

American Psychological Association HEADING FORMAT (7th Edition):

CHAPTER I (USE ROMAN NUMERALS)

CHAPTER TITLE

**First-Level, Centered, Boldface, Upper and
Lowercase Heading**

**Second-Level, Flush Left, Bold Font, Upper and
Lowercase Heading**

*Third-Level, Flush Left, Italicized, Bold Font, Upper
and Lowercase Heading*

Fourth-Level, Bold Font, Paragraph Indent Ends in a Period. Paragraph continues on the same line as the heading. This heading is not adjusted if it's longer than any length.

Fifth-Level, Italicized, Bold Font, Paragraph Indent Ending in a Period. Paragraph continues on the same line as the heading. This heading is not adjusted if it's longer than any length.