health counseling or resources

- ♦ [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- ♦ [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
 - Community Resources: Search for providers on [Psychology Today](#)
 - For more specific community provider information, check out our list of [community resources](#)

Access to resources to support their overall wellness/academic engagement either on or off campus and is unsure where to start

- ♦ [Division of Student Affairs](#), 970-351-3609, dsa@unco.edu
- ♦ [Dean of Students Office](#): 970-351-2001, dos@unco.edu



When a student needs...

Advice about a leave of absence, permanent withdrawal, or transfer to another school

- ♦ Academic Advisor
 - [How to find your advisor](#)
- ♦ [Office of the Registrar](#): 970-351-4862, registrar@unco.edu

Advice about finances

- ♦ [Office of Financial Aid](#): 970-351-4862, ofa@unco.edu
- ♦ [Bursar's Office](#): 970-351-4862, bursar@unco.edu

Advice about strategies for addressing academic probation

- ♦ Probation advising is housed within individual colleges- [contact information and additional support](#)
- ♦ [Student Academic Success](#), 970-351-1391

Advice or assistance with internships, jobs, graduate school search, or career planning

- ♦ [Center for Career Readiness](#), 970-351-2127, career.readiness@unco.edu
 - Schedule an appointment via [Handshake](#)
- ♦ [Academic Advisor](#)

Advice or information about any identity-based need, or experiences an instance of discrimination such as racism, sexism, homophobia, transphobia, etc.

- ♦ [Office of Institutional Equity and Compliance](#): 970-351-4899, titleix@unco.edu
- ♦ [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496

Assistance navigating the academic appeals process

- ♦ [Academic Appeals Process Flowchart](#)

Assistance with disability accommodations, including short-term injury or illness

- ♦ [Disability Resource Center](#): 970-351-2289, drc@unco.edu
 - [Getting Started with the DRC](#)

Assistance with food allergies and specific dietary needs in on-campus dining

- ♦ [Dining Services](#): 970-351-2652, diningservices@unco.edu
- ♦ Registered Dietitian, matthew.doyle@unco.edu or 970-351-1961
- ♦ [Disability Resource Center](#): 970-351-2289, drc@unco.edu

Assistance with registration and advising

- ♦ Find your [Academic Advisor](#) or check on your Degree Works through [URSA](#)
- ♦ [General registration assistance and timeline webpage](#)



When a student needs...

Birth control and contraceptive support (including access to Plan B)

- [Student Health Center](#), 970-351-2412, SHCfrontdesk@unco.edu
- [Office of Health Promotion](#), 970-351-2065, healthpromotion@unco.edu (provides birth control education and referrals to resources for birth control options)

Grief support

- [Counseling Center](#): 970-351-2496, UNCCounselingcenter@unco.edu
 - Drop In Hours: Monday-Friday 9am-12pm and 1pm-4pm
 - After Hours Crisis Line: 970-351-2496
- [Psychological Services Clinic](#): 970-351-1645, ppsy.clinic@unco.edu
- Community Resource:
 - [Community Grief Center](#): 970-506-4114

Help connecting socially or getting involved on campus

- [Office of Student Organizations](#): 970-351-2906, studentorgs@unco.edu
 - Find student organizations, events, and news on [BearCave](#)
- [Campus Recreation](#), 970-351-2062, campus.recreation@unco.edu
- [Division of Student Affairs](#): 970-351-3609, dsa@unco.edu

Help with housing insecurity or concerns

- [Housing and Residential Education](#): 970-351-2721, housing@unco.edu
- [Dean of Students Office](#): 970-351-2001, dos@unco.edu
- [Community Housing Resources](#)

Information about how to get tutoring

- [Tutorial Services](#), 970-351-1904, melissa.hoffner@unco.edu
- [Writing Center](#), 970-351-2056, writingcenter@unco.edu

Information about international issues or visa concerns

- [Office of Global Engagement](#), 970-351-2396, global@unco.edu
 - For international emergencies: 970-576-9572

Lactation station access, support, and related policy

- [Lactation Support Webpage](#)
- Center for Women's and Gender Equity, 970-351-1492, cwge@unco.edu

Menstrual products

- Free Menstrual Product (M.E.) Packs available by order from the [Center for Women's and Gender Equity \(CWGE\)](#)
 - Order packs from [Project M.E. Webpage](#), stop by Scott-Willcoxon Hall, or call 970-351-1492
- Limited menstrual products available in the [Bear Pantry](#), 970-351-3667, bear.pantry@unco.edu
- Free menstrual products are also available in some bathrooms across campus



When a student needs...

Pregnancy options counseling or referral

- [Student Health Center](#), 970-351-2412, SHCfrontdesk@unco.edu
- [Counseling Center](#), 970-351-2496, UNCCounselingcenter@unco.edu

Pregnancy tests

- [Student Health Center](#), 970-351-2412, SHCfrontdesk@unco.edu
 - Free take-home pregnancy kits; confirmatory lab testing is billed via insurance/cash payments
- [Office of Health Promotion](#), 970-351-2065, healthpromotion@unco.edu
 - Free take-home kits
- [Center for Women's and Gender Equity](#), 970-351-1492, cwge@unco.edu
 - Free take-home kits

To express concerns about a faculty member

- If possible, address their concern with the faculty member first
- Talk to the faculty member's Program Coordinator, Department Chair, or Dean of their college
- Submit a [University Complaint](#)

To inform professors that they will be absent from class for a week or more due to sickness or family emergency

- Encourage the student to reach out directly to each of their faculty members
- If a student is unable to notify faculty, submit a [Referral for Student Support](#)

To make a complaint about discrimination or harassment, including that based on gender, religion, race, disability, etc.

- Submit a [Sexual Misconduct or Discrimination Report](#)
 - [Office of Institutional Equity and Compliance](#), 970-351-4899, titleix@unco.edu UNC
- [Police Department](#), 970-351-2245
- Confidential Resource:
 - [Assault Survivors Advocacy Program \(ASAP\)](#): 970-351-1490, advocacy@unco.edu

To report a concern about a grade

- Talk to the instructor of record
- If it is after final grades have been submitted, follow the [Academic Appeals Process](#)



HELP FINDER GUIDE



Sometimes it is unclear how to help a student or share a concern. In these situations, it is often helpful to consult about possible options and outcomes so the student can obtain the necessary support.

Please Contact Us



UNC

Division of Student Affairs

DSA@unco.edu

970-351-3609